

# The Good, the Bad and the Ugly: Fidaxomicin

**Martin Llewelyn**

Reader, Consultant  
Infectious Diseases

*m.j.llewelyn@bsms.ac.uk*



Brighton and Sussex  
University Hospitals



NHS Trust

# Disclosures

I have received consultancy and advisory fees, honoraria and expenses payments from Astellas Pharma and from Genentech.

# DIFICID™ (fidaxomicin), a first-in-class antibiotic, now approved in Canada to treat C. difficile, a serious and life-threatening infection

TORONTO, July 5, 2012 /CNW/ - Optimer Pharmaceuticals Canada, Inc. announced today the approval of DIFICID (fidaxomicin) by Health Canada for the treatment of *Clostridium difficile* infection (CDI) in patients 18 years of age and older. DIFICID was approved in Canada on a priority basis recognizing the critical need for new options to treat this

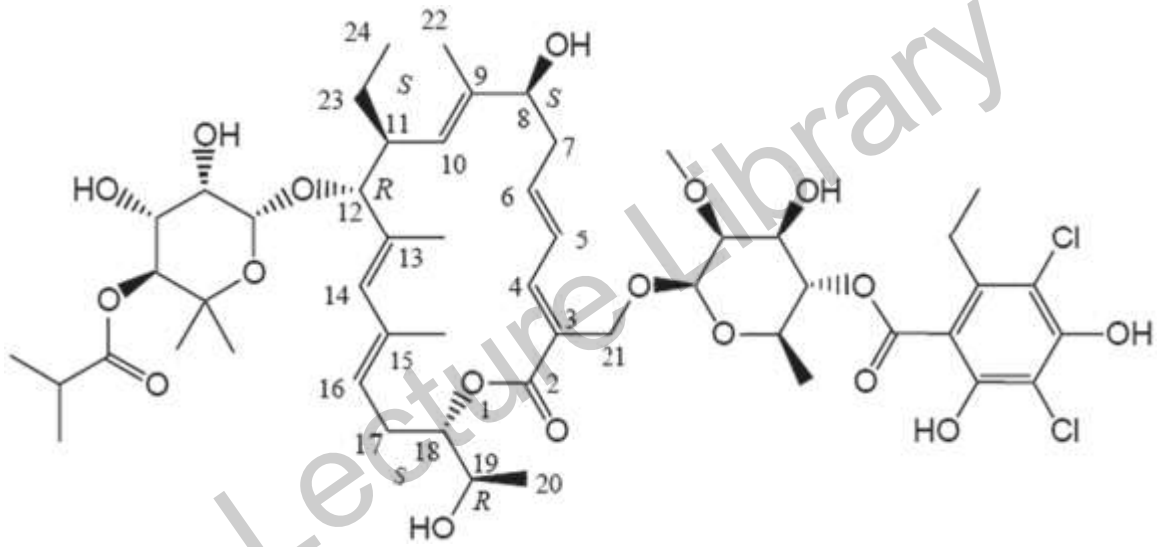


© by author

# Outline

- Mechanism of action
- Spectrum of activity and resistance
- Pharmacokinetic and Pharmacodynamic considerations
- Clinical trial data for efficacy
- Safety tolerability
- Place in practice

# Fidaxomicin - nature and mechanism of action



- Formerly tiacumicin B, Opt-80, PAR-101
- Macrocyclic actinobacterial<sup>1,2</sup> fermentation product
- Targets bacterial RNA polymerase
- Unique binding site involved in promoter recognition.
  - Narrow spectrum of activity
  - Absence of cross-resistance
  - Bactericidal activity
- Additional mechanisms of action
  - Inhibits sporulation
  - Inhibits spore outgrowth<sup>3</sup>
  - Inhibits toxin production<sup>4</sup>

1. Miller M. Expert Opin Pharmacother 2010;11:1569–78;  
2. Swanson RN, et al. Antimicrobial Agents Chemother 1991;35:1108–11;  
3. Allen CA et al Antimicrob Agents Chemother 2013;57:664–67.  
4. Babakhani F et al J Antimicrob Chemother 2014;68:515–22.

# Spectrum of activity

- A narrow-spectrum antibiotic
  - Most potent suppression of Clostridial RNA polymerases
  - Moderate to good activity against Staphylococci and enterococci
    - Including MRSA and VRE
  - No activity against Gram-negative organisms or yeasts
- Less impact on the faecal flora than vancomycin and metronidazole
  - c/w vancomycin in terms of suppressing bacteroides<sup>1</sup>
  - c/w vancomycin and metronidazole in terms of selecting for VRE<sup>2</sup>

1. Louie TJ et al. Antimicrobial Agents Chemother 2009;53:261-63;

2. Nerandzic MM, et al. Clin Infect Dis. 2012; Suppl 2:S121-6.

## *C. difficile* susceptibility

- Clinical breakpoints not established.
- MIC<sub>90</sub> of clinical isolates typically 0.125-0.5ug/ml (range <0.001 – 1ug/ml)<sup>1,2</sup>.
- Susceptibility consistent across different NAP/REA/Ribotypes
  - 1 dilution higher MIC<sub>90</sub> for NAP1/BI/027 strains in phase III trials<sup>3</sup>.
- Faecal concentrations ~100-1000x higher<sup>3</sup>.
- No evidence for effect of MIC on treatment response.

1. Hecht et al. Antimicrob Agents Chemother 2007;51:2716–19;

2. Karlowky et al. Antimicrob Agents Chemother 2008;52:4163–5

3. Louie et al. N Engl J Med 2011;364:422–31.

## *C. difficile* resistance

- Very low propensity to resistance development<sup>1</sup>
- Mutational resistance rates  $\sim 10^{-9}$
- May be selected out *in vitro*<sup>2</sup>
- Fidaxomicin resistant isolates of *C. difficile* have not been identified from clinical specimens
- Single isolate MIC of 16ug/ml in a patient experiencing recurrence in phase III trials<sup>2</sup>.

1. Swanson et al. Antimicrob Agents Chemother 1991;35:1108–11

2. Babakhan F et al ECCMID 2012 Development of resistance in *C. difficile* with fidaxomicin, vancomycin, and rifaximin

2. Goldstein EJ et al Antimicrob Agent Chemother 2011;55:5194-99



# Fidaxomicin – pharmacokinetics

- Negligible systemic absorption<sup>1</sup>
  - Plasma levels often below quantifiable limits
  - Mean plasma level 23 ng/ml during treatment of *C. difficile* infection<sup>2</sup>.
  - No evidence of accumulation
- Intestinal hydrolysis to active metabolite OP-1118
- Eliminated completely in faeces
- Very little data on systemic elimination
  - No dose reductions required based on age, gender, renal or hepatic dysfunction.
  - Manufacturer advises avoid in severe renal / liver disease, pregnancy and breast-feeding.

1. Shue YK, et al. Antimicrob Agents Chemother 2008;52:1391–5;

2. Louie et al. N Engl J Med 2011;364:422–31

# Fidaxomicin – pharmacodynamics

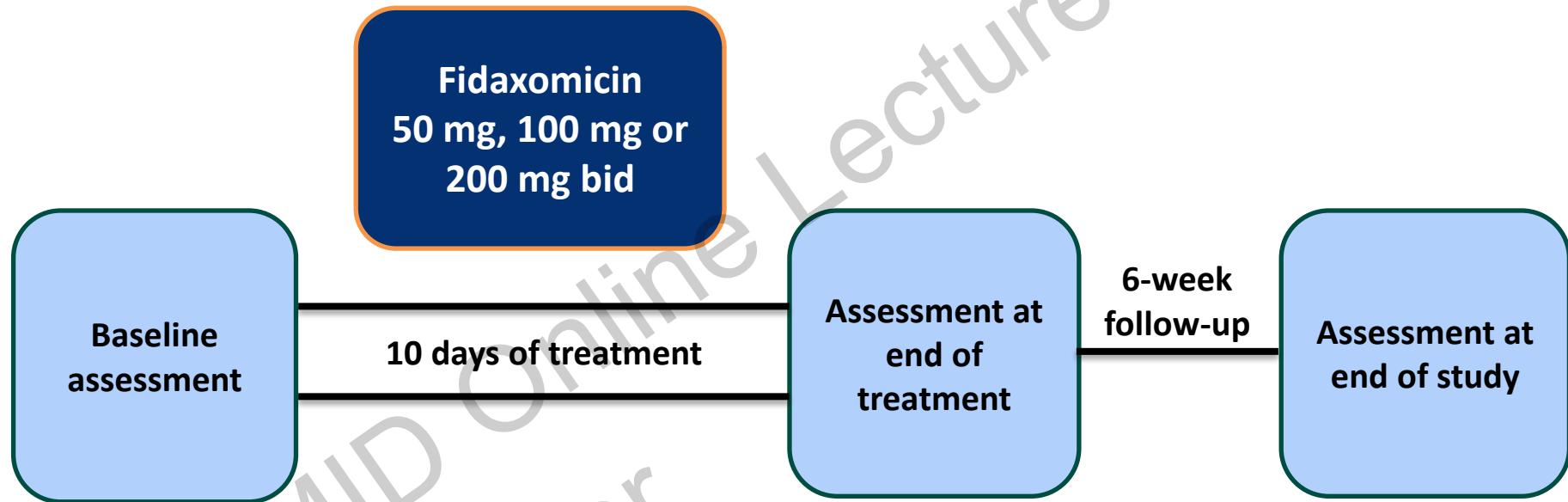
- Substrate of P-glycoprotein efflux systems in the GI tract<sup>1,2</sup>
  - Potential for increased absorption of fidaxomicin with inhibitors such as ciclosporin, azoles, macrolides.
  - Potential for reduced elimination of digoxin
  - Co-administration studies suggest effects are not clinically significant
- No apparent interactions with cytochrome P450 isoenzymes.

1. Shue YK, et al.. *Antimicrob Agents Chemother.* 2008;52:1391–1395.

2. European Medicines Agency, European Public Assessment Report for Fidaxomicin, 19 Dec 2011.

## Clinical Outcomes, Safety, and Pharmacokinetics of OPT-80 in a Phase 2 Trial with Patients with *Clostridium difficile* Infection<sup>†</sup>

T. Louie,<sup>1\*</sup> M. Miller,<sup>2</sup> C. Donskey,<sup>3</sup> K. Mullane,<sup>4</sup> and E. J. C. Goldstein<sup>5</sup>



Inclusion criteria:  
Proven CDI  
First episode or first recurrence

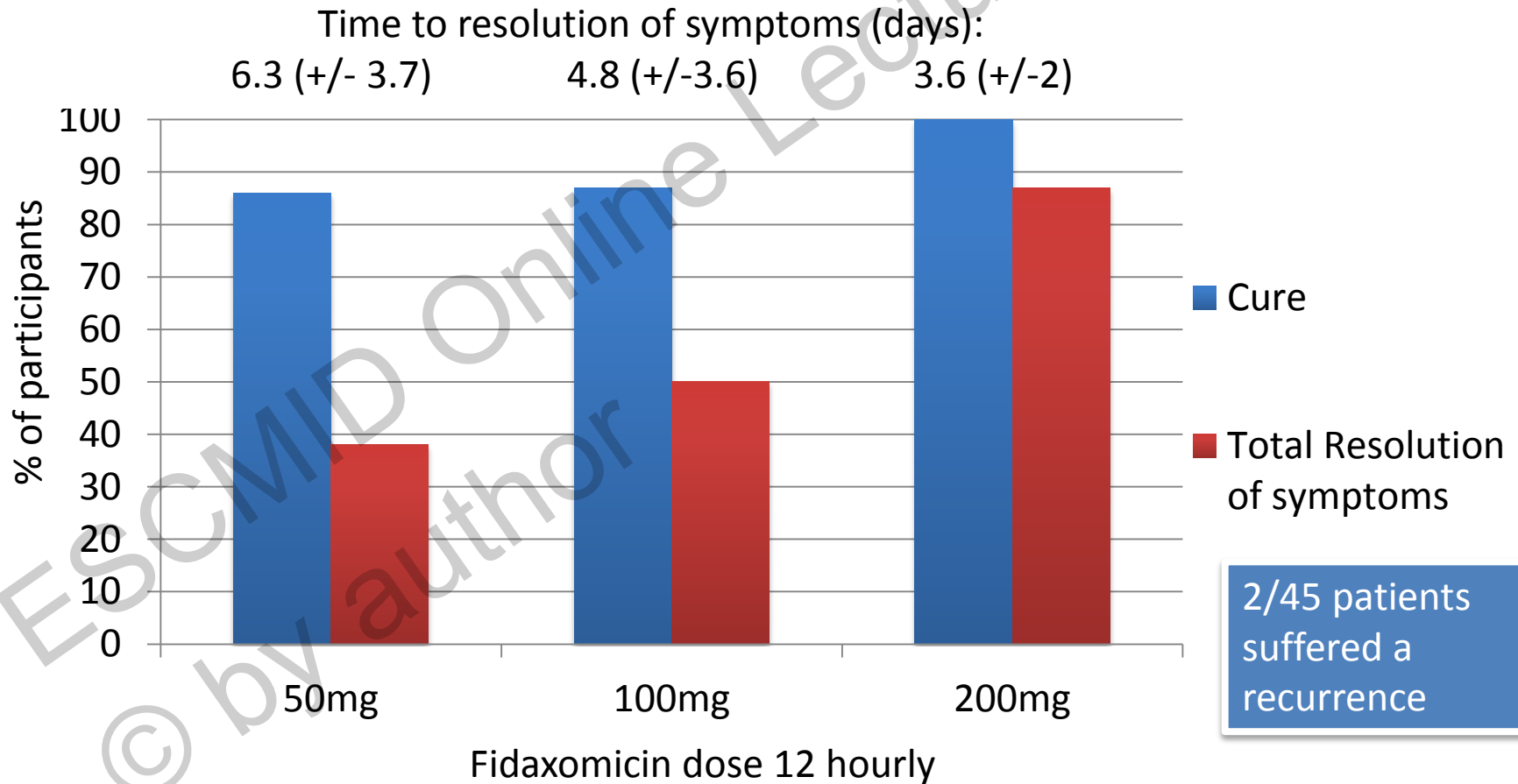
Exclusion criteria:  
Severe or life-threatening disease  
Concomitant antibiotics

Primary outcome measures  
Clinical cure or failure  
Time to resolution of diarrhoea  
Total relief of symptoms of CDI  
Secondary outcome measure  
Recurrence

## Clinical Outcomes, Safety, and Pharmacokinetics of OPT-80 in a Phase 2 Trial with Patients with *Clostridium difficile* Infection<sup>v</sup>

T. Louie,<sup>1\*</sup> M. Miller,<sup>2</sup> C. Donskey,<sup>3</sup> K. Mullane,<sup>4</sup> and E. J. C. Goldstein<sup>5</sup>

**49 patients enrolled; 45 patients evaluated**



## Fidaxomicin versus Vancomycin for *Clostridium difficile* Infection

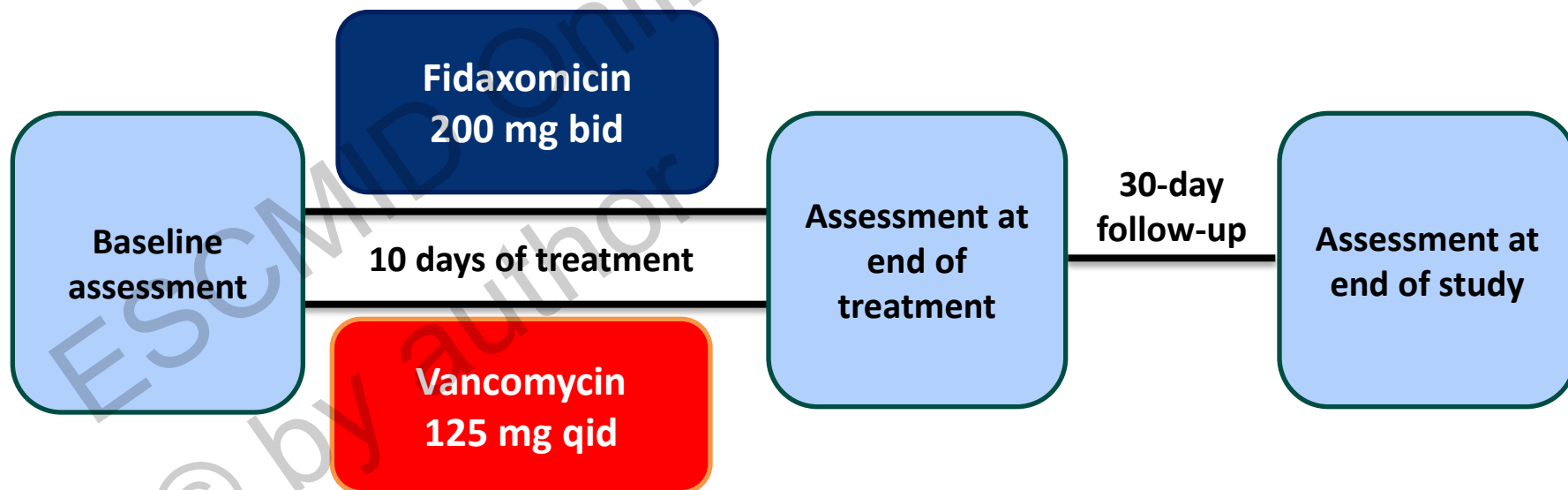
Thomas J. Louie, M.D., Mark A. Miller, M.D., Kathleen M. Mullane, D.O.,  
Karl Weiss, M.D., Arnold Lentnek, M.D., Yoav Golan, M.D.,  
Sherwood Gorbach, M.D., Pamela Sears, Ph.D., and Youe-Kong Shue, Ph.D.,  
for the OPT-80-003 Clinical Study Group\*

**Fidaxomicin versus vancomycin for infection with  
*Clostridium difficile* in Europe, Canada, and the USA:  
a double-blind, non-inferiority, randomised controlled trial**

Oliver A Cornely, Derrick W Crook, Roberto Esposito, André Poirier, Michael S Somero, Karl Weiss, Pamela Sears, Sherwood Gorbach, for the  
OPT-80-004 Clinical Study Group

# Phase III clinical trials of fidaxomicin

	Size and setting	Comparison	Primary endpoint	Secondary endpoints
OPT-80-003 Louie TJ NEJM 2011 <sup>1</sup>	n=629 in North America	Fidaxomicin 200 mg bid vs vancomycin 125 mg qid	Clinical cure (resolution of diarrhoea) at end of treatment	<ol style="list-style-type: none"> <li>1. Recurrence at 30 days</li> <li>2. Time to resolution of diarrhoea</li> <li>3. Sustained response 'global cure' at 30 days</li> </ol>
OPT-80-004 Cornely OA Lancet Infect Dis 2012 <sup>2</sup>	n=535 in Europe and North America			



1. Louie TJ, et al. NEJM 2011;364:422–31;

2. Cornely OA, et al. Lancet Infect Dis. 2012 Apr;12(4):281-9.

# Phase III clinical trials of fidaxomicin

## Inclusion criteria

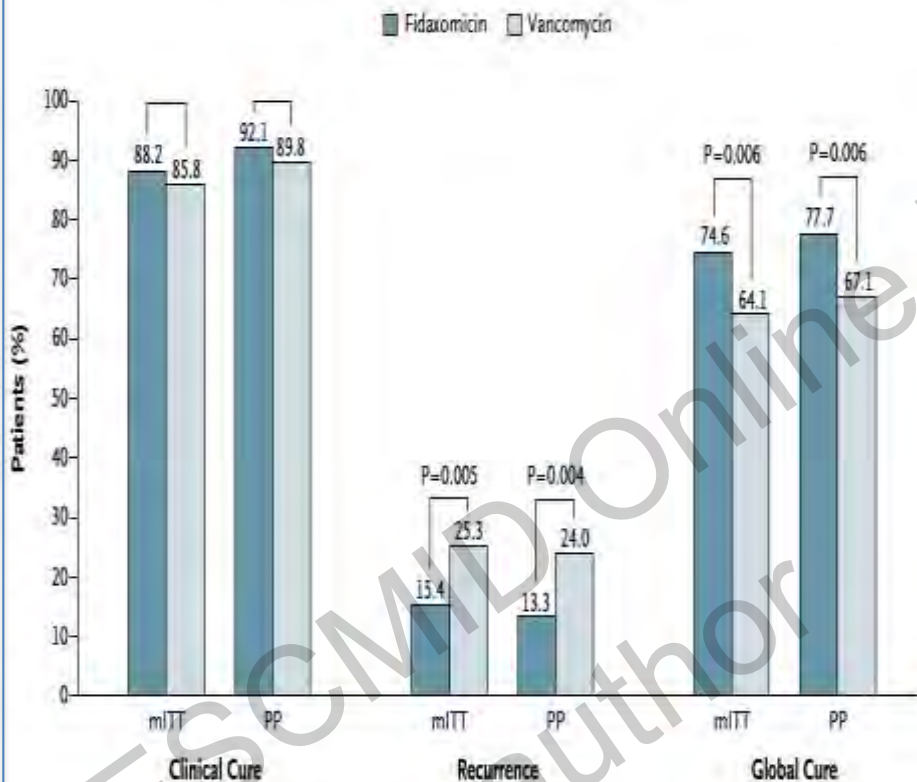
- Confirmed diagnosis of *C. difficile* infection
- First episode or first recurrence

## Exclusion criteria

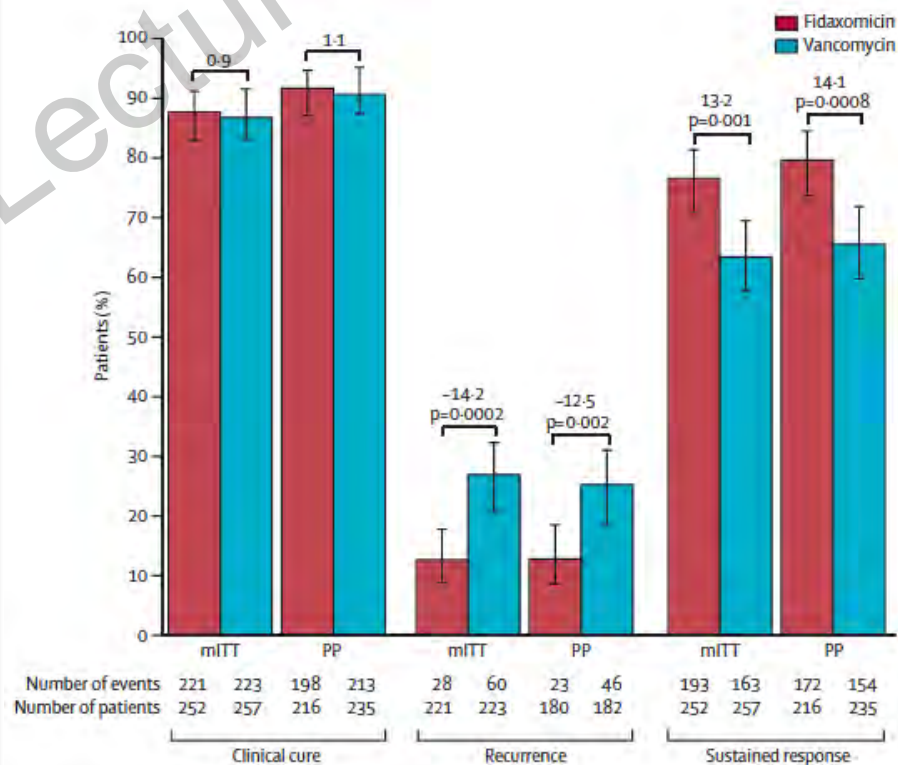
- Life-threatening or fulminant disease
- Toxic megacolon
- >1 previous episode of *C. difficile* infection in last 3 months
- Inflammatory bowel disease

# Phase III clinical trials of fidaxomicin

OPT-80-003



OPT-80-004



1. Louie TJ, et al. NEJM 2011;364:422-31;
2. Cornely OA, et al. Lancet Infect Dis. 2012 Apr;12(4):281-9.



# Safety and tolerability

	Fidaxomicin (%)	Vancomycin (%)	p
<b>Any adverse event</b>	<b>62.3</b>	<b>60.4</b>	<b>0.62</b>
Abdominal pain	3.0	2.2	0.62
<b>Chills</b>	<b>0.3</b>	<b>2.5</b>	<b>0.004</b>
Diarrhoea	3.0	3.7	0.66
Dizziness	4.0	1.2	0.04
Nausea	10.3	8.7	0.40
Vomiting	6.0	4.3	0.50
Pneumonia	2	1.5	0.79
Rash	3	0.6	0.003
Urinary Tract Infection	4	3.7	1.00
<b>Any serious adverse event</b>	<b>25.0</b>	<b>24.1</b>	<b>0.85</b>
<b>Laboratory abnormalities</b>	<b>4.7</b>	<b>1.2</b>	<b>0.015</b>
Anaphylaxis	0.3	0	0.48

# Hypersensitivity Reactions Associated With Fidaxomicin Use

**Dmitri E. Larikov, John Alexander, and Sumathi Nambiar**

Division of Anti-Infective Products, Food and Drug Administration, Silver Spring,  
Maryland

**Clinical Infectious Diseases** 2014;58(4):537–9

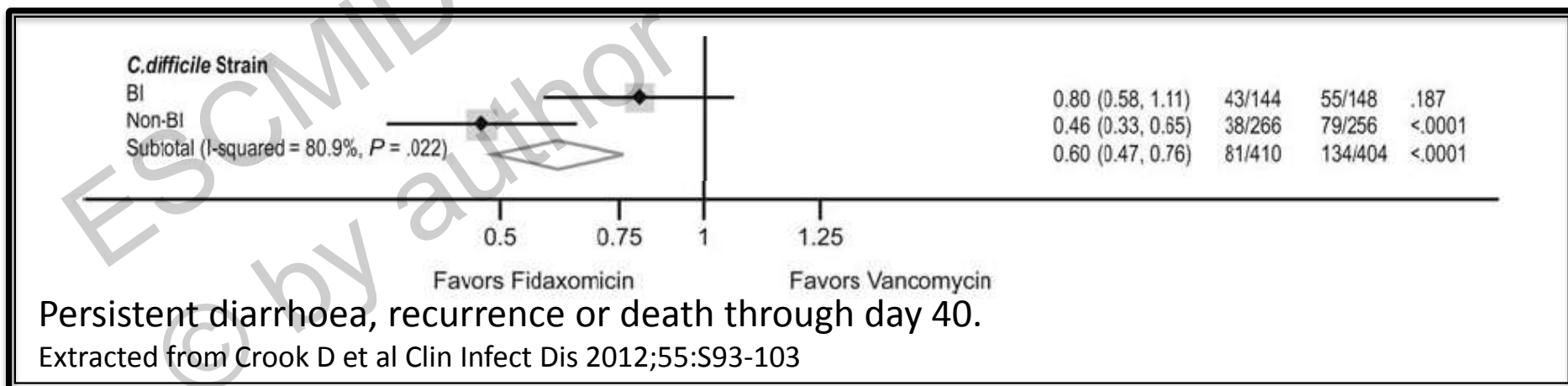
- 12 cases of hypersensitivity reactions identified in post marketing reports
- 6 involved facial / tongue swelling, 4 diffuse rash
- 3 patients with previous macrolide allergies
- Labelling revised in 2013 to advise caution in patients with history of macrolide allergy.
- Systemic reactions to oral vancomycin as also been reported<sup>2</sup>.

1. Larikov DE et al Clin Infect Dis 2014;58:537-9

2. Bosse D et al Infection 2013; 41:579-82.

# Impact of strain type (NAP1/BI/027)

	NA Trial (OPT-80-003)		NA and EU Trial (OPT-80-004)	
	Fidaxomicin	Vancomycin	Fidaxomicin	Vancomycin
<b>Clinical cure</b>				
027	59/75 (79%)	67/83 (80%)	54/65 (83%)	50/60 (83%)
Non-027	117/125 (94%)	121/132 (92%)	120/131 (92%)	106/121 (88%)
<b>Recurrence</b>				
027	16/59 (27%)	14/67 (21%)	12/54 (22%)	19/50 (38%)
Non-027	12/117 (10%)	34/121 (28%)	11/120 (9.2%)	29/106 (27%)



# Impact of concomitant antibiotics during treatment of *C. difficile* infection

Efficacy of fidaxomicin vs vancomycin as therapy for *Clostridium difficile* infection in individuals taking concomitant antibiotics for other infections, Mullane KM, et al. Clin Infect Dis 2011; N = 1,142

	No CA	CA	Significance
<b>Clinical cure</b>			
All	<b>92.6%</b>	<b>84.4%</b>	<b>&lt;0.01</b>
<b>Recurrence rate</b>			
All	17.6%	23.2%	0.08

# What about patients who continue concomitant antibiotics during CDI treatment?

Efficacy of fidaxomicin vs vancomycin as therapy for *Clostridium difficile* infection in individuals taking concomitant antibiotics for other infections, Mullane KM Clin Infect Dis 2011 N = 1,164

	No CA		CA	Significance
<b>Clinical cure</b>				
All	92.6%		84.4%	<0.01
Vancomycin	92.8%	NS	79.4%	P=0.04
Fidaxomicin	92.3%		90.0%	
<b>Recurrence rate</b>				
All	17.6%		23.2%	0.08
Vancomycin	23.1%	P<0.01	29.2%	P=0.05
Fidaxomicin	11.0%		16.9%	

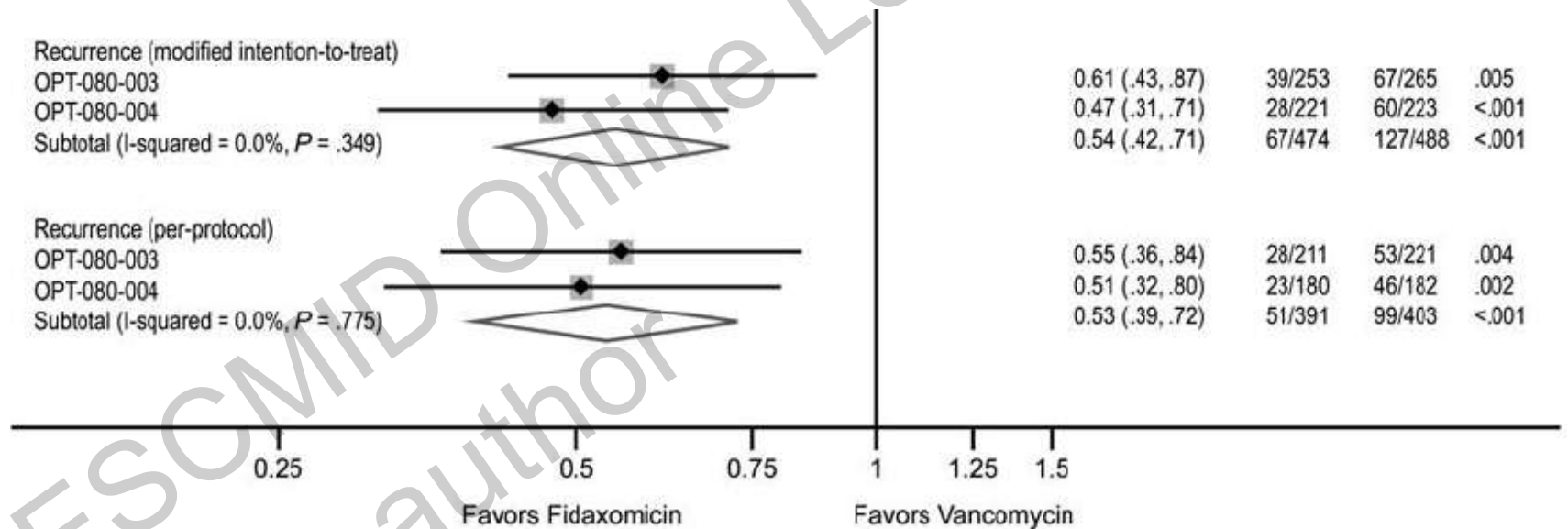
# Fidaxomicin and *C. difficile* recurrence

Is it worth (quite) a few dollars (or Euros) more...?



# Fidaxomicin and recurrence

- Halving of recurrence risk with fidaxomicin
- Huge potential cost-benefit implications





# Reported recurrence rates with metronidazole and vancomycin therapy

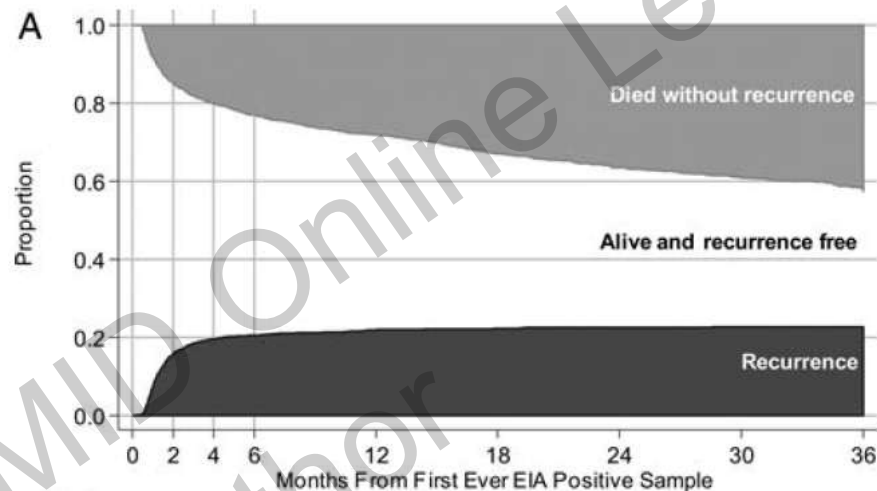
Studies	Treatment failures [n/total (%)]	Recurrences [n/total (%)]	Duration of follow up (days)	Percentage failure plus recurrence
<b>Metronidazole</b>				
Cherry et al, 1982 <sup>59</sup>	0/13	2/13 (15%)	30	15%
Teasley et al, 1983 <sup>47</sup>	2/42 (5%)	2/39 (5%)	21	10%
Olson et al, 1994 <sup>4</sup>	14/632 (2%)	39/632 (6%)	30	8%
Wenisch et al, 1996 <sup>60</sup>	2/31 (6%)	5/31 (16%)	30	22%
Kyne et al, 2001 <sup>5</sup>	..	22/44 (50%)	60	..
Fernandez et al, 2004 <sup>61</sup>	38/99 (38%)	..	..	..
Musher et al, 2005 <sup>8</sup>	46/207 (22%)	58/207 (28%)	90	50%
Pepin et al, 2005 <sup>9</sup>	178/1123 (16%)	243/845 (29%)	60	45%
<b>Vancomycin</b>				
Bartlett et al, 1980 <sup>62</sup>	3/79 (4%)	11/79 (14%)	30	18%
Silva et al, 1981 <sup>53</sup>	0/16	2/16 (13%)	42	13%
Teasley et al, 1983 <sup>47</sup>	0/52	6/51 (12%)	21	12%
Bartlett, 1984 <sup>68</sup>	6/189 (3%)	46/189 (24%)	25	27%
Young et al, 1985 <sup>56</sup>	8/42 (19%)	11/30 (37%)	30	56%
Dudley et al, 1986 <sup>57</sup>	0/15	3/15 (20%)	60	20%
de Lalla et al, 1989 <sup>63</sup>	2/25 (8%)	3/25 (12%)	30	20%
Fekety et al, 1989 <sup>58</sup>	0/46	9/46 (20%)	42	20%
de Lalla et al, 1992 <sup>58</sup>	0/20	4/20 (20%)	30	20%
Olson et al, 1994 <sup>4</sup>	1/122 (1%)	12/122 (10%)	30	11%
Wenisch et al, 1996 <sup>60</sup>	2/31 (6%)	5/31 (16%)	30	22%
Pepin et al, 2005 <sup>9</sup>	..	31/112 (28%)	60	..
<b>Metronidazole and vancomycin</b>				
McFarland et al, 1994 <sup>64</sup>	8/33 (24%)	8/33 (24%)	60	48%
Nair et al, 1998 <sup>19</sup>	9/36 (25%)	7/36 (19%)	90	44%
Noren et al, 2004 <sup>65</sup>	..	68/267 (25%)	60	..

Table: Studies of antibiotic treatment in CDAD: treatment failure and recurrences



# How often and when do recurrences occur?

- Eyre et al 2012<sup>1</sup>
  - 1191 adult inpatients completing CDI treatment
  - 22% recurrence



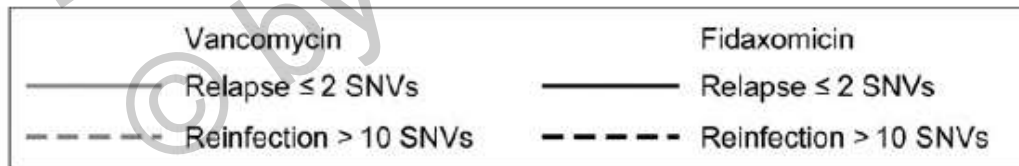
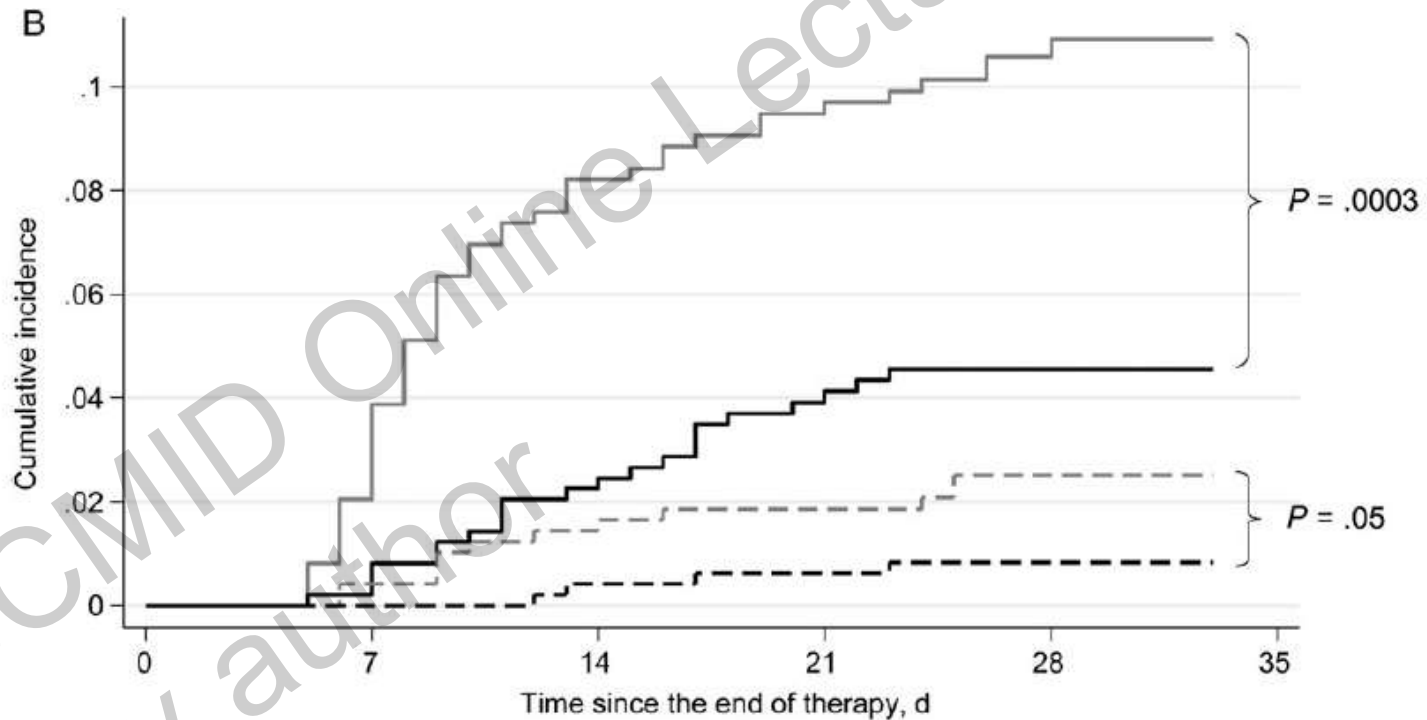
- Islam et al 2014<sup>2</sup>
  - 312 adult inpatients completing CDI treatment
  - 10.3% recurrence at 28 days after completing treatment

1. Eyre DW et al Clin Infect Dis. 2012; 55 Suppl 2:S77-87

2. Islam J et al J Hosp Infect. 2013 Sep;85(1):17-21

# Recurrence, relapse or reinfection

- 16-50% of symptomatic recurrences are in fact re-infections<sup>1</sup>.
- Recurrence rates may fall as rates of infection and transmission decline



1. Figueroa I et al Clin Infect Dis 2012;55:S104-9  
2. Eyre DW et al J Infect Dis 2014;209:1446-517.

# Economic issues

Drug	Cost (standard 10 day oral course)	
Metronidazole	£100	€120
Vancomycin injection (given orally)	£100	€120
Vancomycin capsules	£300	€360
Fidaxomicin	£1350	€1650



# Economic analysis

- Several attempts at economic analysis with conflicting results
  - Limited by lack of good data on resource use and quality of life impacts related to recurrent *C. difficile* infection
  - Highlight sensitivity of models to<sup>1,2</sup>:
    - Prevalence of NAP1/BI/027 strains: need for strain typing? Need for better strain-specific data?
    - Local re-infection and relapse rates
    - Prevalence of risk factors for recurrent disease<sup>3,4</sup>
      - Age, severity of illness, concomitant antibiotics
      - E.g. ATLAS score<sup>4</sup>
    - Healthcare systems factors
      - Ability to realize cost savings or opportunity benefits
- No prospective studies establishing or implementing stratification approach to fidaxomicin treatment

1. Stranges Pm et al Value Health 2013;16:297-304
2. Bartsch SM et al Clin Infect Dis 2013; 57:555-61.
3. Eyre DW et al Clin Infect Dis 2012;55:S77-87.
4. Miller MA et al. BMC Infect Dis 2013 ;13:148

## European Society of Clinical Microbiology and Infectious Diseases: update of the treatment guidance document for *Clostridium difficile* infection

S. B. Debast<sup>1</sup>, M. P. Bauer<sup>2</sup>, E. J. Kuijper<sup>3</sup>, on behalf of the Committee\*

1) Department of Medical Microbiology, Radboud University Medical Center, Nijmegen, Departments of 2) Infectious Diseases and 3) Medical Microbiology, Centre for Infectious Diseases, Leiden University Medical Centre, Leiden, the Netherlands

### Summary of recommendations from ESCMID for oral treatment of *C. difficile* Infection. Strength of recommendation A-E and Strength of evidence I-III)

Indication	Recommendation
First episode, non-severe	Metronidazole (A-I) Vancomycin (B-I) Fidaxomicin (B-1)
First episode, Severe	Vancomycin (A-I) Fidaxomicin (B-I) – no evidence supporting use in life-threatening disease
First recurrence (or risk of) recurrent infection	Fidaxomicin (B-I) Vancomycin (B-I) Metronidazole (C-1)
Multiple Recurrent infection	Fidaxomicin (B-II)* Vancomycin (B-II) (then pulse or taper)*

\*faecal transplantation probably preferable to either approach

# In conclusion

- Fidaxomicin is a potent, reliable and specific treatment for *C. difficile* infection
- Two well conducted clinical trials demonstrate it is a safe and effective treatment for *C. difficile* infection
  - Equivalent to vancomycin for early cure
  - Superior to vancomycin for recurrence and sustained cure
- Cost-effectiveness remains to be established
  - Likely to be determined by local patient, treatment and healthcare system factors
- Future studies need to establish costs of recurrent *C. difficile* infection more accurately and evaluate risk stratification of patients.

ESCMID Online Lecture Library  
© by author