

# How do breakpoints relate to clinical every day life?

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# Antimicrobial susceptibility testing of bacteria and fungi

- **To choose appropriate therapy and predict clinical outcome in individual patients**
- **To obtain a basis for empiric therapy**
- **To screen for organisms with exceptional (spectacular) resistance (MRSA, VRE, ESBL, KPC, NDM, MDRTB etc)**
  - Public health: to prevent dissemination in health care and community
- **To determine the rate of resistance development**
  - To understand and predict resistance development
  - To form strategies to counteract antimicrobial resistance development and to measure success and failures of strategies

# Methods for susceptibility testing

- **Phenotypic test methods**

based on **antimicrobial activity (MIC)** and **breakpoints**

- MIC, disk diffusion, automated systems like Phoenix, Vitek2, Microscan
- **Predicts susceptibility and resistance**
- **Quantifiable**

- **Genotypic test methods**

based on the detection of a **resistance gene** or its **product**

- mecA, vanA, vanB, ....PBP2, ... betalactamase detection (enzyme detection, Maldi Tof)
- **Predicts resistance, not sensitivity**
- **Not quantifiable**
- **Useful for epidemiological purposes**

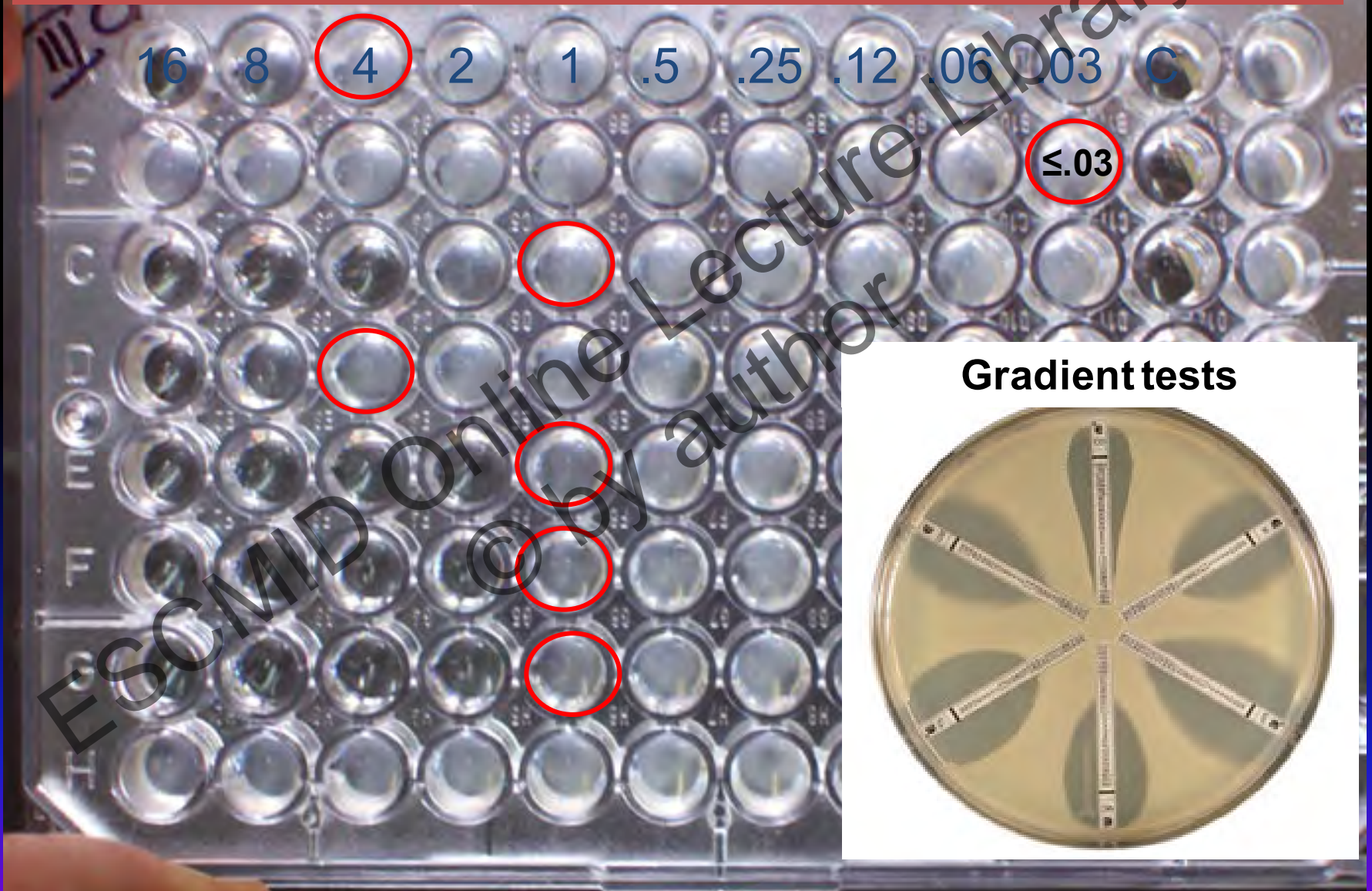
- **By deduction** – “expert rules”

- If MRSA then report all betalactam antibiotics R – or soon not?
- If ESBL-positive, then report betalactam antibiotics R – but not any longer!
- If erythromycin-resistant, then report all macrolide antibiotics as R;
- **Some rules predict susceptibility, others resistance.**
- **Unreliable!**
- **Not quantifiable!**

Phenotypic susceptibility testing  
are based on

MIC

# Broth microdilution





# EUCAST

EUROPEAN COMMITTEE  
ON ANTIMICROBIAL  
SUSCEPTIBILITY TESTING

European Society of Clinical Microbiology and Infectious Diseases

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# www.eucast.org

Organization

EUCAST News

Clinical breakpoints

Expert rules

MIC - distributions



Zone diameter distributions

EUCAST disk diffusion test

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## The European Committee on Antimicrobial Susceptibility Testing - EUCAST

EUCAST is a standing committee jointly organized by ESCMID, ECDC and European national breakpoint committees. EUCAST deals with breakpoints and technical aspects of phenotypic in vitro antimicrobial susceptibility testing and functions as the breakpoint committee of EMA and ECDC. EUCAST does not deal with antibiotic policies, surveillance or containment of resistance or infection control. The Steering Committee is the decision making body. It is supported by a General Committee with representatives from European and other countries, FESCI and ISC. The Steering Committee also consults on EUCAST proposals with experts within the fields of infectious diseases and microbiology, pharmaceutical companies and susceptibility testing device manufacturers.

EUCAST has a subcommittee on antifungal susceptibility testing. Subcommittees on expert rules for antimicrobial susceptibility testing and antimicrobial susceptibility testing of anaerobes have completed their tasks and have been disbanded.

Most antimicrobial MIC breakpoints in Europe have been harmonised by

search term

QUICK NAVIGATION

### EUCAST News

17 Jan 2012

**Posaconazole vs. Aspergillus breakpoints and RD**

12 Jan 2012

**Amphotericin and itraconazole aspergillus breakpoints and RDs**

31 Dec 2011

**EUCAST AFST Subcommittee distributes for consultation.**

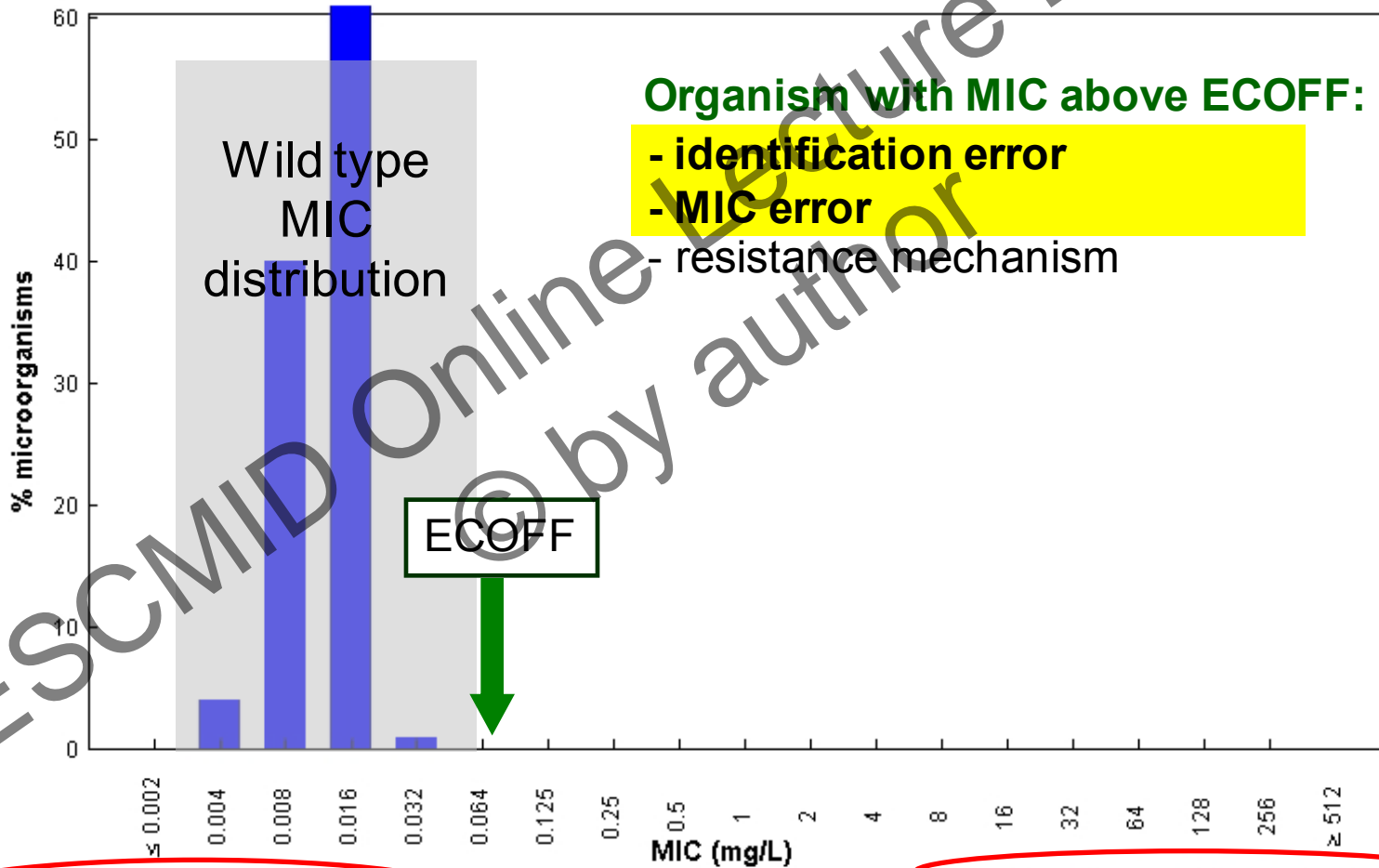
24 Dec 2011

**EUCAST Breakpoint Tables v 2.0**



**Benzylpenicillin / Streptococcus pyogenes**  
**EUCAST MIC Distribution - Reference Database**

MIC distributions include collated data from multiple sources, geographical areas and time periods and can never be used to infer rates of resistance



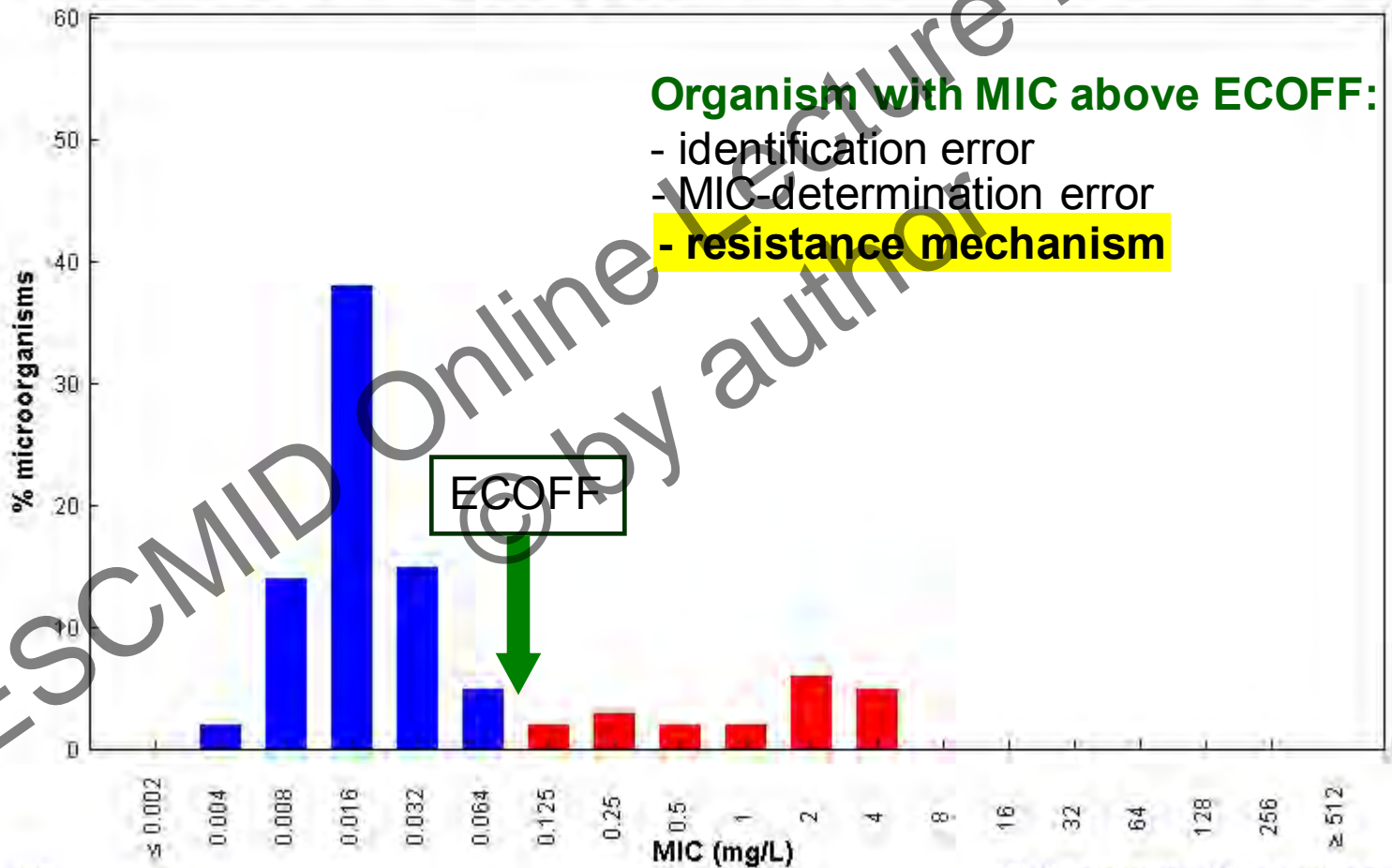
MIC  
Epidemiological cut-off: WT ≤ 0.064 mg/L

3615 observations (11 data sources)  
Clinical breakpoints: S ≤ 0.25 mg/L, R > 0.25 mg/L



**Benzylpenicillin / Streptococcus pneumoniae**  
**EUCAST MIC Distribution - Reference Database**

MIC distributions include collated data from multiple sources, geographical areas and time periods and can never be used to infer rates of resistance

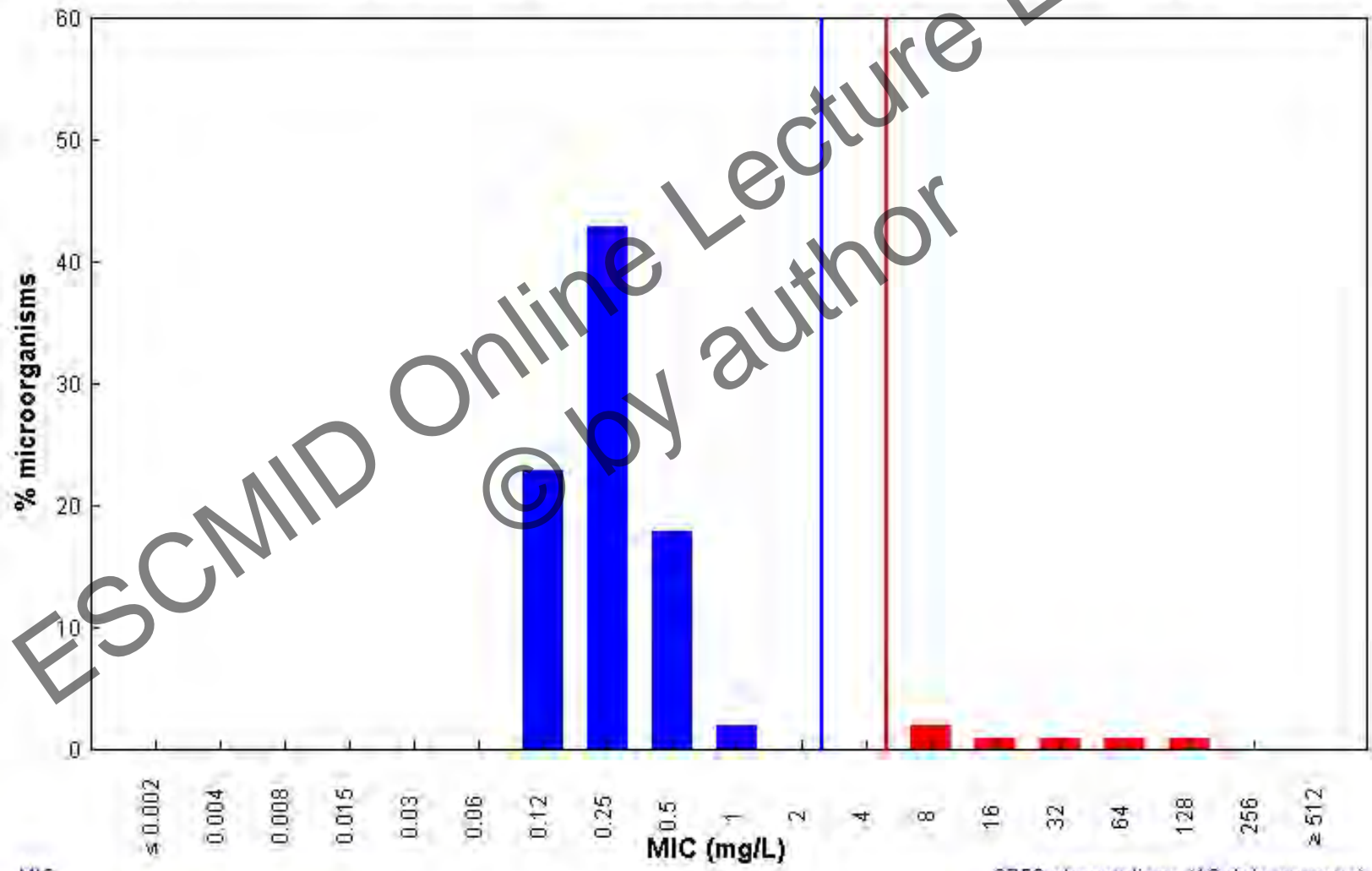


MIC  
Epidemiological cut-off: WT ≤ 0.064 mg/L

37642 observations (32 data sources)  
Clinical breakpoints: S ≤ 0.064 mg/L, R > 2 mg/L

**Fluconazole / *Candida albicans* EUCAST**  
**EUCAST MIC Distribution - Reference Database 2012-06-26**

MIC distributions include collated data from multiple sources, geographical areas and time periods and can never be used to infer rates of resistance



MIC  
Epidemiological cut-off: WT ≤ 1 mg/L

3756 observations (12 data sources)  
Clinical breakpoints: S ≤ 2 mg/L, R ≥ 4 mg/L

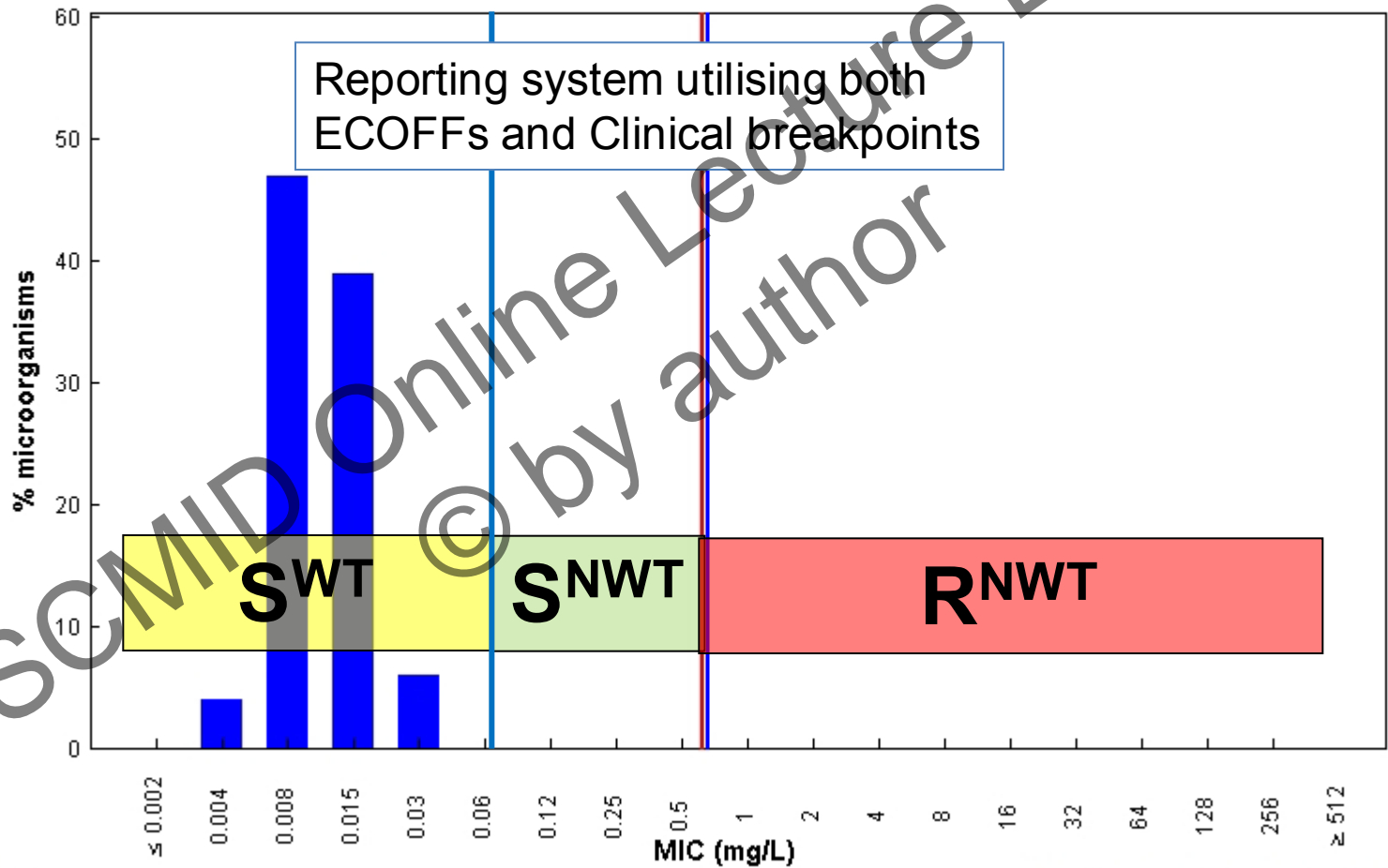
# EUCAST MIC distributions

## WT, NWT and ECOFF

- The **ECOFF** is the breakpoint which provides the most sensitive measure of resistance. It does not change over time, origin of the isolates or with geography.  
It is tied to the agent, the species and a standardised method.
- **Be prepared to ask (as a clinician) or answer (as the microbiologist) "if the isolate is wild type or non-wild type to the relevant drug".**

Ciprofloxacin / Haemophilus influenzae  
EUCAST MIC Distribution - Reference Database 2011-08-19

MIC distributions include collated data from multiple sources, geographical areas and time periods and can never be used to infer rates of resistance

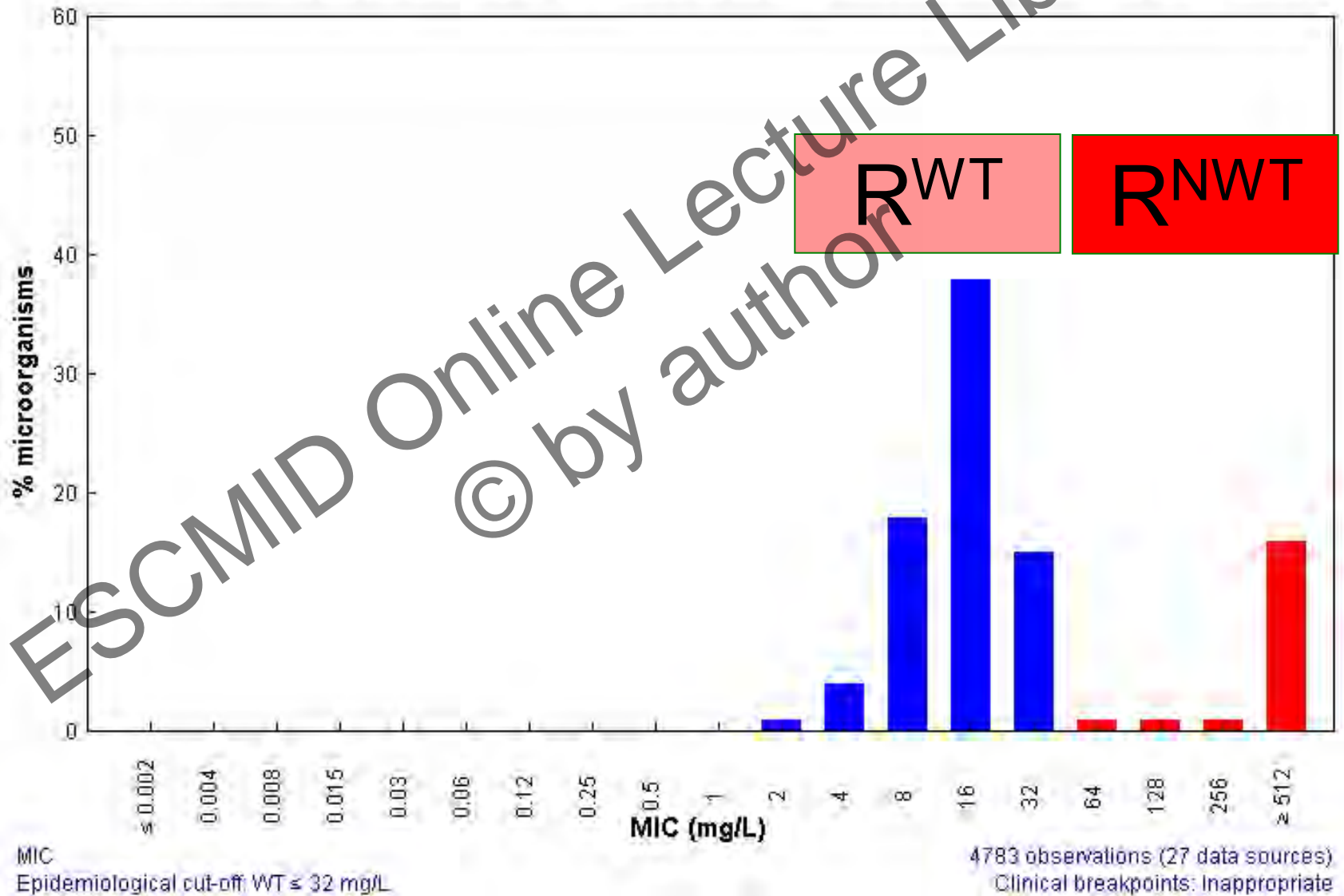


MIC  
Epidemiological cut-off: WT ≤ 0.064 mg/L

12794 observations (22 data sources)  
Clinical breakpoints: S ≤ 0.5 mg/L, R > 0.5 mg/L

Gentamicin / Enterococcus faecalis  
EUCAST MIC Distribution - Reference Database 2012-03-28

MIC distributions include collated data from multiple sources, geographical areas and time periods and can never be used to infer rates of resistance



# Clinical breakpoints

are determined by

- breakpoint committees (EUCAST, CLSI)
- by medicines agencies (FDA, EMA, national medicines agencies) as part of the **regulatory process**

ESCMID © 2012

# EUCAST was formed in 1996 and reformed in 2001.

<b>Committee</b>	<b>Country</b>	<b>Regulatory agreement</b>
<b>EUCAST<sup>1</sup></b> 	<b>Europe</b>	<b>Yes<sup>1</sup></b>
<b>CLSI</b> 	<b>USA</b>	<b>No</b>
<b>FDA<sup>2</sup></b> 	<b>USA</b>	<b>As part of the regulatory process</b>

<sup>1</sup>EUCAST is the umbrella for national breakpoint committees in Europe: BSAC, CA-SFM, CRG, (DIN), NWGA & SRGA and is the breakpoint committee of EMA.

<sup>2</sup>FDA has no committee; breakpoints are suggested by company and evaluated by individual rapporteurs as part of approval process.

# Tools needed for determining **CLINICAL BREAKPOINTS**

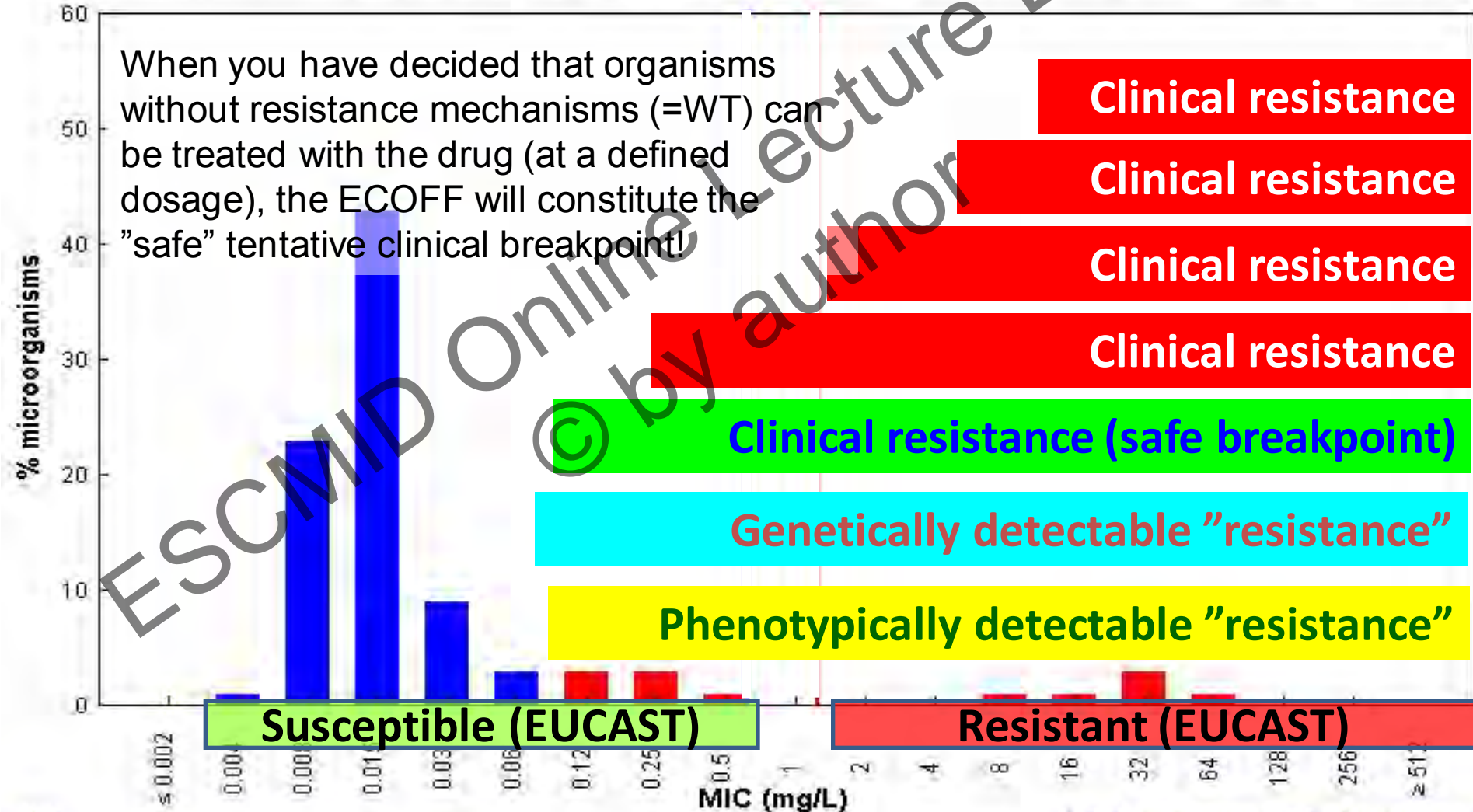
1. Dose or doses
2. Clinical indications
3. Target organisms
4. Individual MIC-distributions for target organisms
  - breakpoints must not divide MIC-distributions of WT target organisms
5. Resistance mechanisms in target organisms
6. Pharmacokinetics (C<sub>max</sub>, AUC, T<sub>1/2</sub>, Protein binding, V<sub>d</sub>..)
7. Pharmacodynamic properties (peak conc/MIC, AUC/MIC, TA, MCs)
8. Clinical outcome (clinical outcome vs. MIC)
9. Epidemiological cutoff values, Pk/Pd-indices and clinical data together determine the **CLINICAL BREAKPOINT**



**Ciprofloxacin / Escherichia coli**  
**EUCAST MIC Distribution - Reference Database 2012-04-24**

MIC distributions include collated data from multiple sources, geographical areas and time periods and can never be used to infer rates of resistance

When you have decided that organisms without resistance mechanisms (=WT) can be treated with the drug (at a defined dosage), the ECOFF will constitute the "safe" tentative clinical breakpoint!



MIC  
 Epidemiological cut-off: WT ≤ 0.064 mg/L

16702 observations (55 data sources)  
 Clinical breakpoints: S ≤ 0.5 mg/L, R > 1 mg/L

# Clinical breakpoints from EUCAST

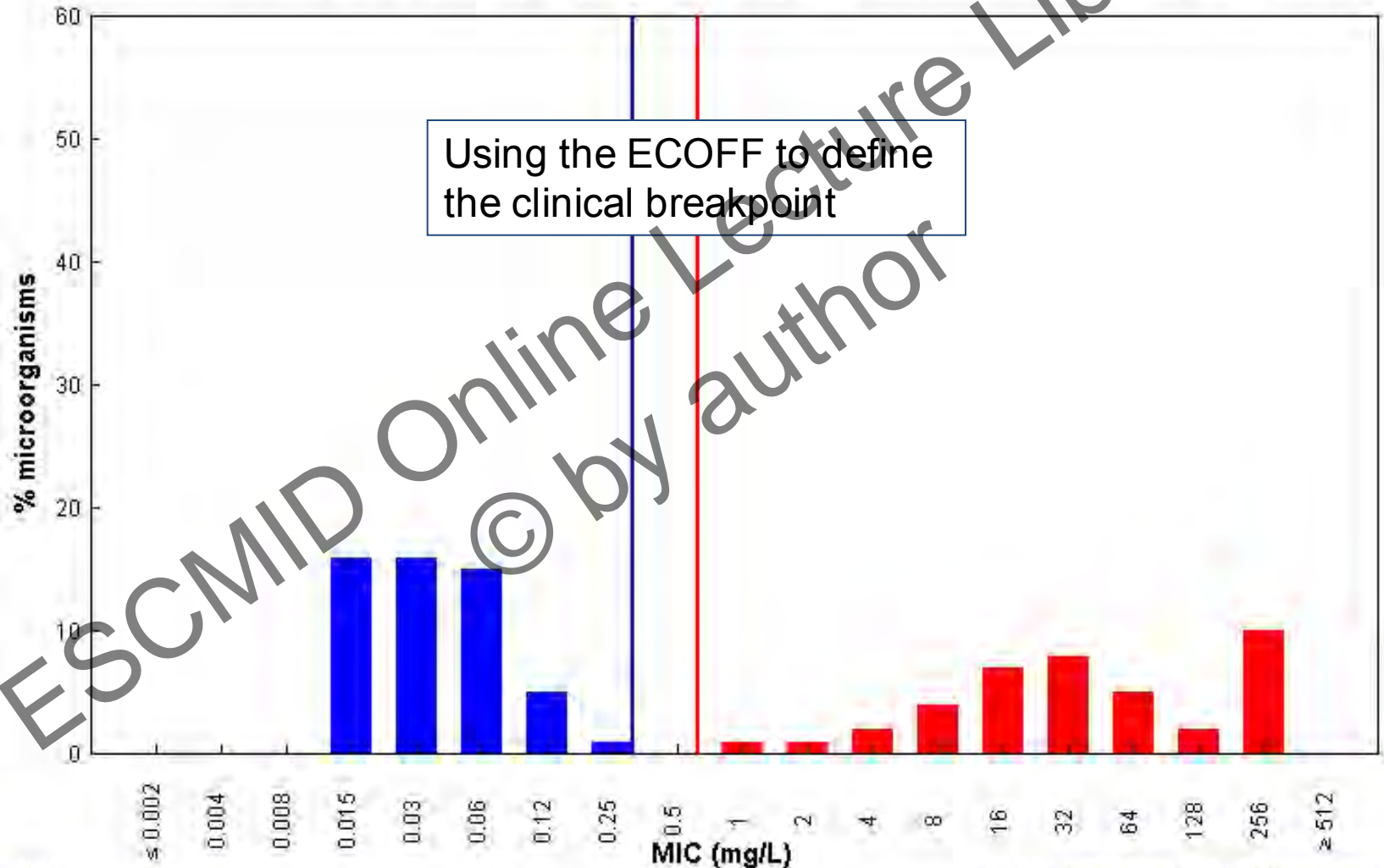
- synthesis of the ECOFF, the Pk/Pd-cut off and the clinical cut-off, sometimes they point to the same value, sometime one needs to adjust one or several dilutions.
- The ECOFF is always available, but either or both of the other two may not be!  
When this is the case, a "tentative clinical breakpoint", based on (a) the evidence that the drug is successful against wild type isolates and (b) the ECOFF, may be decided on.

Here is one example:

# Clarithromycin / *Helicobacter pylori*

## EUCAST MIC Distribution - Reference Database 2012-07-23

MIC distributions include collated data from multiple sources, geographical areas and time periods and can never be used to infer rates of resistance



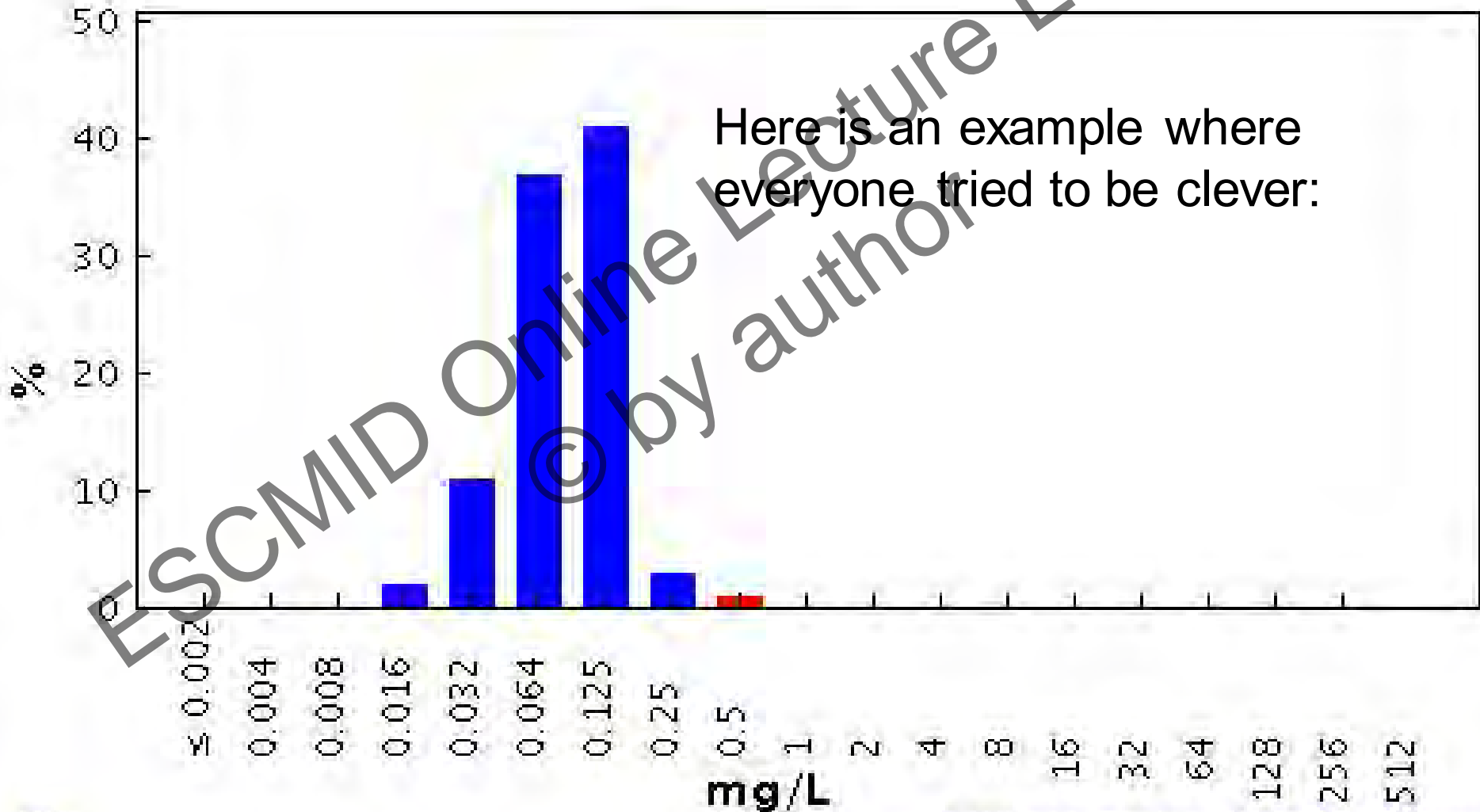
MIC  
Epidemiological cut-off: WT ≤ 0.25 mg/L

10926 observations (10 data sources)  
Clinical breakpoints: S ≤ 0.25 mg/L, R ≥ 0.5 mg/L

# Cefotaxime / Escherichia coli

Antimicrobial wild type distributions of microorganisms - reference database

EUCAST



MIC

Epidemiological cut-off: WT ≤ 0.25 mg/L

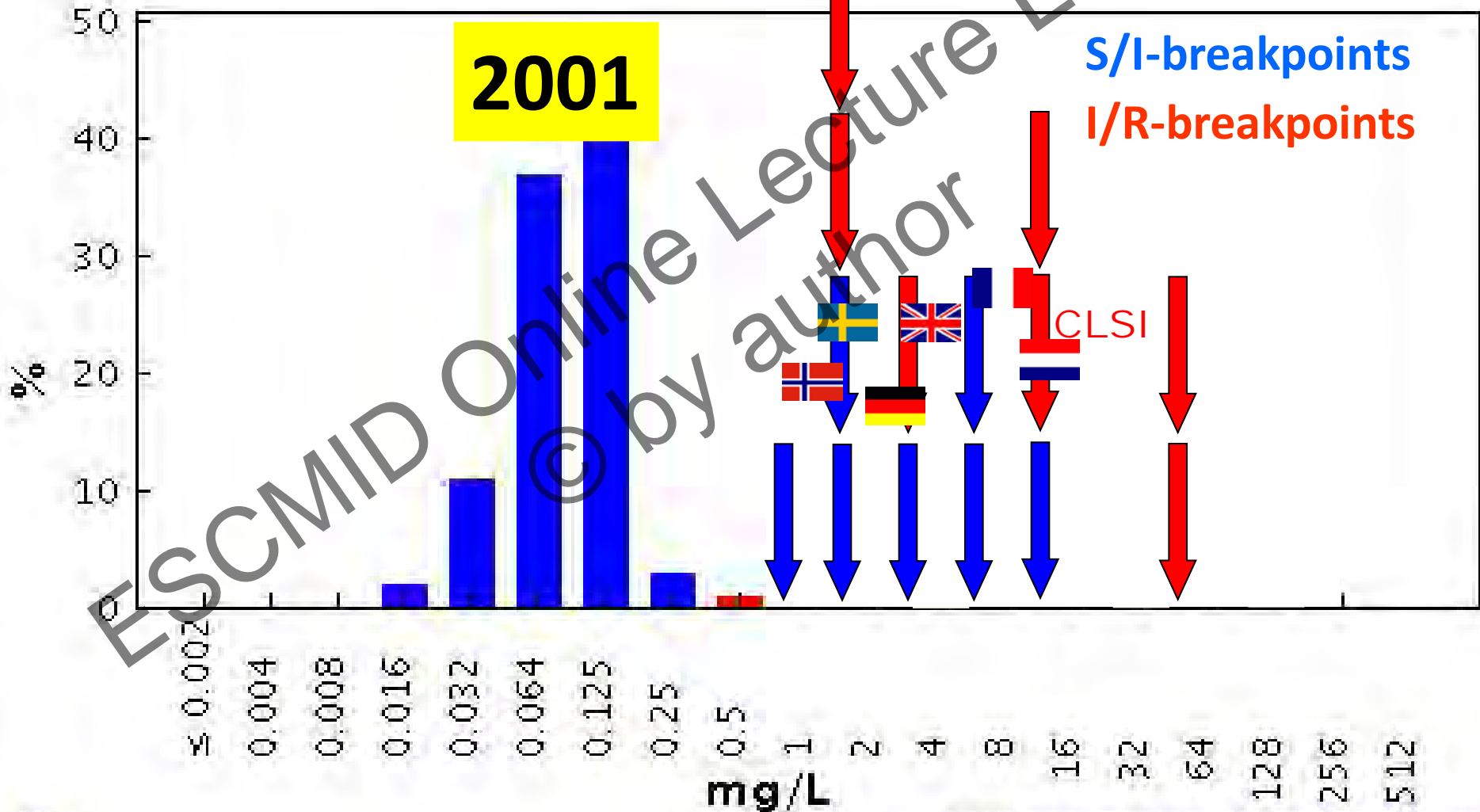
6290 observations (12 data sources)

Clinical breakpoints: S ≤ - mg/L, R ≥ - mg/L

# Cefotaxime / Escherichia coli

Antimicrobial wild type distributions of microorganisms - reference database

EUCAST



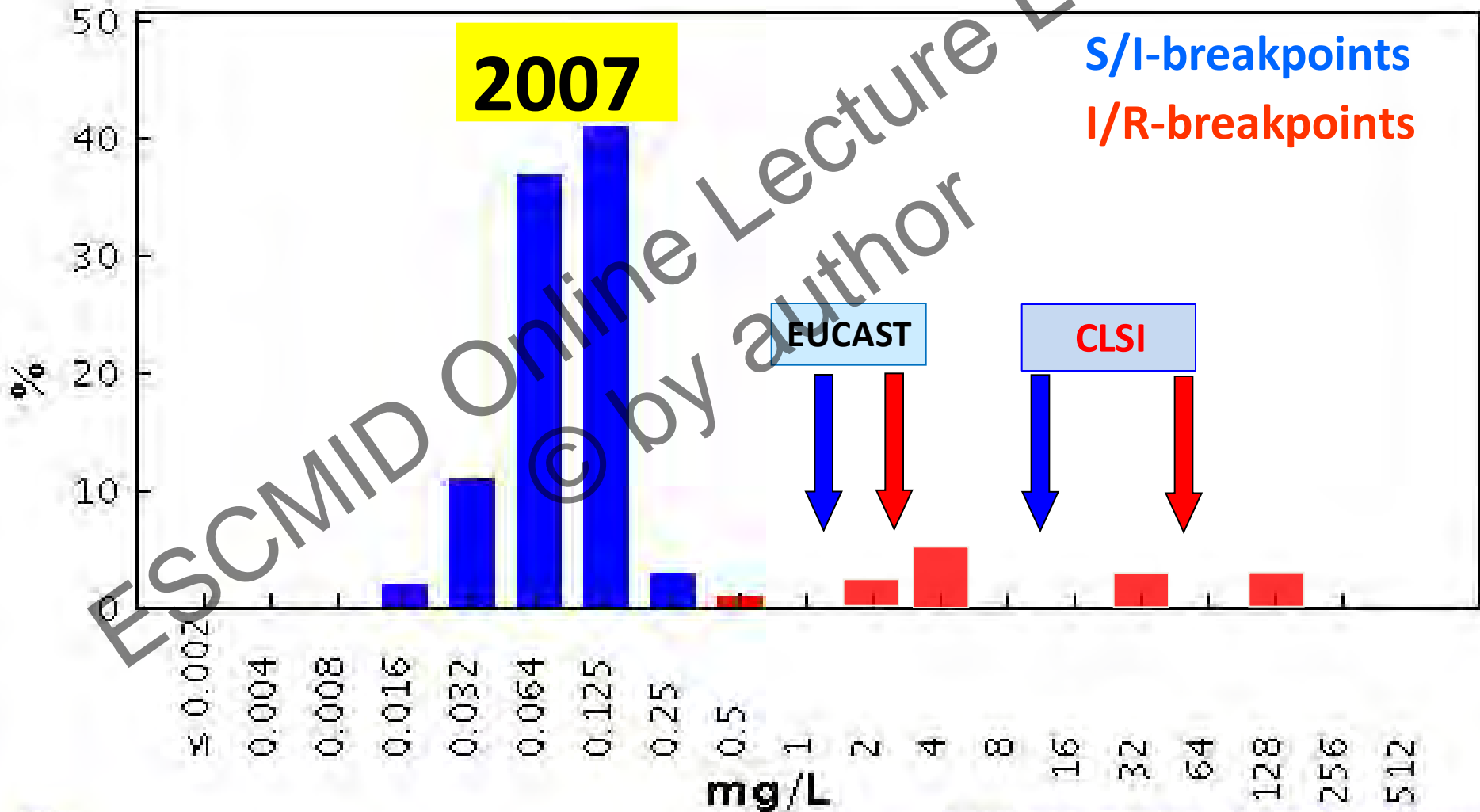
MIC  
 Epidemiological cut-off: WT ≤ 0.25 mg/L

6290 observations (12 data sources)  
 Clinical breakpoints: S ≤ - mg/L, R ≥ - mg/L

# Cefotaxime / Escherichia coli

Antimicrobial wild type distributions of microorganisms - reference database

EUCAST



MIC

Epidemiological cut-off: WT ≤ 0.25 mg/L

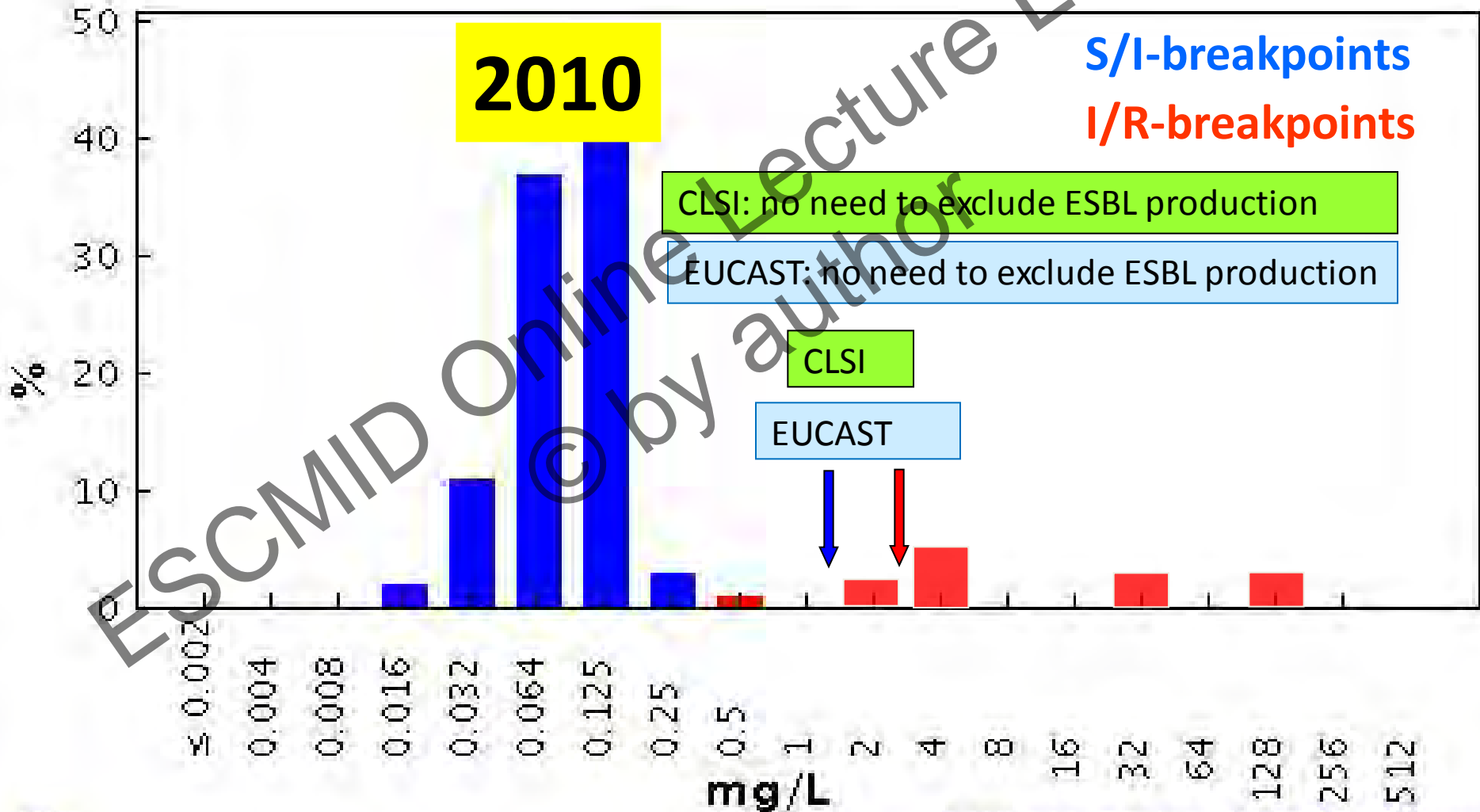
6290 observations (12 data sources)

Clinical breakpoints: S ≤ - mg/L, R ≥ - mg/L

# Cefotaxime / Escherichia coli

Antimicrobial wild type distributions of microorganisms - reference database

EUCAST



MIC

Epidemiological cut-off: WT ≤ 0.25 mg/L

6290 observations (12 data sources)

Clinical breakpoints: S ≤ - mg/L, R ≥ - mg/L

R R B S  
R R S  
R R S  
R R S  
R R S



# Susceptible (S)

- A micro-organism is defined as susceptible by a level of antimicrobial activity associated with a high likelihood of therapeutic success.
- A micro-organism is categorized as susceptible by applying the appropriate breakpoint in a defined phenotypic test system.
- Note: This breakpoint may be altered with legitimate changes in circumstances

# Intermediate (I)

- A micro-organism is defined as intermediate by a level of antimicrobial activity associated with indeterminate therapeutic effect.
- A micro-organism is categorized as intermediate by applying the appropriate breakpoints in a defined phenotypic test system.
- Note: These breakpoints may be altered with legitimate changes in circumstances.

# Resistant (R)

- A micro-organism is defined as resistant by a level of antimicrobial activity associated with a high likelihood of therapeutic failure.
  - A micro-organism is categorized as resistant by applying the appropriate breakpoint in a defined phenotypic test system.
  - Note: This breakpoint may be altered with legitimate changes in circumstances
- Resistant (R)**

# Breakpoints can fail in several ways!

- **Fail to predict failure (undercall resistance)**
  - CLSI piperacillintazobactam breakpoints in *Pseudomonas*
  - Imipenem breakpoints in MRSA
- **Fail to predict success (overcall resistance)**
  - Penicillin breakpoints in *S.pneumoniae* in pneumonia
- **Generally fail to be useful (lack of correlation with either success or failure)**
  - CLSI Erythromycin breakpoints in *H.influenzae* (dividing a WT population in three SIR-categories)

# Breakpoints that failed to predict failures!

- Chloramphenicol in *H.influenzae* (70ies)
  - Lower breakpoint for *H.influenzae* from 8 to 2 mg/L
- Carbapenem in MRSA (80ies)
  - Breakpoints removed, expert rule, "test for MRSA"
- Cephalosporin in Enterobacteriaceae (1980 – 2010)
  1. Breakpoints only valid if ESBL excluded
  2. Later, lower breakpoint and report as tested
- Erythromycin in *S.pneumoniae*
  - Lower breakpoint
- Piperacillintazobactam in *Pseudomonas* (1990 – 2010)
  - Lower breakpoint from 64 to 16 mg/L
- Ciprofloxacin in systemic *Salmonella* infections (2005)
  - Lower ciprofloxacin breakpoint in *Salmonella*
- Vancomycin in *S.aureus* (2005)
  - See next slide



**National Breakpoint Committees**  
F, N, NL, S, UK,

**EUCAST General Committee**  
All European Countries

**EUCAST Steering Committee**  
BSAC, CA-SFM, CRG, NWGA, SRGA  
And 3 reps from the General Committee\*



**Subcommittees**  
Antifungals  
(Expert Rules)  
Resistance mechanisms

**Expert groups**

\*Currently: Austria, Denmark and Spain



**Area Committee -  
microbiology**

**Area  
Committee -  
chemistry**

**Area  
Committee -  
hematology**

**Subcommittee on  
Antimicrobial  
Susceptibility Testing**

**Subcommittee on  
Antifungal  
Susceptibility Testing**

**Subcommittee on ...**

**12 voting members (industry, profession)\*  
12 advisors (industry, profession, CDC, FDA)**

\*Chairmen from industry and profession on rotation

# EUCAST and CLSI are different

## EUCAST

- Profession together with regulatory authorities
- Funded by ESCMID, ECDC and national breakpoint committees.
- Industry consultative role.
- Decision by consensus.
- Five meetings per year.
- EUCAST=EMEA brpt committee.
- Clinical breakpoints and ECOFFs
- Rationale for decisions published
- Documents free of charge (on web)

## CLSI

- Industry, the profession, advisory regulators.
- Funded by industry and sales of output.
- Industry part of decision process
- Decision by vote.
- Two meetings per year.
- CLSI technical standing with FDA but breakpoints not accepted by FDA.
- Clinical breakpoints
- Rationale for decisions not published.
- Documents for sale



# EUCAST and CLSI breakpoints are different

	Antibiotics compared	Identical breakpoints		
		S and R	Only S	Only R
Enterobacteriaceae	33	3	4	3
<i>Pseudomonas</i> spp.	16	1	5	2
<i>Acinetobacter</i> spp.	10	1	4	2
<i>Staphylococcus</i> spp.	27	4	6	2
<i>Enterococcus</i> spp.	6	0	2	3
Strept A, B, C and G	13	2	2	2
<i>S. pneumoniae</i>	24	3	2	5
Other streptococci	9	0	0	2
<i>Haemophilus</i> spp.	25	0	3	0

# The significance of vancomycin breakpoints

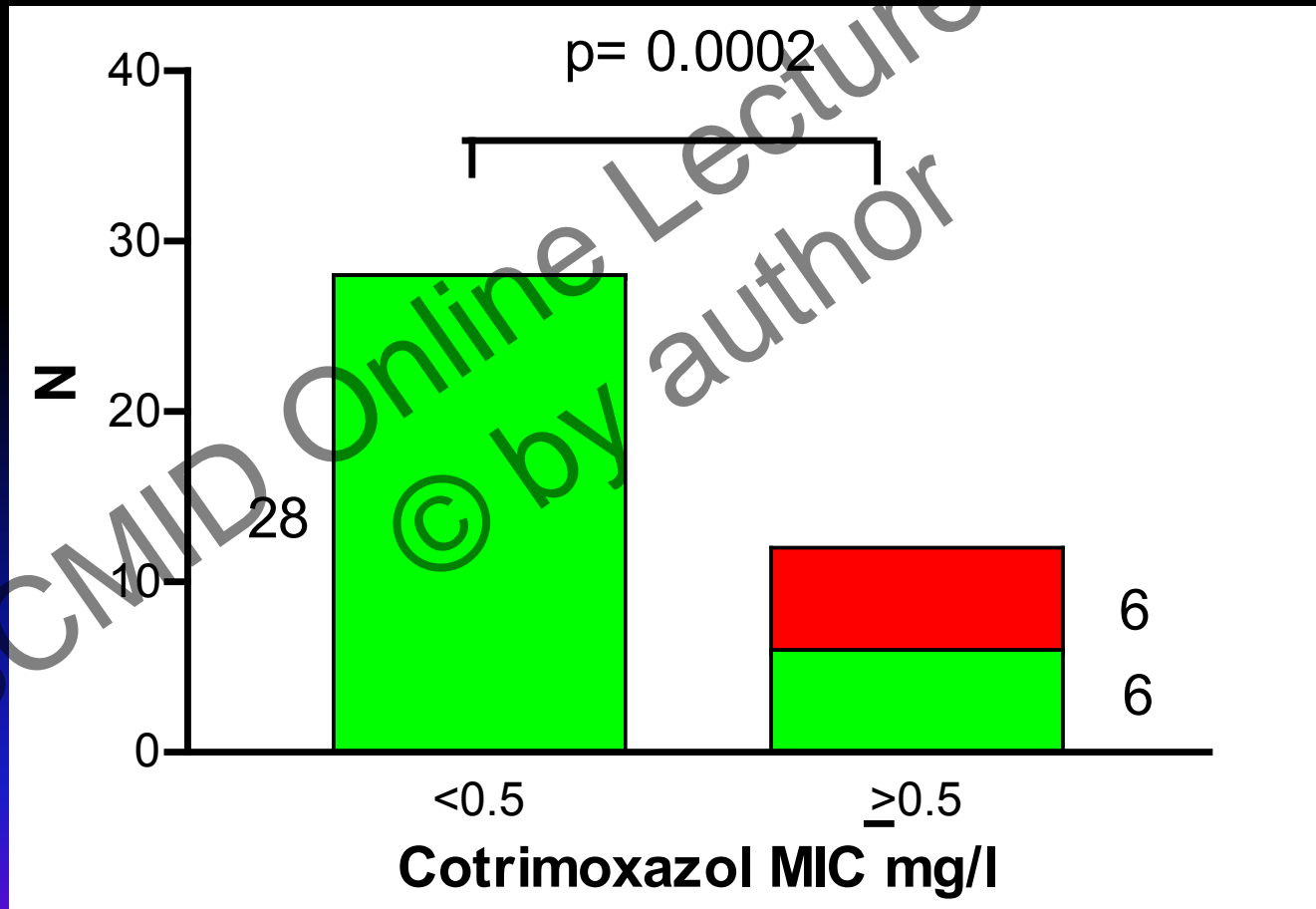
	MIC mg/L	N=		Reference
S. aureus bacteremia	≤ 2	42	12 % mortality	Fridkin et al, 2003, CID; 36: 429
	≥ 4	21	63 % mortality	
S. aureus bacteremia	≤ 0.5	87	44 % failure	Sakoulas et al, 2004, JCM; 42: 2398
	1-2		90.5 % failure	
S. aureus bacteremia	AUC/PAP ≤ 0.9 vancomycin MIC 0.5-2mg/L	5	MIC 2-4mg/L had longer bacteraemia, more fever days but equivalent mortality at end of therapy	Charles et al, 2004, CID; 38: 448
	AUC/PAP > 0.9 vancomycin MIC 2-4mg/L	48		
S. aureus bacteremia	< 2	79	15% failure	Hidayat et al, 2006, Arch Intern Med; 166: 2138
	> 2		38% failure	
S. aureus bacteremia	≥ 2	414	MIC ≥ 2 predicted mortality (OR 6.4)	Soriano et al, 2008, CID; 46: 193
Nosocomial MRSA infections	0.5-1	40	15 (10 % mortality)	Hidayat <i>et al</i> (2006)
	1.5-2	39	38 (24 % mortality)	

Vancomycin breakpoints for Staphylococci were recently revised by both CLSI and EUCAST

# Trimethoprim sulfamethoxazole an *H. influenzae*

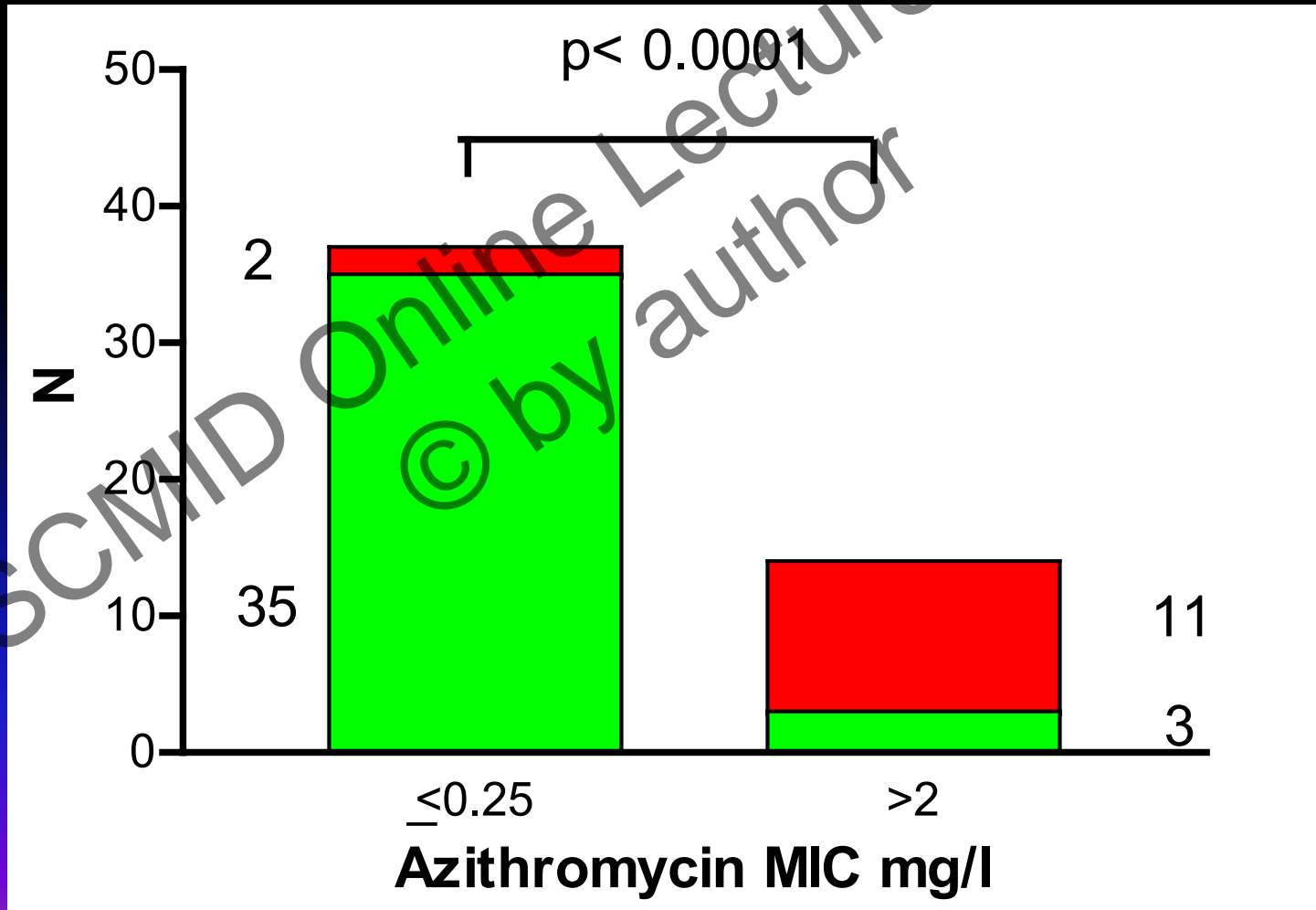
## Bacteriological failure in AOM

Based on data from Leiberman et al, PIDJ 2001



# Azithromycin and *S. pneumoniae* Bacteriological failure in AOM

Based on data from Dagan et al, PIDJ 2000; AAC 2000, IJID 2003



# EUCAST - breakpoints for new drugs with EMA

- Daptomycin ✓
- Tigecycline ✓
- Doripenem ✓
- Telavancin ✓
- Glycopeptides (one ongoing)
- Cefalosporines (activity against MRSA – two agents ongoing)
- Anti-Mtb (two agents - ongoing)
- Glycopeptide (withdrawn)
- Fluoroquinolone (withdrawn)
- Diaminopyrimidine (withdrawn)
- Extensions of indications (currently none)

# Miscellaneous organisms

## Consultation with expert groups on breakpoints and methods

- *Neisseria meningitidis* (review) - 2012
- *Moraxella catarrhalis* (finalized) - 2011
- *Helicobacter pylori* (finalized) - 2011
- *Clostridium difficile* (finalized) - 2011
- *Listeria monocytogenes* (finalized) - 2011
- *Campylobacter* (on consultation) - 2012
- *Pasteurella multocida* (on consultation) - 2012
- *Corynebacteria* (ongoing) - 2012
- *Yersinia* (ongoing) - 2012
- *Burkholderia cepacia* (started) - 2012
- ...

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EUCAST has a subcommittee on antifungal susceptibility testing and on methods for detection of resistance mechanisms of clinical and/or epidemiological importance.

Subcommittees on expert rules for antimicrobial susceptibility testing and antimicrobial susceptibility testing of anaerobes have completed their tasks and have been disbanded.

Most antimicrobial MIC breakpoints in Europe have been harmonised by EUCAST. Breakpoints for new agents are set as part of the licensing process for new agents through EMA. EUCAST breakpoints are available in devices for automated susceptibility testing but with some limitations, depending on the system. A disk diffusion susceptibility test method calibrated to EUCAST MIC breakpoints is also available.

EUCAST invites anyone with an interest in antimicrobial agents in general and antimicrobial breakpoints in particular to contact EUCAST, ESCMID or one of the National Breakpoint Committees.

### EUCAST News

18 Jun 2012

**Media preparation v 2.0 - new German translation**

12 Jun 2012

**Voriconazole and Aspergillus spp v 1.0 - rationale document now available**

05 Jun 2012

**French translations of EUCAST documents**

28 May 2012

**Media preparation - update with broth for fastidious organisms**

09 May 2012

**Amoxicillin-clavulanate and Enterobacteriaceae from urinary tract infections**

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# EUCAST breakpoint table

	A	B	C	D	E	F	G	H
44								
45	<b>Carbapenems</b>	<b>MIC breakpoint</b>		<b>Disk content</b>	<b>Zone diameter</b>		<b>Notes</b>	
46		S ≤	R >		S ≥	R <	Numbers for comments on MIC breakpoints	
47								
48	<a href="#">Doripenem</a>							
49	<a href="#">Ertapenem</a>							
50	<a href="#">Imipenem<sup>1</sup></a>							
51	<a href="#">Meropenem</a>							
52								
53								
54	<b>Monobactams</b>							
55								
56	<a href="#">Aztreonam<sup>1</sup></a>							ed by most ESBLs and other hat produce ESBLs appear control purposes laboratories
57								
58								
59								
60	<b>Fluoroquinolones</b>							
61								
62	<a href="#">Ciprofloxacin<sup>1</sup></a>							ponse in systemic infections g/L). The available data relate onella species.
63								
64	<a href="#">Levofloxacin</a>	0.5	1	5	20	17		
65	<a href="#">Moxifloxacin</a>	Note <sup>1</sup>	Note <sup>2</sup>	30	16 <sup>1</sup>	16 <sup>2</sup>		
	<a href="#">Nalidixic acid (screen)</a>						2/A. Nalidixic acid may be used to screen for fluoroquinolone resistance in Enterobacteriaceae. The zone diameter breakpoint correlates to an MIC value of 16 mg/L in most Enterobacteriaceae. If <i>Salmonella</i> spp. are resistant report resistant to all fluoroquinolones. If other Enterobacteriaceae are resistant, then test the agent in question.	
66								
67	<a href="#">Norfloxacin</a>	0.5	1	10	22	19		
68	<a href="#">Ofloxacin</a>	0.5	1	5	22	19		
69								
70								
71	<b>Aminoglycosides<sup>1</sup></b>	<b>MIC breakpoint</b>		<b>Disk content</b>	<b>Zone diameter</b>		<b>Notes</b>	
72		S ≤	R >		S ≥	R <	Numbers for comments on MIC breakpoints	
73							<sup>1</sup> . Aminoglycoside breakpoints are based on once-daily administration of high aminoglycoside dosages. Most often aminoglycosides are given in combination with beta-lactam agents.	
74	<a href="#">Amikacin</a>	8	16	30	16	13		
75	<a href="#">Gentamicin</a>	2	4	10	17	14		
76	<a href="#">Netilmicin</a>	2	4	10	15	12		
77	<a href="#">Tobramycin</a>	2	4	10	15	12		
78								
79								
80	<b>Glycopeptides</b>	<b>MIC breakpoint</b>		<b>Disk content</b>	<b>Zone diameter</b>		<b>Notes</b>	
81		S ≤	R >		S ≥	R <	Numbers for comments on MIC breakpoints	

**The intermediate column is not spelled out!**

Example *E. coli* with Imipenem:

S ≤ 2 mg/L  
R > 8 mg/L } Intermediate = 4-8 mg/L

S ≥ 21 mm  
R < 15 mm } Intermediate = 15-20 mm

Helskärn  
Stäng helskärn



# Links in EUCAST breakpoint table

	A	B	C	D	E	F	
44							
45	<b>Carbapenems</b>						
46							
47							
48	<a href="#">Doripenem</a>						
49	<a href="#">Ertapenem</a>						
50	<a href="#">Imipenem<sup>1</sup></a>						
51	<a href="#">Meropenem</a>						
52							
53							
54	<b>Monobactams</b>		<b>MIC breakpoint</b>	<b>Disk content</b>	<b>Zone diameter</b>	<b>Notes</b>	
55			S ≤	R >	S ≥	R <	
56						Numbers for comments on MIC	
	<a href="#">Aztreonam<sup>1</sup></a>		1	6	30	25	21
							1. The aztreonam breakpoints for Enterobacteriaceae are based on the MIC of the organism. If the organism is susceptible or intermediate with the aztreonam breakpoint, you may want to use a test which specifies the MIC breakpoint.
57							
58							
59							
60	<b>Fluoroquinolones</b>		<b>MIC breakpoint</b>	<b>Disk content</b>	<b>Zone diameter</b>	<b>Notes</b>	
61			S ≤	R >	S ≥	R <	
62						Numbers for comments on MIC breakpoints	
	<a href="#">Ciprofloxacin<sup>1</sup></a>		0.5	1	5	22	19
	<a href="#">Levofloxacin</a>		1	2	5	22	19
	<a href="#">Moxifloxacin</a>		0.5	1	5	22	19
	<a href="#">Nalidixic acid (screen)</a>		Note <sup>1</sup>	Note <sup>2</sup>	30		
							1. Breakpoint corresponds to an MIC value of 16 mg/L. If the organism is resistant to all fluoroquinolones, if other Enterobacteriaceae are resistant to all fluoroquinolones, if other Enterobacteriaceae are resistant to all fluoroquinolones, if other Enterobacteriaceae are resistant to all fluoroquinolones.
66							
67	<a href="#">Norfloxacin</a>		0.5	1	10	22	19
68	<a href="#">Ofloxacin</a>		0.5	1	5	22	19
69							
70							
71	<b>Aminoglycosides<sup>1</sup></b>		<b>MIC breakpoint</b>	<b>Disk content</b>	<b>Zone diameter</b>	<b>Notes</b>	
72			S ≤	R >	S ≥	R <	
						Numbers for comments on MIC breakpoints	
	<a href="#">Amikacin</a>		8	16		13	
	<a href="#">Gentamicin</a>		2				
	<a href="#">Netilmicin</a>		2				
	<a href="#">Tobramycin</a>		2				
73							
74							
75							
76							
77							
78							
79							
80	<b>Glycopeptides</b>		<b>MIC breakpoint</b>	<b>Disk content</b>	<b>Zone diameter</b>	<b>Notes</b>	
81			S ≤	R >	S ≥	R <	

Click on antibiotic for Rationale Document

Click on MIC breakpoint for MIC distributions

Click on zone breakpoint for zone diameter distributions

**Ciprofloxacin** Rationale for the EUCAST clinical breakpoints, version 1.9 22<sup>nd</sup> August 2007

**Introduction**

The fluoroquinolones comprise a class of agents derived from nalidixic acid and developed since the 1980s. The early fluoroquinolones had a limited spectrum of antibacterial activity, mainly against Gram-negative pathogens. The newer fluoroquinolones agents have enhanced intrinsic activity against Gram-positive organisms and anaerobes and improved pharmacokinetic characteristics in comparison with preceding derivatives. Emergence of resistance is mainly due to mutations in the QRDR. Some of these phenotypic changes arise as a result of stepwise mutations. Microorganisms with one mutation may exhibit elevated fluoroquinolone MICs that are more difficult to distinguish from wild-type MIC distributions. Other low-level resistance mechanisms include increased activity of efflux pumps. Gyr proteins (responsible of protecting DNA gyrase from quinolones) and nucleating enzymes.

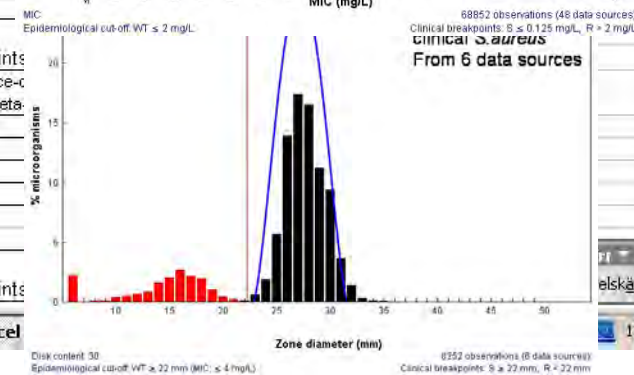
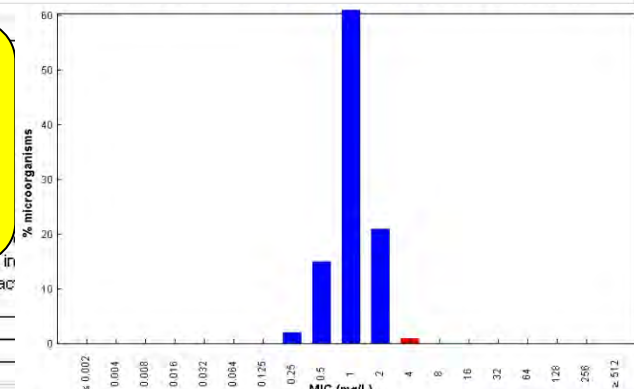
EUCAST has defined clinical breakpoints for the fluoroquinolones ciprofloxacin (CIP), levofloxacin (LEV), moxifloxacin (MOX), norfloxacin (NOF) and ofloxacin (OFL). These breakpoints have few exceptions available in all European countries. Older fluoroquinolones which are available only in few countries or in topical preparations have not been assessed.

Some fluoroquinolones are available for both oral and intravenous therapy while others are available for oral therapy only. This is reflected in the breakpoints.

Ciprofloxacin is used to treat complicated and uncomplicated urinary tract infections, acute and chronic bacterial prostatitis, gonorrhoea, lower respiratory tract infections, acute sinusitis, skin and soft-tissue infections, bone and joint infections, complicated intra-abdominal infections and blood stream infections, mainly involving Gram-negative organisms including Pseudomonas aeruginosa. It is also used in infectious diarrhoea caused by susceptible bacteria when antibacterial therapy is indicated. Other than in cystic fibrosis patients its use in paediatric patients is still a matter of debate.

**1. Dosage**

	BSAC	CA/SEM	CRG	DIN	NWGA	SRCA
Most common dose (mg)	500 x 2 oral 400 x 2 iv	500 x 2 oral 200 x 2 iv	200 x 2 oral 200 x 2 iv	500 x 2 oral 200 x 2 iv	250-500 x 2 oral 400 x 2 iv	500 x 2 oral 400 x 2 iv
Maximum dose schedule (mg)	750 x 2 oral 400 x 3 iv	750 x 2 oral 400 x 3 iv	750 x 2 oral 400 x 3 iv	750 x 2 oral 400 x 2 iv	750 x 2 oral 400 x 3 iv	750 x 2 oral 400 x 3 iv
Available formulations	oral, iv	oral, iv	oral, iv	oral, iv	oral, iv	oral, iv



# Thank you!

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