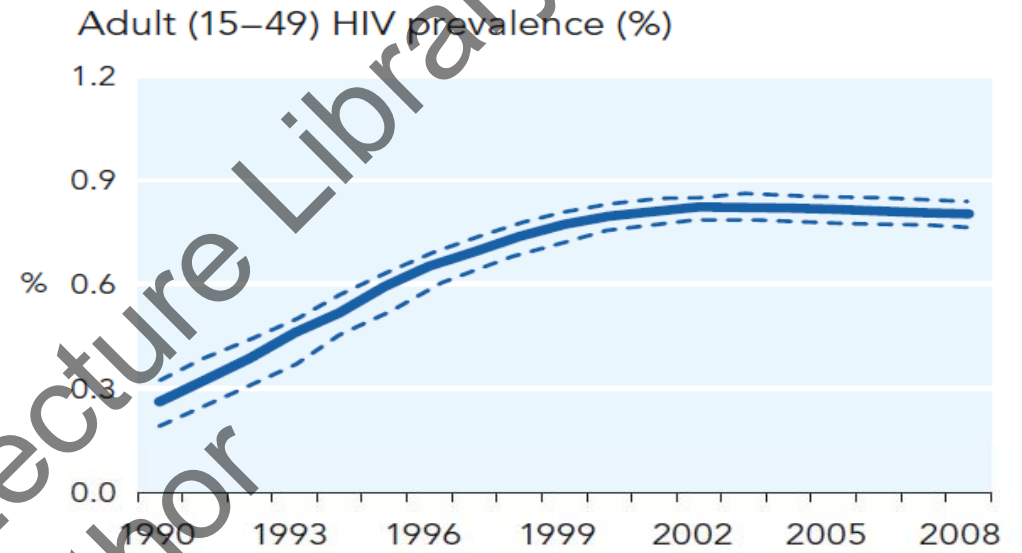
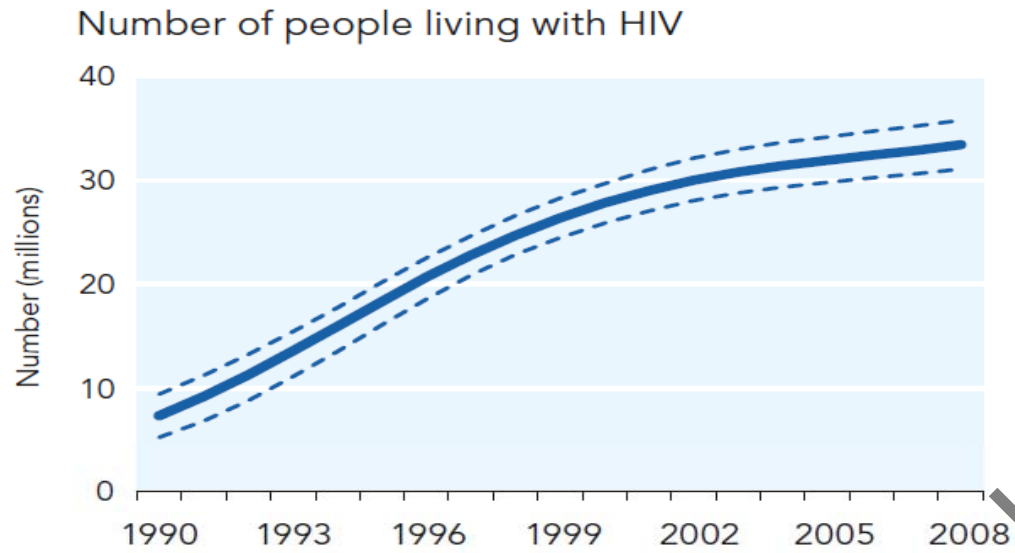


# Update on HIV Infection

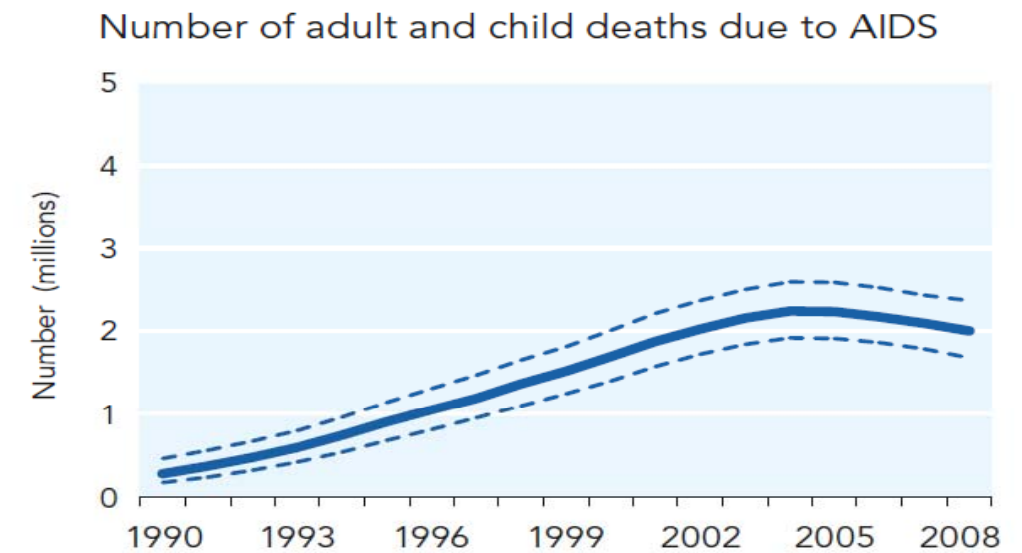
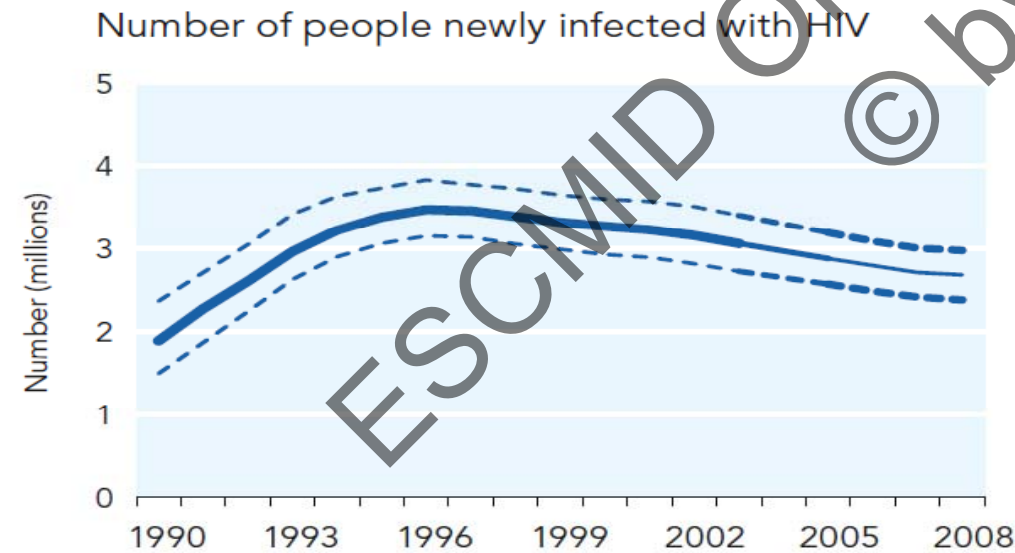
Prof. Dr. Volkan Korten

Marmara Univ. School of Medicine  
Dept. of Infectious Diseases, Istanbul  
Turkey

# Global estimates 1990–2008



Estimate ———  
High and low estimates - - -



# Update on HIV infection

- Start ART earlier
- Integrase inhibitors – firstline,
- Preferred drugs - guideline changes
- Pharmacoenhancers – next generation
- Test & treat strategies, global HIV treatment
- HIV vaccine

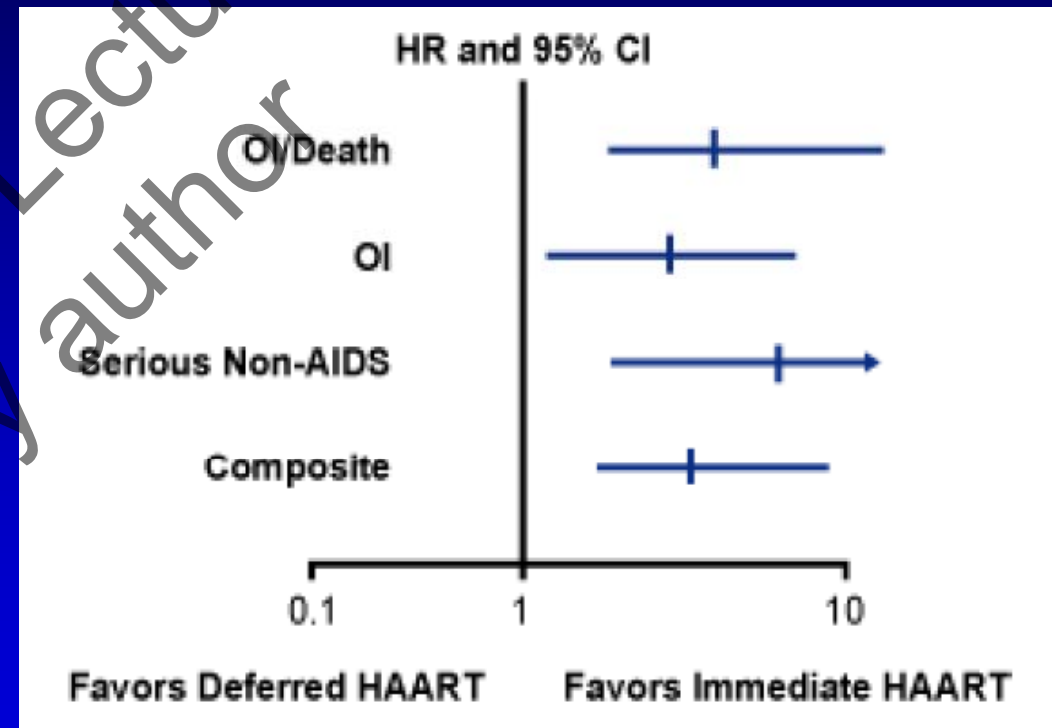
**Start ART earlier**

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# Studies That Informed Guidelines on When to Start (1)

## SMART trial<sup>[1]</sup>

- Reduced risk of both opportunistic disease and serious non-AIDS events observed in patients who initiated and remained on antiretroviral therapy at CD4+ cell counts > 350 cells/mm<sup>3</sup>



# Studies That Informed Guidelines on When to Start (2)

- ART-CC<sup>[2]</sup>
  - Smaller absolute risk of AIDS or death seen for patients starting ART at CD4+ cell counts  $> 350$  cells/mm<sup>3</sup> vs  $\leq 350$  cells/mm<sup>3</sup>
- NA-ACCORD<sup>[3]</sup>
  - Survival benefit with earlier vs deferred ART
    - Risk of death 69% higher for patients deferring ART until CD4+ cell count  $\leq 350$  cells/mm<sup>3</sup> vs 351-500 cells/mm<sup>3</sup>
    - Risk of death 94% higher for patients deferring ART until CD4+ cell count  $\leq 500$  cells/mm<sup>3</sup> vs  $> 500$  cells/mm<sup>3</sup>

2. When to Start Consortium. Lancet. 2009;373:1352-1363.

3. Kitahata MM, et al. N Engl J Med. 2009;360:1815-1826

# New Studies Supporting Earlier Antiretroviral Therapy

- Low CD4+ nadir associated with
  - Increased rates of HIV-associated neurocognitive disorders<sup>[1]</sup>
  - Arterial stiffness contributing to CV risk<sup>[2]</sup>
  - Increased risk of fracture<sup>[3]</sup>
- Patients with acute OI
  - 2-fold higher risk of clinical progression in patients who deferred HAART vs those started immediately<sup>[4]</sup>
  - Improved immunologic outcomes in patients starting early vs deferred HAART during acute OI<sup>[5]</sup>

1. Ellis R, et al. CROI 2010. Abstract 429. 2. Ho J, et al. CROI 2010. Abstract 707. 3. Dao C, et al. CROI 2010. Abstract 128. 4. Miro J, et al. CROI 2010. Abstract 529. 5. Sanchez A, et al. CROI 2010. Abstract 509.

# HIV Transmission Risk in Heterosexual Serodiscordant Couples Initiating ARV

- 92% lower risk of HIV transmission in African serodiscordant couples when HIV-infected partner receiving ARV therapy
  - 3381 couples
  - 103 individuals with incident infections that were genetically linked to the primary partner,
  - 102 of 103 cases of confirmed HIV transmission occurred in couples with HIV-infected partner not receiving ARV therapy



# When to Start: 2009 DHHS Guidelines

| CD4+ Cell Count  | Recommendation  |
|--|---|
| <ul style="list-style-type: none"> <li>CD4+ cell count &lt; 350 cells/mm<sup>3</sup></li> </ul>  | <ul style="list-style-type: none"> <li>Start ART</li> </ul>   |
| <ul style="list-style-type: none"> <li>CD4+ cell count 350-500 cells/mm<sup>3</sup></li> </ul>   | <ul style="list-style-type: none"> <li>Start ART (55% strongly recommend and 45% moderately recommend)</li> </ul> |
| <ul style="list-style-type: none"> <li>CD4+ cell count &gt; 500 cells/mm<sup>3</sup></li> </ul>  | <ul style="list-style-type: none"> <li>Panel divided (50% favor initiating therapy)</li> </ul>                    |
| <b>Clinical Conditions Favoring Initiation of Therapy Regardless of CD4+ Cell Count</b>  |   |
| <ul style="list-style-type: none"> <li>History of AIDS-defining illness</li> <li>Certain acute opportunistic infections</li> <li>Pregnancy</li> <li>HIVAN</li> <li>HBV coinfection when HBV treatment is indicated</li> <li>CD4+ count decline &gt; 100 cells/mm<sup>3</sup> per yr</li> <li>HIV-1 RNA &gt; 100,000 copies/mL</li> </ul> |   |

# EACS

## SYMPTOMATIC

- CDC stage B and C: treatment recommended
- If OI, initiate as soon as possible\*

## ASYMPTOMATIC

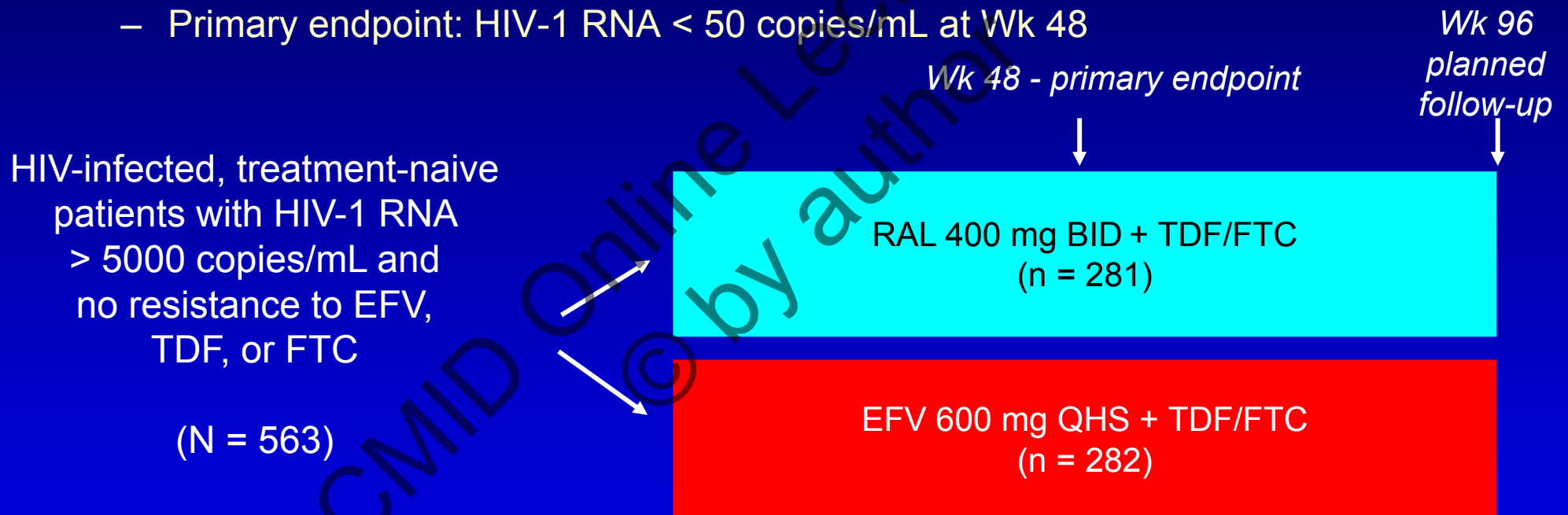
- CD4 < 200: Treatment recommended, without delay.
- CD4 201-350: treatment recommended.
- CD4 350-500:
  - Treatment recommended if hepatitis C co-infection, hepatitis B co-infection requiring therapy, HIV-associated nephropathy or other specific organ deficiency;
  - Treatment should be considered if VL > 10<sup>5</sup> c/ml and/or CD4 decline > 50-100/mm<sup>3</sup>/year or age > 50 or, pregnancy, high cardiovascular risk, malignancy.
- CD4 > 500:
  - Treatment should generally be deferred, independently of plasma HIV RNA; closer follow-up of CD4 if VL > 10<sup>5</sup> c/ml.
  - Treatment can be offered if presence of ≥ 1 of the above co-morbid conditions (CD4 350-500).
- Whatever CD4 and Plasma HIV RNA, treatment can be offered on an individual basis, especially if patient is seeking and ready for ARV therapy

Integrase inhibitors – firstline

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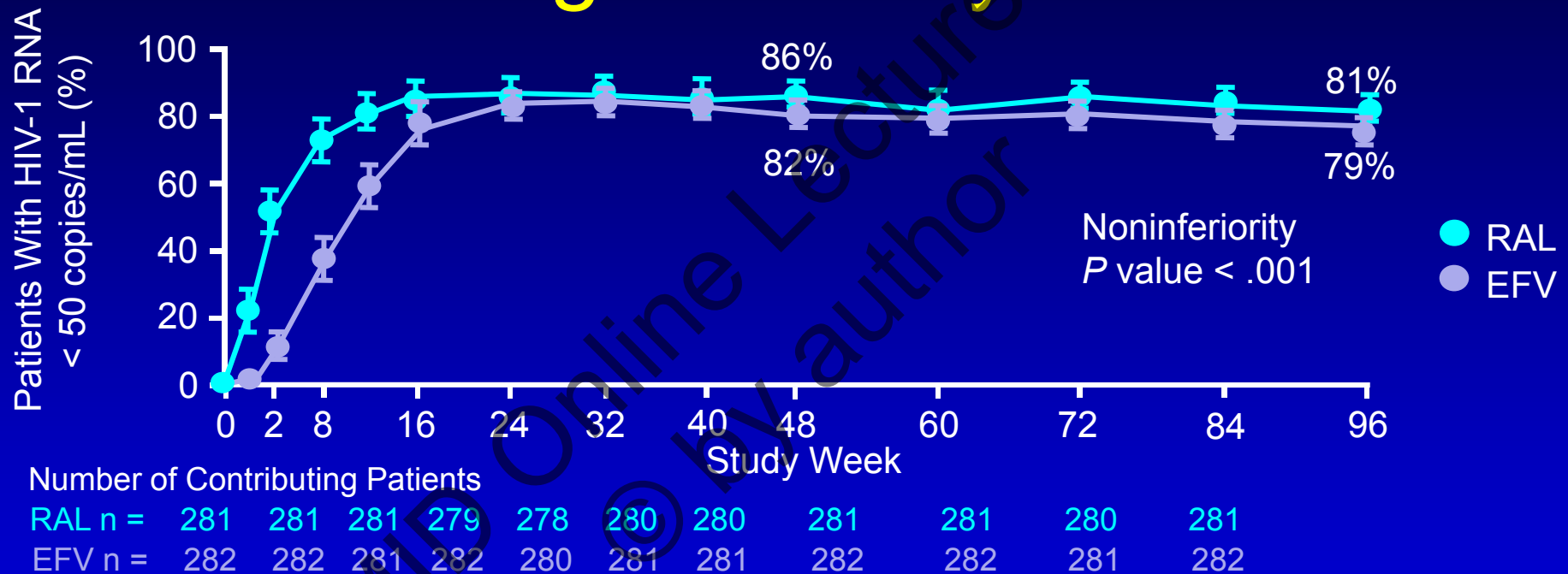
# STARTMRK Phase III: RAL vs EFV in Treatment-Naive Patients

- Randomized, placebo-controlled trial
  - Primary endpoint: HIV-1 RNA < 50 copies/mL at Wk 48



- 53% of patients had HIV-1 RNA > 10<sup>5</sup> copies/mL; 47% of patients had CD4+ cell counts < 200 cells/mm<sup>3</sup> at baseline

# STARTMRK: Virologic and Immunologic Efficacy at Wk 96

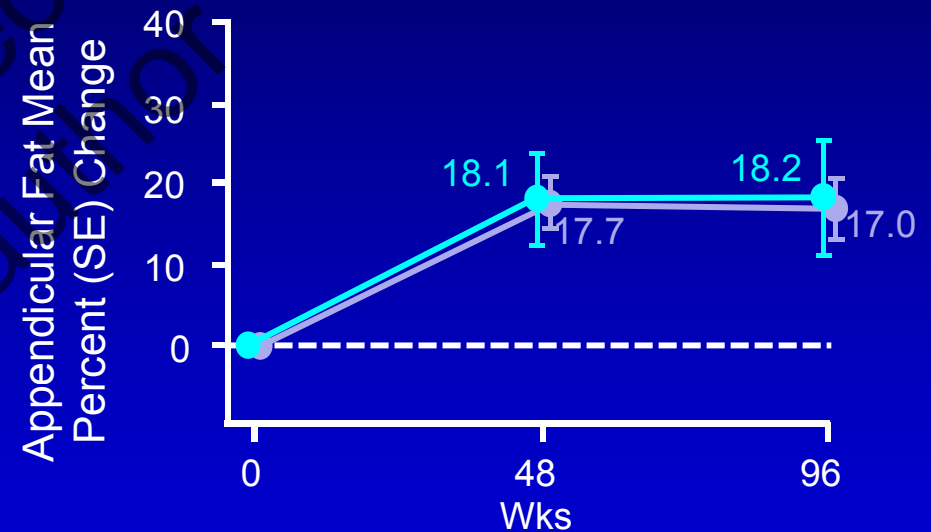
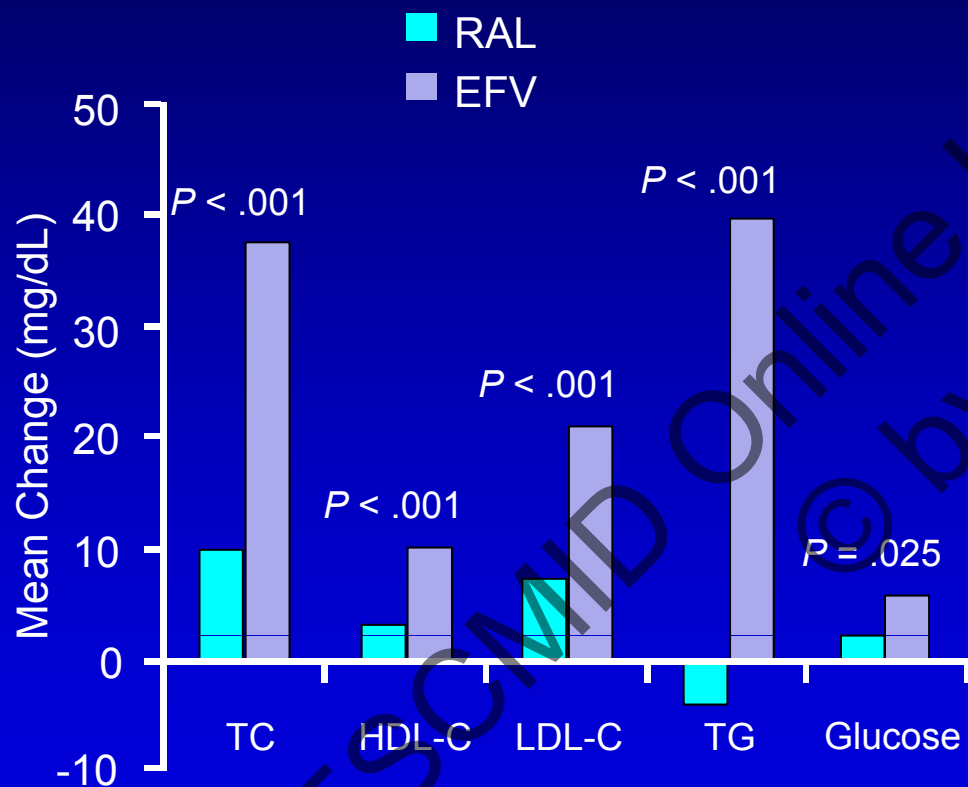


- Significantly shorter time to virologic response with RAL vs EFV ( $P = .001$ )
- Similar CD4+ cell count increases with RAL vs EFV
  - +240 vs +225 cells/mm<sup>3</sup>;  $\Delta$ : 15 cells/mm<sup>3</sup> (95% CI: -13-42)

# STARTMRK: Adverse Events at Wk 96

- Drug-related clinical adverse events more frequent with EFV vs RAL (78% vs 47%;  $P < .0001$ )
  - Serious clinical adverse events in 14% of patients in RAL arm and 12% of patients in EFV arm ( $P = .457$ )
- Fewer patients experienced CNS events by Wk 8 with RAL vs EFV (10.3% vs 17.7%;  $P = .015$ )
- Malignancies developed in 3 patients in RAL arm vs 11 patients in EFV arm
  - Kaposi's sarcoma (n = 7), anal cancer (n = 1), B-cell non-Hodgkin's lymphoma (n = 1), bone cancer (n = 1), lung cancer (n = 1), basal cell cancer (n = 3)

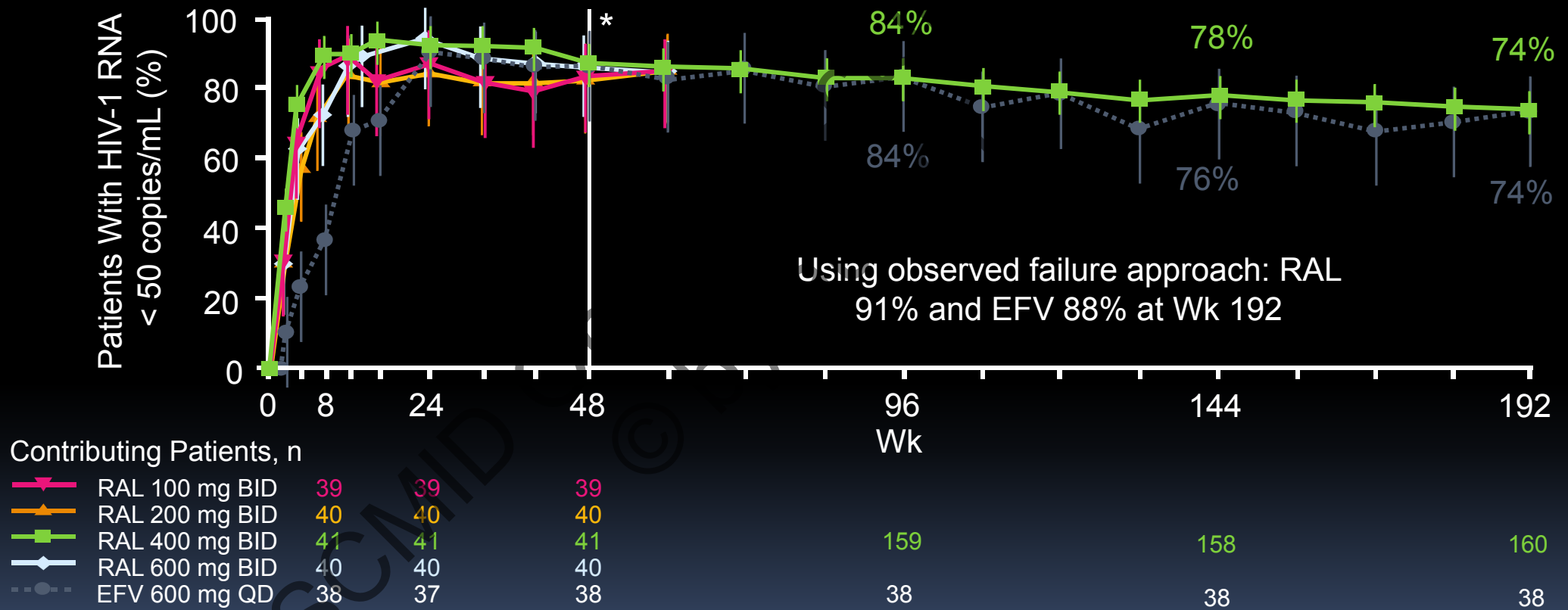
# STARTMRK: Metabolic, Body Composition Changes at Wk 96 With RAL vs EFV



Contributing Patients, n

|       |    |    |    |
|-------|----|----|----|
| ● RAL | 55 | 40 | 37 |
| ● EFV | 56 | 46 | 38 |

# Protocol 004: 192-Wk Virologic Response to RAL vs EFV in Naive Patients (NC = F)



\*After Wk 48, patients in all RAL groups continued at 400 mg BID. All patients received TDF+3TC.



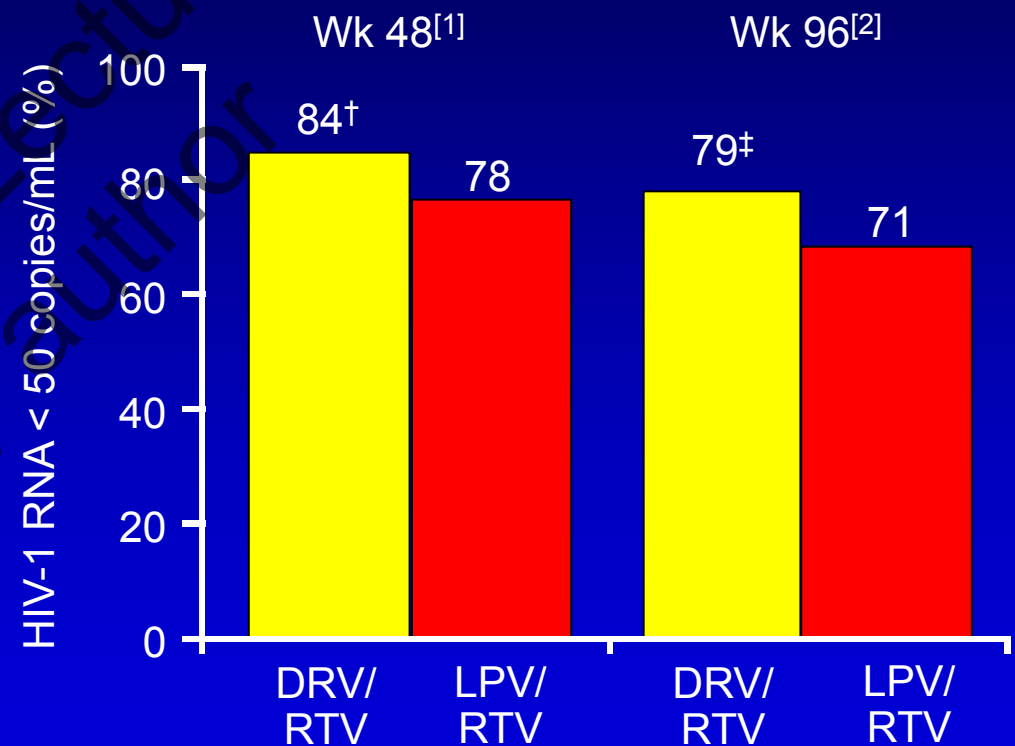
# Preferred drugs - guideline changes

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# ARTEMIS: Wk 96 Response to DRV/RTV vs LPV/RTV in Naive Pts

- Randomized, open-label, 96-wk study
- DRV/RTV 800/100 mg QD (n = 343) vs LPV/RTV tablet or capsule 400/100 mg BID or 800/200 mg QD\* (n = 346)
  - Plus TDF/FTC 300/200 mg QD
- DRV/RTV noninferior to LPV/RTV at Wk 48; **superior at Wk 96**
- CD4+ gain: +171 (DRV/RTV) vs +188 (LPV/RTV) at Wk 96

\*Depending on availability; switch allowed.

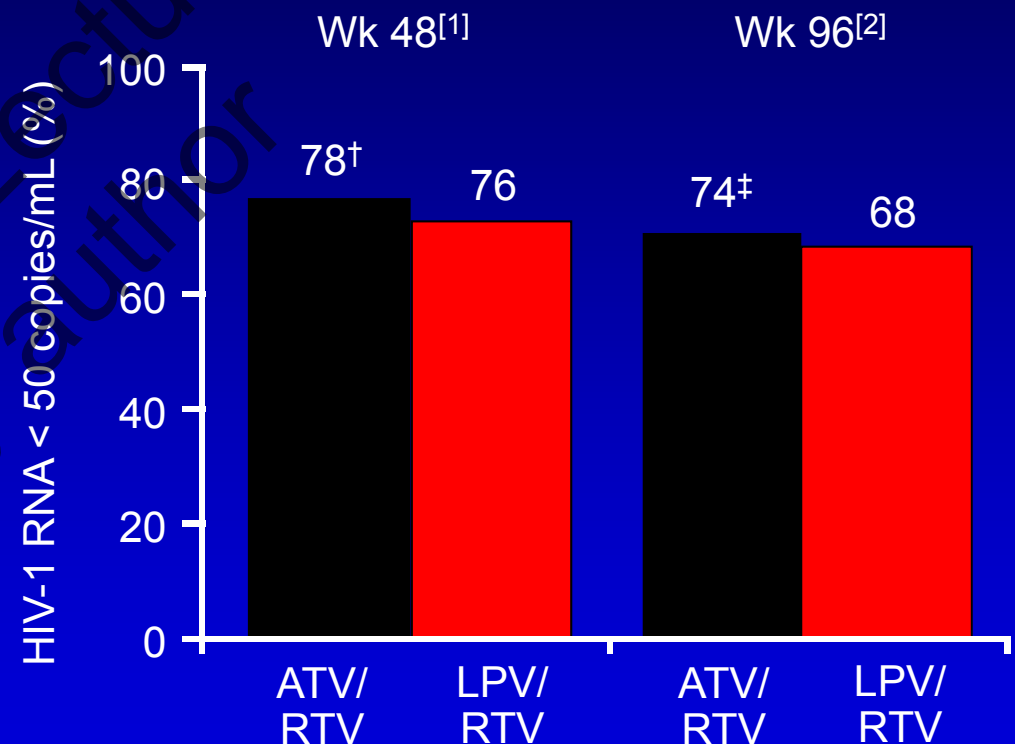


<sup>†</sup>Noninferiority, P < .001; superiority, P = .062

<sup>‡</sup>Noninferiority, P < .001; superiority, P < .012

# CASTLE: Wk 96 Response to ATV/RTV vs LPV/RTV in Naive Pts

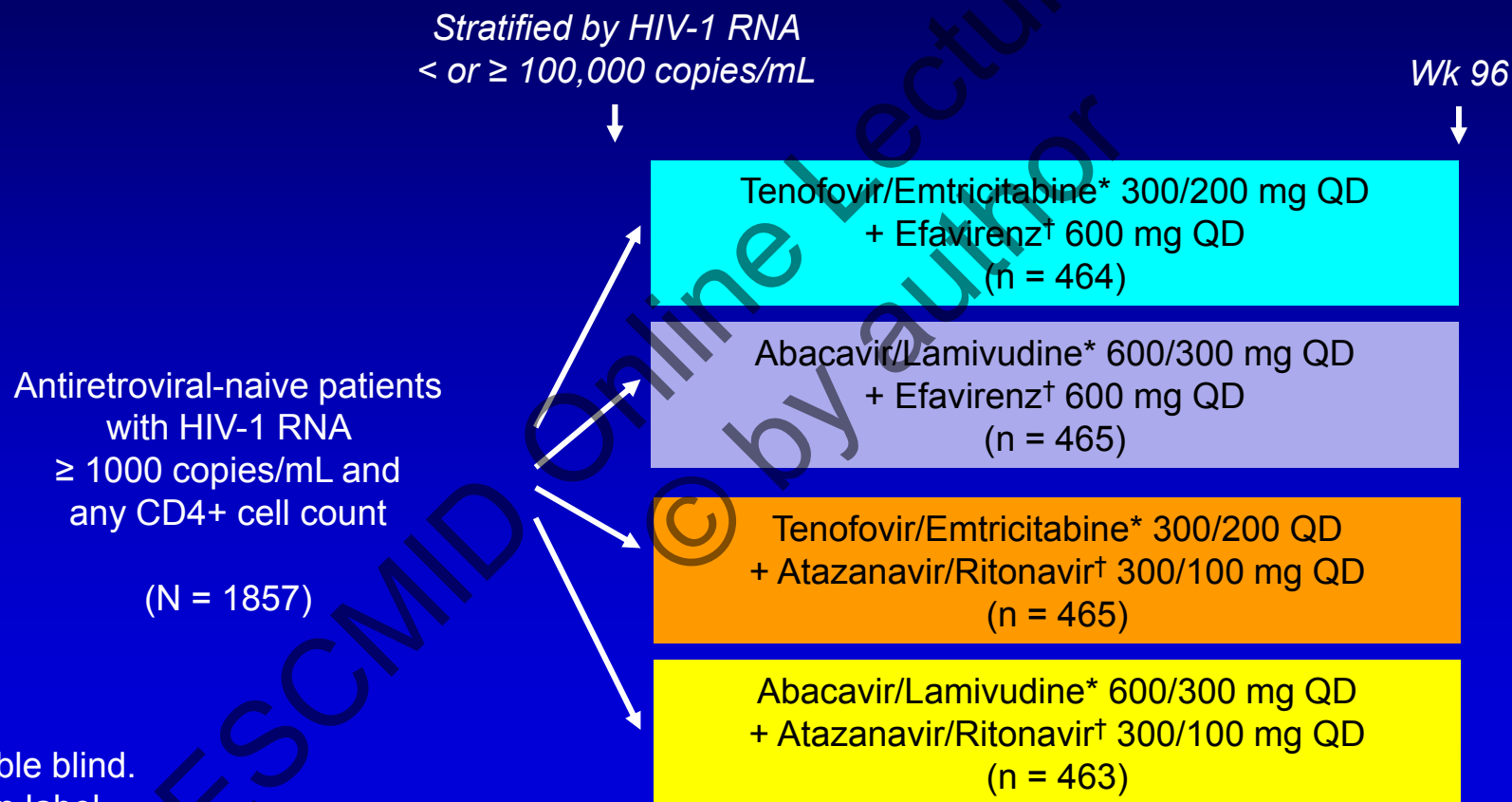
- Randomized, open-label, 96-wk study
- ATV/RTV 300/100 mg QD (n = 440) vs LPV/RTV 800/200 mg QD\* (n = 443)
  - Plus TDF/FTC 300/200 mg QD
- ATV/RTV noninferior to LPV/RTV at Wk 48; **superior at Wk 96**
- CD4+ gain: +268 (ATV/RTV) vs +290 (LPV/RTV) at Wk 96



<sup>†</sup>Est diff: 1.7% (95% CI: -3.8% to 7.1%; P = NS). <sup>‡</sup>Est diff: 6.1% (95% CI: 0.3% to 12.0%; P < .05).

\*SGC until Wk 48; tablet formulation after Wk 48.

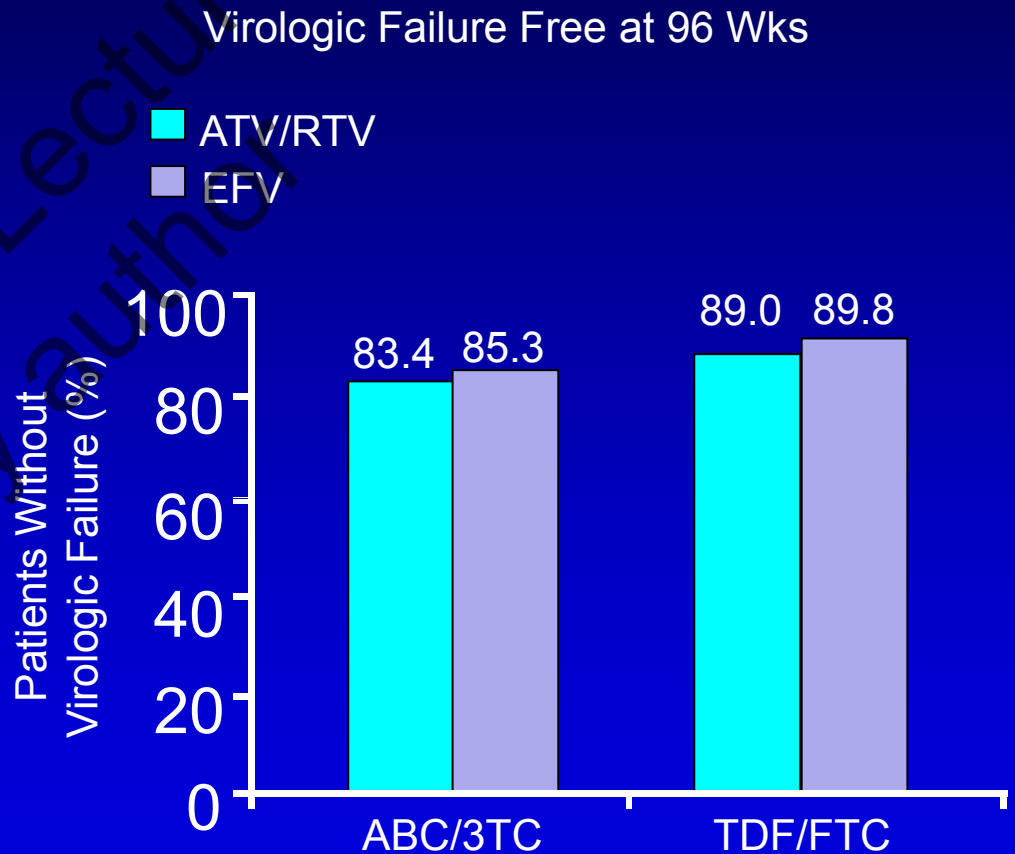
# ACTG 5202: First-Line Therapy With ABC/3TC vs TDF/FTC + EFV vs ATV/RTV



# ACTG 5202: Virologic Failure With ATV/RTV vs EFV

- Similar time to virologic failure with ATV/RTV vs EFV when combined with either ABC/3TC or TDF/FTC in overall population analysis

- With ABC/3TC, HR: 1.13 (95% CI: 0.82-1.56)
- With TDF/FTC, HR: 1.01 (95% CI: 0.70-1.46)



# ACTG 5202: Virologic Failure With ABC/3TC vs TDF/FTC

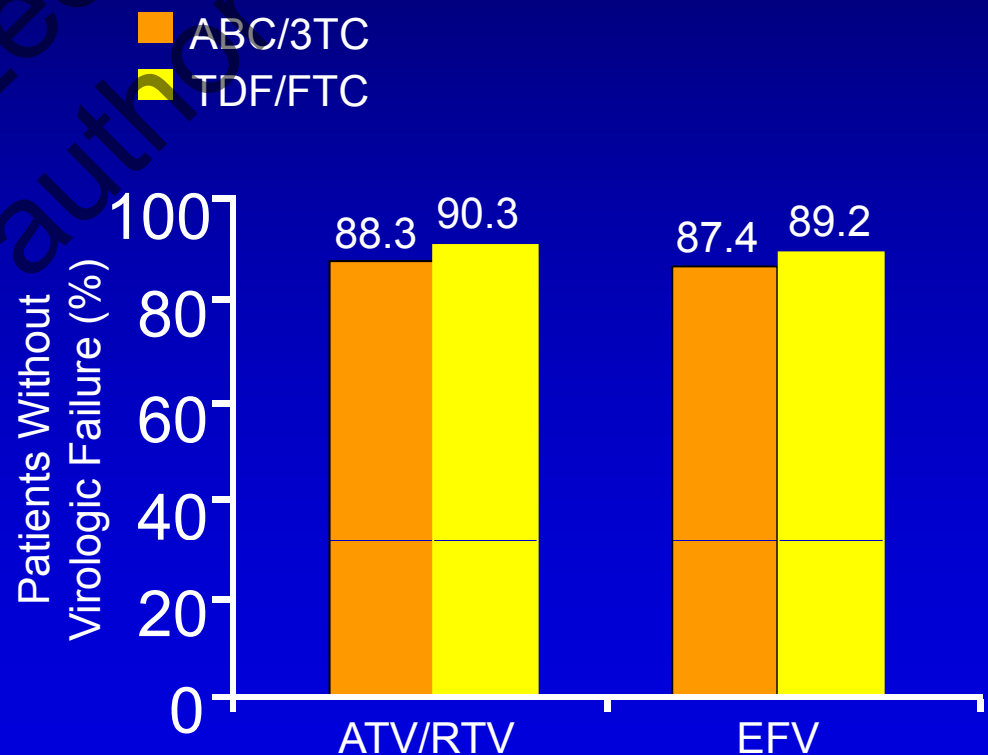
In pts with screening VL < 100,000 c/mL

- Similar time to virologic failure with ABC/3TC vs TDF/FTC regardless of ATV/RTV or EFV
  - With ATV/RTV, HR: 1.26 (0.76-2.05)
  - With EFV, HR: 1.23; (0.77-1.96)

In pts with screening VL ≥ 100,000 c/mL

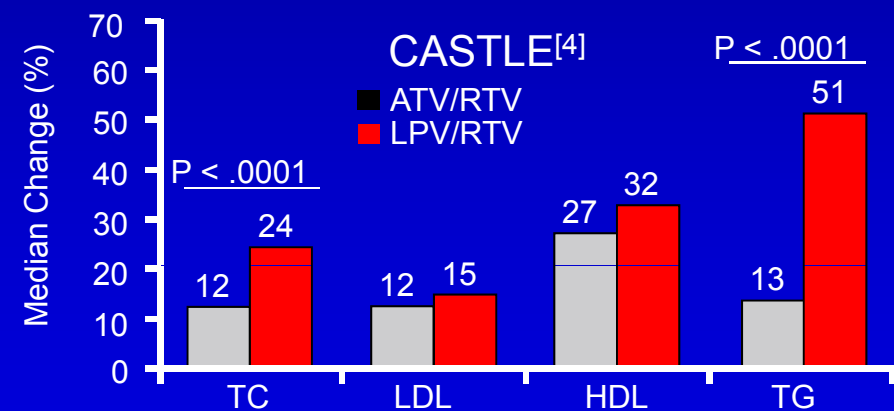
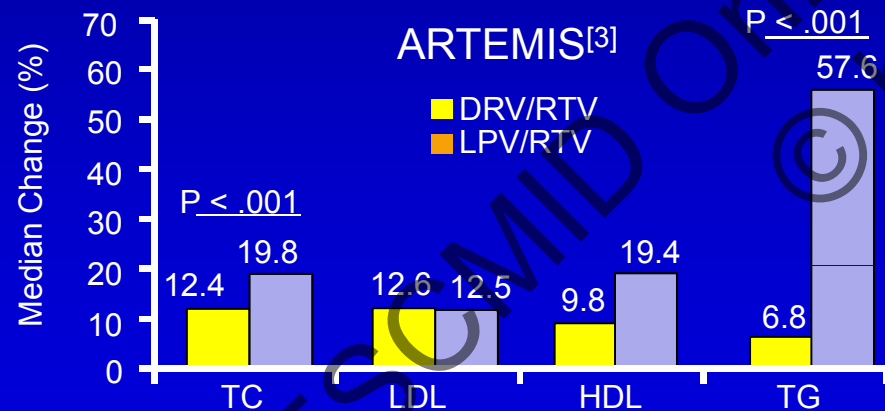
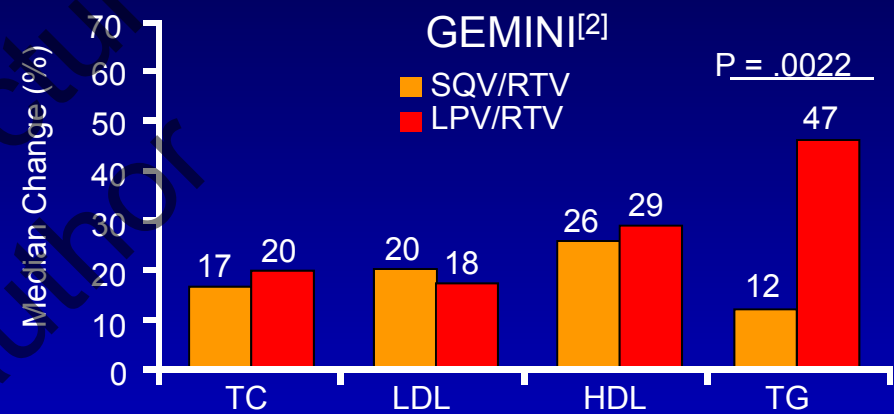
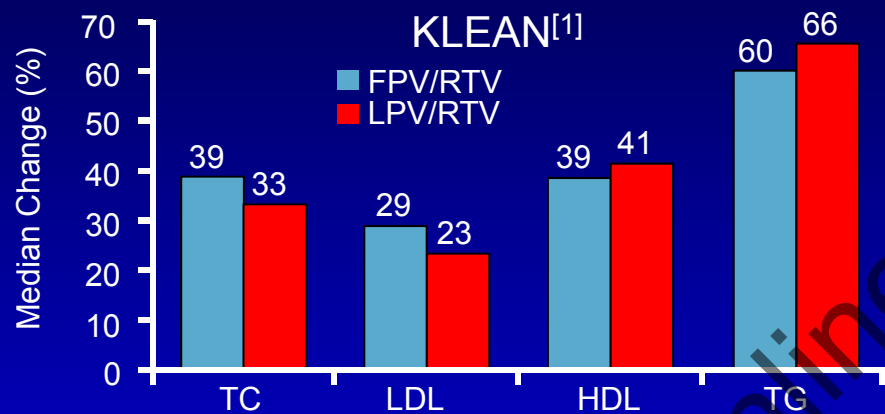
- Shorter time to VF with ABC/3TC vs. TDF/FTC with either EFV or ATV/RTV
  - With EFV, HR: 2.22 (1.19-4.14)
  - With ATV/RTV, HR: 2.46 (1.20-5.05)

Virologic Failure Free at 96 Wks for Pts With Screening VL < 100,000 copies/mL



Daar E, et al. CROI 2010. Abstract 59LB.

# Lipid Changes From BL to Wk 48



This slide is an illustration only and not meant to be a cross-study comparison.

1. Eron J Jr, et al. Lancet. 2006;368:476-482. 2. Walmsley SL, et al. J. Infect Dis. 2009;50:367-374. 3. Nelson M, et al. Inter Congress on Drug Therapy in HIV Infection 2008. Abstract P127. 4. Reprinted from The Lancet, v 372, Molina JM, et al, pp 646-655, Copyright 2008, with permission from Elsevier.

# 2009 DHHS Guidelines

## Initial Treatment: Preferred

|                       |   |
|-----------------------|---|
| <b>NNRTI based</b>    | ■ EFV/TDF/FTC <sup>1,2</sup>  |
| <b>PI based</b>       | ■ ATV/r + TDF/FTC <sup>2</sup><br>■ DRV/r (QD) + TDF/FTC <sup>2</sup> |
| <b>II based</b>       | ■ RAL + TDF/FTC <sup>2</sup>  |
| <b>Pregnant Women</b> | ■ LPV/r (BID) <sup>3</sup> + ZDV/3TC                                  |

1. EFV should not be used during the first trimester of pregnancy or in women trying to conceive or not using effective and consistent contraception.
2. 3TC can be used in place of FTC and vice versa.



# 2009 DHHS Guidelines

## Initial Treatment: Alternatives

|                    |   |
|--------------------|---|
| <b>NNRTI based</b> | <ul style="list-style-type: none"> <li>■ EFV<sup>1</sup> + (ABC/3TC) or (ZDV/3TC)<sup>2</sup></li> <li>■ NVP<sup>4</sup> + ZDV/3TC</li> </ul>   |
| <b>PI based</b>    | <ul style="list-style-type: none"> <li>■ ATV/r + (ABC/3TC) or (ZDV/3TC)<sup>2,3</sup></li> <li>■ FPV/r (QD or BID) + (ABC/3TC) or (ZDV/3TC) or (TDF/FTC)<sup>2,3</sup></li> <li>■ LPV/r (QD or BID) + (ABC/3TC) or (ZDV/3TC) or (TDF/FTC)<sup>2,3</sup></li> <li>■ SQV/r + TDF/FTC<sup>2</sup></li> </ul> |

1. EFV should not be used during the first trimester of pregnancy or in women trying to conceive or not using effective and consistent contraception.

2. 3TC can be used in place of FTC and vice versa.

3. ABC should not be used in patients who test positive for HLA B\*5701; caution if HIV RNA >100,000 copies/mL, or if high risk of cardiovascular disease.

4. NVP should not be started if pre-ARV CD4 >250 in women or >400 in men.

# 2009 DHHS Guidelines

## Initial Treatment: Acceptable

|                    |   |
|--------------------|---|
| <b>NNRTI based</b> | ■ EFV <sup>1</sup> + ddl + (3TC or FTC)       |
| <b>PI based</b>    | ■ ATV + (ABC/3TC) or (ZDV/3TC) <sup>2,3</sup> |

1. EFV should not be used during the first trimester of pregnancy or in women trying to conceive or not using effective and consistent contraception.
2. 3TC can be used in place of FTC and vice versa.
3. ABC should not be used in patients who test positive for HLA-B\*5701; caution if HIV RNA >100,000 copies/mL, or if high risk of cardiovascular disease .

# Initial Treatment: May Be Acceptable but More Definitive Data Needed

|                              |   |
|------------------------------|---|
| <b>PI based</b>              | <ul style="list-style-type: none"><li>■ DRV/r + (ABC/3TC) or (ZDV/3TC)<sup>1,2</sup></li><li>■ SQV/r + (ABC/3TC) or (ZDV/3TC)<sup>1,2</sup></li></ul> |
| <b>CCR5 Antagonist based</b> | <ul style="list-style-type: none"><li>■ MVC + ZDV/3TC<sup>1,3</sup></li></ul>   |
| <b>II based</b>              | <ul style="list-style-type: none"><li>■ RAL + (ABC/3TC) or (ZDV/3TC)<sup>1</sup></li></ul>  |

1. 3TC can be used in place of FTC and vice versa.

2. ABC should not be used in patients who test positive for HLA-B\*5701; caution if HIV RNA >100,000 copies/mL, or if high risk of cardiovascular disease.

3. Tropism testing required before treatment with MVC; use only if only CCR5-tropic virus is present.

# EACS 11/2009

| SELECT 1 DRUG IN COLUMN A AND 1 NRTI COMBINATION IN COLUMN B | A  | B   | REMARKS   |
|--|--|---|---|
| Recommended  | <p><b>NNRTI</b></p> <ul style="list-style-type: none"> <li>• EFV<sup>1</sup></li> <li>• NVP<sup>5</sup></li> </ul> <p>or ritonavir-boosted PI</p> <ul style="list-style-type: none"> <li>• ATV/r<sup>5</sup></li> <li>• DRV/r<sup>6</sup></li> <li>• LPV/r<sup>7</sup></li> <li>• SQV/r</li> </ul> | <p>TDF/FTC</p> <p>ABC/3TC<sup>2-3-4</sup></p>   | <ul style="list-style-type: none"> <li>- TDF/FTC co-formulated</li> <li>- ABC/3TC co-formulated</li> <li>- EFV/TDF/FTC co-formulated</li> <li>- ATV/r: 300/100 mg qd</li> <li>- DRV/r: 800/100 mg qd</li> <li>- LPV/r: 400/100 mg bid or 800/200 mg qd</li> <li>- SQV/r: 1000/100 mg bid</li> </ul> |
| Alternative  | <p>SQV/r</p> <p>FPV/r</p> <p>RAL<sup>9</sup></p>   | <ul style="list-style-type: none"> <li>• ZDV/3TC<sup>8</sup></li> <li>• ddI/3TC or FTC<sup>8</sup></li> </ul> | <ul style="list-style-type: none"> <li>- SQV/r: 2000/100 mg qd</li> <li>- FPV/r: 700/100 mg bid or 1400/200 mg qd</li> <li>- RAL: 400 mg bid</li> <li>- ZDV/3TC co-formulated</li> </ul>  |

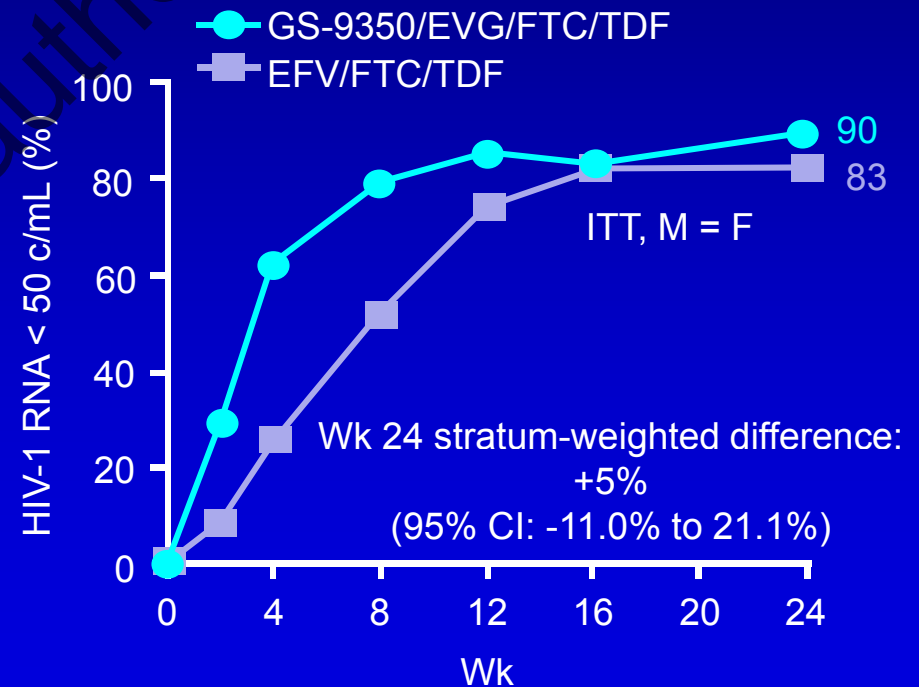
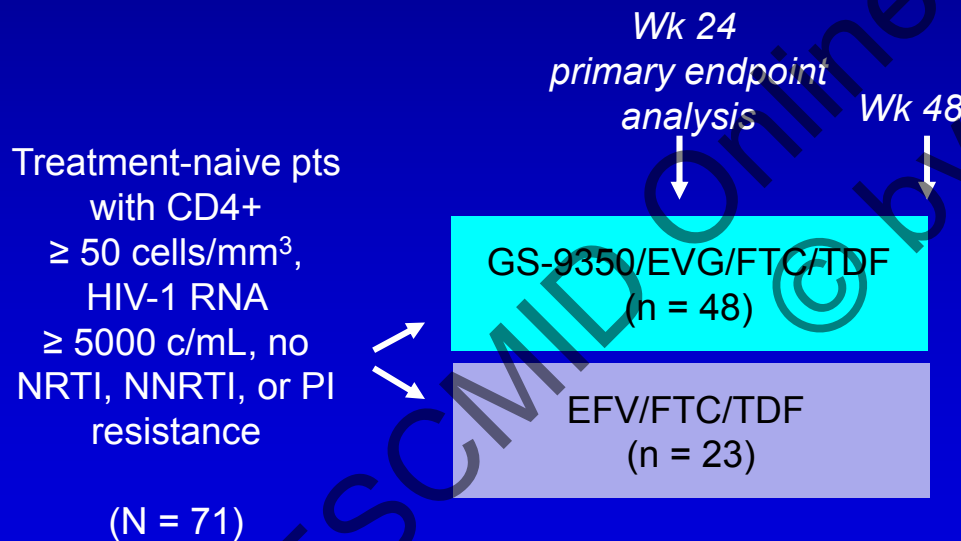
# Pharmacoenhancers – next generation

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# GS-9350–Boosted Elvitegravir + FTC/TDF Noninferior to EFV/FTC/TDF in Naive Pts

- Cobicistat (GS-9350):  
investigational CYP3A  
inhibitor (boosting agent)

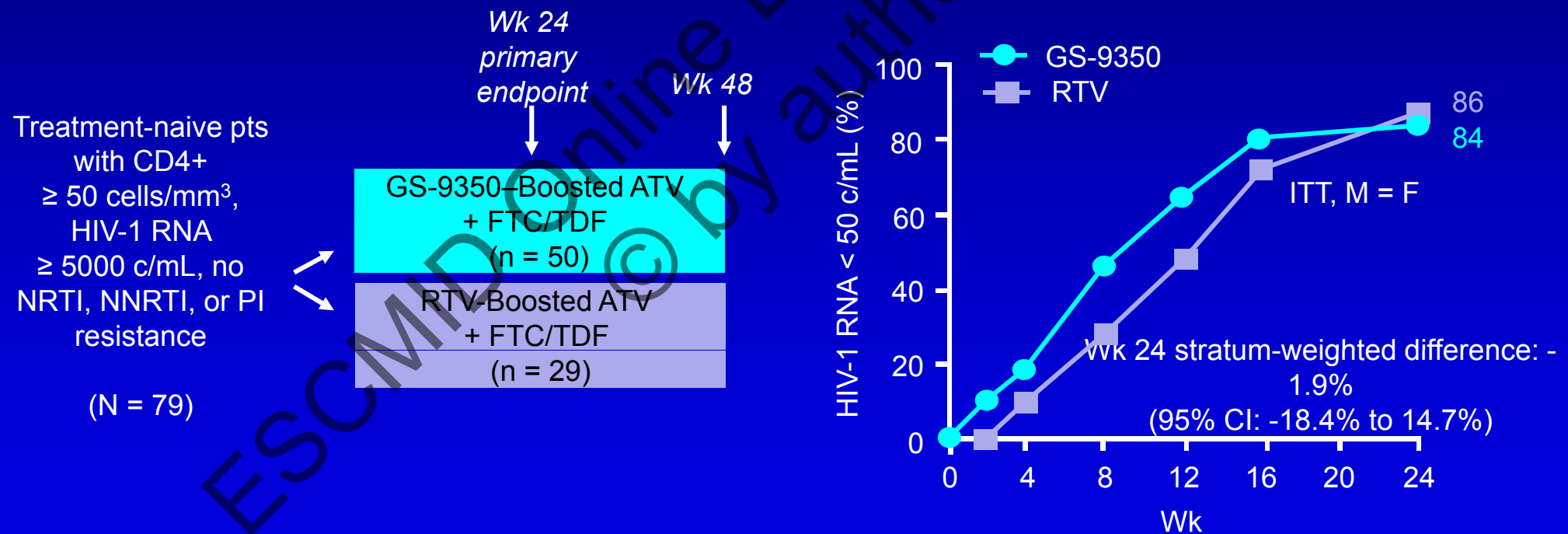
- Elvitegravir: investigational  
integrase inhibitor



Cohen C, et al. CROI 2010. Abstract 58LB.

# GS-9350–Boosted ATV Virologic Efficacy Similar to ATV/RTV in Naive Pts

- Phase II study comparing cobicicstat (GS-9350) vs ritonavir as boosting agent for atazanavir



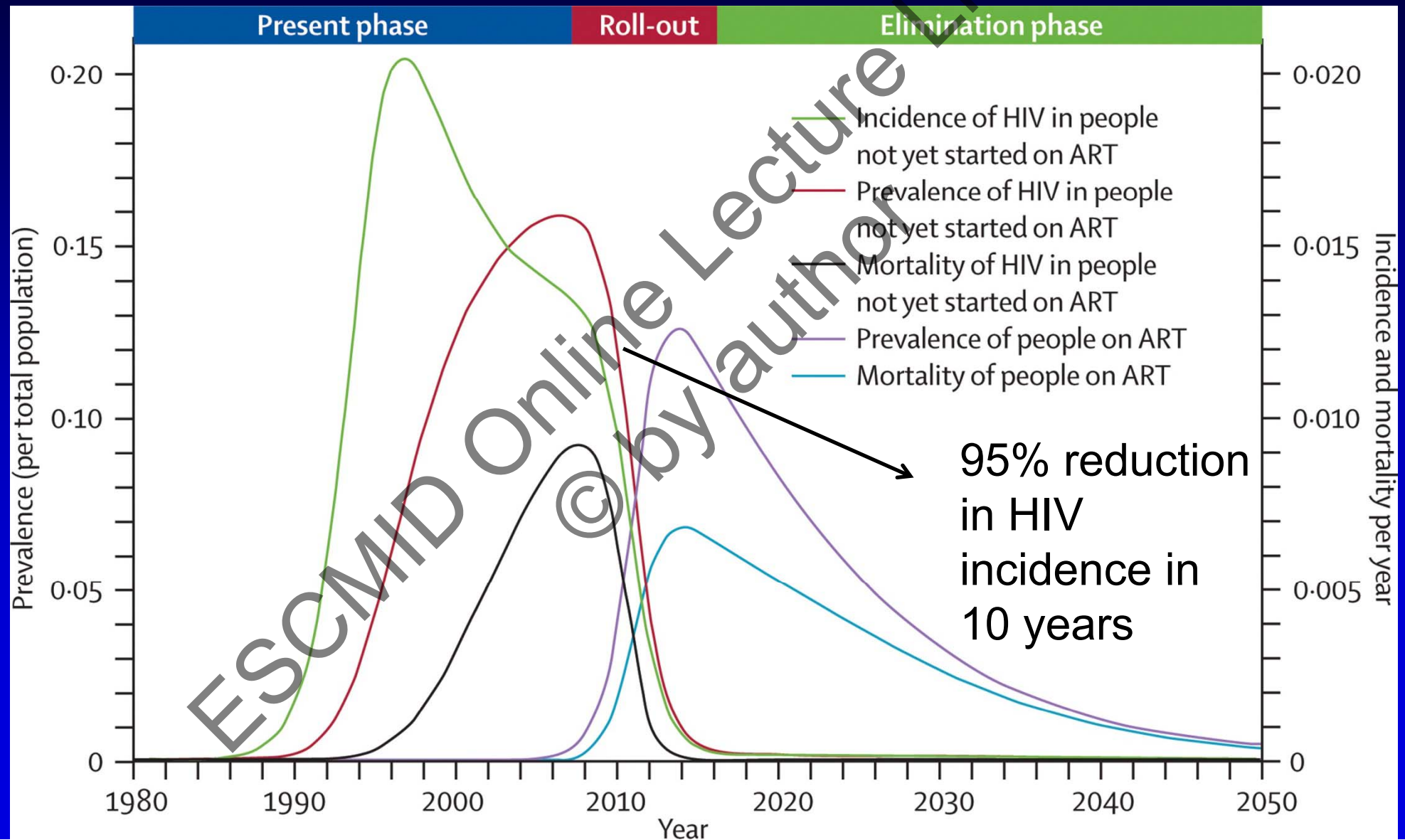
Cohen C, et al. CROI 2010. Abstract 58LB.

# Test & treat strategies, global HIV treatment

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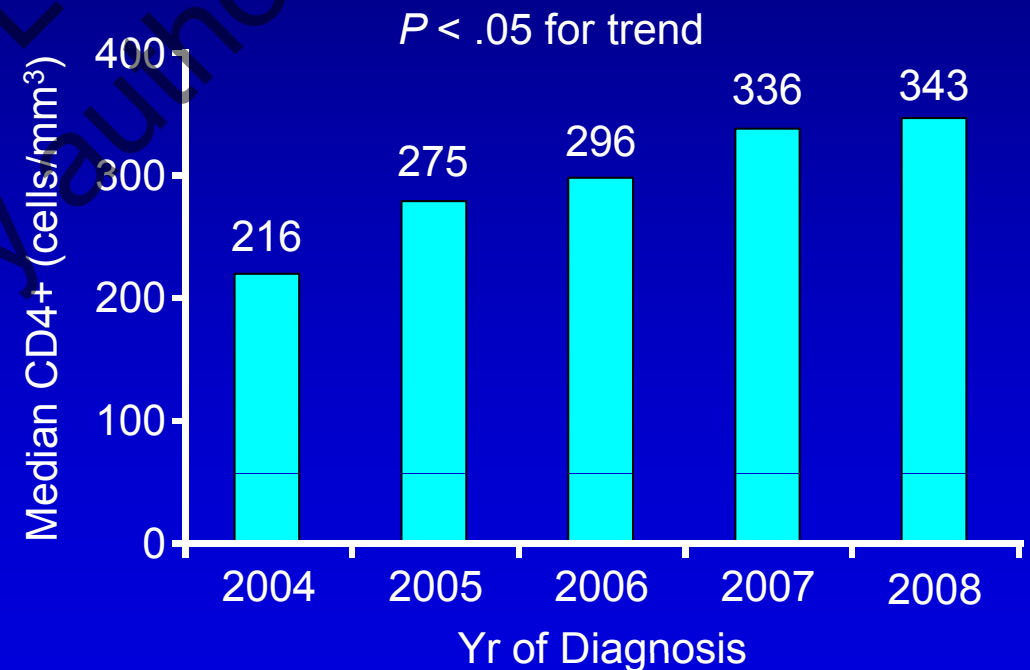
# Universal voluntary HIV testing and immediate HAART strategy. *Granich RM, Lancet 2009; 373:48–57*



# Impact of Expanded HIV Testing in Washington, DC

- 3.7-fold increase in number of publicly funded HIV tests performed in Washington, DC, from 2004-2008
  - 2004: 19,766
  - 2008: 72,866
- 17% increase in number of new HIV/AIDS name-based case reports from 2004-2007
- Significant reduction in time to progression to AIDS following HIV diagnosis from 2004-2008 ( $P < .0001$ )
- Time interval between diagnosis to entry into care significantly improved from 2004-2008

Median CD4+ at Time of HIV Diagnosis Over Time



# Vaccine

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# Efficacy Studies (Phase IIb, III) of Candidate HIV-1 Vaccines in HIV-1-Seronegative Volunteers

| Vaccine        | Start | Sample Size       | Location                            | Target Population    | HIV Infection Rate in Vaccine Group (%) | HIV Infection Rate in Placebo Group (%) | Vaccine Approach; HIV-1 Strains                          | Vaccine Developer |
|----------------|-------|-------------------|-------------------------------------|----------------------|---|---|--|-------------------|
| AIDSVAX B/B    | 1998  | 5403              | North America, Netherlands          | MSM                  | 6.7                                     | 7.0                                     | rgp120: MN, GNE8   | VaxGen            |
| AIDSVAX B/E    | 1999  | 2546              | Thailand                            | IVDU                 | 8.4                                     | 8.3                                     | rgp120: MN, A244   | VaxGen            |
| STEP Study     | 2004  | 3000              | North America, Caribbean, Australia | MSM; sexual exposure | 4.6*                                    | 3.1                                     | Ad5 gag/pol/nef: clade B gag-CAM-1, pol- IIIB, nef-JR-FL | Merck             |
| Phambili Study | 2006  | 3000 <sup>†</sup> | South Africa                        | Sexual exposure      | Stopped early                           | Stopped early                           | Ad5 gag/pol/nef: clade B gag-CAM-1, pol- IIIB, nef-JR-FL | Merck             |

*Lancet 2008; 372:1881-1893., Lancet 2008; 372:1894-1905.*

# Prime – boost strategy



*The* **NEW ENGLAND**  
**JOURNAL** *of* **MEDICINE**

Vaccination with ALVAC and AIDSVAX  
to Prevent HIV-1 Infection in Thailand

- canarypox ALVAC vector (HIV-1 E gp120, B Gag and protease) - 0,1,3 & 6 mo. and AIDSVAX B/E 3 & 6 mo. boosting
- n: 16402 (18-30 y, M & F)
- Vaccine efficacy 31.2 %
- Most of the pts - heterosexuals, not at the high risk groups
- Efficacy mostly seen in the 1st year
- No expected public health benefit