

**First-line therapy with combined  
antifungals for aspergillosis**

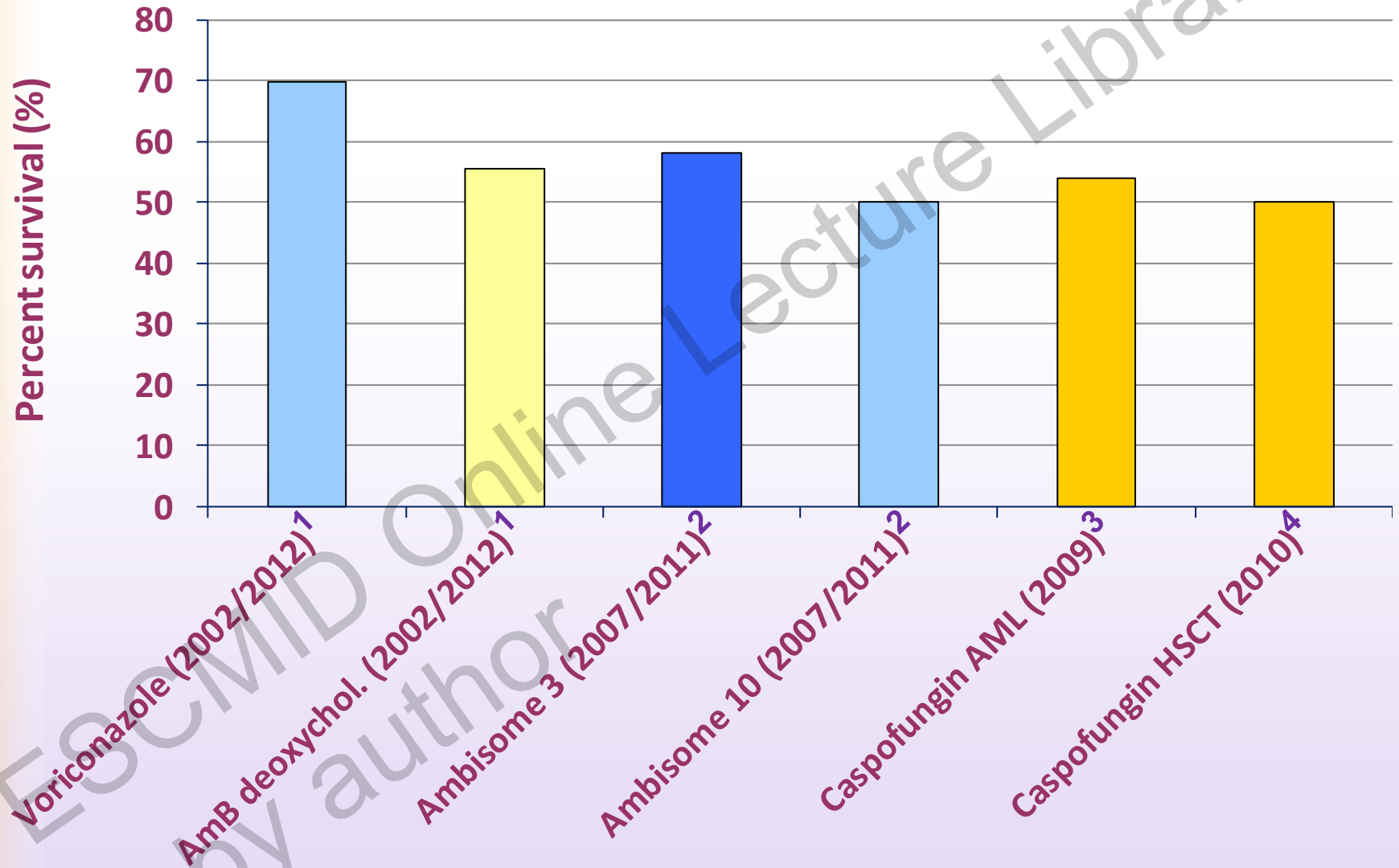
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# Primary monotherapy for probable / proven invasive aspergillosis according to EORTC 2008 criteria



<sup>1</sup>Herbrecht et al, NEJM 2002 & ICAAC, 2012; <sup>2</sup>Cornely et al, CID 2007 & Mycoses 2011; <sup>3</sup>Viscoli et al JAC, 2009; <sup>4</sup>Herbrecht et al, BMT 2010)

# How to improve further the outcome?

- **Early start of therapy**
- **Therapeutic drug monitoring to optimize monotherapy**
- **Combination therapy**

# What can we expect from combination therapy?

## ■ Combination therapy could confer

- **Antimicrobial synergy resulting from**
  - Inhibition of different stages of the same pathway
  - Increased intracellular penetration of an agent by action of another agent on the cell wall or membrane
  - Action on different molecular targets
- **Complementary pharmacokinetics**
- **Broader spectrum for empiric or pre-emptive therapy and even targeted therapy**
  - Might be critical in centers with high rate of resistance in *Aspergillus* till strain is isolated and tested for susceptibility
- **Reduced acquired resistance**

# What can we expect from combination therapy?

## ■ Expected clinical results are

- Increased response rate and survival
- Accelerated response to therapy

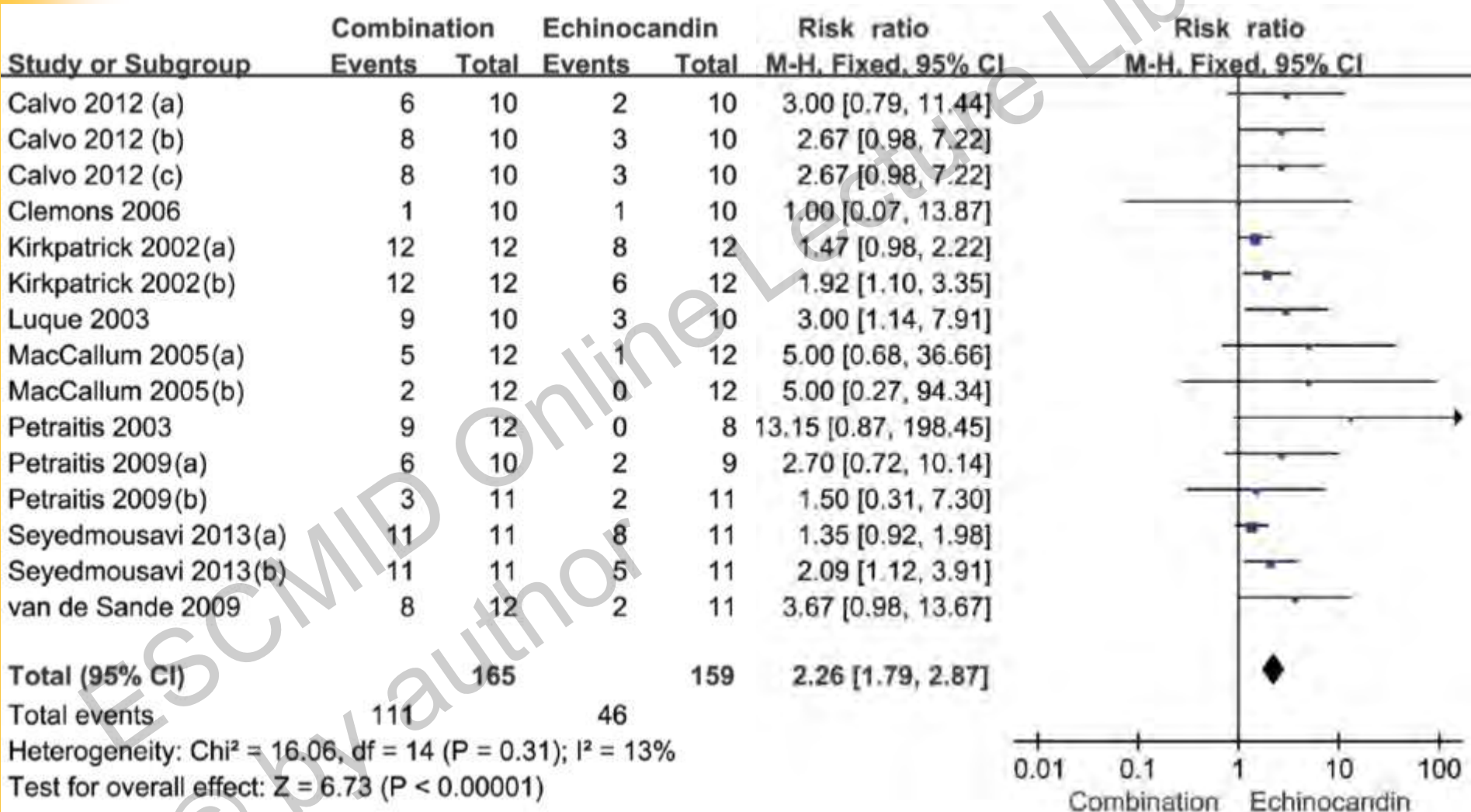
## ■ Combination of antifungal agents may also lead to

- Antagonism
- Increased toxicity
- Major increase in antifungal drug acquisition costs

## ■ Substantial amount of *in vitro* and experimental data support the assessment of antifungal combination in clinical trials

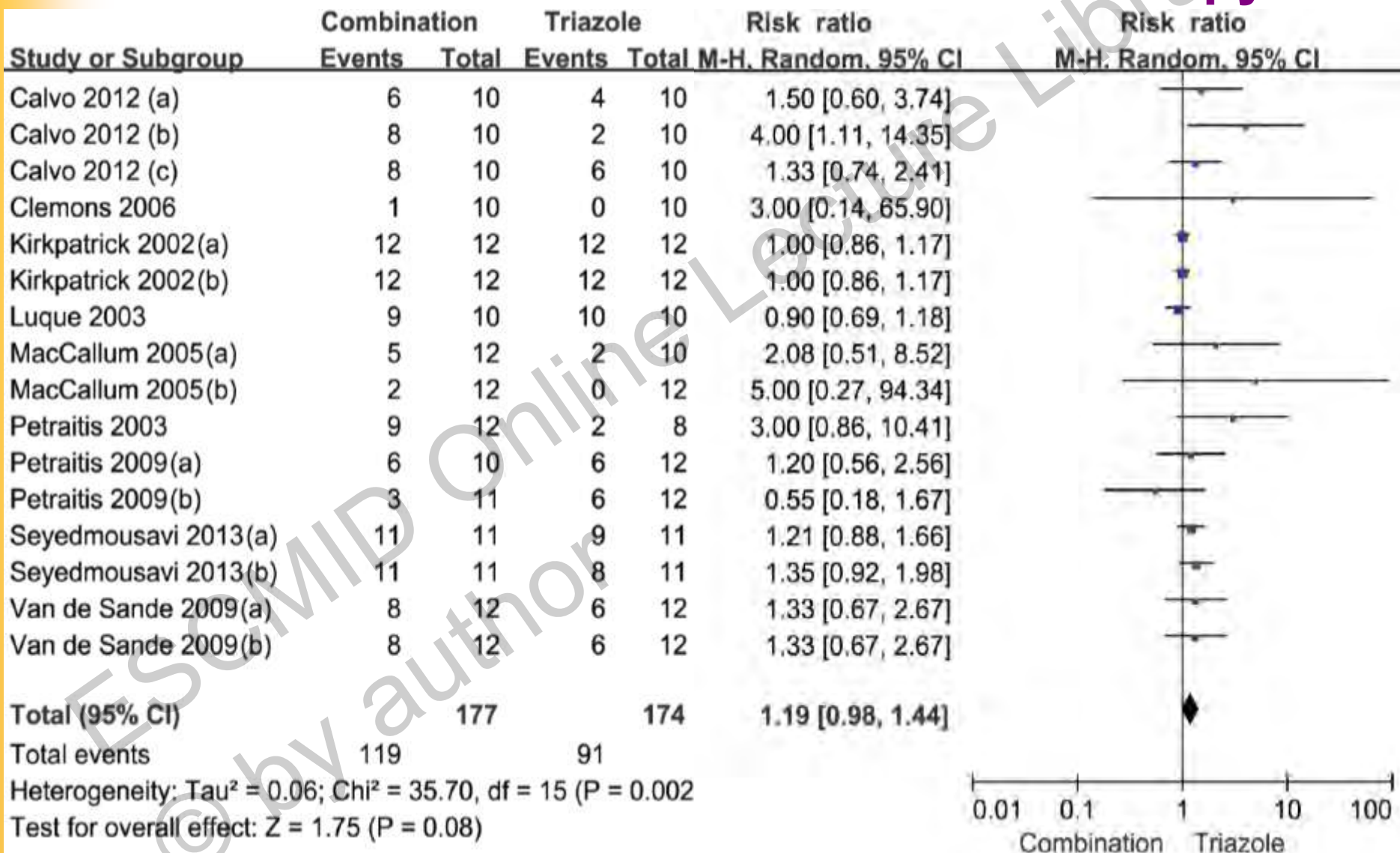
# Systematic review of animal data: triazole, echinocandin or combination

## Combination versus echinocandin monotherapy



# Systematic review of animal data: triazole, echinocandin or combination

## Combination versus triazole monotherapy





# Systematic review of animal data: triazole, echinocandin or combination

- **The survival of animals treated with combination therapy was**
  - **significantly prolonged compared with echinocandin alone**  
RR =2.26, (95% CI, 1.79-2.87; P<0.00001)
  - **but not compared with triazole alone**  
RR =1.19, (95% CI, 0.98-1.44; P=0.08)

*(Zhang et al., J Thorac Dis, 2014)*

**My conclusion would be: if you treat (animals) with an echinocandin it make sense to add an azole but if you treat them with an azole it is useless to add an echinocandin**



# Disappointing first clinical trial (1997 – 1999)

## Ampho B + terbinafine versus Ampho B + placebo

- **Terbinafine is effective *in vitro* on Aspergillus**
- **Controversial *in vitro* results with combination**
  - **Additive or synergistic effect with ampho. B (*Ryders et al., Med Mycol. 2001*)**
  - **Antagonism with ampho B (*Mosquera et al., J Antimicrob Chemother, 2002*)**
- **A few favourable case reports**
- **Results of comparative trial**
  - **Study stopped after  $\approx$  55 patients**
  - **Results never published**
    - **More deaths in combination group**

# Disappointing second clinical trial (2002)

## Anidulafungin + Liposomal amphotericin B

- Non-comparative; Anidulafungin 200 mg on day 1 then 100 mg/day + Liposomal amphotericin B 3 to 5 mg/kg/d
- 30 patients (mostly haematological and HSCT patients)
- Safety data and PK presented
  - “The patterns of AE’s and laboratories abnormalities were not unexpected for this ill population” (*Herbrecht et al., Tandem Meeting of the American Society for Blood and Marrow Transplantation and of the Center for International Blood and Marrow Transplant Research, 2004, Orlando*)
  - “Co-administered liposomal amphotericin B does not affect the pharmacokinetics of anidulafungin” (*Dowell et al., Focus on Fungal Infections 14, 2004, New Orleans*)
  - 17 (57%) deaths within 3 months
- Efficacy results never presented

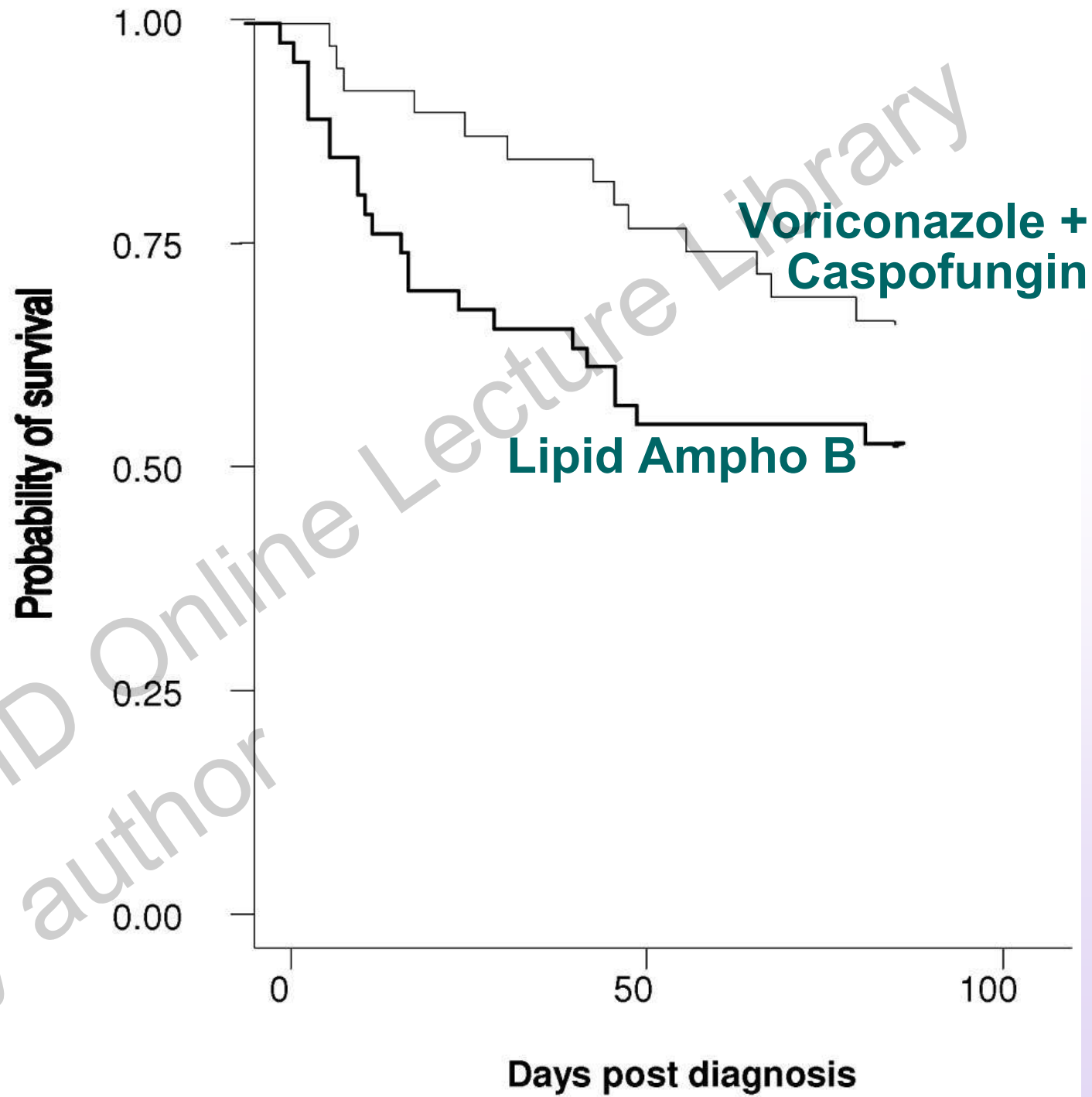
# Two promising clinical trials

Antifungal agents	N	Success rate	12-week survival
<i>Prospective randomized:</i>			
Caspofungin+L-AmB (3mg/kg)	15	67%	100%
Liposomal AmB (10mg/kg)	15	27%	80%
<i>Historical control group:</i>			
Lipid amphotericin B	47	-	51%*
Voriconazole + caspofungin	40	-	67.5%*

\* Difference is significant in patients with renal failure and in patient with *A. fumigatus* infection

*Caillot, Cancer, 2007; Singh et al, Transplantation 2006*

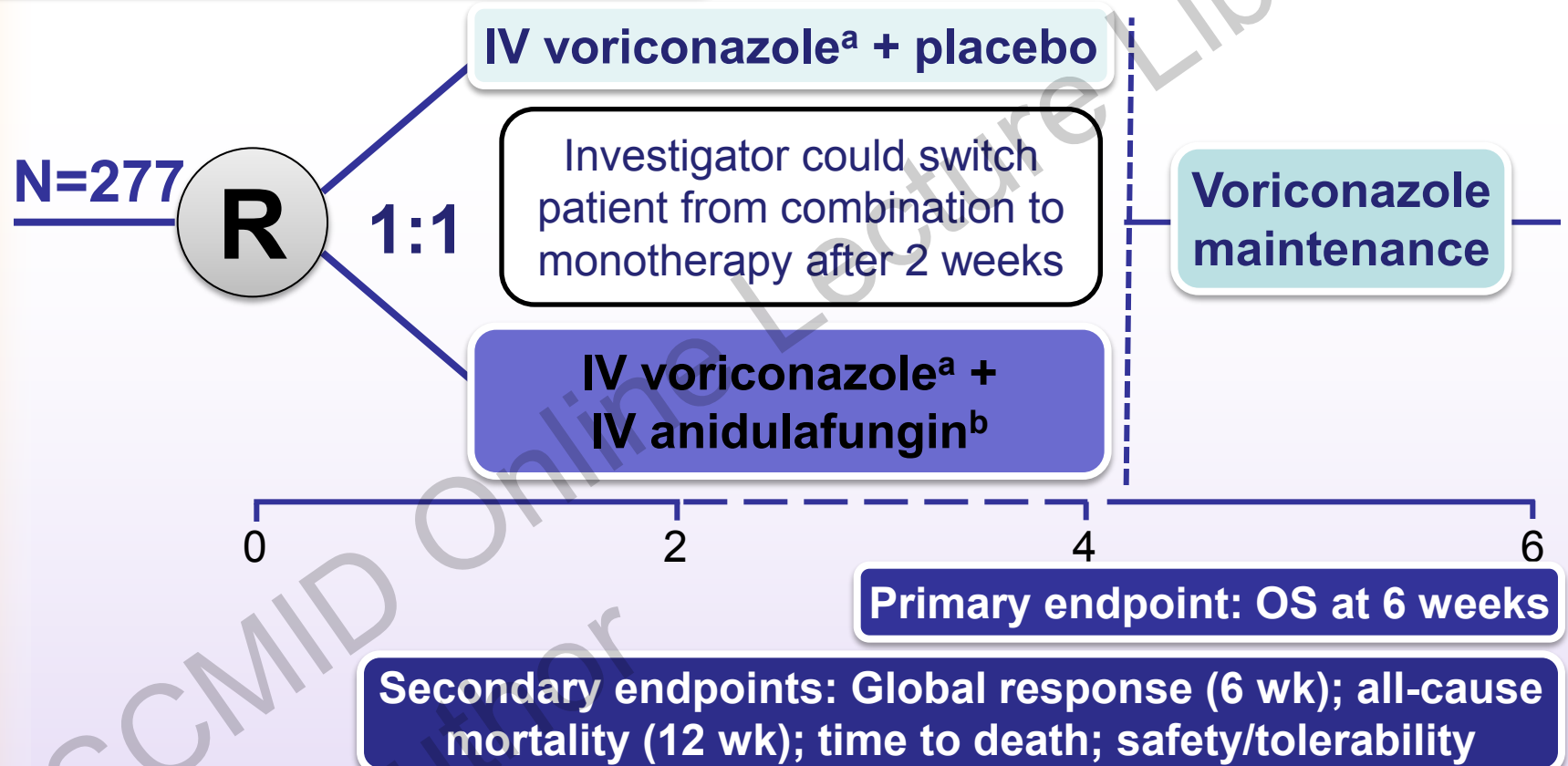
**Singh et al,  
Transplantation  
2006**



# Combination for primary therapy of IA

AlloHSCT /hematological malignancies  
with proven or probable IA

(Marr et al, ECCMID, London, 2012)



<sup>a</sup> 6 mg/kg q12h Day 1, then 4 mg/kg q12h (a switch to oral voriconazole [300 mg q12h] was allowed after  $\geq 7$  days of IV therapy)

<sup>b</sup> 200 mg on Day 1, then 100 mg q24h

(Marr et al, ECCMID, London, 2012)

# Baseline demographics and treatment history

Characteristic	Combination	Voriconazole monotherapy
Modified ITT, n	135	142
Mean age, years	52.2	51.6
Male, %	55	58
<b>Host factor, n (%)</b>		
Allogenic HSCT	44 (33)	42 (30)
Non-allogenic/no HSCT	91 (67)	100 (70)
<b>Prolonged steroids, n (%)</b>	12 (9)	10 (7)
<b>T-cell immunosuppressant, n (%)</b>	22 (16)	17 (12)
<b>Neutropenic, n (%)</b>	77 (57)	86 (61)

(Marr et al, ECCMID, London, 2012)

# IA diagnoses at baseline

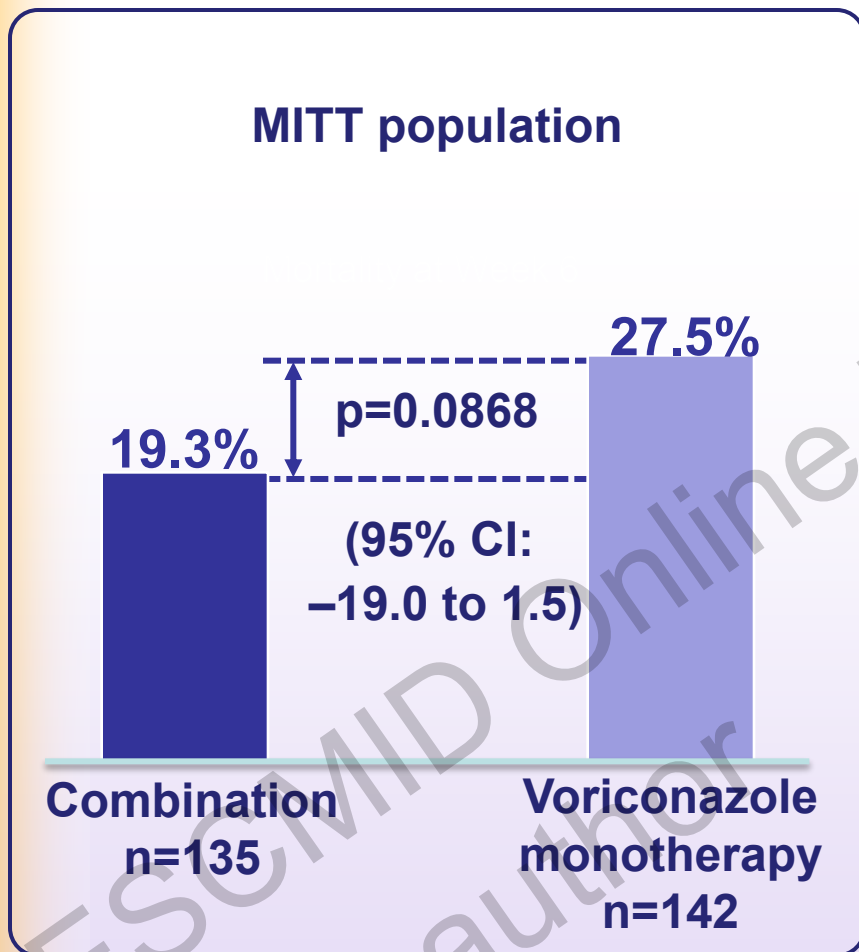
Probable IA, n (%)	Combination	Voriconazole monotherapy
Histopathology without culture	4 (3)	0
Culture or cytology of BAL	20 (15)	30 (21)
<b>Positive GM only</b>	<b>108 (80)</b>	<b>110 (77)</b>
Positive BAL GM and serum GM	7 (5)	12 (8)
Positive serum GM only	61 (45)	64 (45)
Positive BAL GM only	40 (30)	34 (24)
Proven IA, n (%)		
Histopathology with culture	1 (1)	0
Culture of tissue	2 (1)	0
Histopathology without culture	0	2 (1)

GM: galactomannan

(Marr et al, ECCMID, London, 2012)



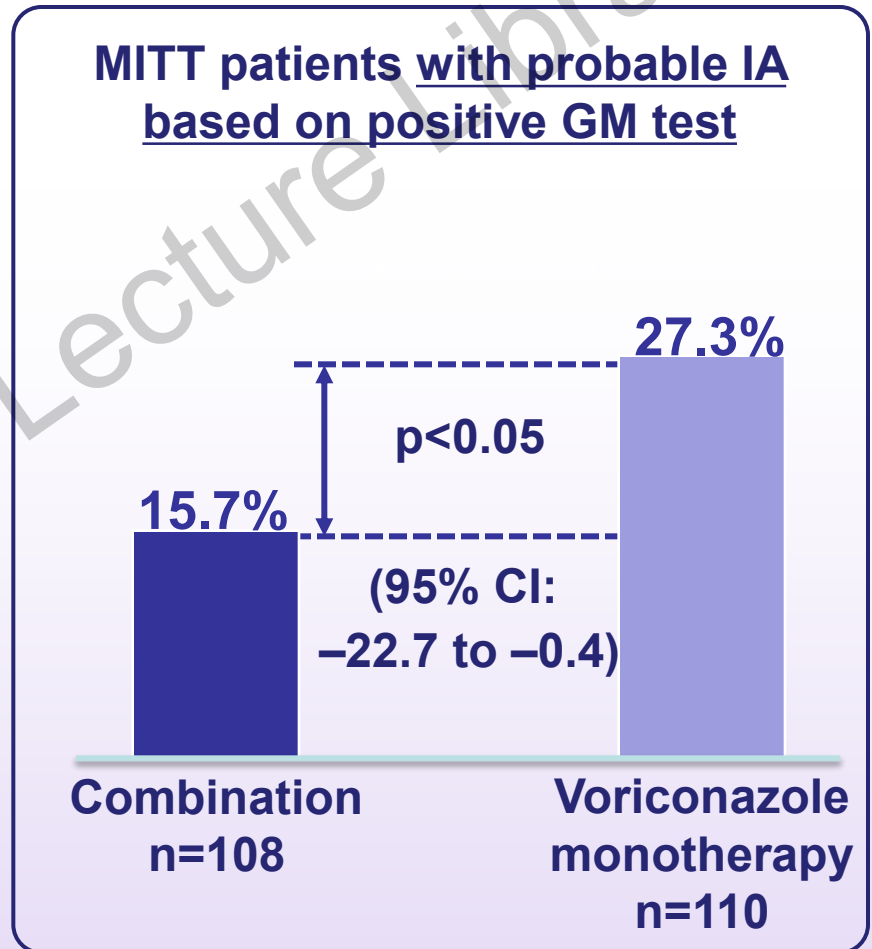
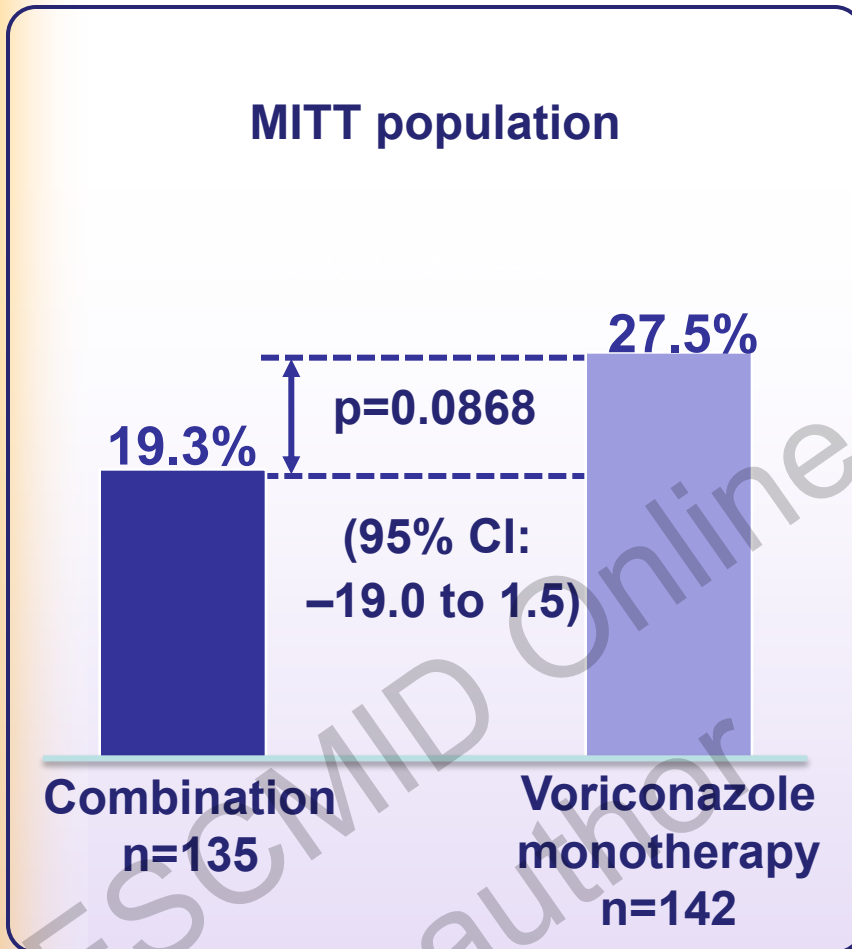
# Mortality at Week 6



p-value for mortality estimates adjusted for randomisation strata

(Marr et al, ECCMID, London, 2012)

# Mortality at Week 6



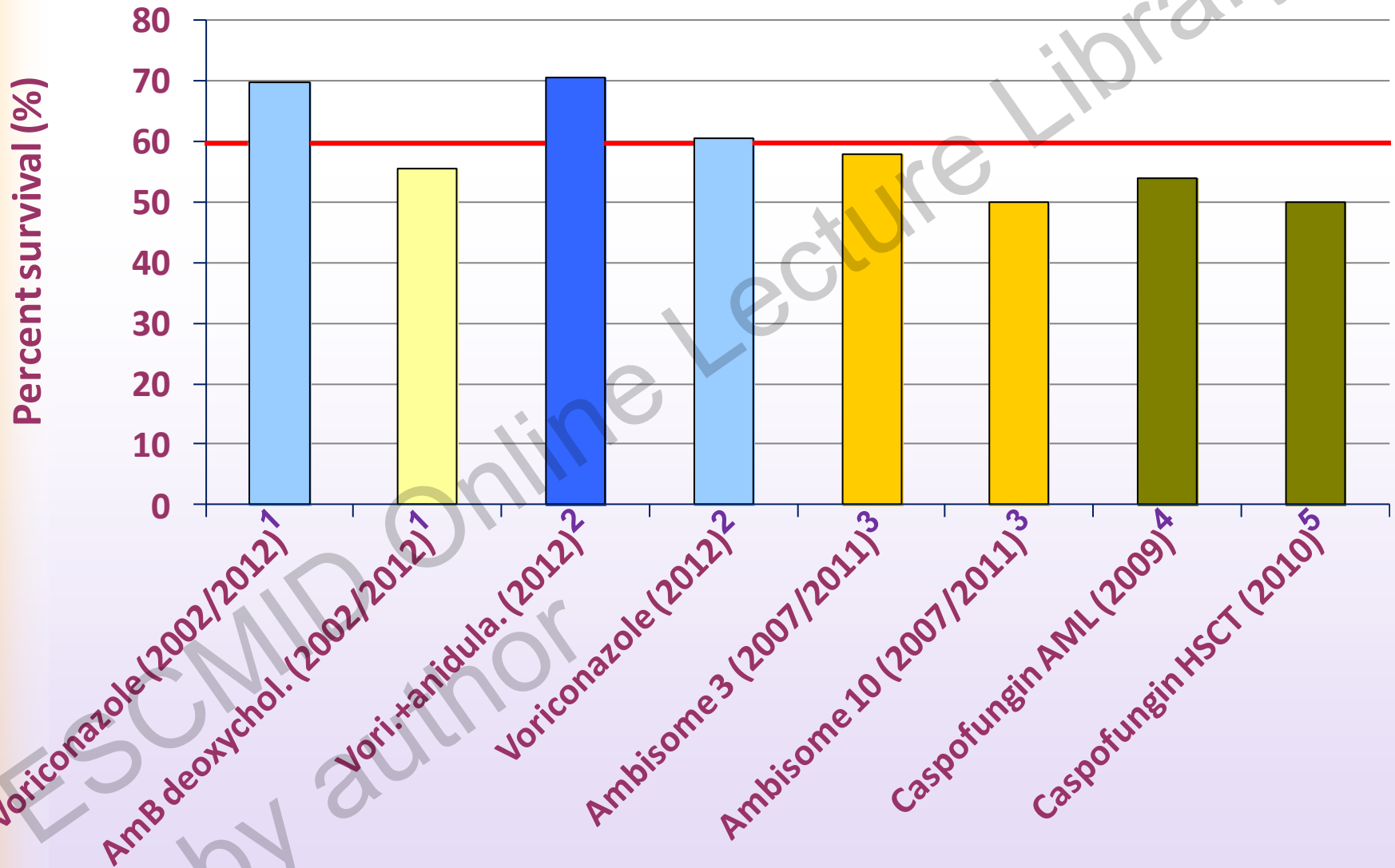
p-value for mortality estimates adjusted for randomisation strata

(Marr et al, ECCMID, London, 2012)

## Conclusions for the combination study

- Voriconazole plus anidulafungin resulted in a trend towards improved overall 6-week survival compared with voriconazole monotherapy in patients with proven or probable IA diagnosed after allo-HSCT or treatment of haematological malignancies
- In a subset of patients with antigen-diagnosed disease, overall 6-week survival was significantly improved with combination versus monotherapy

# Twelve week survival in probable / proven invasive aspergillosis according to EORTC 2008 criteria



(<sup>1</sup>Herbrecht et al, NEJM 2002 & ICAAC, 2012; <sup>2</sup>Marr et al, ECCMID 2012; <sup>3</sup>Cornely et al, CID 2007 & Mycoses 2011; <sup>4</sup>Viscoli et al JAC, 2009; <sup>5</sup>Herbrecht et al, BMT 2010)

# Invasive aspergillosis: First-line

Agent

Grade Comments

**Similar grading for combination  
in the ESCMID guidelines  
(Ullmann et al, ECCMID, Barcelona, 2014)**

Caspofungin

C II

Itraconazole

C III

ABCD

C I

**Combination voriconazole + anidulafungin**

C I<sup>1</sup>

**Other combinations**

C III

A: strong evidence

B: moderate evidence

C: poor evidence

to support a recommendation

## AGAINST THE USE

**Amphotericin B deoxycholate**

A I

<sup>1</sup> provisional

*In the absence of data in 1st line, posaconazole has not been graded*



# IDSA Guidelines 2008

## Primary Therapy of Invasive Aspergillosis

Products		Comments
<b>Voriconazole</b>	<b>Preferred therapy</b>	<b>Primary combination therapy is not routinely recommended based on lack of clinical data; addition of another agent for salvage therapy may be considered in individual patients</b>
<b>Liposomal amphotericin B</b>	<b>Alternative</b>	

*(Walsh et al., Clin Infect Dis, 2008)*

# Monotherapy or combination ?

- No convincing demonstration that combination is doing much better than monotherapy
- However, no suggestion of increased toxicity
- Major increase in costs
- Optimization of monotherapy is still another approach to explore
- New drugs
  - Isavuconazole ?
    - *Maertens et al, ECCMID 2014, abstract O230a; oral presentation: May 13, 13:30 Hall F*