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### Monitoring CMV-DNA in whole blood with a highly automated platform

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**Background:** The VERIS™/MDx System CMV Assay® is a fully-automated platform already assessed for monitoring CMV-DNA in plasma samples (Mengelle et al. 2016). We evaluated its suitability for monitoring CMV-DNA in whole blood samples.

**Material/methods:** Analytical and clinical performances were evaluated from potassium-EDTA samples collected among hospitalized patients tested prospectively with the in-house technique (limit of detection 74 IU/ml). After storage at -20°C pending batch analysis the specimens were retested with the routine assay and with the VERIS™/MDx System CMV Assay®. XL stat 2014.1.09 and GraphPad Prism 5.03 were used for statistical analyses.

**Results:** The specificity was 98.8 % [CI 95%:93.5-99.9]. Intra and inter-assay reproducibilities were respectively 0.14, 0.15 and 0.16 log<sub>10</sub> IU/ml and 0.13, 0.16 and 0.13 log<sub>10</sub> IU/ml for expected values of 4.7, 3.7 and 2.7 log<sub>10</sub> IU/ml. The lower limit of detection was 57 IU/ml [CI 95%: 47-75], and the assay was linear from 3.83 to 6.83 log<sub>10</sub> IU/ml.

112 whole blood samples that tested positive prospectively in routine use (mean viral load: 3.45 log<sub>10</sub> IU/ml, median: 3.35 log<sub>10</sub> IU/ml, range: 6.73–1.23 log<sub>10</sub> IU/ml) were selected for further analysis.

- 104/112 (92.8%) were positive when retested with the routine technique (mean viral load: 3.62 log<sub>10</sub> IU/ml, median: 3.52 log<sub>10</sub> IU/ml, range: 7.32–2.68 log<sub>10</sub> IU/ml).
- 92/112 (82.1%) were positive with the VERIS™/MDx System CMV Assay® (mean viral load: 3.31 log<sub>10</sub> IU/ml, median: 3.23 log<sub>10</sub> IU/ml, range: 6.96–1.48 log<sub>10</sub> IU/ml), two samples tested negative and 18 samples gave invalid results (internal control negative).
- 88/112 (78.6%) samples gave concordant results between both assays: CMV-DNA was detected in 87 samples and one sample was negative. Six samples gave discrepant results: five samples tested positive with the VERIS™/MDx System CMV Assay® and negative with the in-house method (1.48 to 3.00 log<sub>10</sub> IU/ml), and one sample gave the opposite results (2.55 log<sub>10</sub> IU/ml). 18 samples gave

invalid results (internal control negative): 16 positives (mean viral load 3.38 log<sub>10</sub> IU/ml, median: 3.25 log<sub>10</sub> IU/ml, range: 5.10–2.5 log<sub>10</sub> IU/ml) and 2 negatives.

- The results for the positive (87) samples were highly concordant ( $r=0.83$ ,  $p<0.0001$ ), slope of Deming regression 1.23 [CI 95%: 1.05-1.41] and y-intercept intercept 0.94 [CI 95%: -1.84 to -0.48]. The viral loads detected by the VERIS™/MDx System CMV Assay® and the home-brew assay were similar (-0.30 log<sub>10</sub> IU/ml).

Patient monitoring on 22 samples collected from 3 immunosuppressed patients showed similar profiles with overlapping patterns and variations in the same direction. Only one discrepancy was observed on the first sample of one patient's follow-up (positive with the VERIS™/MDx System CMV Assay®).

**Conclusions:** The VERIS™/MDx System CMV Assay® satisfies quality requirements for routine monitoring of DNA-CMV in whole blood samples. Further investigations are needed for analysis of invalid results.