

Optimal management of the antiretroviral-naive HIV-infected patient:

Possible strategies for a correct sequencing of cART

Anton Pozniak MD FRCP

Director of HIV Services

Chelsea and Westminster Foundation Trust Hospital

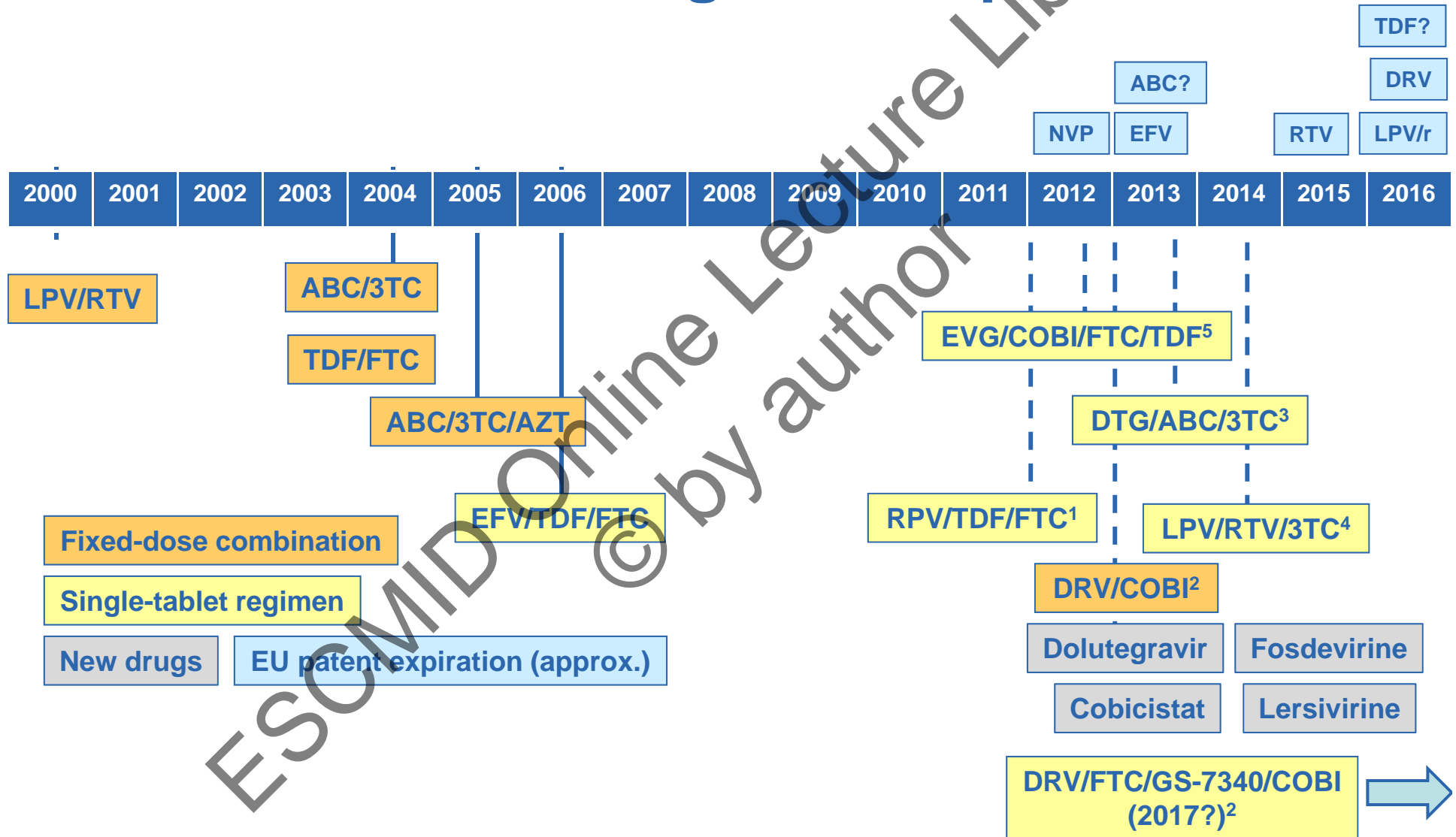
London

UK

Available ARVs: 2012

<u>NRTI/NtRTI</u>	<u>NNRTI</u>	<u>Protease</u>	<u>Fusion</u>
Tenofovir ⁴	Efavirenz ⁶	Darunavir	Enfuvirtide
3TC ²	Nevirapine	Atazanavir	
FTC ⁵	Etravirine	Lopinavir/r	<u>Integrase</u>
Abacavir ³	Rilpivirine	Saquinavir	Raltegravir
ZDV ¹		Fosamprenavir	
ddl		Nelfinavir	<u>CCR5</u>
		Indinavir	Maraviroc
		Tipranavir	

An evolving landscape



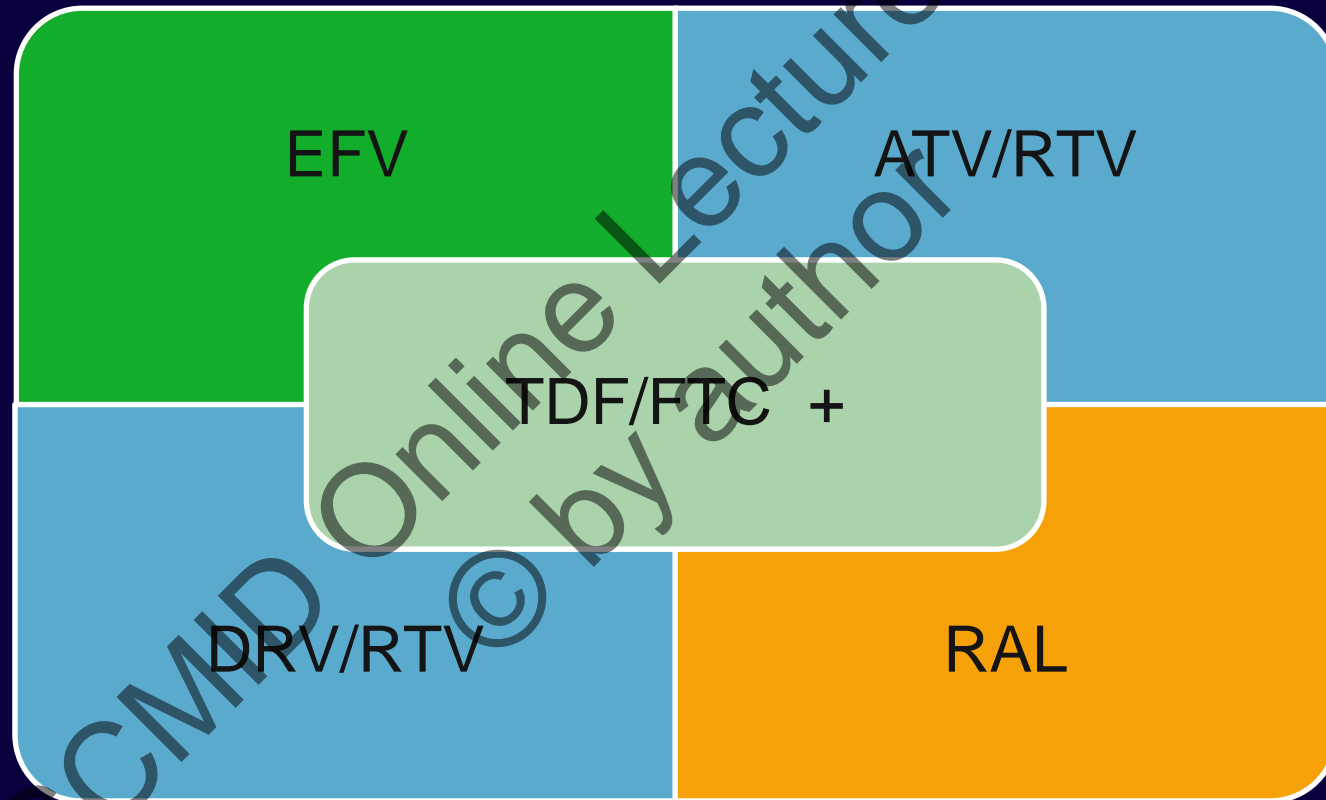
Considerations for Selecting first-line therapy

"Sequencing not a factor?"

Patient factors	Antiretroviral drug factors
<p>Readiness</p> <p>Baseline CD4+ cell count/HIV-1 RNA</p> <p>Age</p> <p>Sex</p> <p>Occupation (night shifts)</p> <p>Comorbidity</p> <p>Plans for pregnancy</p> <p>Access to care</p> <p>Co-medications (methadone, PPI)</p> <p>Adherence</p>	<p>EFFICACY</p> <p>Baseline drug susceptibility/resistance</p> <p>Tolerability</p> <p>Long-term toxicity, metabolic</p> <p>Drug interactions</p> <p>Dosing frequency</p> <p>Pill burden</p> <p>Pharmacokinetics</p> <p>Cost</p> <p>Genetic: HLA B5701</p>

The Guidelines

Initial Regimen: Recommended/Preferred Agents



Efavirenz primary end points

Not beaten

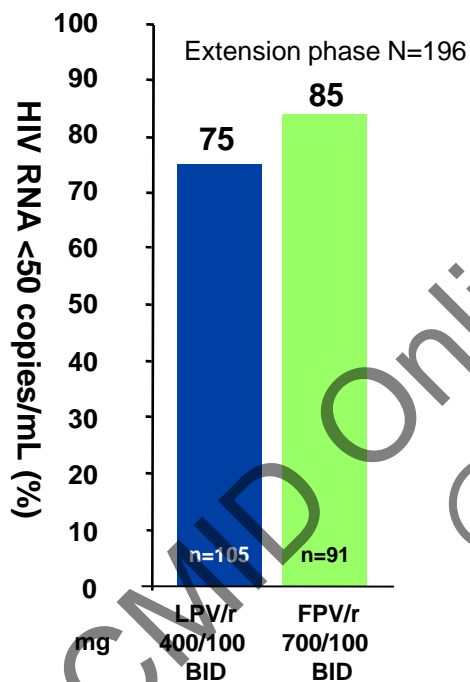
Study	Comparator	Comparator Result
▪ECHO, THRIVE	▪Rilpivirine (TMC-278)	▪Non inferiority
▪STARTMRK	▪Raltegravir	▪Non inferiority
▪MERIT	▪Maraviroc	▪Not-Non inferiority. Non-inferiority
▪ACTG 5202	▪Atazanavir/ritonavir	▪Equivalence not shown
▪ACTG 5142	▪Lopinavir/ritonavir	▪Inferiority
▪2NN	▪Nevirapine	▪Not-Non inferiority
▪CLASS	▪Amprenavir/ritonavir	▪Inferiority
▪FOCUS	▪Saquinavir/ritonavir	▪Inferiority
▪ACTG 5095	▪Abacavir	▪Inferiority

PI/r Which has best efficacy in ARV-naïve patients?

Virological suppression at 96 weeks

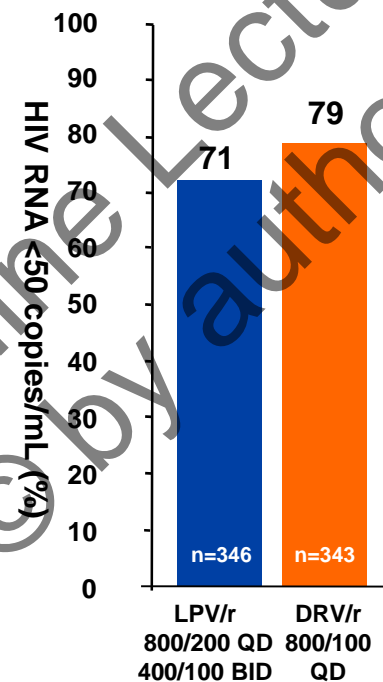
KLEAN¹ (ITT-E, TLOVR)

Noninferiority



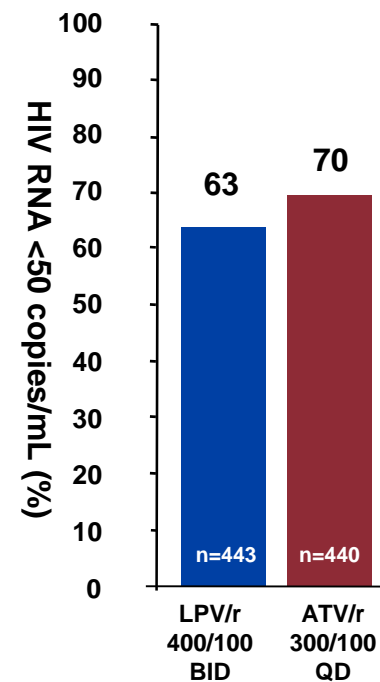
ARTEMIS² (ITT, TLOVR)

Noninferiority



CASTLE³ (ITT, TLOVR)

Noninferiority



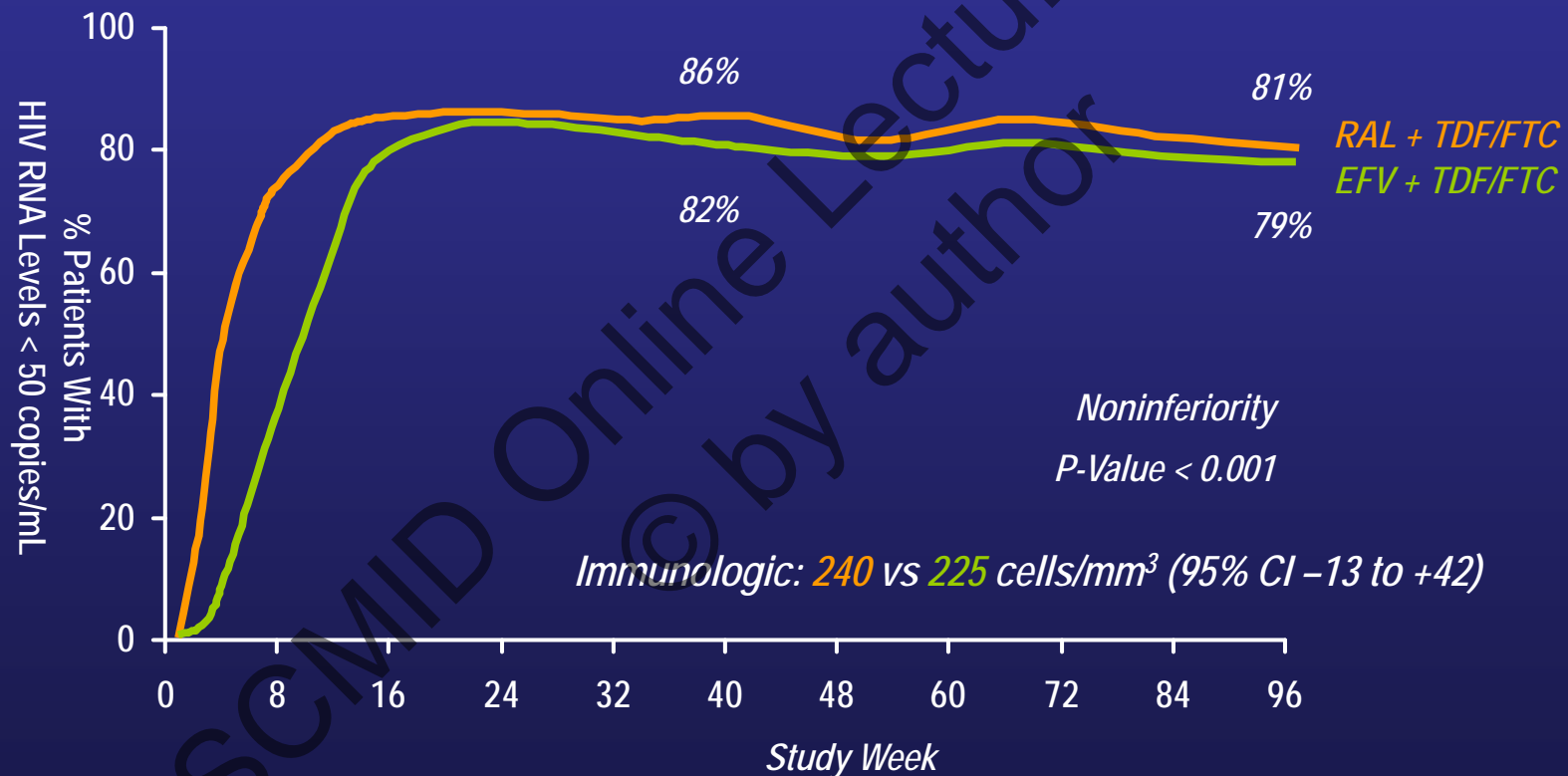
Data in figures are from different studies and cannot be compared directly

ITT, intent-to-treat; ITT-E, intent-to-treat exposed; M=NR, missing = non-response; NC=F, non-completer = failure; TLOVR, time to loss of virological response

Adapted from: 1. Pulido F, et al. 47th ICAAC Chicago, 17–20 Sept, 2007; Abstract H-361; 2. Mills A, et al. 48th ICAAC. Washington DC, Oct 25–28, 2008. Abstract H-1250c; 3. Molina JM, et al. 48th ICAAC. Washington, DC, Oct 25–28, 2008. Abstract H-1250d

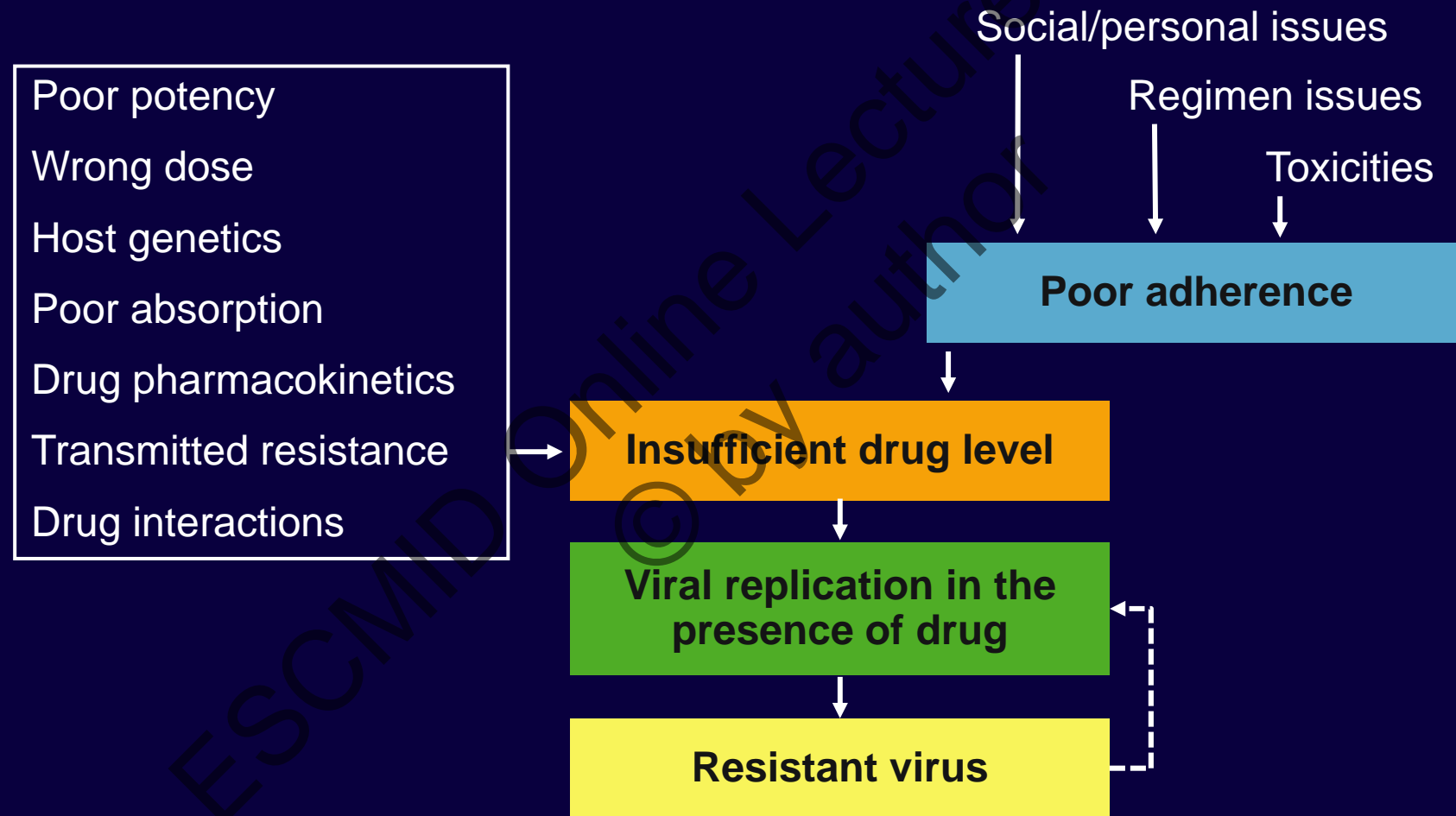
STARTMRK: Raltegravir vs Efavirenz 96 week

Patients with HIV RNA < 50 copies/mL through 96 weeks (Noncompleter = Failure)



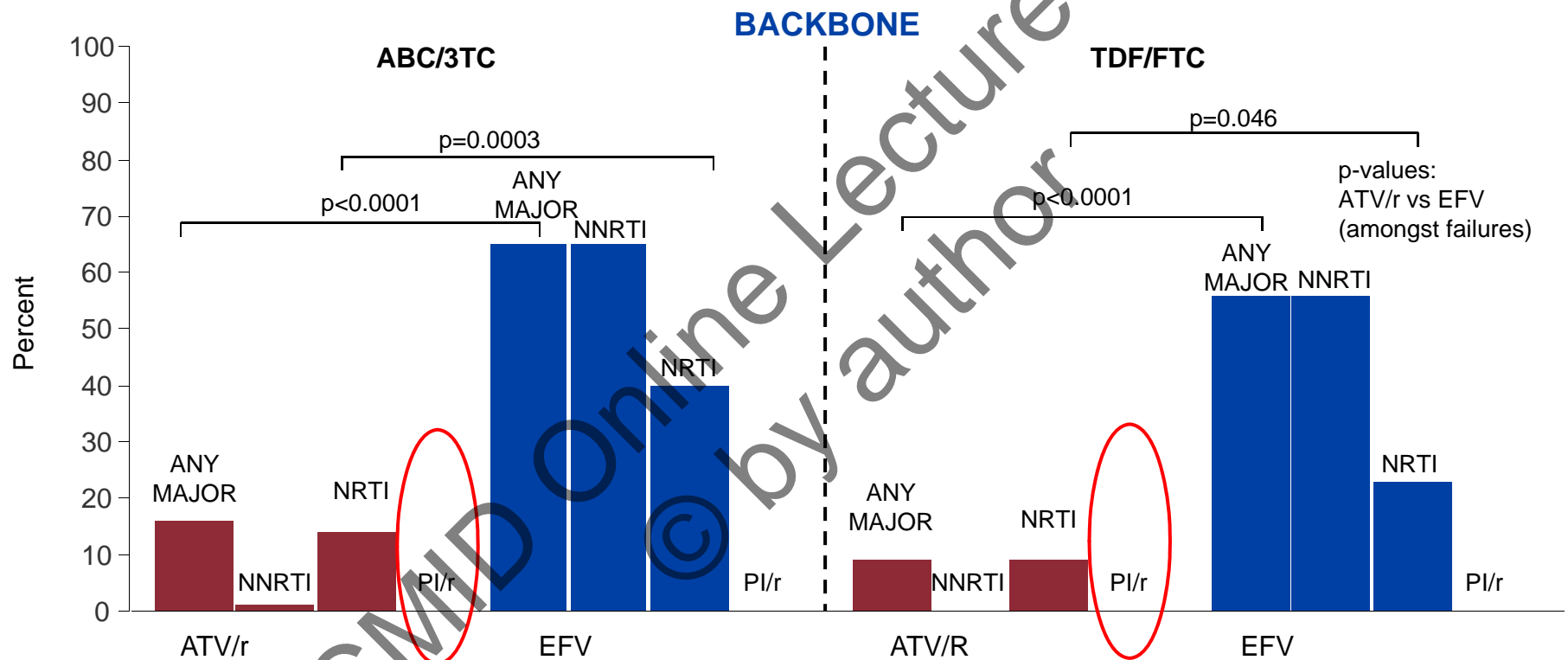
Causes of ARV Treatment Failure

Few patients fail with resistant mutations



ACTG 5202:

ATV/r or EFV in Combination with ABC/3TC or TDF/FTC
 in Antiretroviral Naïve Patients
 Total (n=1857)



Viral failures

N° baseline resistance n= 76

63

54

48

*Major mutations defined by IAS-USA (2008) list plus T69D, L74I, G190C/E/Q/T/V for RT and L24I, F53L, I54V/A/T/S and G73C/S/T/A for PR

Daar E et al. 17th CROI 2010, San Francisco, California, USA. Oral presentation 59LB

Resistance Consequences of Initial PI-Based Regimen Failure

■ Likely (> 30%)
 ■ Less likely (10% to 30%)
 ■ Rare (< 10%) or none

DHHS "Preferred" and/or IAS-USA "Recommended" Regimens	HIV-1 RNA < 50 copies/mL at Wk 48, %	Detectable Resistance at VF*		
		NRTI		PI
		M184V/I	Other	
ATV/RTV, TDF/FTC	78 (n = 440) ^[1]			
	89 (n = 465) ^{[2]†}			
DRV/RTV, TDF/FTC	84 (n = 340) ^[3]			

*For patients with available baseline and postfailure genotypes. †96 weeks

1. Molina JM, et al. Lancet. 2008;372:646-655 2. Daar E, et al. CROI 2010 59 LB. 3. Ortiz R, et al. AIDS. 2008;22:1389-1397.

Resistance After Virologic Failure in the STARTMRK Trial at 96 Wks

Resistance in Patients With Virologic Failure	RAL + TDF/FTC (n = 281)	EFV + TDF/FTC (n = 282)
Virologic failure confirmed, n	39	45
Genotype obtained, n	16	11
RAL RAMs, n	4 (Q148H + G140S; Q148R + G140S; Y143H + L74L/M + E92Q + T97A; Y143R)	0
EFV RAMs, n	0	6
Resistance to FTC, n	2	2

Should we sequence based on resistance ?

- Very few patients fail with resistant mutations
- All first line recommended combinations might fail with the 184V/I mutation +/- K65R losing the utility of FTC ,3TC +/- tenofovir
- Fail with efavirenz might stay with NNRTI class eg etravirine
- Fail with boosted PI then can continue

Resistance to FTC/3TC what can you use?

<u>NRTI/NtRTI</u>	<u>NNRTI</u>	<u>Protease</u>	
Tenofovir	Efavirenz	Darunavir	
ZDV	Nevirapine	Atazanavir	
ddl	Etravirine		<u>Integrase</u>
	Rilpivirine		Raltegravir
			<u>CCR5</u>
			Maraviroc

Resistance to Tenofovir and FTC/3TC what can you use?

<u>NRTI/NtRTI</u>	<u>NNRTI</u>	<u>Protease</u>	
ZDV	Efavirenz	Darunavir	
	Nevirapine	Atazanavir	
	Etravirine		<u>Integrase</u>
	Rilpivirine		Raltegravir
			<u>CCR5</u>
			Maraviroc

Resistance to Tenofovir and FTC/3TC
 +Resistance to **efavirenz** -what can you use?

	<u>NNRTI</u>	<u>Protease</u>	
		Darunavir	
		Atazanavir	
	Etravirine		<u>Integrase</u>
	Rilpivirine?		Raltegravir
			<u>CCR5</u>
			Maraviroc

ESCMID Online Lecture Library © by author

Resistance to Tenofovir and FTC/3TC +Resistance to **PI/r** -what can you use?

<u>NNRTI</u>	<u>Protease</u>	
Efavirenz	Darunavir	
	Atazanavir	
Etravirine		<u>Integrase</u>
Rilpivirine?		Raltegravir
		<u>CCR5</u>
		Maraviroc

ESCMID Online Lecture Library
© by author

Resistance to Tenofovir and FTC/3TC +Resistance to **Integrase** -what can you use?

<u>NNRTI</u>	<u>Protease</u>	
Efavirenz	Darunavir	
	Atazanavir	
Etravirine		
Rilpivirine?		
		<u>CCR5</u>
		Maraviroc

ESCMID Online Lecture Library
© by author

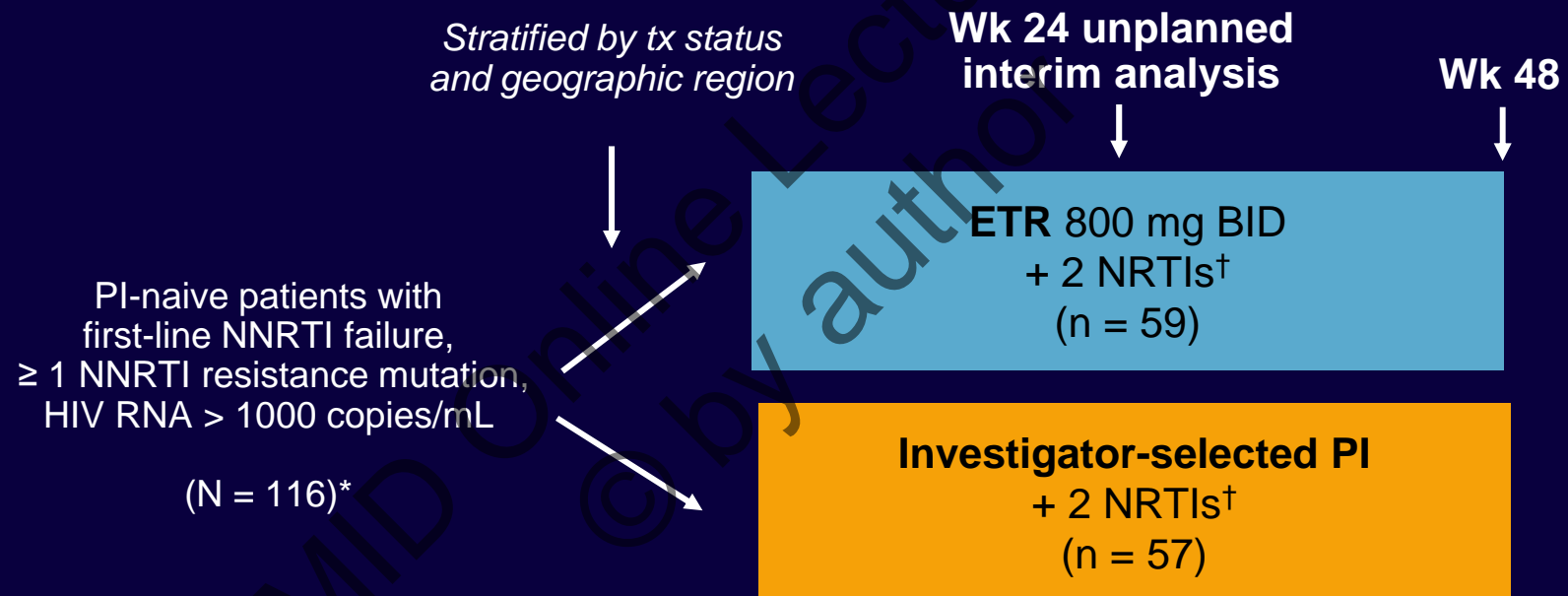
After first failure what should we do?

- Very few patients fail with resistant mutations-perhaps deep sequencing will find more
- But if they do and have mutations to the nucleoside backbone ...
- No one really wants to use ZDV or DDI
- So if no tenofovir resistance re use tenofovir with a boosted PI
- Use a combination of other drugs

Don't sequence to continue nucleosides and a drug with low genetic barrier to resistance

TMC125-C227: ETR vs PI in Patients With First-line NNRTI Failure, Resistance

- Exploratory phase II, randomized, controlled, open-label trial

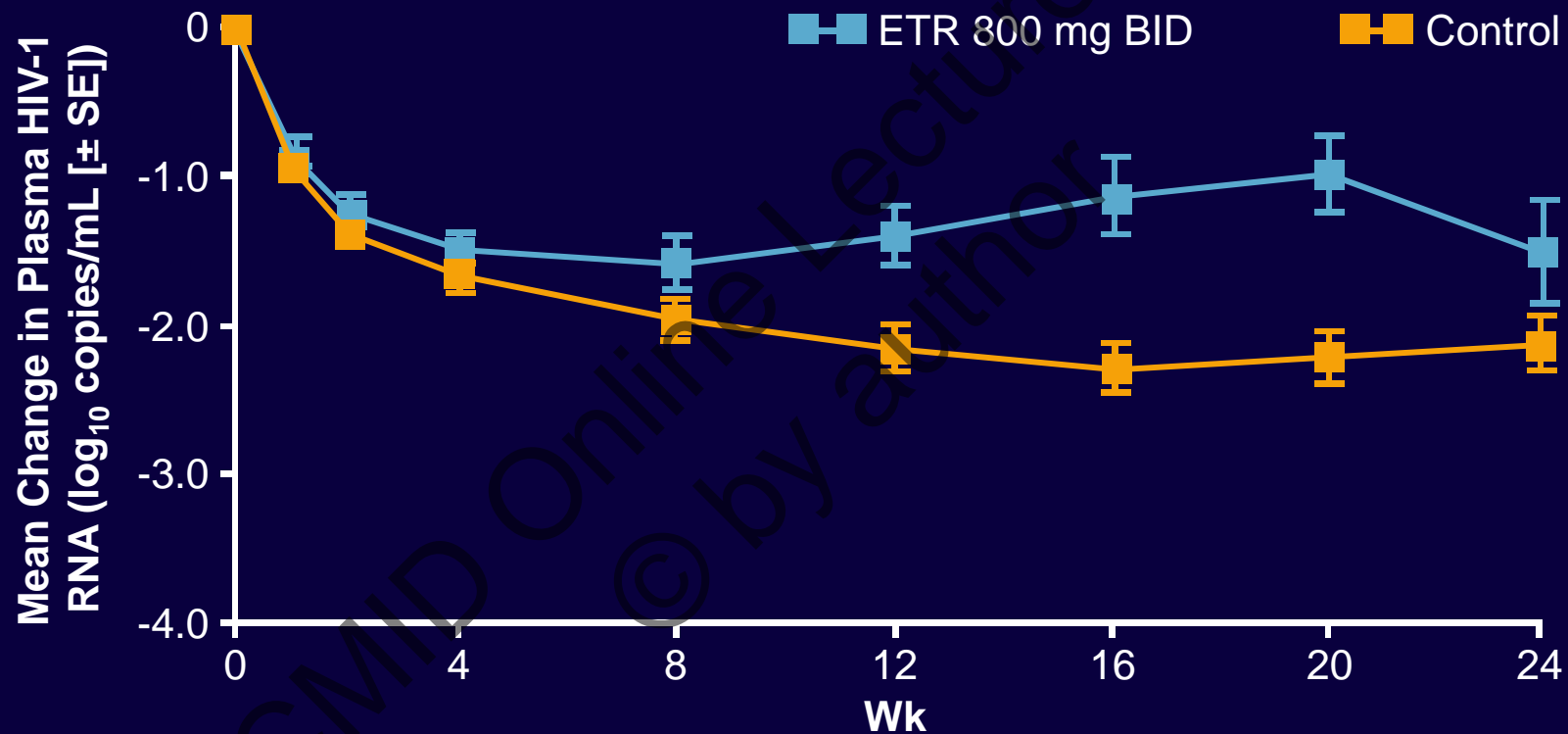


*Majority of study population from resource-limited nations. Major centers: South Africa (41%), Brazil (23%), Thailand (16%), Mexico (2%); other patients from Spain, Russia, UK, Mexico.

[†]NRTIs selected using resistance testing. Most common: ZDV/ddI (17%), ZDV/TDF (16%), ZDV/3TC (12%).

Ruxrungtham K, et al. HIV Med. 2008;9:883-896.

TMC125-C227: Virologic Response to ETR vs PI/r in NNRTI-Experienced Patients



ETR, n	59	55	47	40	28	17	8
Control, n	57	55	56	53	52	41	52

Impact of reverse transcriptase resistance on the efficacy of TMC125 (etravirine) with two nucleoside reverse transcriptase inhibitors in protease inhibitor-naïve, nonnucleoside reverse transcriptase inhibitor-experienced patients: study TMC125-C227. Ruxrungtham K, et al. HIV Med. Vol ;9:883-896 .Copyright © 2009. Reproduced with permission of John Wiley & Sons, Inc..

Second-Line Regimens: How Many Drugs? Which Drugs?

- At least 2, and preferably 3, active drugs should be in new regimen based on resistance testing
- To date, virtually all data/clinical experience reflect NRTI-containing second-line regimens
- Availability of 5 approved classes of antiretrovirals potentially allows use of 2 entirely new classes in second regimen
- However, very few data on such regimens

Second Line for nuke resistance

Nuke sparing/limiting regimens

PI/r with raltegravir

PI/r with maraviroc

PI/r with single nucleoside

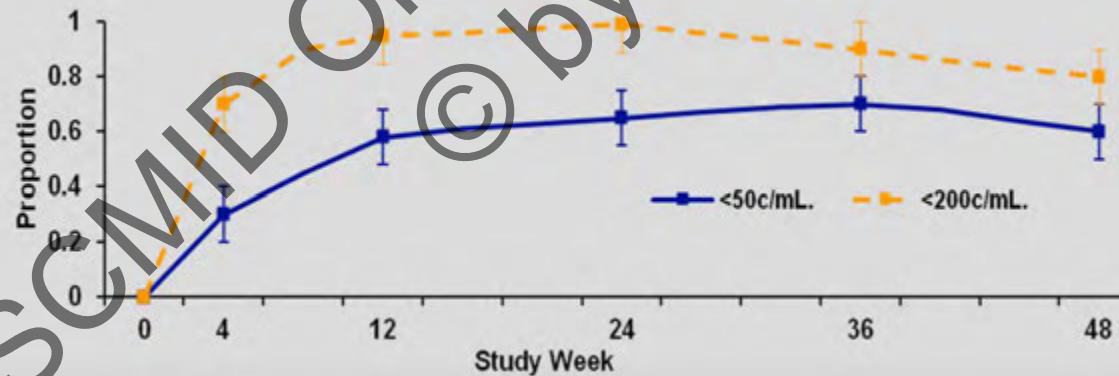
But all being tried in Naives!!

Darunavir/r + Raltegravir: NRTI Sparing Regimen for ARV-naïve Patients-ACTG A5262

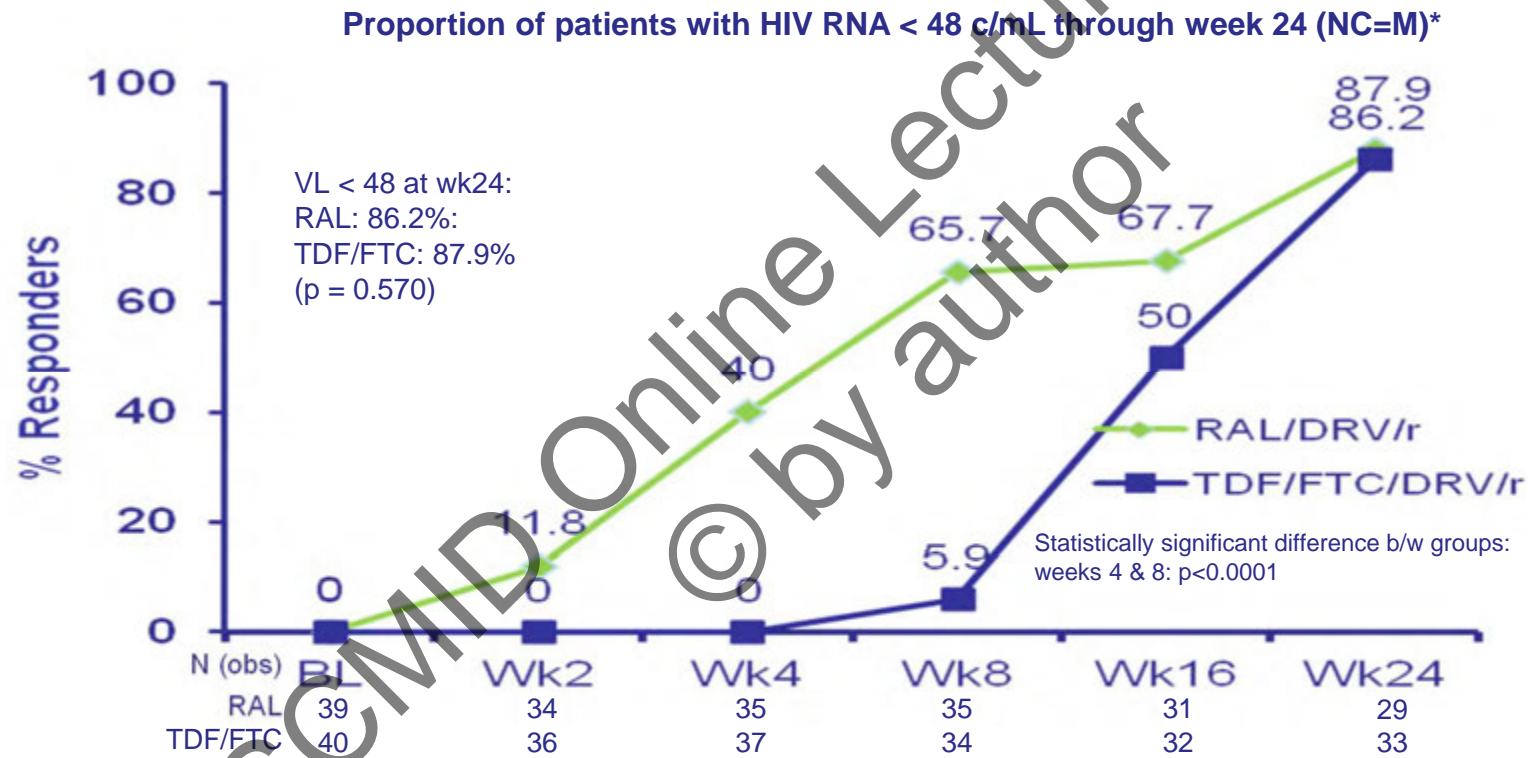
Single arm study of DRV/r (800/100 mg) QD + RAL (400 mg BID) (N=112)

Age (years)	Median (Q1,Q3)	36 (27, 45)
Sex	Male	98 (88%)
Race	White	49 (44%)
CD4 cell count (cells/mm ³)	<200	40 (36%)
	200<350	32 (29%)
	≥350	40 (36%)
HIV-1 RNA (copies/mL)	≤100,000	63 (56%)
	≥100,000	49 (44%)

Proportion Of Subjects With HIV-1 RNA <200 and <50 copies/mL
(ITT analysis, missing/off study= ignored)

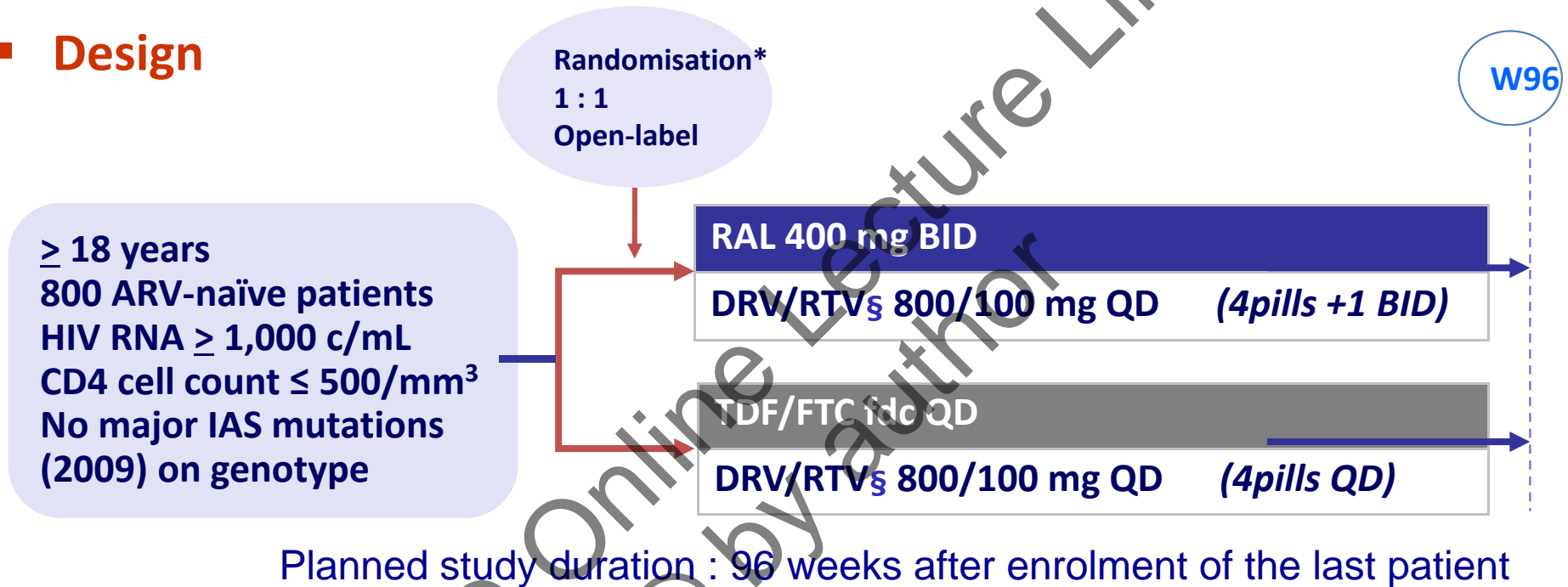


RADAR: Darunavir/RTV + Raltegravir vs Darunavir/RTV+TDF/FTC



NEAT 001/ANRS 143: Study design

■ Design

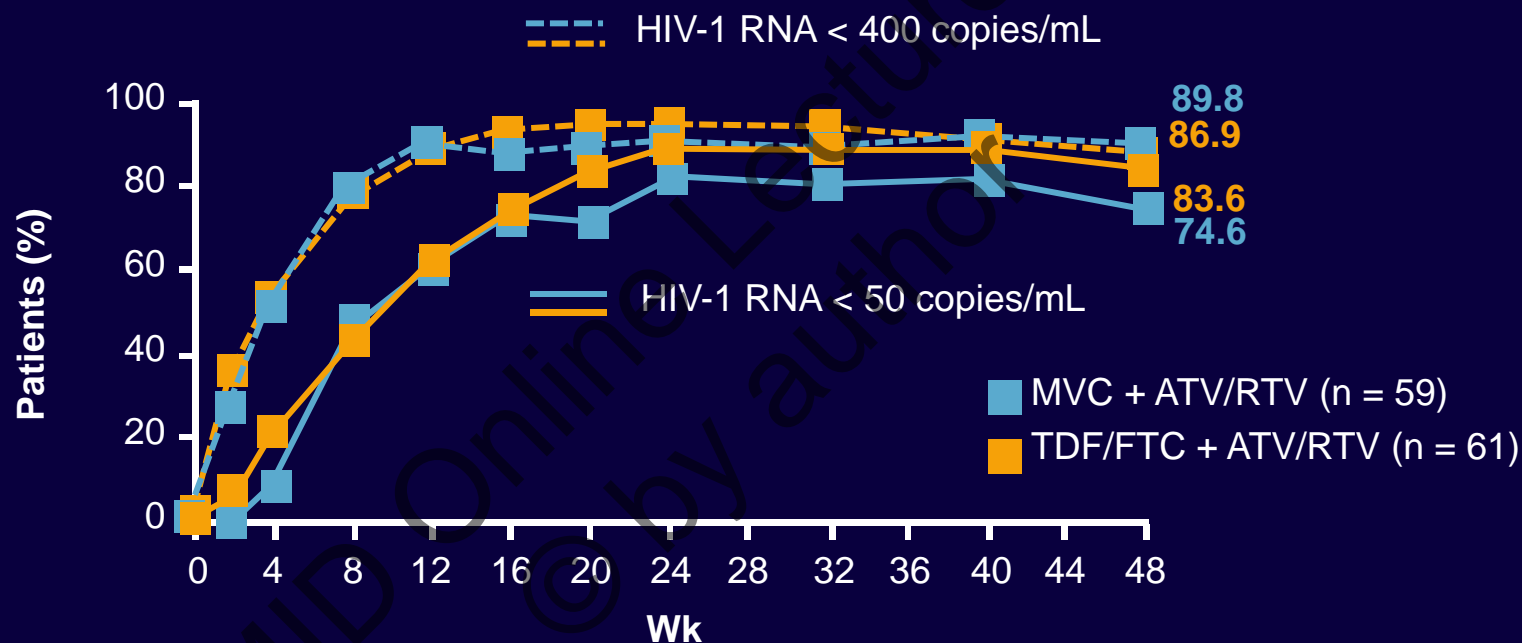


* Randomization will be stratified by:

- Country
- Participation at viro-immunological sub-study^v

§ At starting point RTV old formulation will be used, an amendment for the use of heat-stable tablets of RTV will be presented during the trial

MVC vs TDF/FTC With ATV/RTV in ART-Naive Patients: Wk 48 Results



- Frequency of all-grade adverse events similar between arms
 - Grade 3/4 adverse events, including hyperbilirubinemia, numerically higher in MVC arm

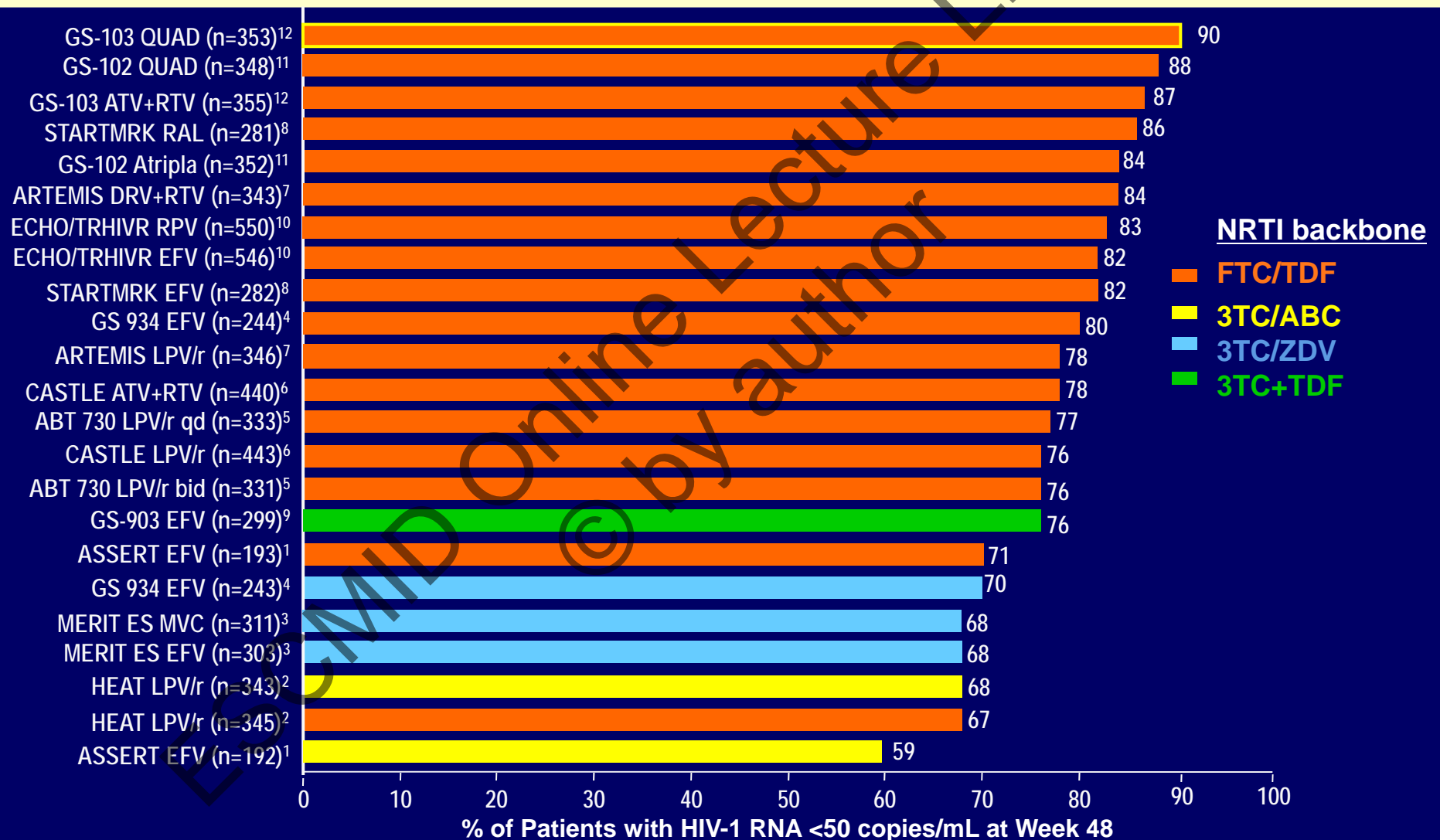
When to start antiretroviral therapy

Should this influence sequencing of ARVs ?

CD4+ Cell Count	EACS	DHHS	IAS
▪ < 350 cells/mm ³	▪ Start	▪ Start	▪ Start
▪ 350-500 cells/mm ³	▪ Start if...	▪ Start	▪ Start
▪ >500 cells/mm ³	▪ Generally deferred	▪ Start/Optional	▪ Considered

Background: Cross-Study Comparison of Treatment-Naive Clinical Trials

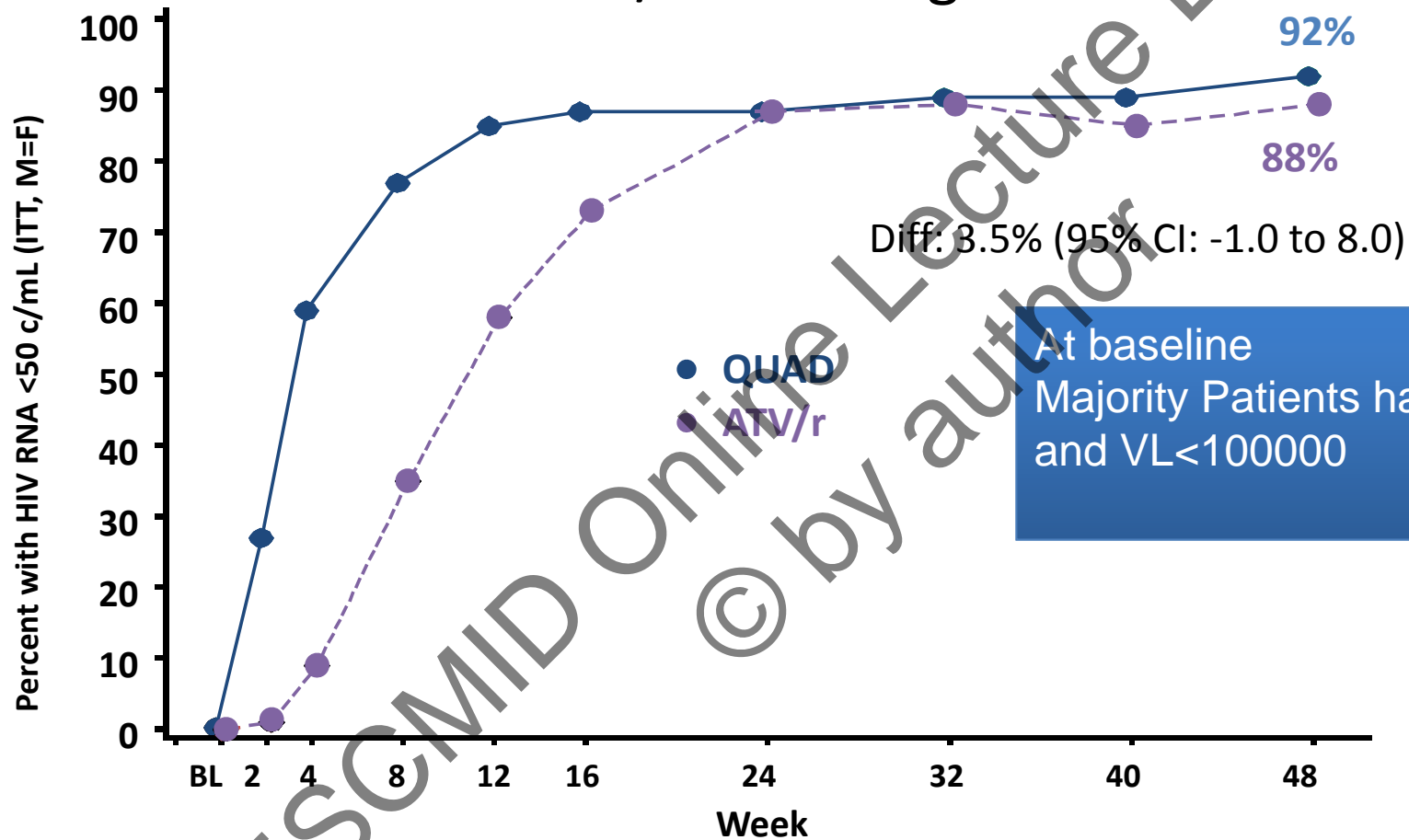
HIV RNA <50 copies/mL at Week 48



This slide depicts data from multiple studies published from 2004-2012. Not all regimens have been compared head-to-head in a clinical trial

Elvitegravir/Cobicistat/FTC/TDF (Quad) vs. ATV/r + FTC/TDF (Study 236-103)

< 50 c/mL Through Week 48



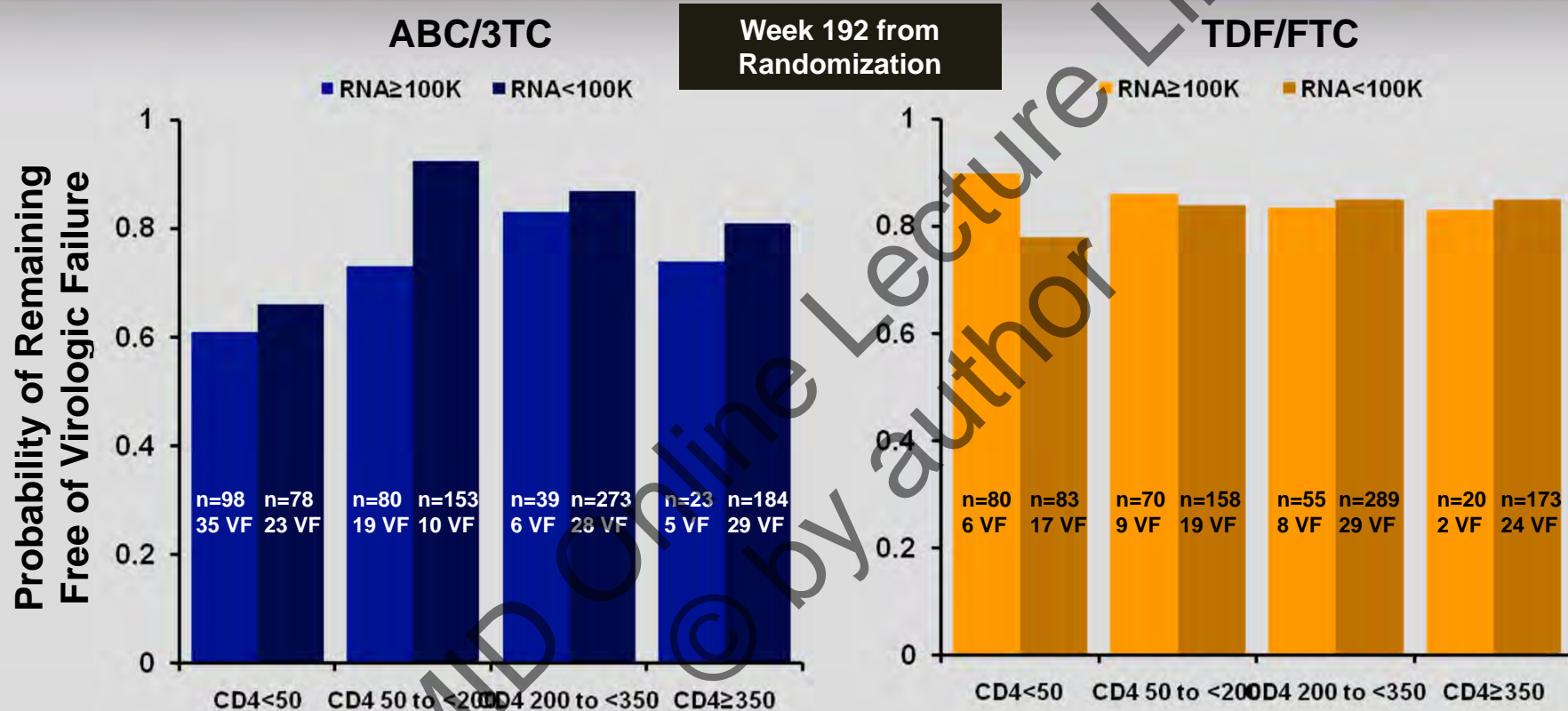
At baseline
Majority Patients had CD4 >350
and VL < 100000

Abacavir ,Rilpivirine, lopinavir High Viral Load and Low CD4 count

It appears that there are more VFs in the high VL strata
and if CD4 is low

Where do we place Abacavir ,rilpivirine and lopinavir in
our treatment strategies?

A5202: Time to Virologic Failure by Baseline Viral Load and CD4 Count

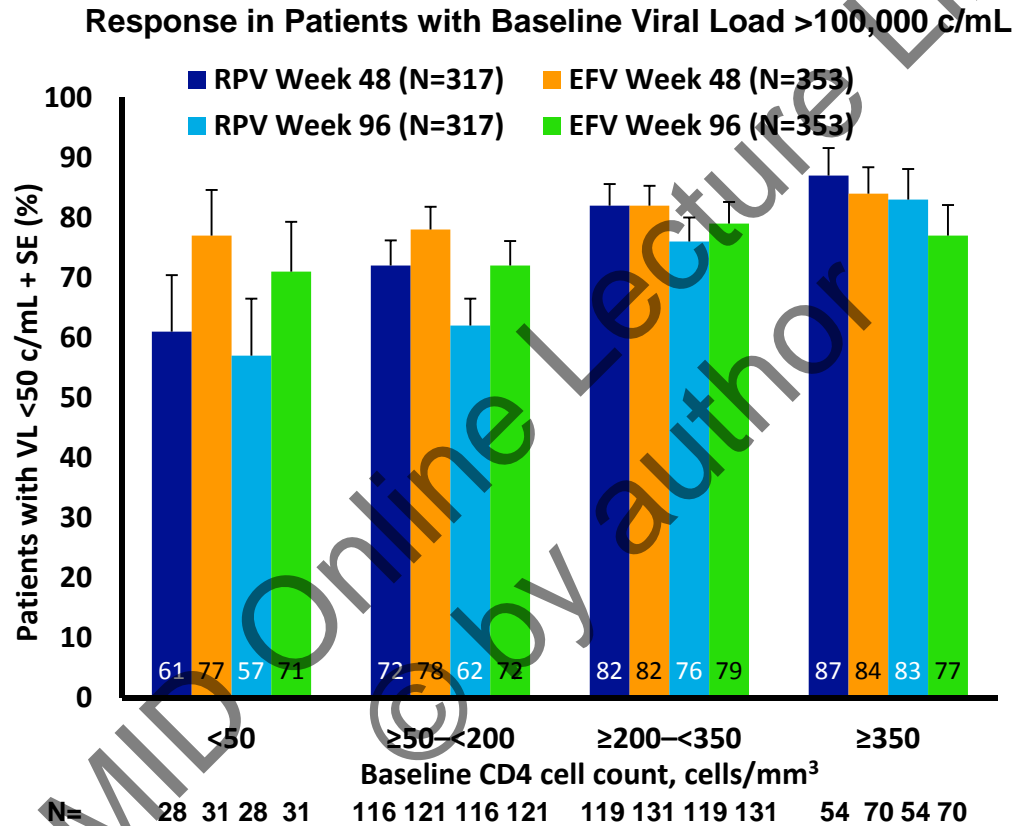


- Increased risk of VF with baseline lower CD4 or higher VL in those assigned ABC/3TC
- Results confirm previously reported analysis based on *screening* viral load

Rilpivirine-caution in low CD4 and high VL

Pooled ECHO and THRIVE:

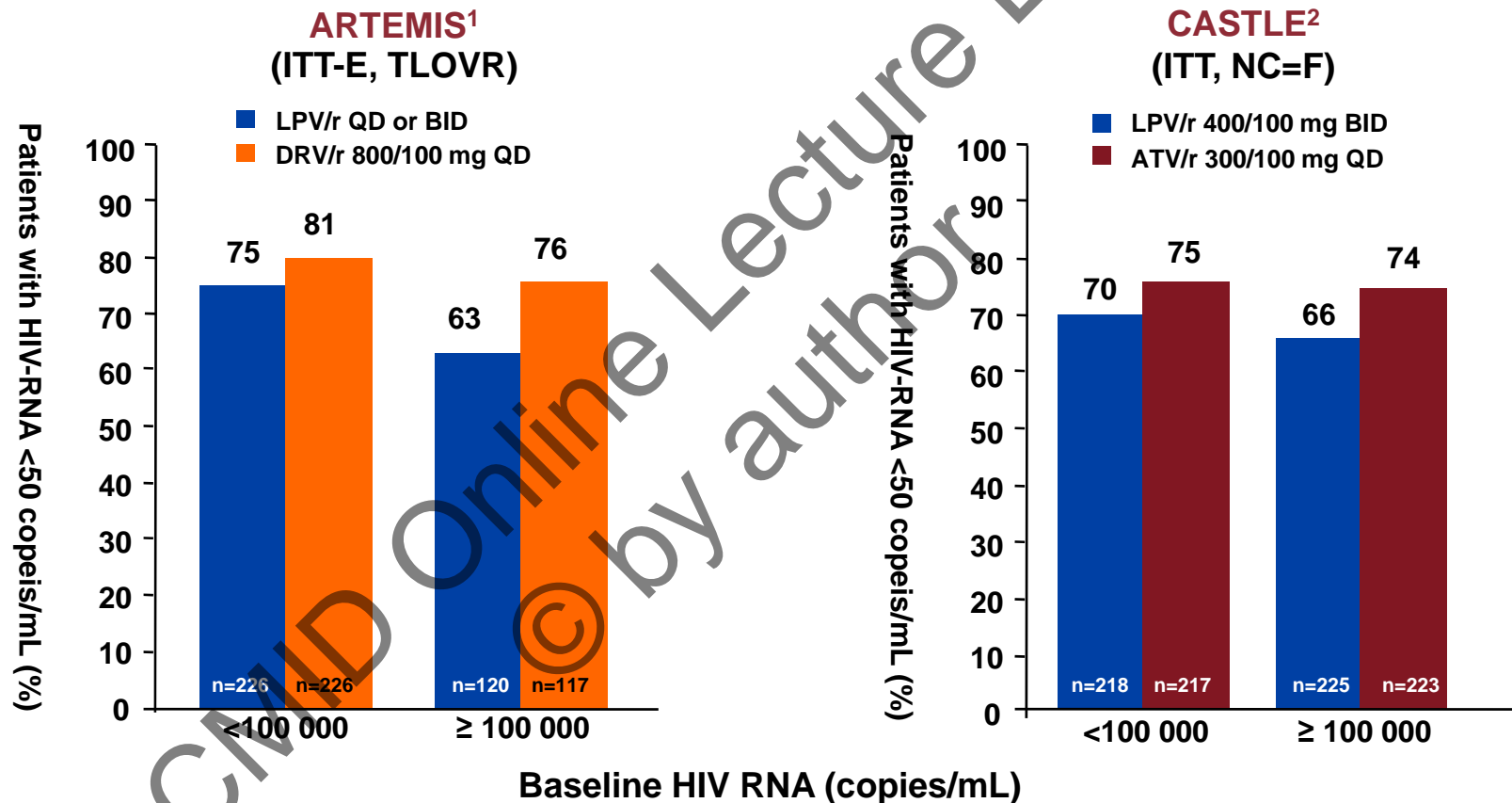
Response with Baseline Viral Load >100,000 c/mL by Baseline CD4



- For baseline viral load >100,000 c/mL:
 - Virologic failure rates higher for RPV than EFV

Which boosted PI is best at High Viral loads?

Boosted PIs in ARV-naïve patients: (96 weeks)



LPV/r QD is not approved in the EU.

Data in figures are from different studies and cannot be compared directly

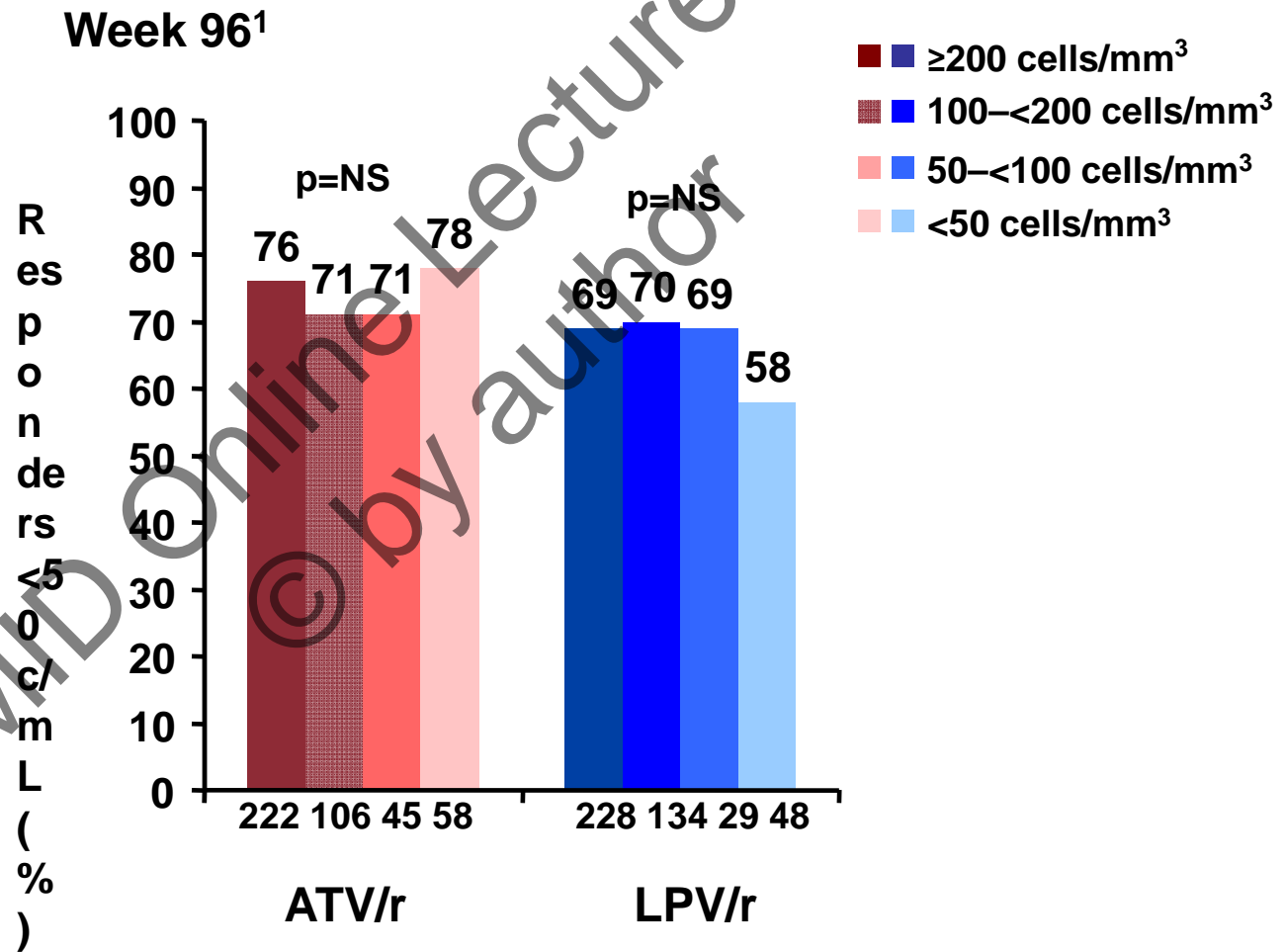
ITT, intent to treat; ITT-E, intent to treat, exposed; TLOVR, time to loss of virological response; VL, viral load; NC=F, non-completer = failure

Adapted from: 1. Mills A, et al. 48th ICAAC. Washington DC, Oct 25–28, 2008, Abstract H-1250c;

2. Molina JM, et al. 48th ICAAC. Washington, DC, Oct 25–28, 2008, Abstract H-1250d

Which Boosted PI is best at Low CD4 Counts?

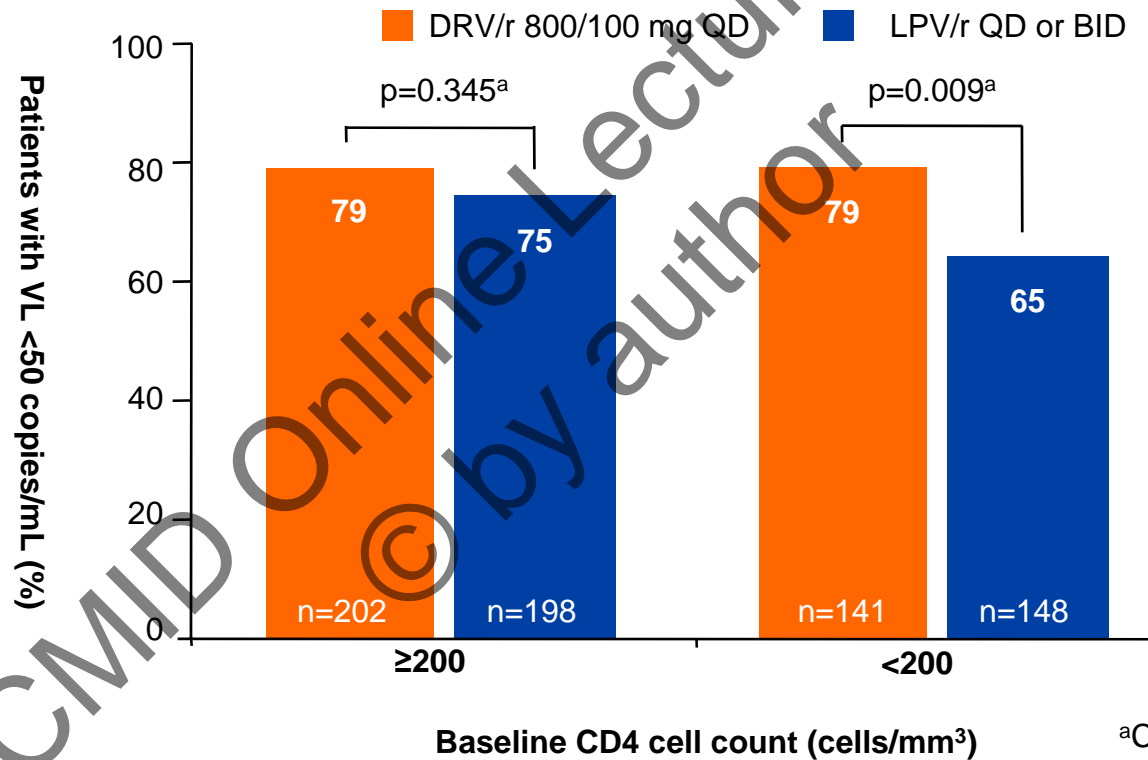
CASTLE: ITT-confirmed virological response (NC=F) by baseline CD4 cell count



p-values are from Cochran–Armitage trend test (post hoc analysis)

¹ Molina J-M, et al. ICAAC/IDSA, Washington, USA, 2008, Poster H-1250d

ARTEMIS: response by baseline CD4 at Week 96 (ITT-TLOVR)



Abacavir ,Rilpivirine, Lopinavir/r

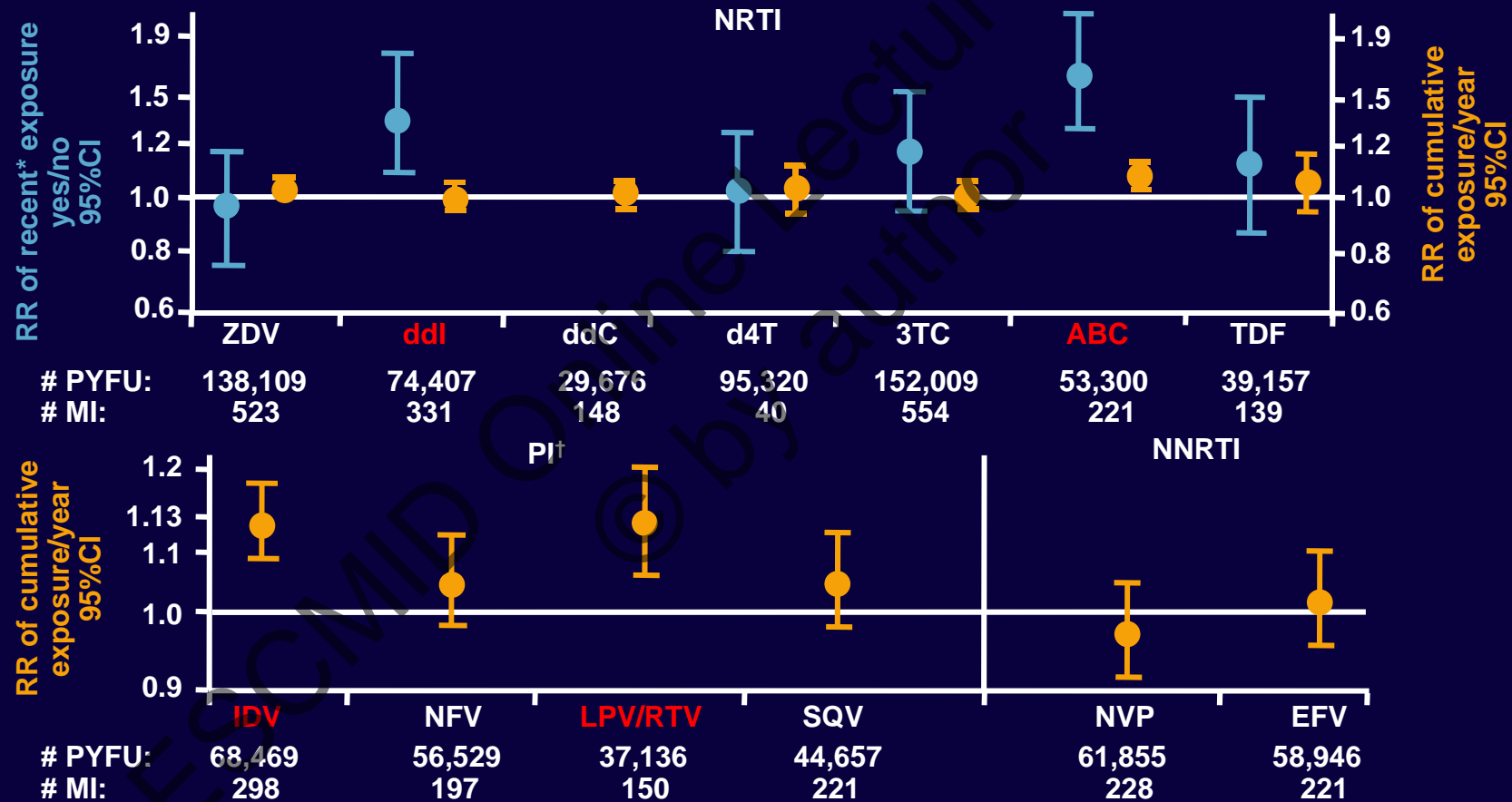
Can you sequence to these drugs when the Viral load has become undetectable and the CD4 has increased?

Maybe.....

Some issues remain

Abacavir and Lopinavir and cardiac disease

D:A:D: Recent and/or Cumulative Antiretroviral Exposure and Risk of MI

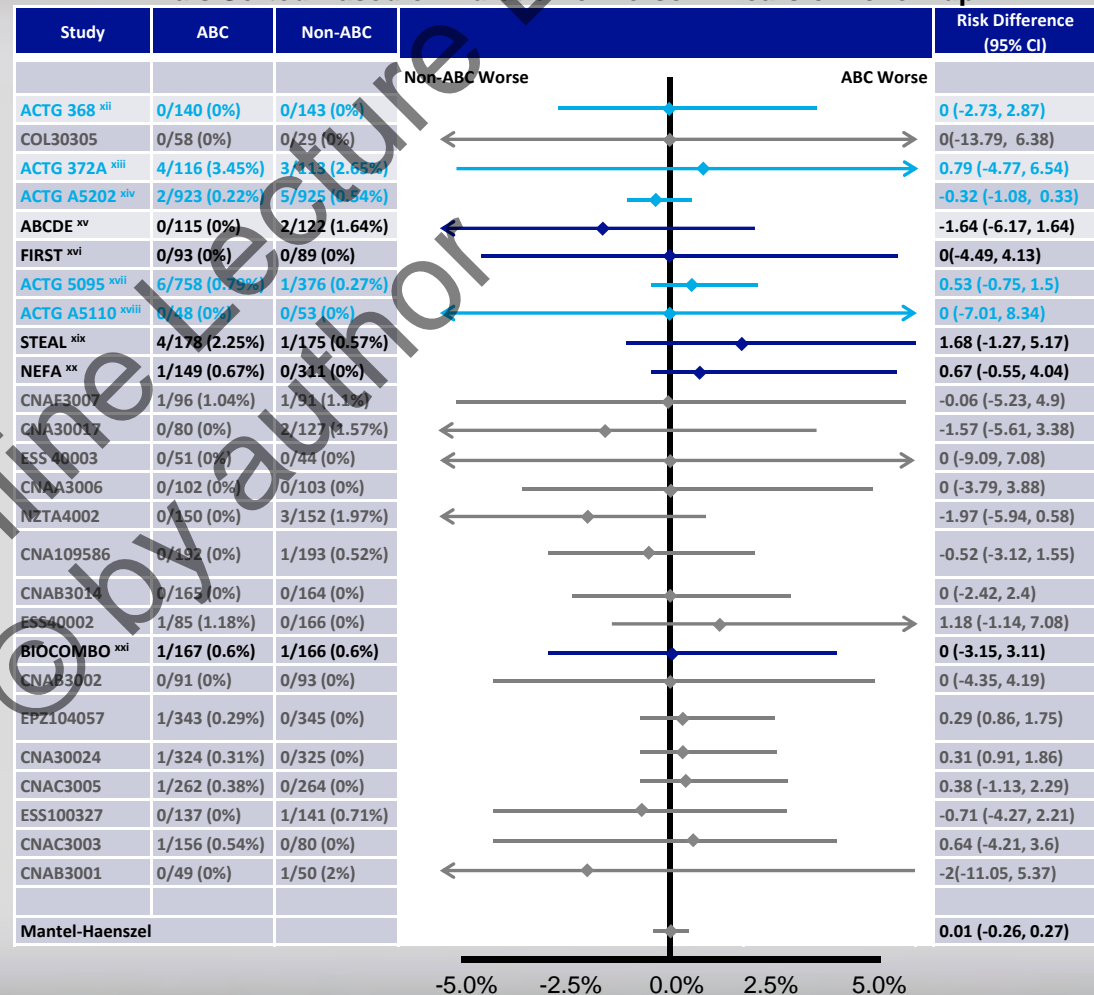


*Current or within last 6 months. †Approximate test for heterogeneity: $P = 0.02$

FDA Meta-Analysis No Association Between ABC and MI

- 26 RCTs involving ABC
 - 5028 subjects on ABC, 4840 controls
 - Average 1.62 person/years of F/U
- Overall events/subjects: 28/5628 ABC vs. 22/4840 controls (OR 1.02 95%CI 0.56, 1.84)
- Authors conclude that the findings 'raise significant uncertainty about the likelihood of an ABC-MI risk association'

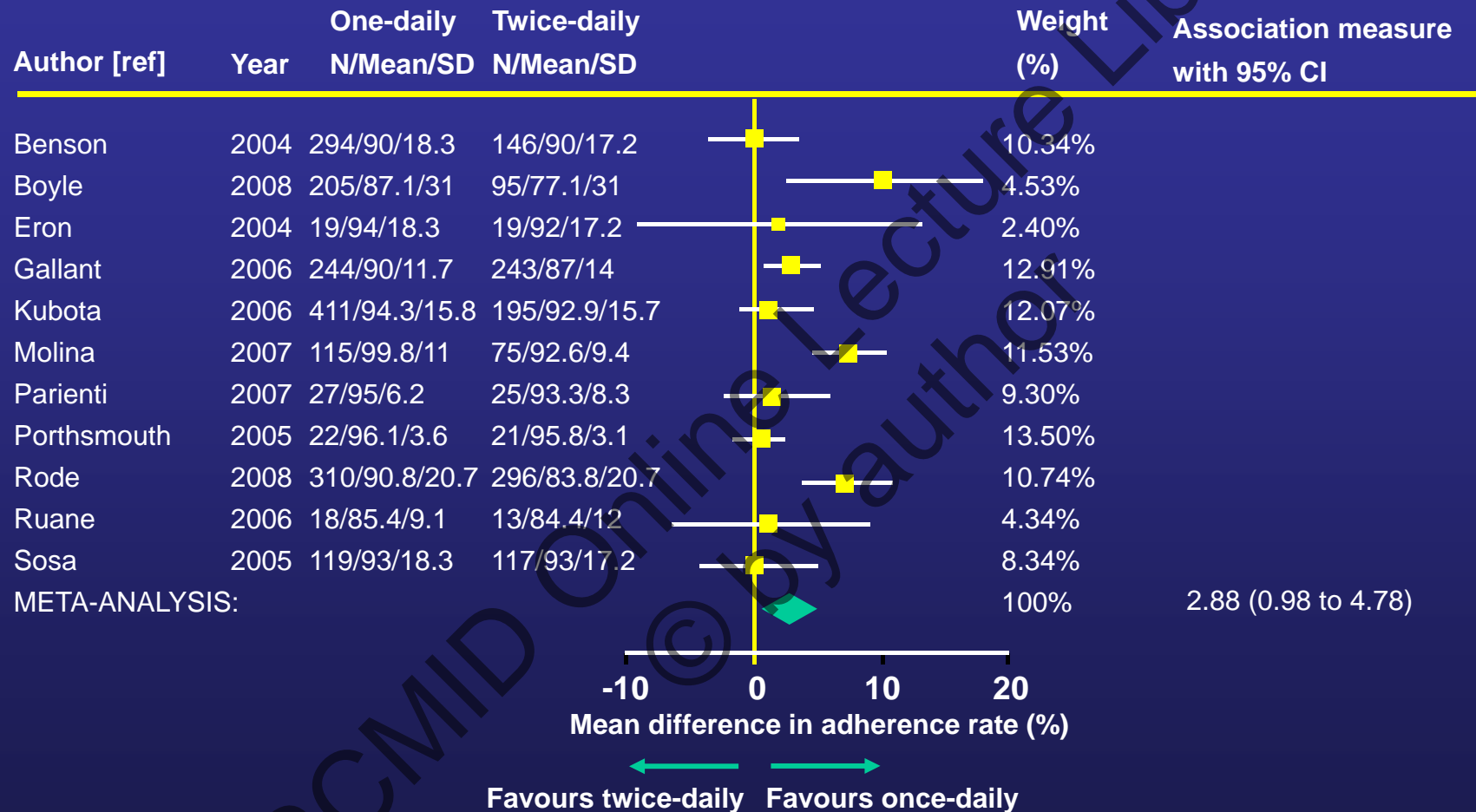
Forest Plot of Meta Analysis Results:
Trials Sorted Based on Duration of Person –Years of Follow-up



Should we sequence based on ease of administration?

Regimen	Dosing	Food requirements
EFV/TDF/FTC	▪ 1 pill once daily	▪ Empty stomach (recommended dosing at bedtime)
ATV/RTV + TDF/FTC	▪ 3 pills once daily	▪ Must be taken with food ▪ Must be separated from proton-pump inhibitors
DRV/RTV + TDF/FTC	▪ 4 pills once daily	▪ Must be taken with food
RAL + TDF/FTC	▪ 3 pills divided across 2 daily doses	▪ With or without food
RPV/TDF/FTC	▪ 1 pill once daily	▪ Must be taken with at least 500 cal of food ▪ May not take with proton-pump inhibitors ▪ ? High viral load efficacy

Better adherence with once-daily antiretroviral Regimens



Should we sequence based on pill burden?

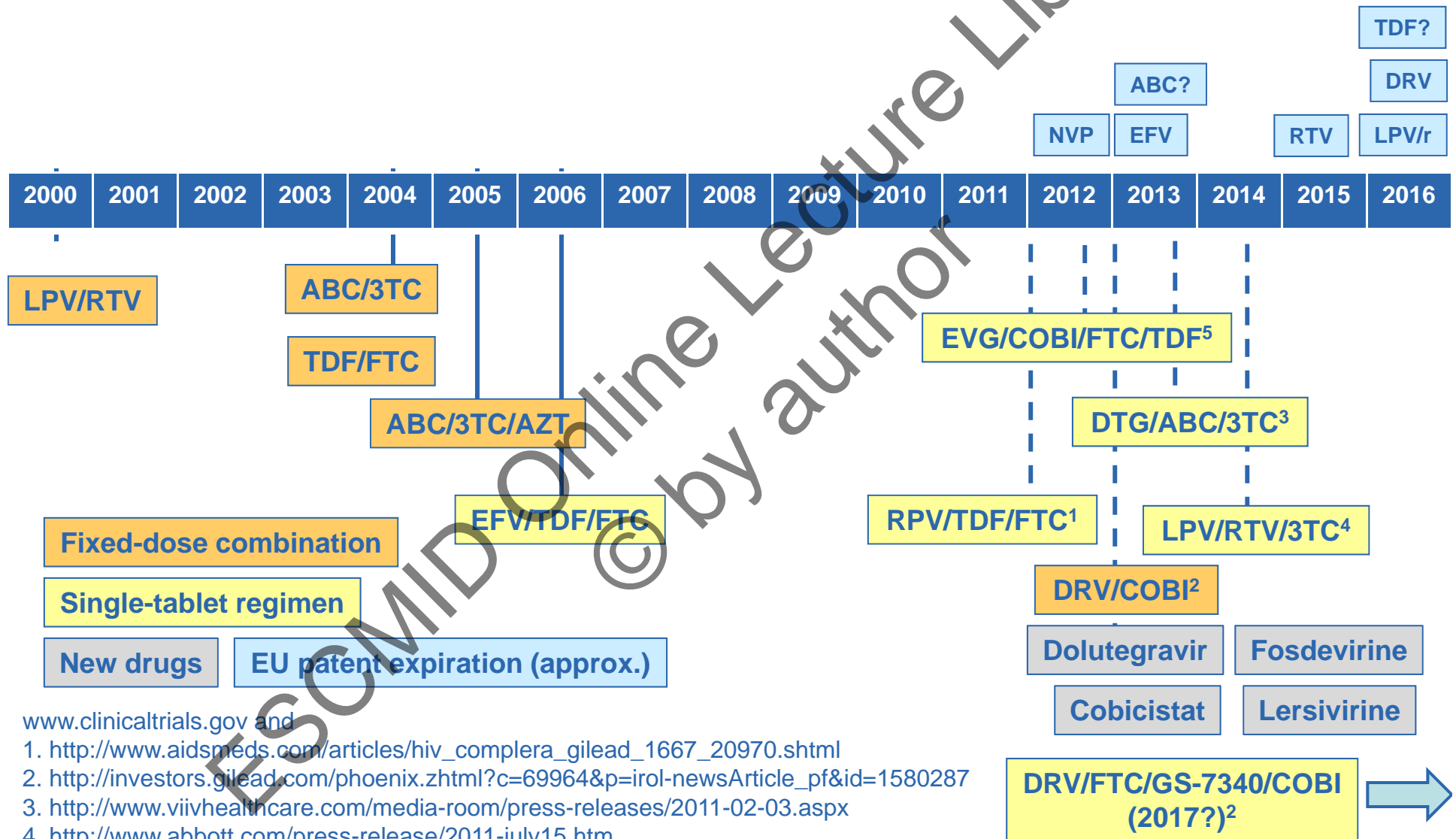
Single Pill Regimens (STRs)



2 already Licensed in EU and USA-
Atripla and eviplera
Quad Pill almost here
Dolutegravir and 3TC / abacavir in
development
Darunavir and cobicistat and FTC in
development

An evolving competitive landscape

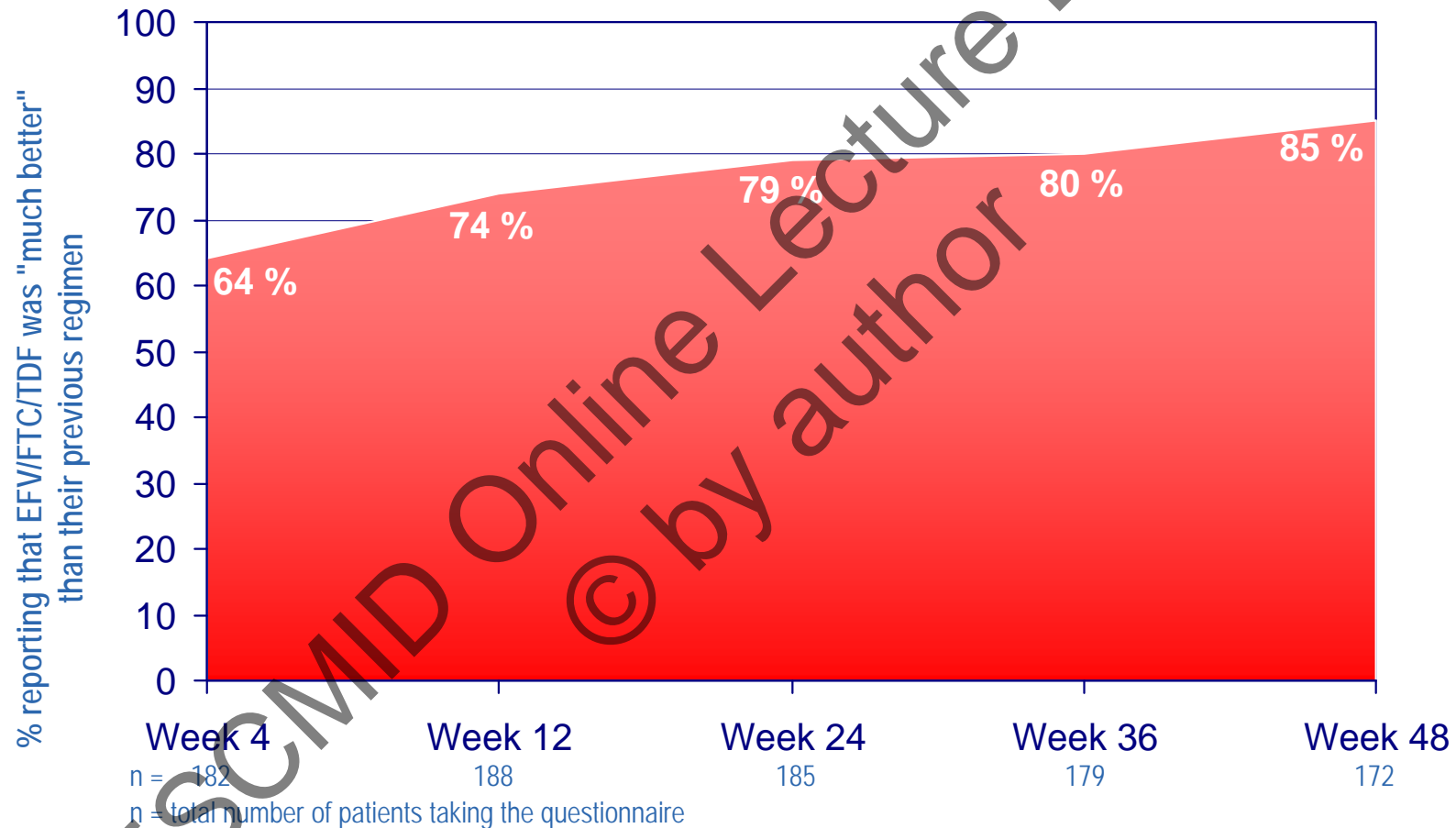
Single Tablet regimens



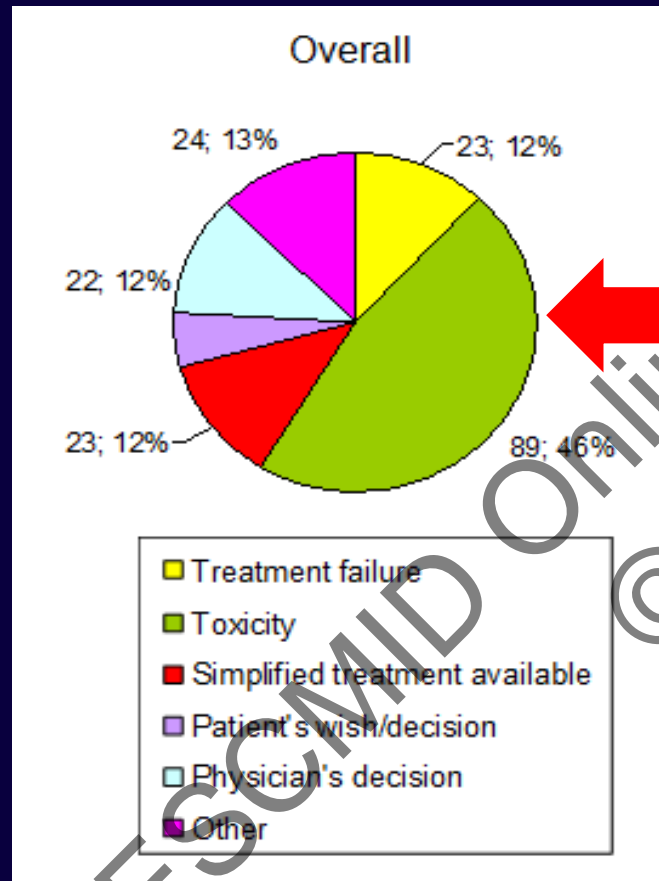
www.clinicaltrials.gov and

1. http://www.aidsmeds.com/articles/hiv_complera_gilead_1667_20970.shtml
2. http://investors.gilead.com/phoenix.zhtml?c=69964&p=irol-newsArticle_pf&id=1580287
3. <http://www.viivhealthcare.com/media-room/press-releases/2011-02-03.aspx>
4. <http://www.abbott.com/press-release/2011-july15.htm>
5. http://www.gilead.com/pr_1596378

Preference of medication questionnaire in patients randomized to EFV/FTC/TDF Single tablet



Should we sequence based on potential Toxicity ?

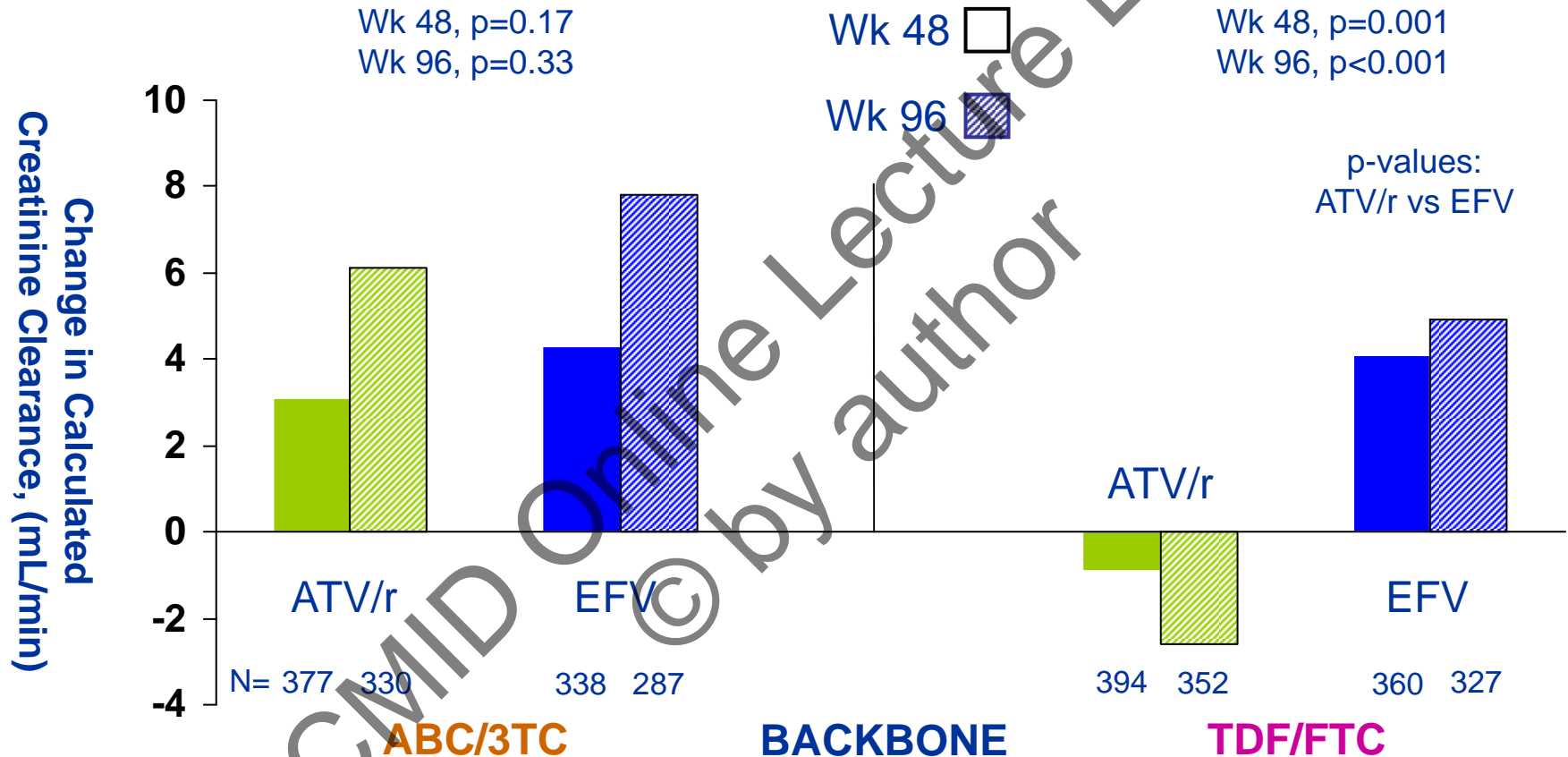


TOXICITY.

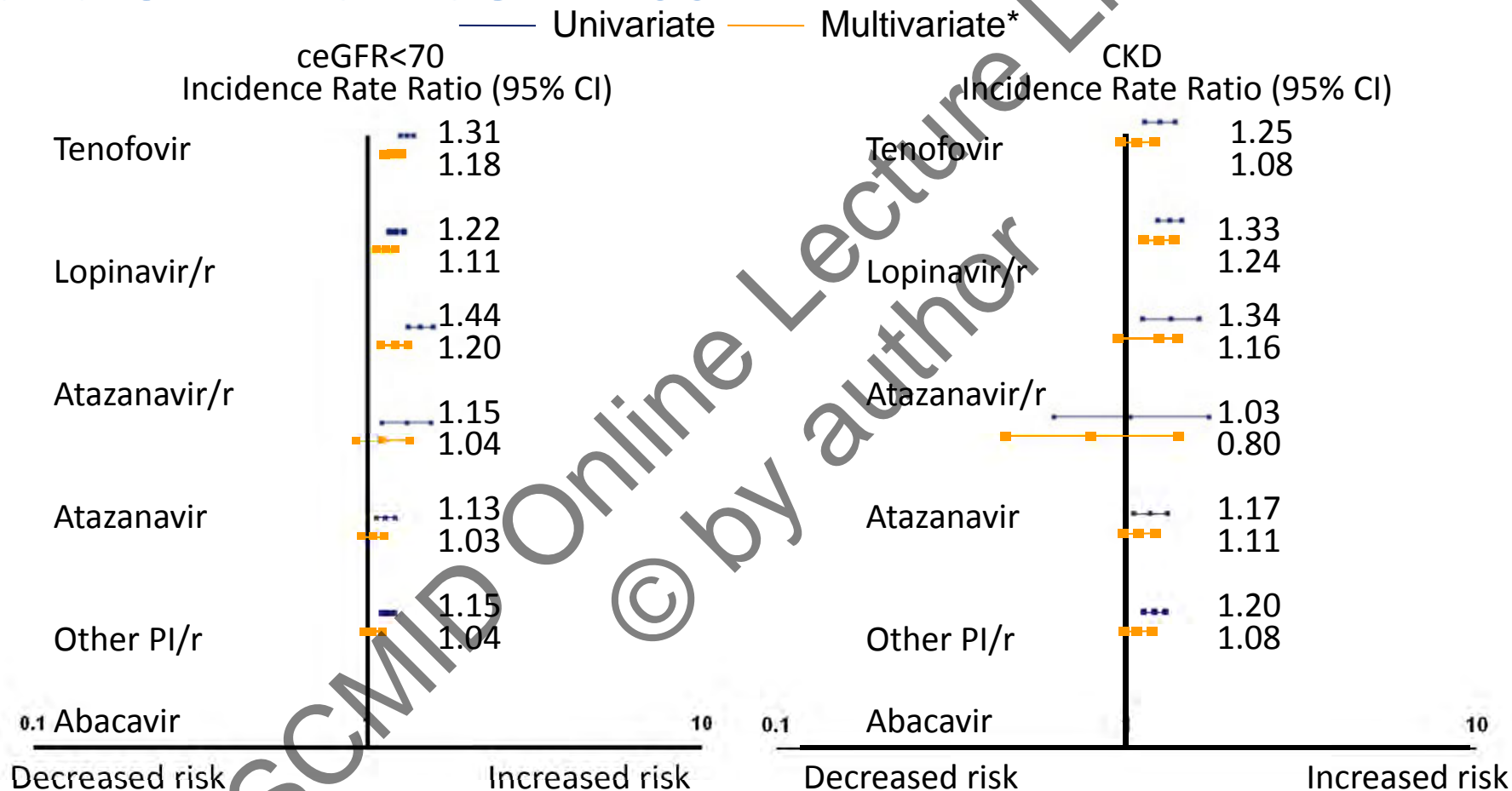
Should we sequence based on potential Toxicity ?

- FTC/3TC very low incidence of toxicity
- Efavirenz well recognised neuropsychiatric effects but managed well in practice
- Few side effects to Raltegravir
- Few side effects of atazanavir (Hyperbilirubinaemia and triglycerides) and darunavir (rash and triglycerides)
- Tenofovir potential renal and bone toxicity

Median Change in Creatinine Clearance Atazanavir/r vs Efavirenz (Overall As-Treated)



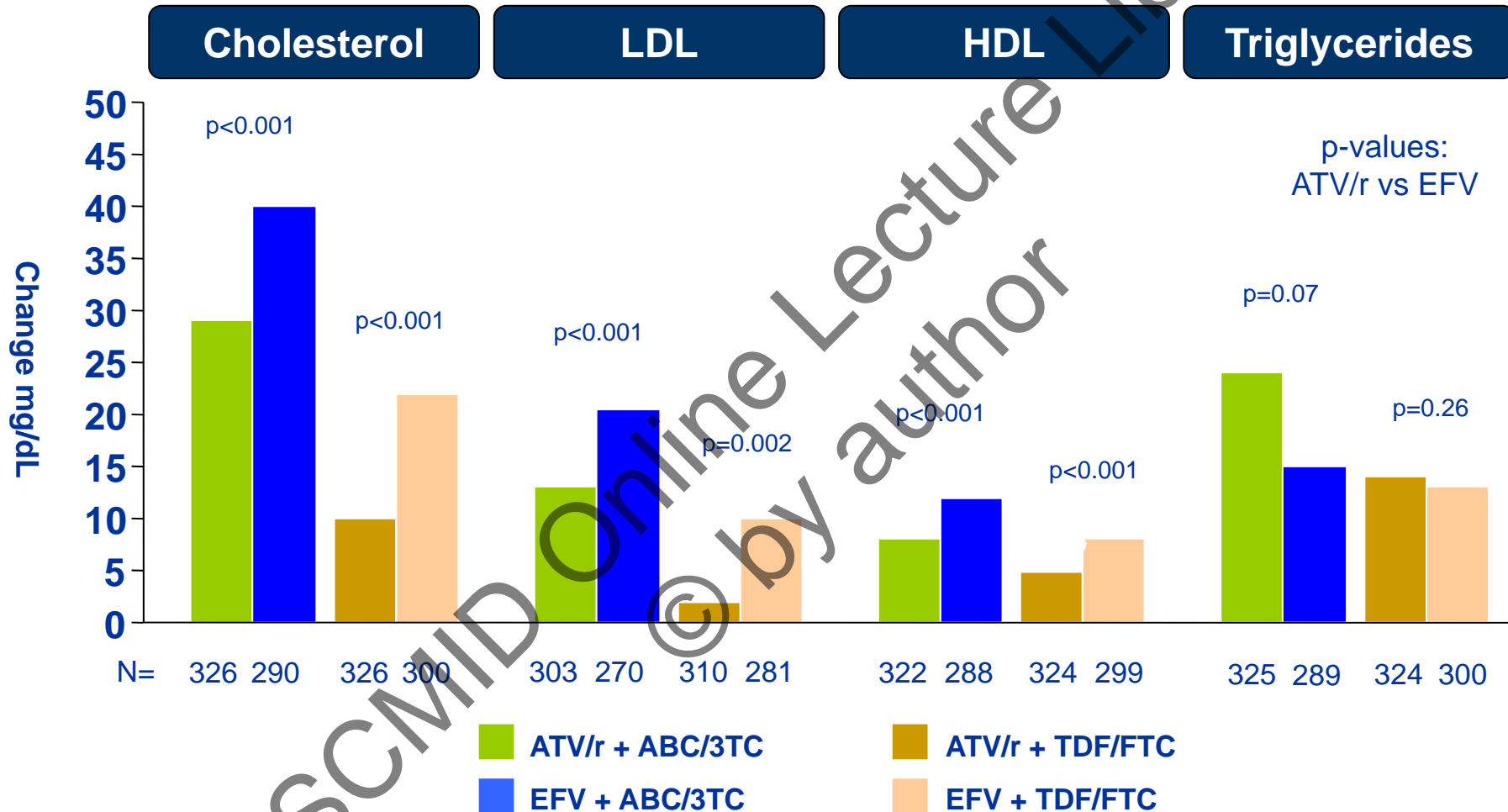
D:A:D: ARV use (per year) and Risk of $ceGFR < 70$ and CKD from $eGFR > 90$



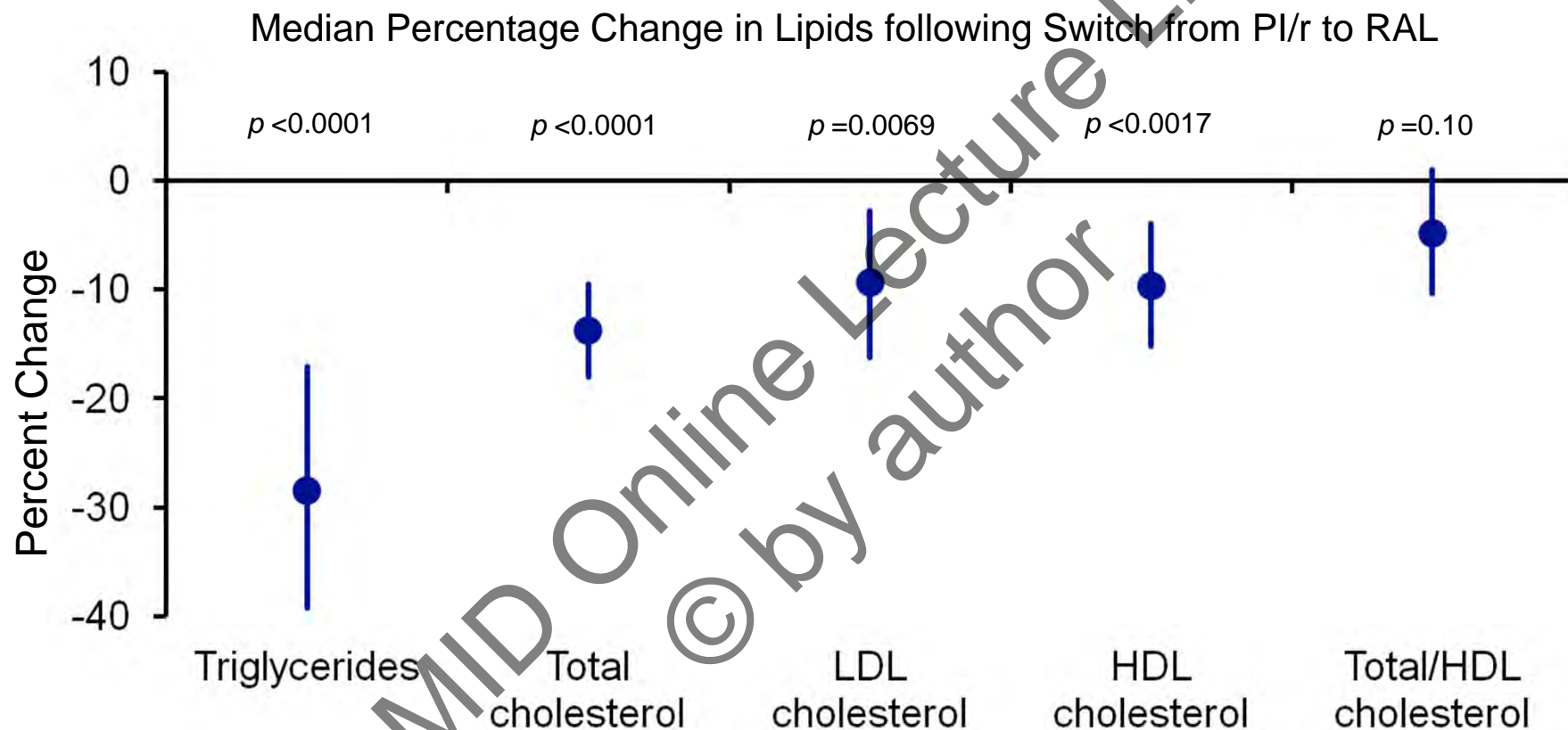
* Adjusted for gender, race, HIV risk group, enrolment cohort, Prior AIDS, HBV/HCV status, smoking status, hypertension, diabetes, prior CV event, baseline eGFR, age (per 10 yrs), CD4 per doubling/nadir, VL and cumulative exposure (per year) tdf, ind, lpv/r, atv, atv/r, abc and other PI/r

ACTG 5202 Atazanavir/r vs Efavirenz – overall population

Median Change in Fasting Lipids (mg/dL)
Atazanavir/r vs Efavirenz, Week 48 (Overall As-Treated)



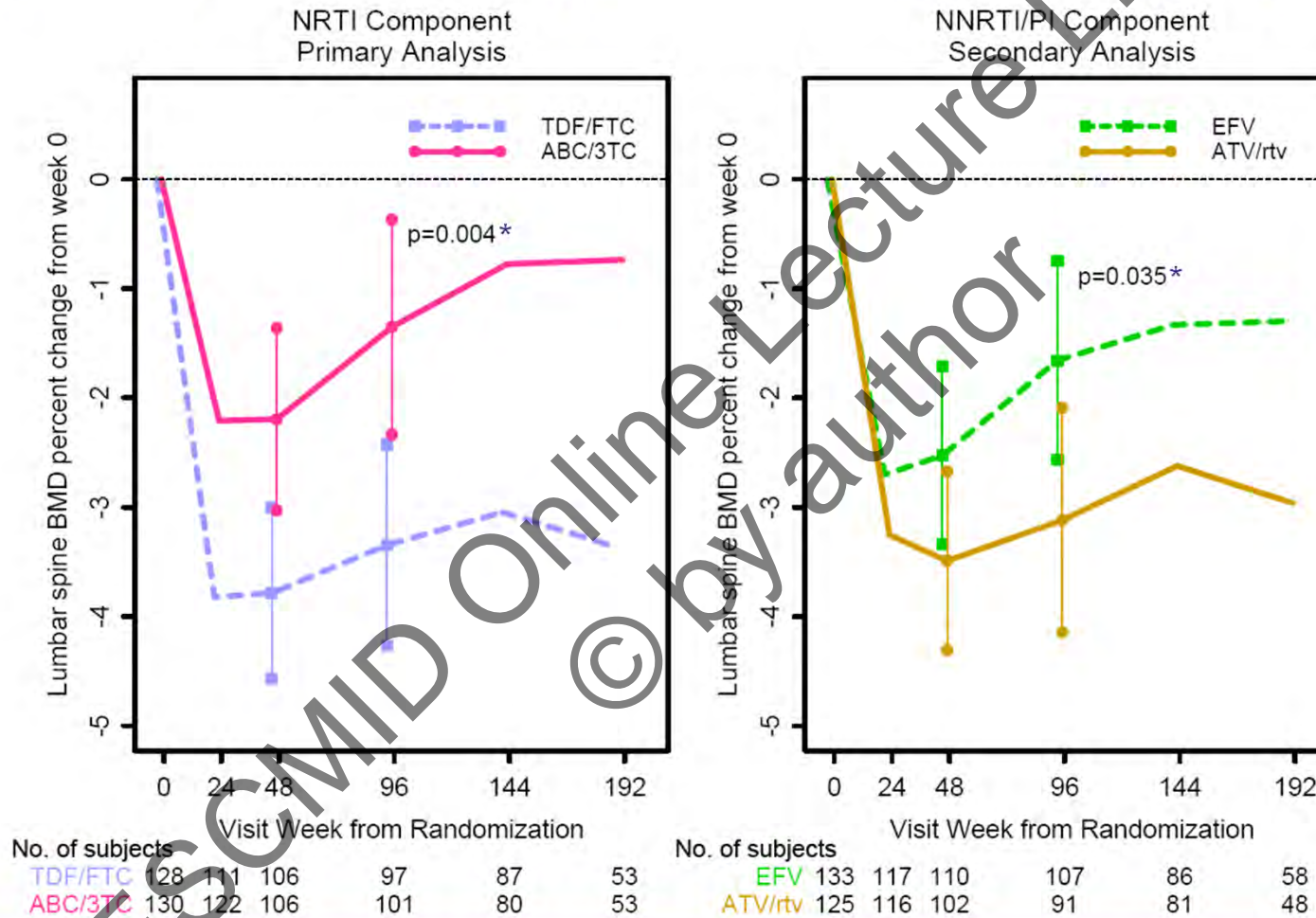
SPIRAL: PI/r to Raltegravir Switch Improves Lipids



Conclusion: PI/r to RAL switch results in significantly improved lipids, but no change in Total/HDL cholesterol ratio.

Bone mineral density and ARVs

Mean (95% CI) Percent Change in Lumbar Spine BMD (ITT)



* -linear regression

No significant interaction of NRTI and NNRTI/PI components (p=0.63)

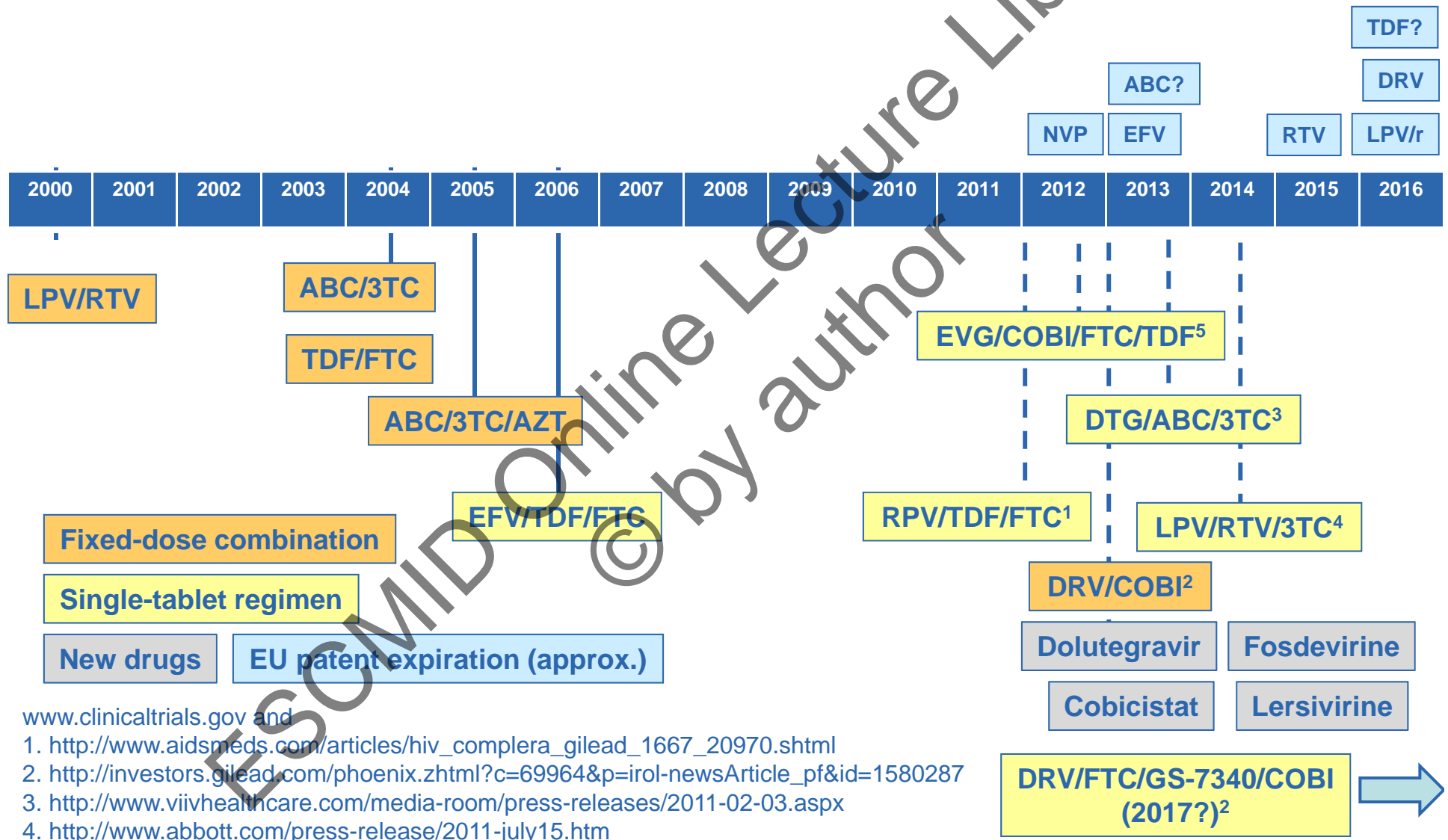
Should we sequence based on Cost?

The rise of Generics

Advantages	Disadvantages
<ul style="list-style-type: none">▪ Clear cost benefit	<ul style="list-style-type: none">▪ May involve change of regimen for patients who are currently on coformulated drugs or single-tablet regimens<ul style="list-style-type: none">• Either switch to different coformulated drug or to the same drugs administered separately with generic substitutions▪ Possible problems with adherence

An evolving competitive landscape

Generics



www.clinicaltrials.gov and

1. http://www.aidsmeds.com/articles/hiv_complera_gilead_1667_20970.shtml
2. http://investors.gilead.com/phoenix.zhtml?c=69964&p=irol-newsArticle_pf&id=1580287
3. <http://www.viivhealthcare.com/media-room/press-releases/2011-02-03.aspx>
4. <http://www.abbott.com/press-release/2011-july15.htm>
5. http://www.gilead.com/pr_1596378

Developing countries

- Limited access

Could sequence without resistance tests if develops virological failure or clinical progression on initial regimen

- from NNRTI plus 2 nucleos(t)ides to Boosted PI plus integrase or CCR5 or tenofovir
- **But this strategy is not proven and drugs not all available**

Sequencing-conclusions

- Individual regimen choices will still be important and switching to different regimens will be based on regimen acceptability, tolerability and resistance
- Few data sets to validate a sequencing approach
- Little desire at present for formal sequencing in guidelines
- Sequencing may be useful where there are limited drugs with non overlapping resistance and toxicity profiles and limited access to resistance testing- but need access to drugs!