

Benefits of Microbiome Manipulation in Reducing Antibiotic Resistance

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- Advisory Boards: None
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- Steve Eppes, MD



CHRISTIANA CARE
HEALTH SYSTEM

- Erik VonRosenvinge, MD



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SCHOOL OF MEDICINE

REPORT TO THE PRESIDENT ON COMBATING ANTIBIOTIC RESISTANCE

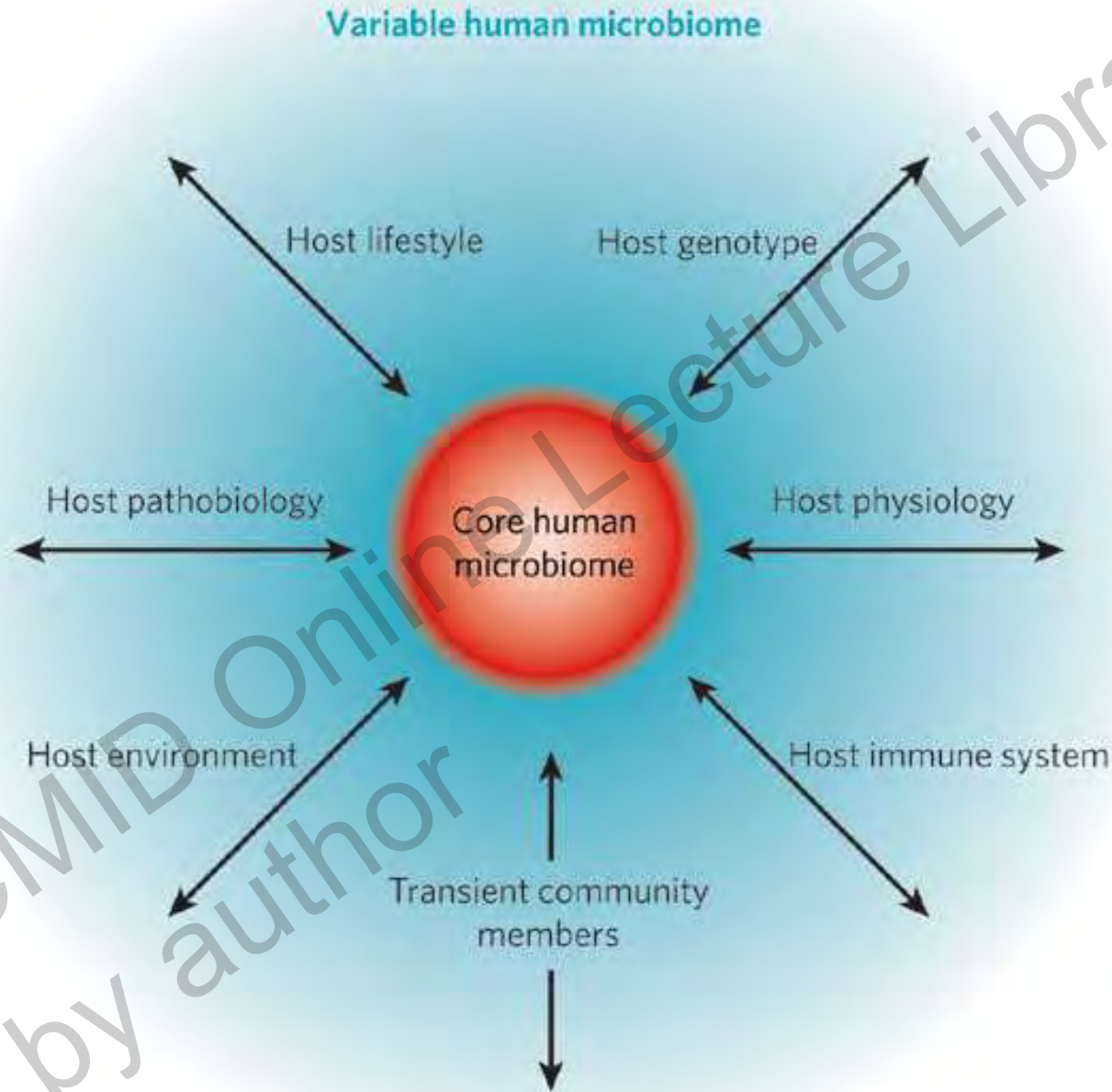
- Human Health Care
- Animal Agriculture
- Surveillance and Response
- Drug Development



Human Microbiome



- Human body = human cells + **microbial cells**
 - 1:10 ratio
- Human genetic landscape = Σ (human genome + **microbiome**)
 - 1:100 ratio
- Human metabolic features = human and **microbial** attributes



The Human Microbiome Project. Peter J. Turnbaugh, Ruth E. Ley, Micah Hamady, Claire M. Fraser-Liggett, Rob Knight & Jeffrey I. Gordon Nature 449, 804-810(18 October 2007)

What the Human Microbiome does for us

Maintaining Health

- Harvest of otherwise inaccessible nutrients and sources of energy from our diet
- Drug metabolism and bioavailability
- Development our immune system

Cause Disease?

- Metabolic
 - Obesity / Metabolic syndrome
 - Type II diabetes
- Gastrointestinal
 - Irritable bowel syndrome
 - Colorectal cancer
- Neurologic
 - Autism
 - Multiple sclerosis
- Immunologic
 - Rheumatoid arthritis
 - Sclerosing cholangitis

Human Health and our Microbiome

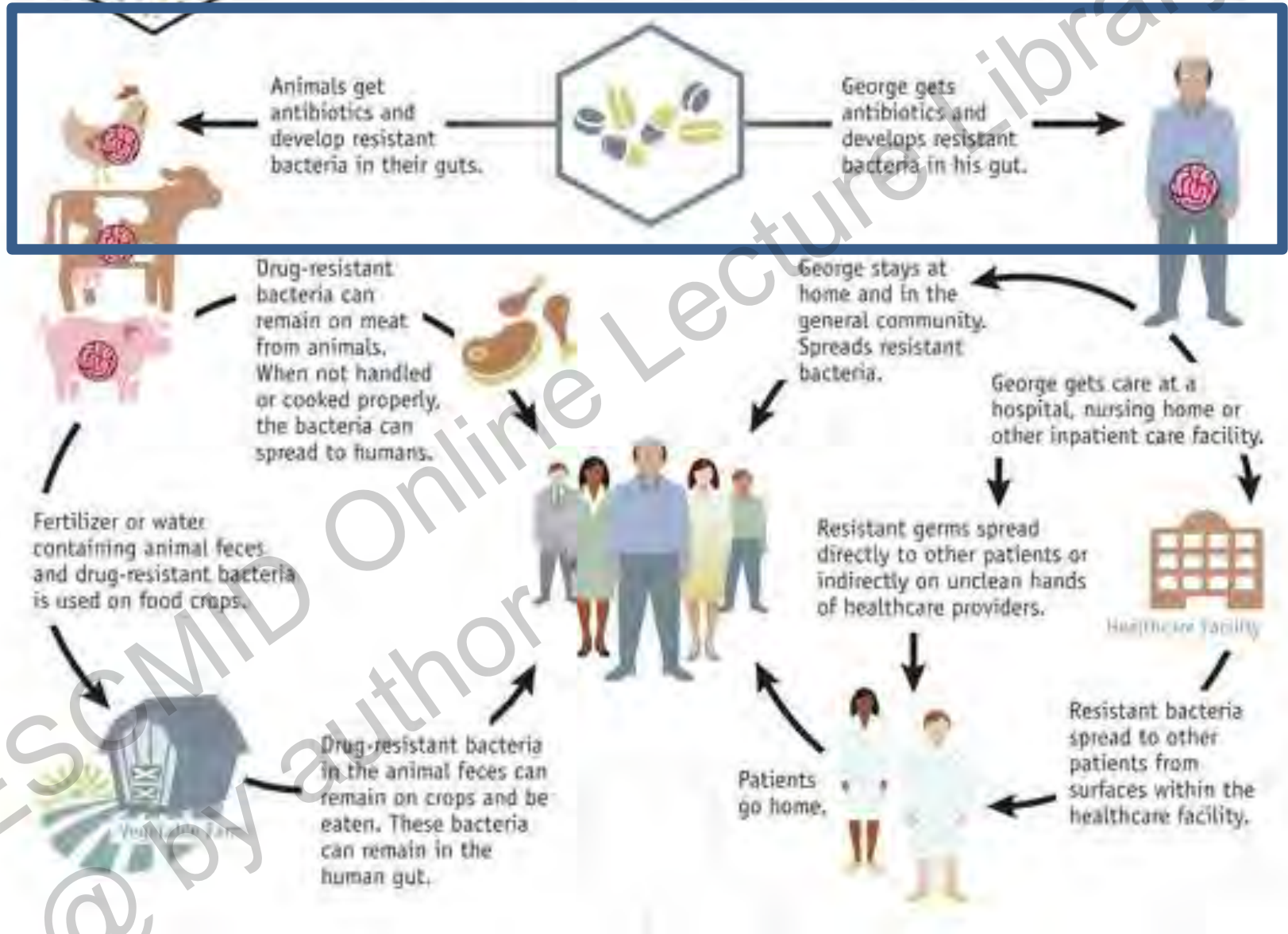
- Manipulation of the microbiota composition through
 - Anti-biotics: kills groups of bacteria
 - Pro-biotics: adds “beneficial” bacteria
 - Pre-biotics: selectively supports “beneficial” bacteria
- could be a novel therapeutic approach for diseases caused by disturbances in our microbiome.

Antibiotic Resistance and our Microbiome

- Manipulation of the microbiota composition through
 - Pro-biotics: adds “beneficial” bacteria
 - Pre-biotics: selectively supports “beneficial” bacteria
- could be a novel therapeutic approach for preventing antibiotic resistance.



Examples of How Antibiotic Resistance Spreads



Examples of How Antibiotic Resistance Spreads

Animals get antibiotics and develop resistant bacteria in their guts.

George gets antibiotics and develops resistant bacteria in his gut.

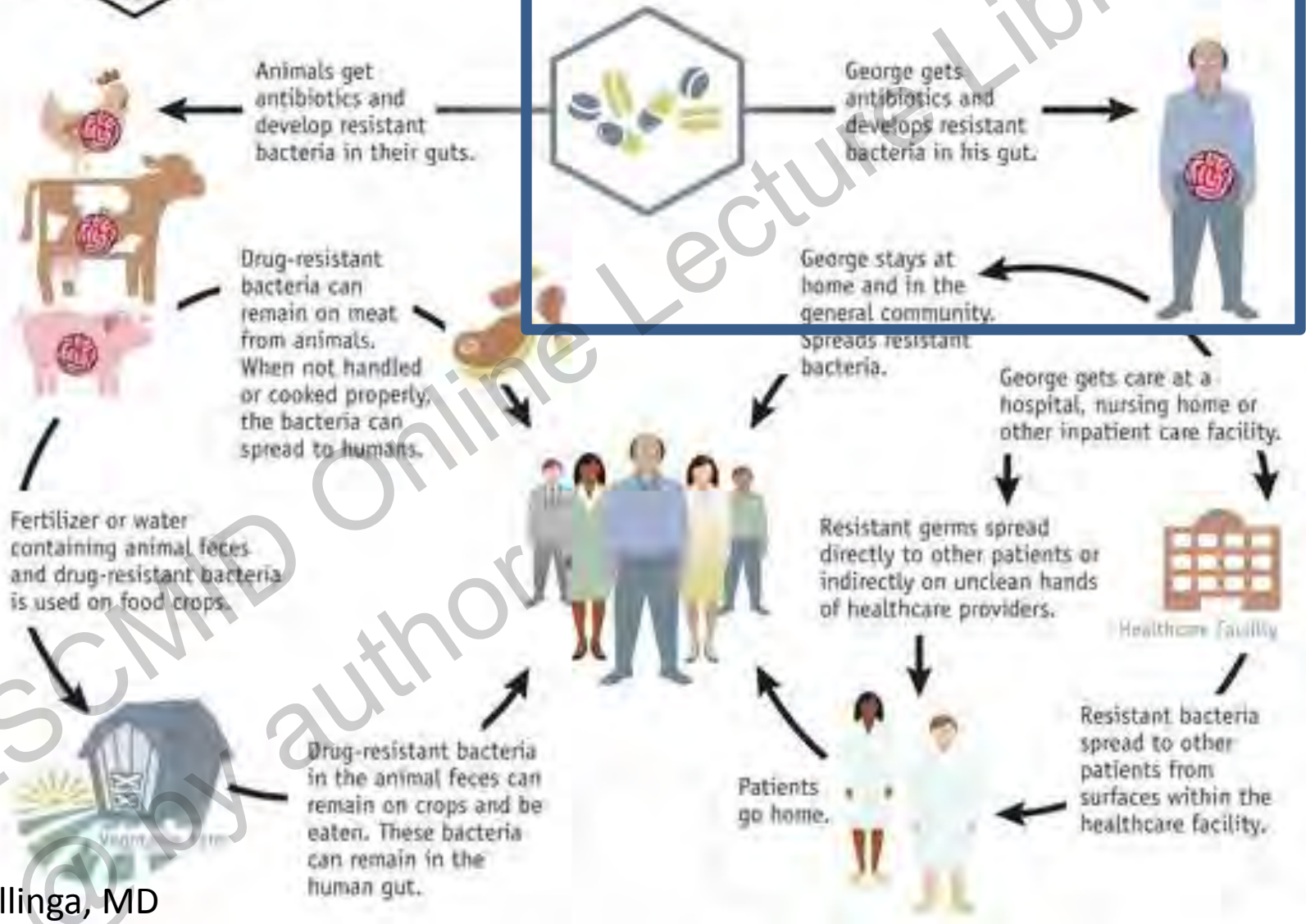
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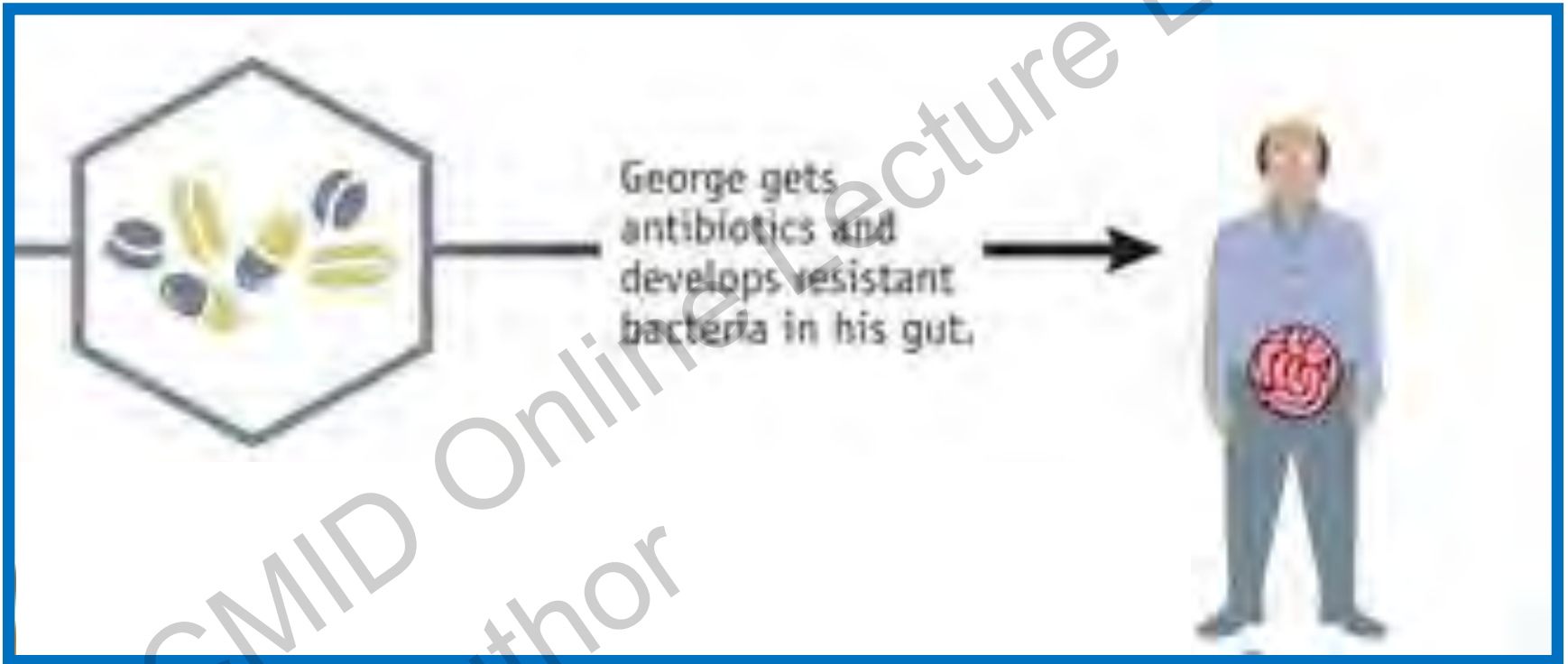
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Examples of How Antibiotic Resistance Spreads

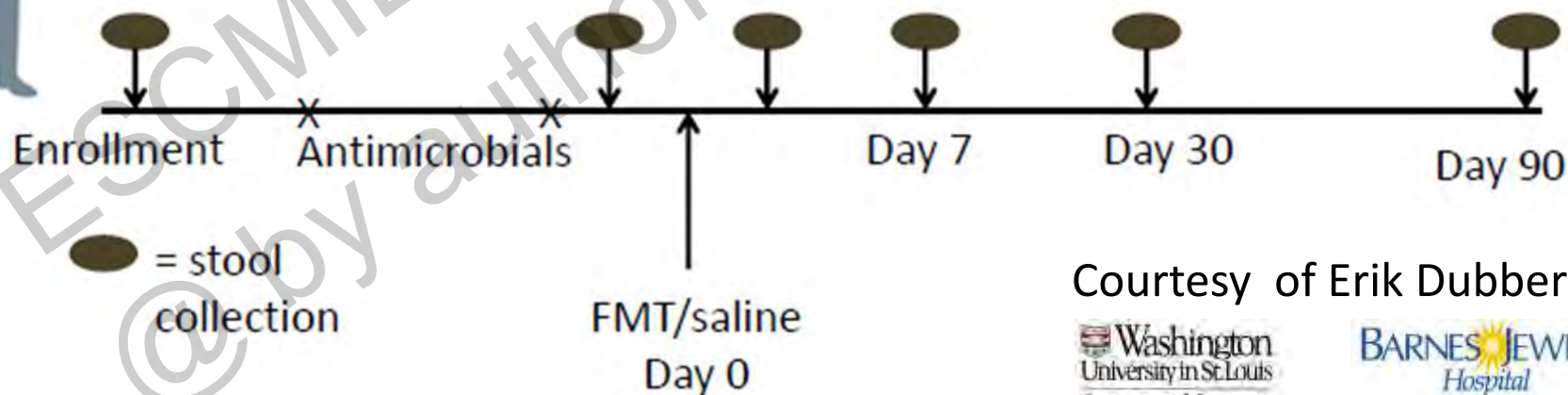




Autologous Fecal Microbiota Therapy

- Collect stool from 10 healthy volunteers
- Give five days of amoxicillin/clavulanic acid
- Give an enema of the collected fecal filtrate or normal saline
- Assess changes in the fecal microbiome in response to antibiotic therapy and then the fecal microbiota therapy

Analysis
Underway



Courtesy of Erik Dubberke

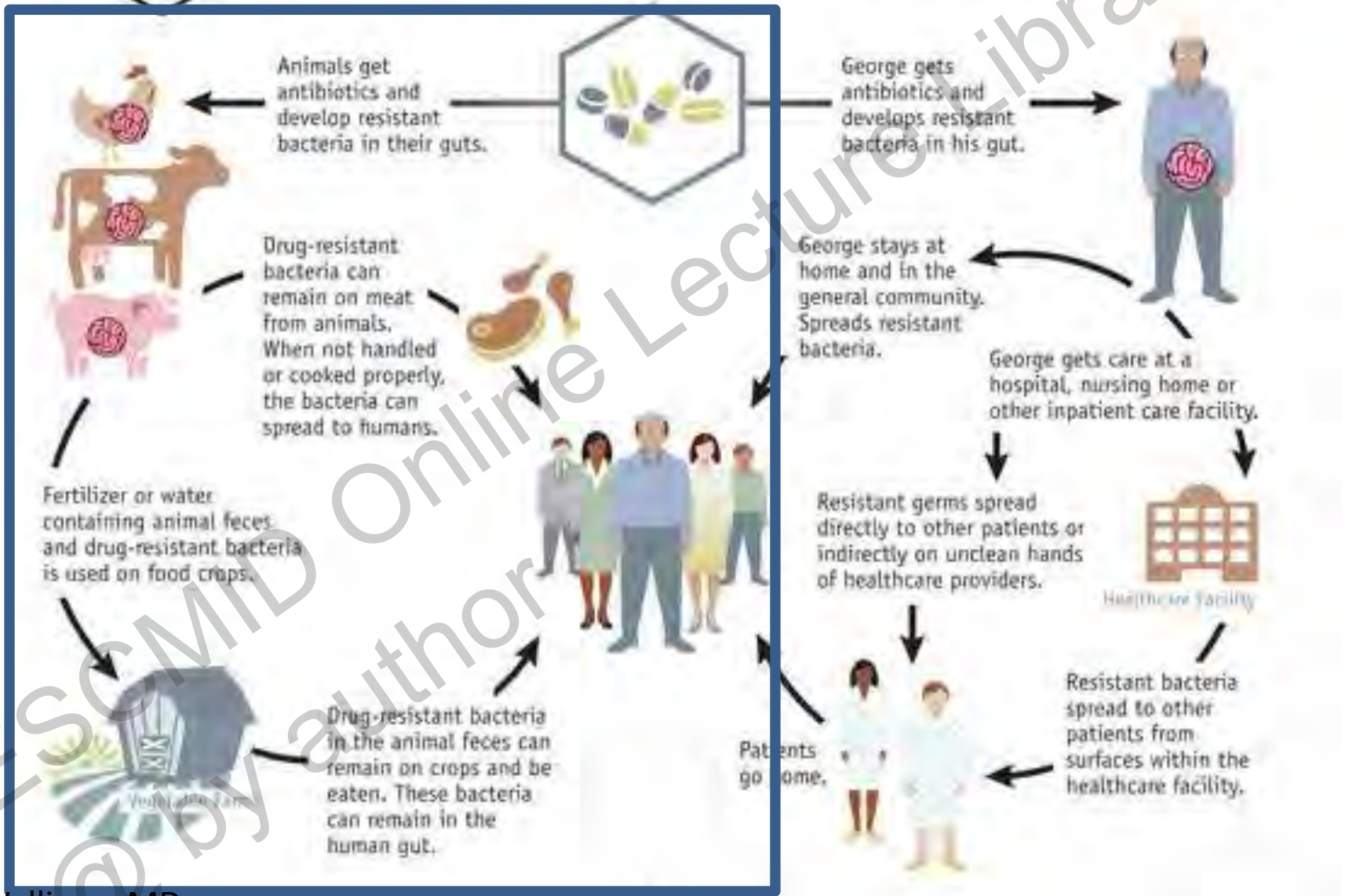
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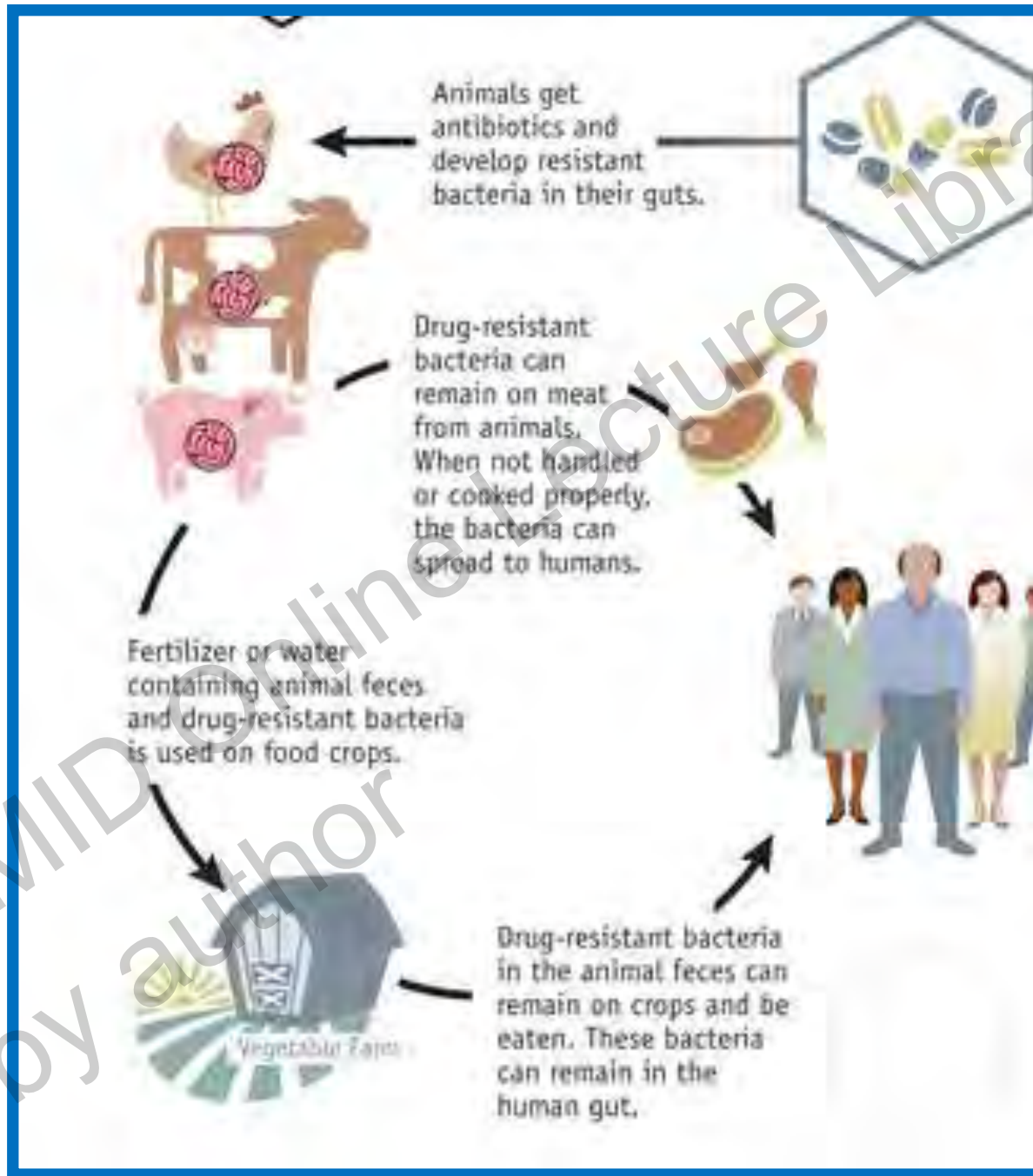
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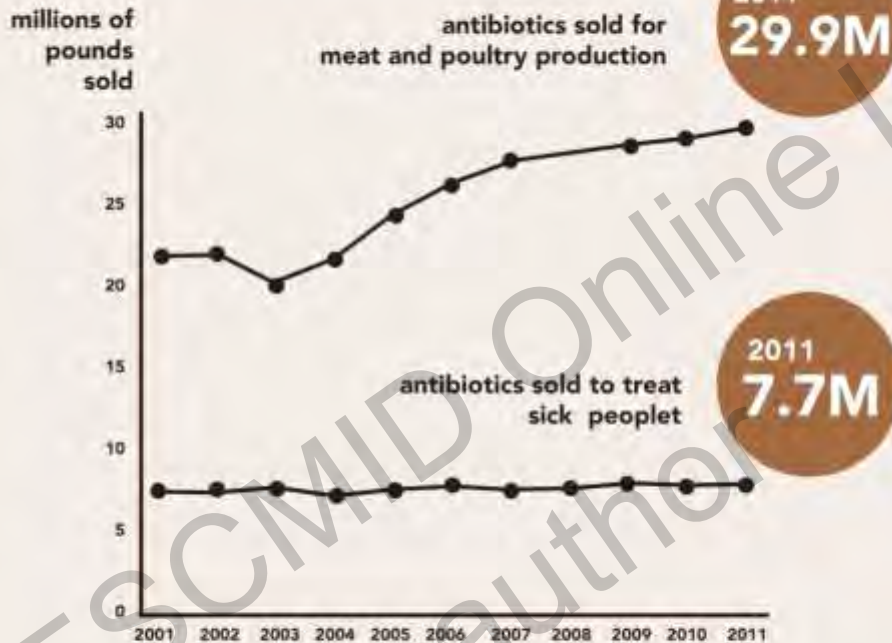
Examples of How Antibiotic Resistance Spreads





Antibiotic Use in Livestock

MOST DRUGS GO TO LIVESTOCK



Source: Pew Charitable Trusts. 2013. Record-high antibiotic sales for meat and poultry production. Available:

<http://www.pewhealth.org/other-resource/record-high-antibiotic-sales-for-meat-and-poultry-production-85899449119>

Why?

- Gain more body weight
- Treatment or prevention of disease
- Live longer
- Shelf life of products extended



PoultryStar®

EU REGISTERED

Healthy gut – strong chick!

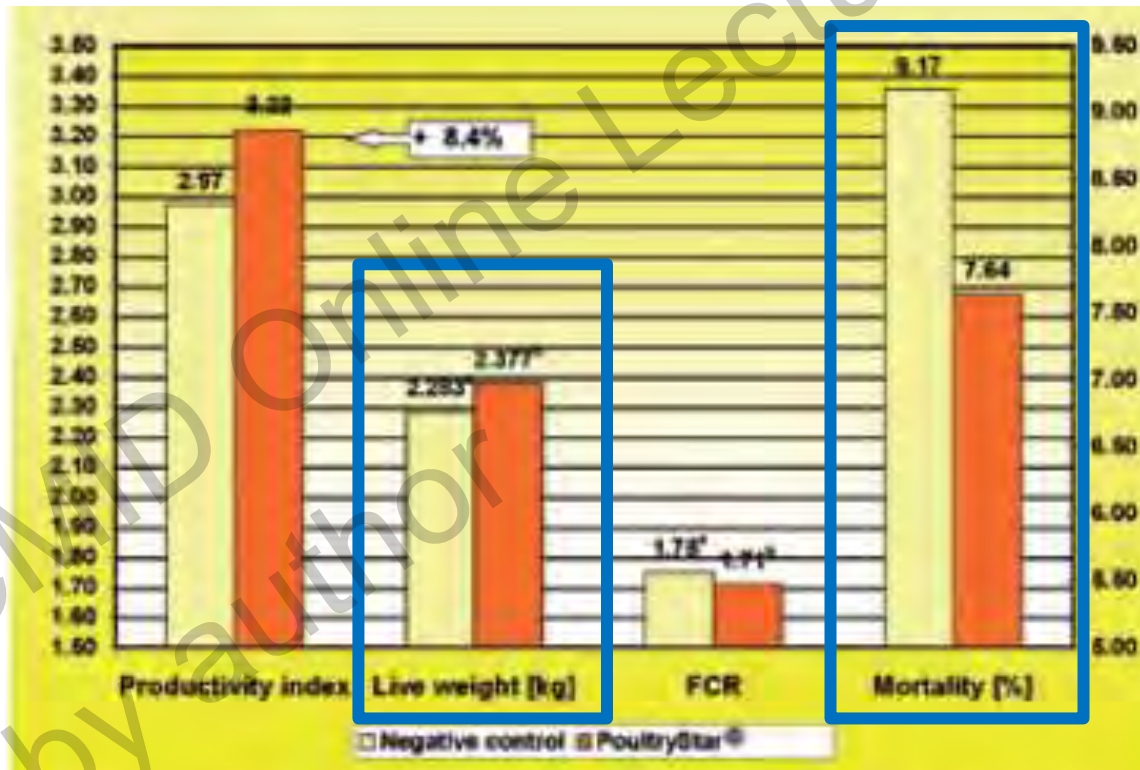
- Probiotic strains
 - derived from healthy chickens
- Prebiotic fructooligosaccharides
 - stimulate growth of Bifidobacterium in large intestine
- Adhesion capability to intestinal cell lines
- Inhibition of pathogens
 - Salmonella
 - Campylobacter
- Immunologic activity



PoultryStar®

EU REGISTERED

Healthy gut – strong chick!



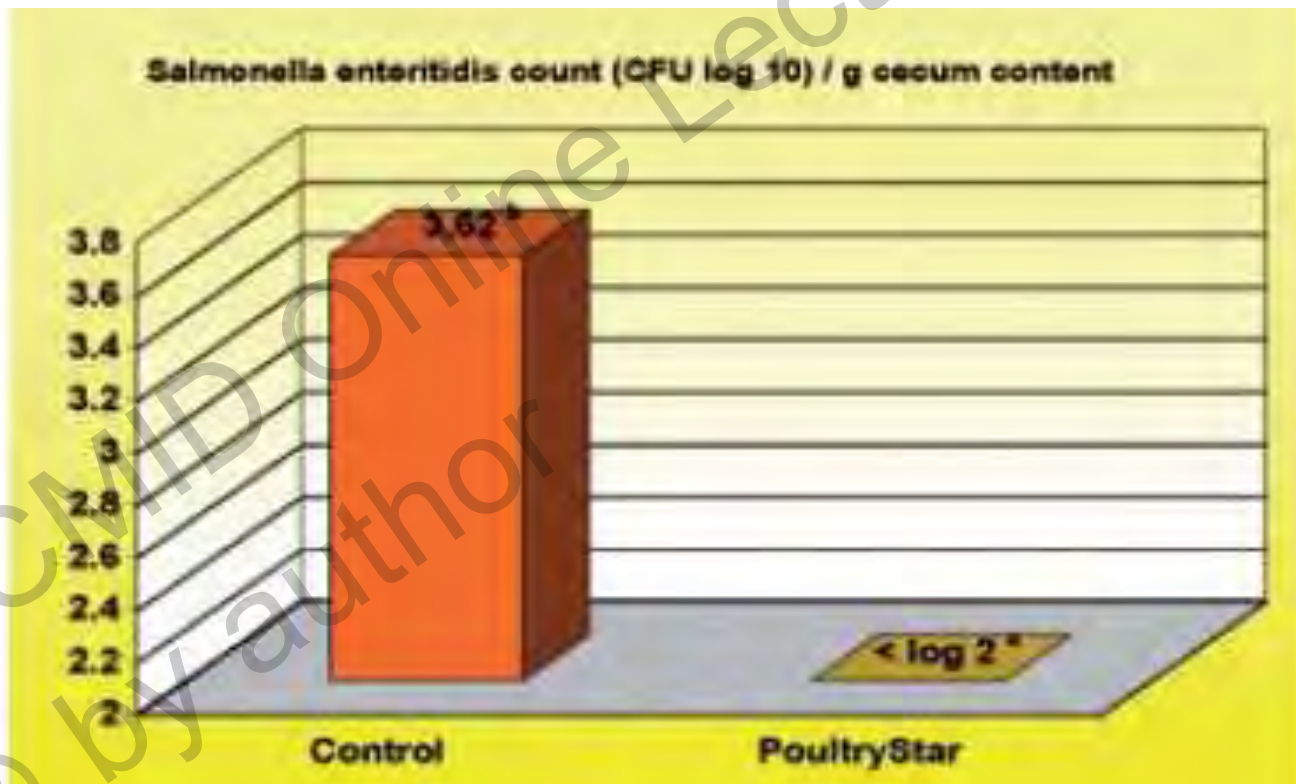
<http://www.thepoultrysite.com/focus/biomin/2270/biomin-poultrystar-defined-probiotic-product-proves-efficacy>



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Giving Chickens Bacteria ... To Keep Them Antibiotic-Free

- Probiotics such as Enterococcci, Lactobaccili and Bifidobacteria in the feed promote growth and prevent disease
- Vegetarian diet
- Vaccination



THE SALT

Perdue Says Its Hatching Chicks Are Off Antibiotics



the salt

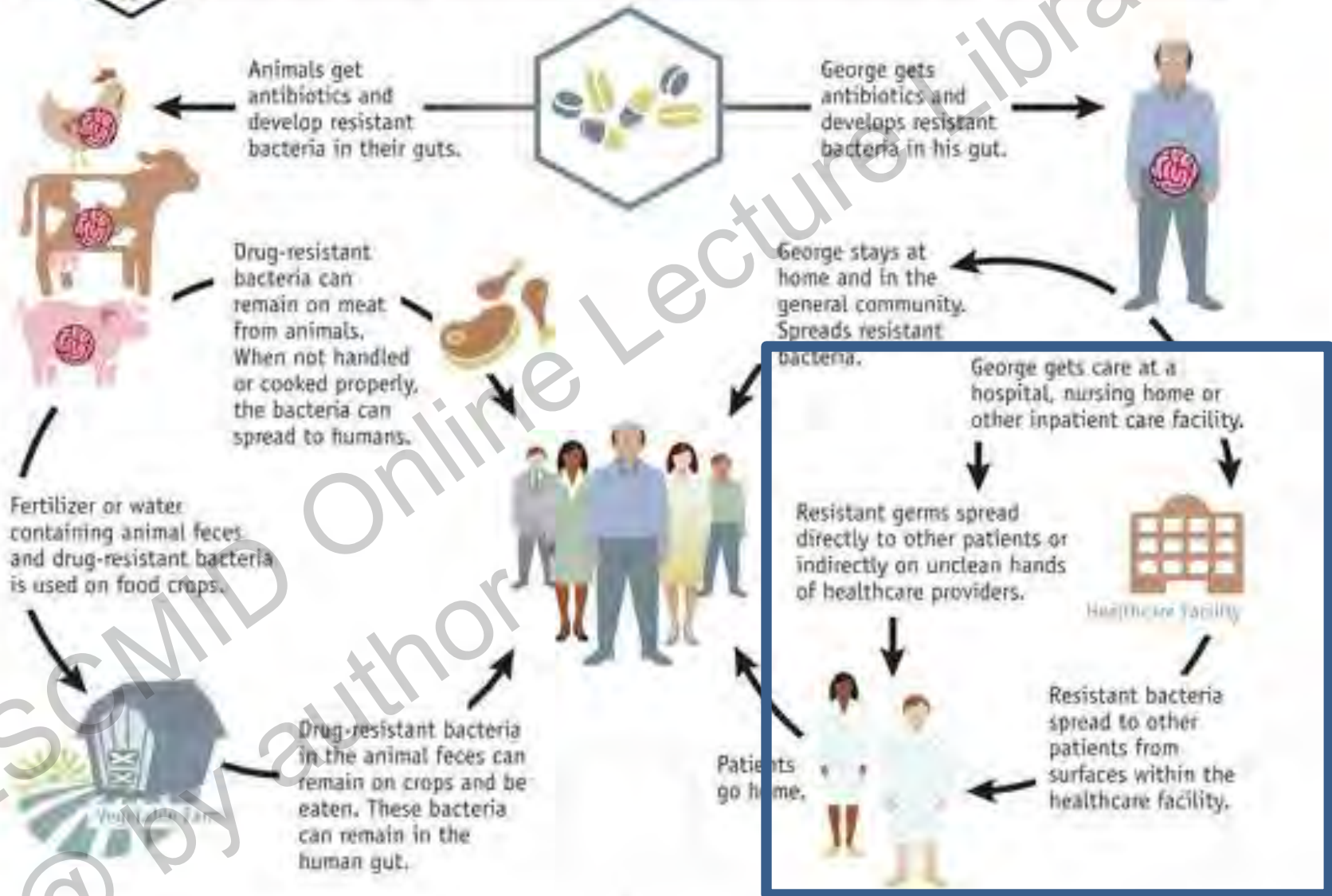
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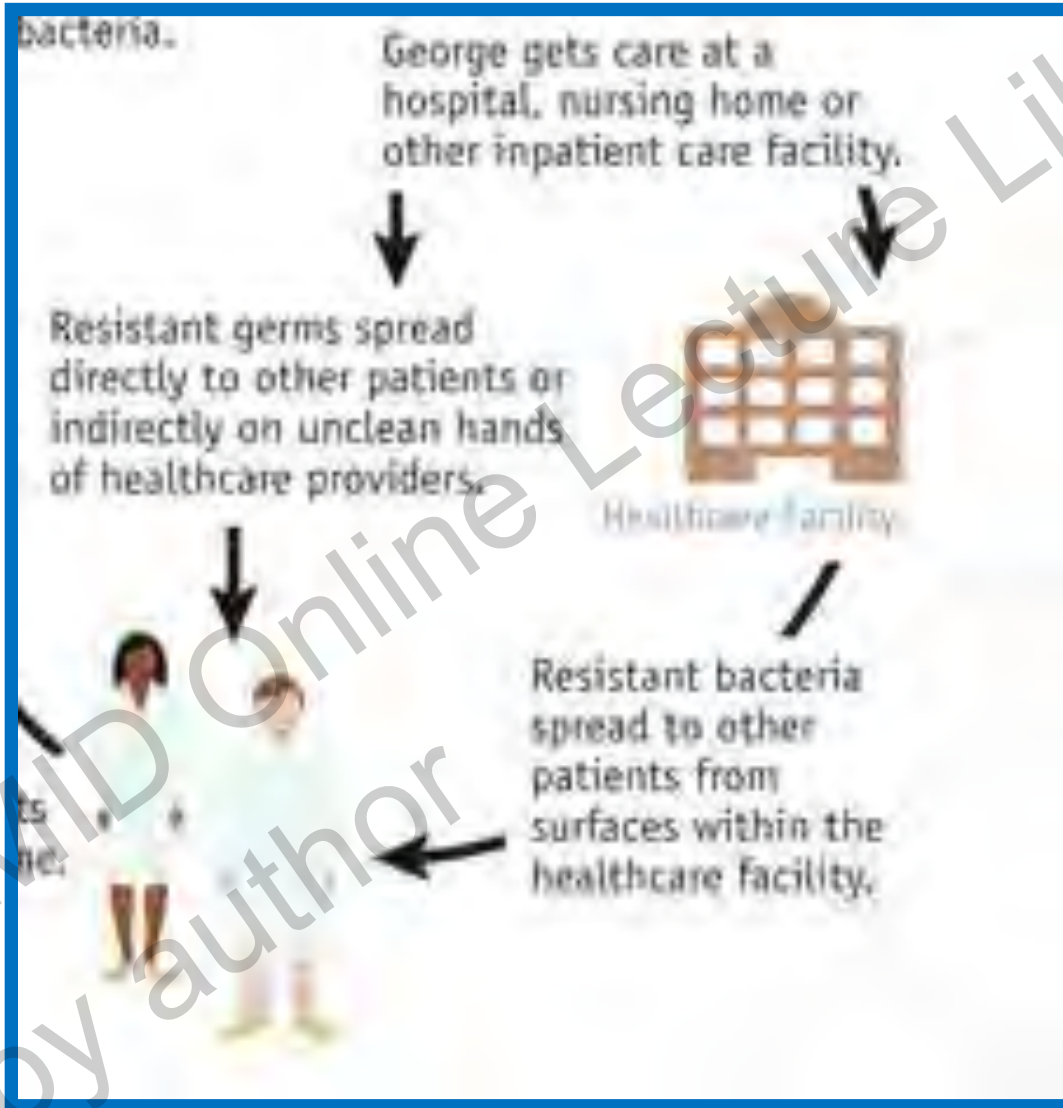
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 - Use of probiotics and prebiotics for infection prevention and growth promotion
- Surveillance and **Response**
- Drug Development



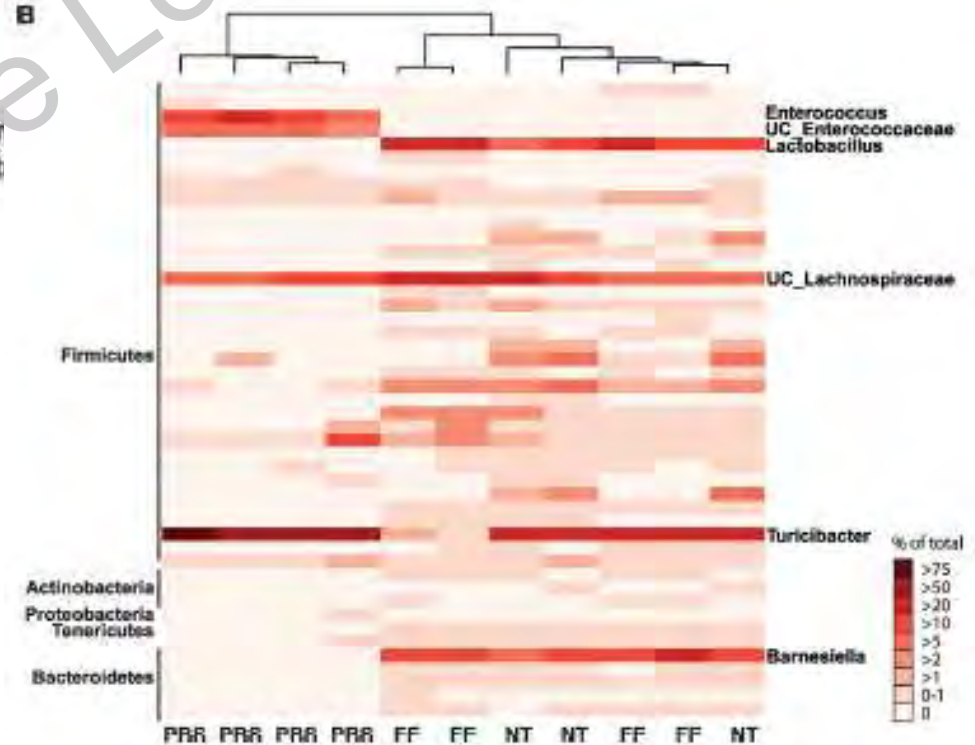
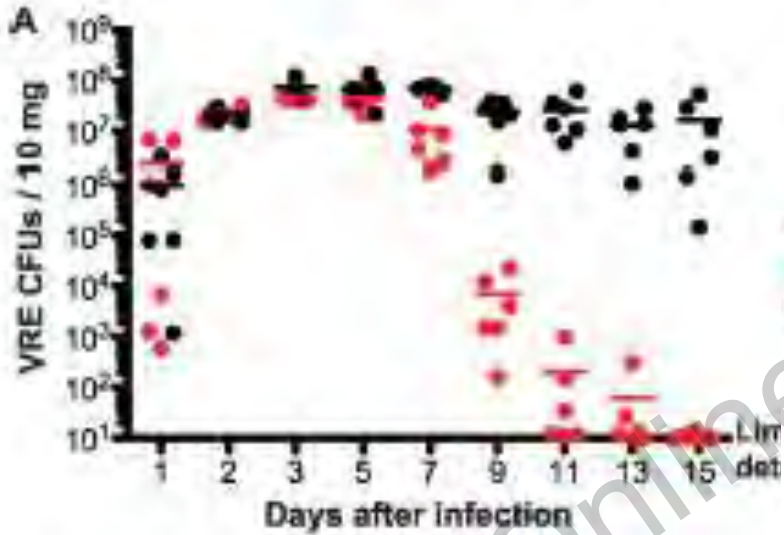


Examples of How Antibiotic Resistance Spreads





Clearing VRE Colonization in Mice



Use of Stool Transplant to Clear Fecal Colonization with Carbapenem-Resistant *Enterobacteriaceae* (CRE): Proof of Concept

Abigail F. Freedman^{1,3} and Stephen C. Eppes^{2,3}

1. Alfred I. duPont Hospital for Children, Wilmington, DE; 2. Christiana Care Health System, Newark, DE;
3. Sidney Kimmel Medical College of Thomas Jefferson University

- Oct 2010 Mastoiditis due to *P. aeruginosa*
Rx: pip/tazo and levofloxacin
- Dec 2010 Hemophagocytic lymphohistiocytosis
Rx: High dose steroids
- Jan 2011 Septic arthritis with bacteremia due to *K. pneumoniae*

Courtesy of Steve Eppes



CHRISTIANA CARE
HEALTH SYSTEM

Use of Stool Transplant to Clear Fecal Colonization with Carbapenem-Resistant *Enterobacteriaceae* (CRE): Proof of Concept

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1. Alfred I. duPont Hospital for Children, Wilmington, DE; 2. Christiana Care Health System, Newark, DE;
3. Sidney Kimmel Medical College of Thomas Jefferson University

- Feb- Oct 2011 Multiple stool cultures positive for CRE
- Nov 2011 Osteomyelitis due to *K. pneumoniae*



Courtesy of Steve Eppes



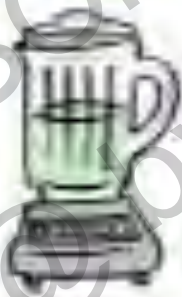
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- July 2012 Fecal Microbiota Transplant from younger brother
- Sep 2013 No further infections or colonization with CRE



Courtesy of Steve Eppes



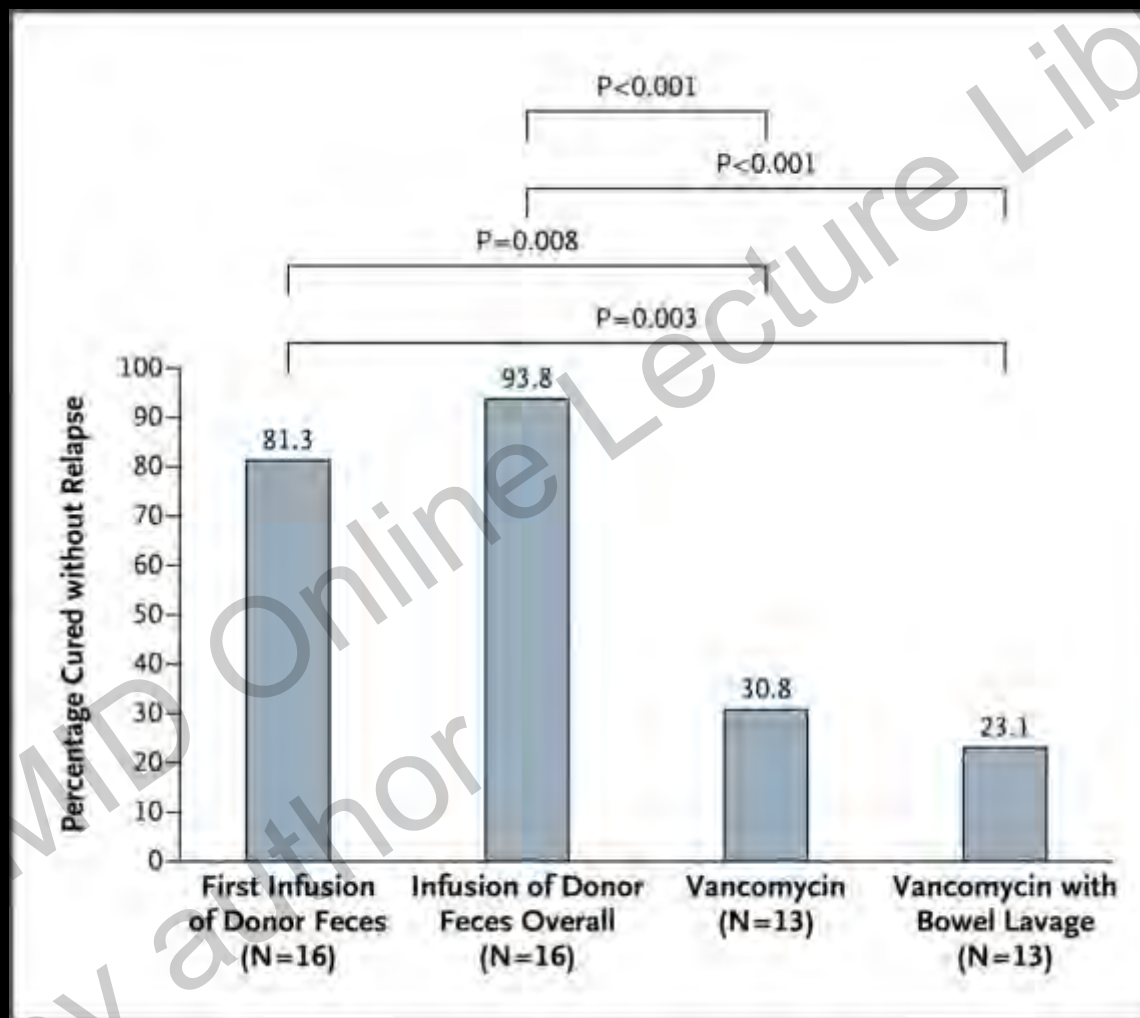
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- Human Health Care
 - Auto transplant post antibiotics
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 - Use of pro or prebiotics for infection prevention and growth promotion
- Surveillance and Response
 - Microbiota Transplant for MDRO/CRE
- **Drug Development**

Rates of Cure without Relapse for Recurrent *Clostridium difficile* Infection.

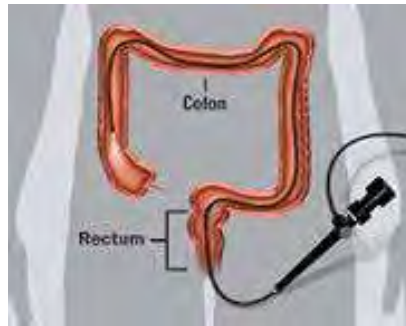


van Nood E et al. N Engl J Med
2013;368:407-415.



The NEW ENGLAND
JOURNAL of MEDICINE

The Evolution of Treatment Options for Recurrent *C. difficile* Infection



Stool Delivery Mechanisms



Probiotic Mixtures

Ser-109, An Oral, Microbiome-based Therapeutic, Is Efficacious For The Treatment Of Recurrent *C. Difficile* And Eliminates Enterobacteriaceae And Vancomycin-resistant Enterococci Colonizing The Gut

D. S. Pardi¹, C. Kelly², S. Khanna¹, C. S. Kraft³, T. Dhere³, M. Henn⁴, J. G. Aunins⁴,
D. N. Cook⁴, R. J. Pomerantz⁴, E. L. Hohmann⁵; ¹Mayo, Rochester, MN, ²Miriam
Hosp., Providence, RI, ³Emory, Atlanta, GA, ⁴Seres Hlth., Cambridge, MA, ⁵Mass Gen.
Hosp., Boston, MA

- SER-109 = a mixture of commensal spores
- Phase I/II study in adults with recurrent *C. difficile* Infection
 - 90-100% clinical cure rate- similar to FMT
 - No drug related SAEs
- Multiple patients with VRE colonization pre therapy had rapid elimination post therapy

REPORT TO THE PRESIDENT ON COMBATING ANTIBIOTIC RESISTANCE

- Human Health Care
 - Auto transplant post antibiotics
- Animal Agriculture
 - Use of probiotics and prebiotics for infection prevention and growth promotion
- Surveillance and Response
 - Microbiota transplant for MDRO/CRE
- Drug Development
 - Designer probiotics and prebiotics



In conclusion...

- Manipulation of the microbiota composition through
 - Pro-biotics: adds “beneficial” bacteria
 - Pre-biotics: selectively supports “beneficial” bacteria
- will be or already is a new therapeutic approach for preventing the spread of antibiotic resistance

