

Optimising therapy to minimise emergence of resistance

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Emergence of resistance

Dosing regimens

Drug exposure

Duration of drug exposure

Bacterial load

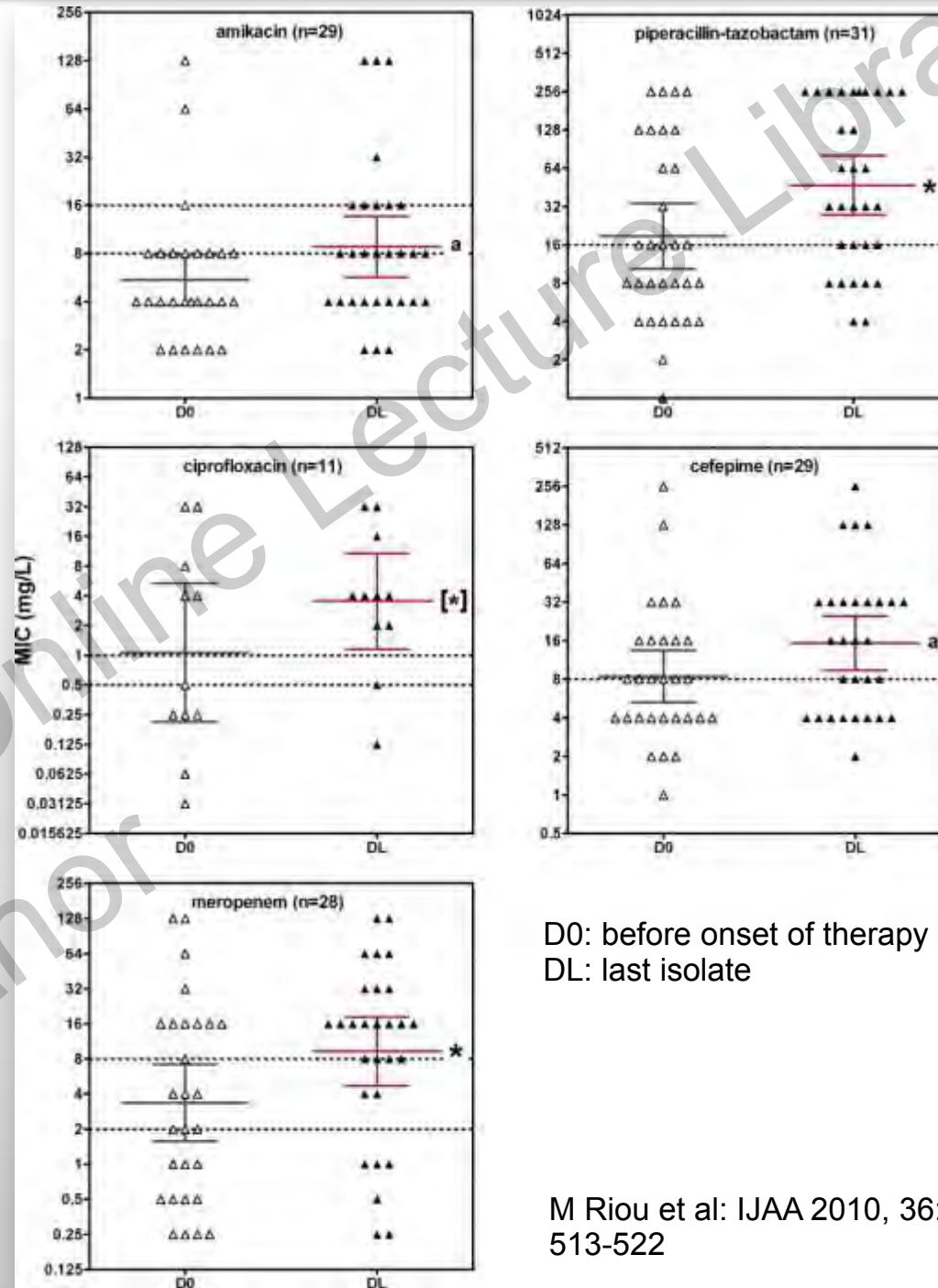
Species Fitness

Drug

Host

Emergence of resistance

Pseudomonas HAP/VAP inf
Standard dosages in ICU



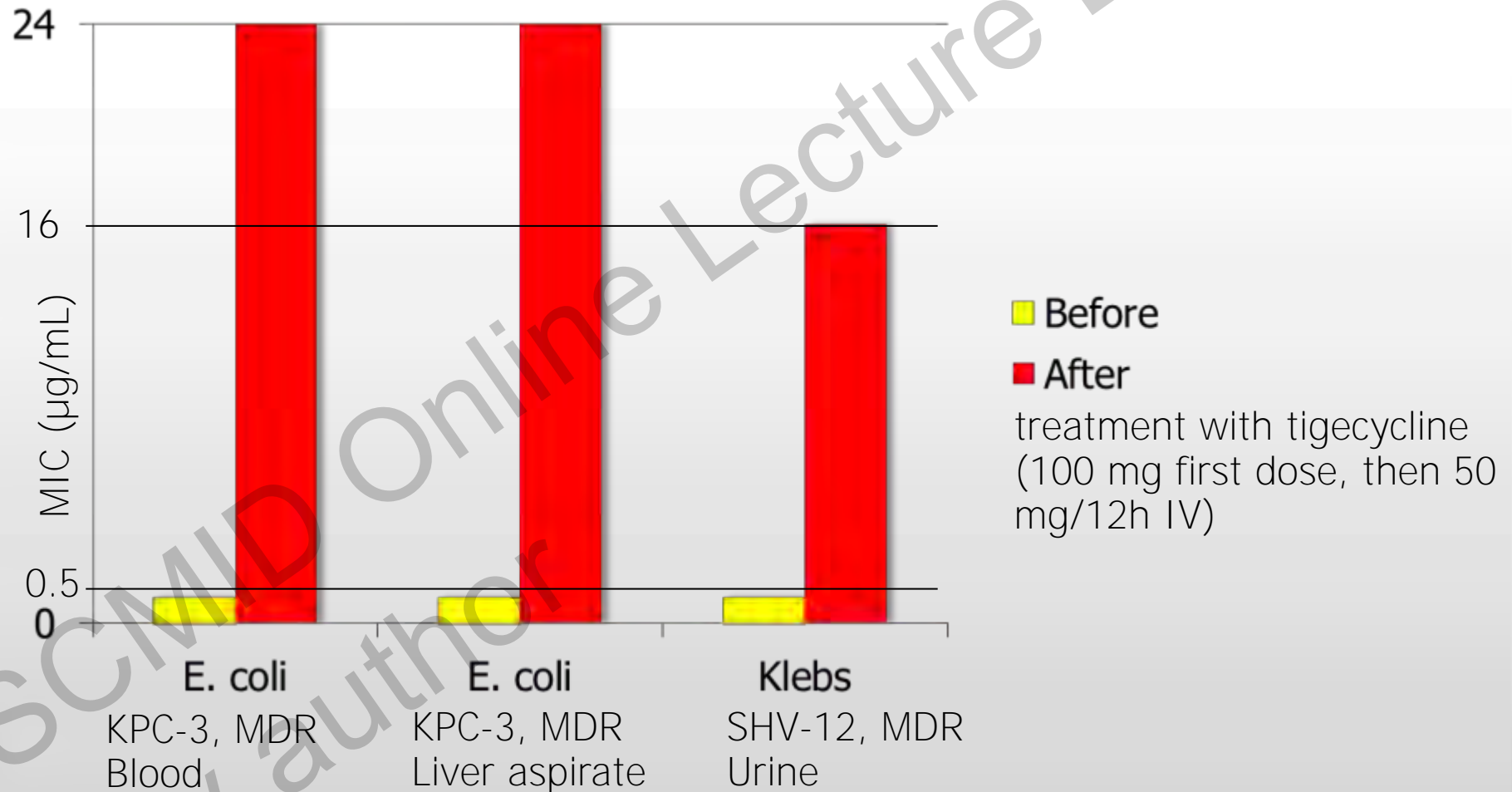
D0: before onset of therapy
DL: last isolate

M Riou et al: IJAA 2010, 36:
513-522

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Emergence of Tigecycline Resistance

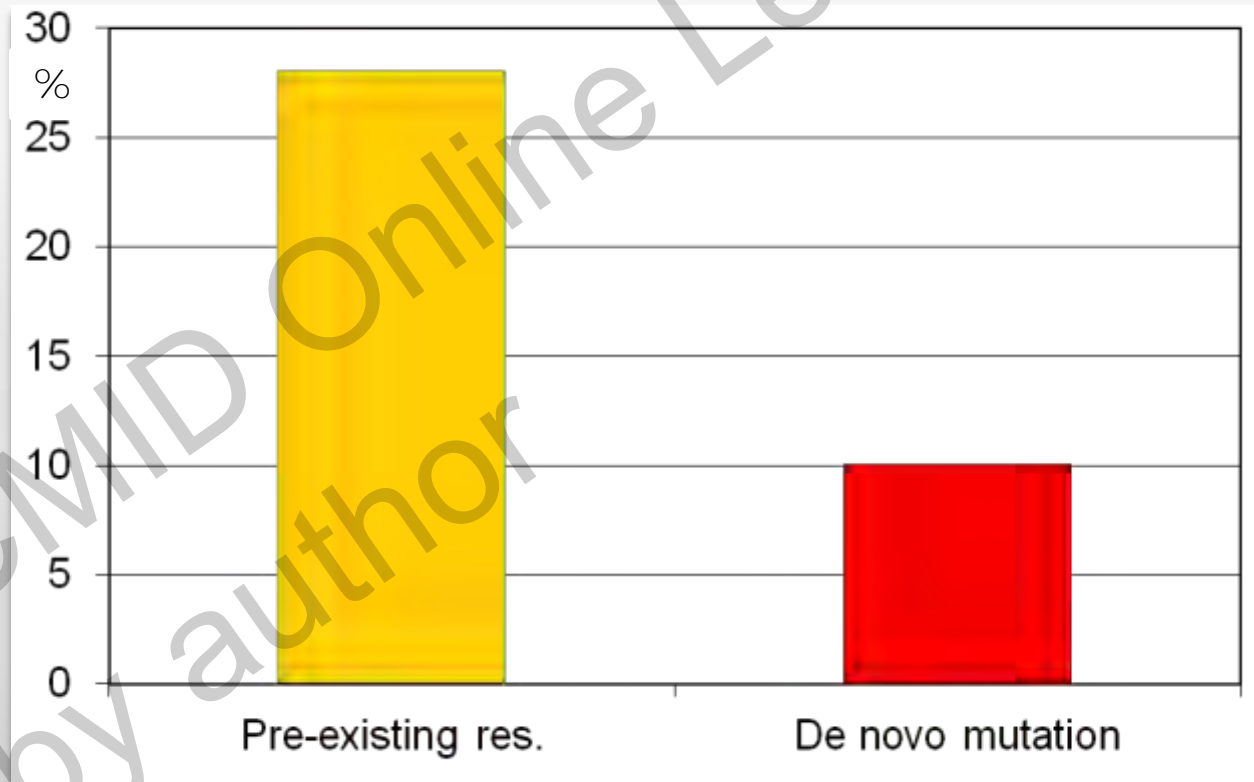
Clinical Emergence of Tigecycline Resistance in MDR *K. pneumoniae* and *E. coli*



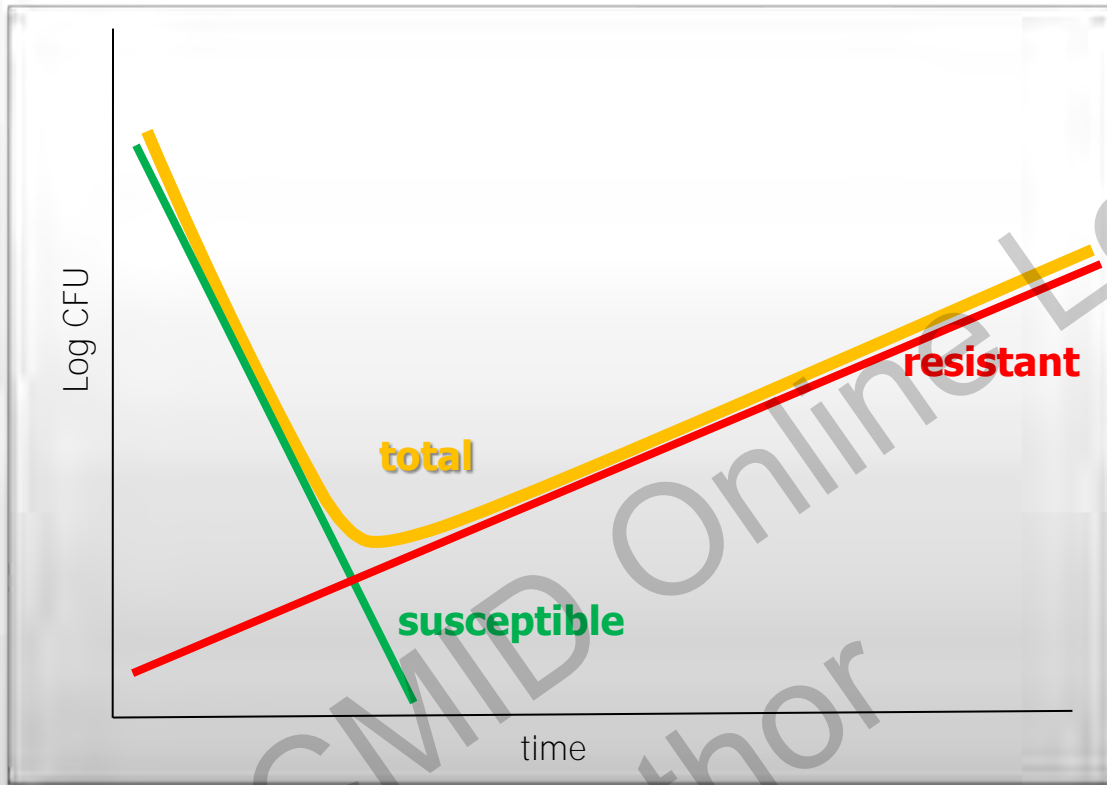
Emergence of resistance

- Selection of
 - Pre-existing bacterial cells with reduced susceptibility
 - Bacterial cells with de novo mutations

Isolation of ciprofloxacin-resistant *E. coli* in hematological patients with ciprofloxacin prophylaxis (500 mg twice daily oral)



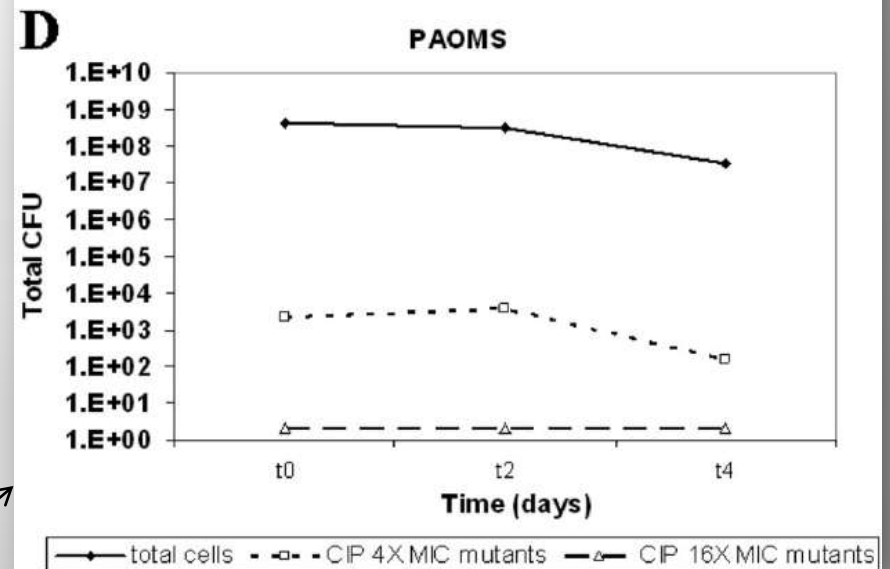
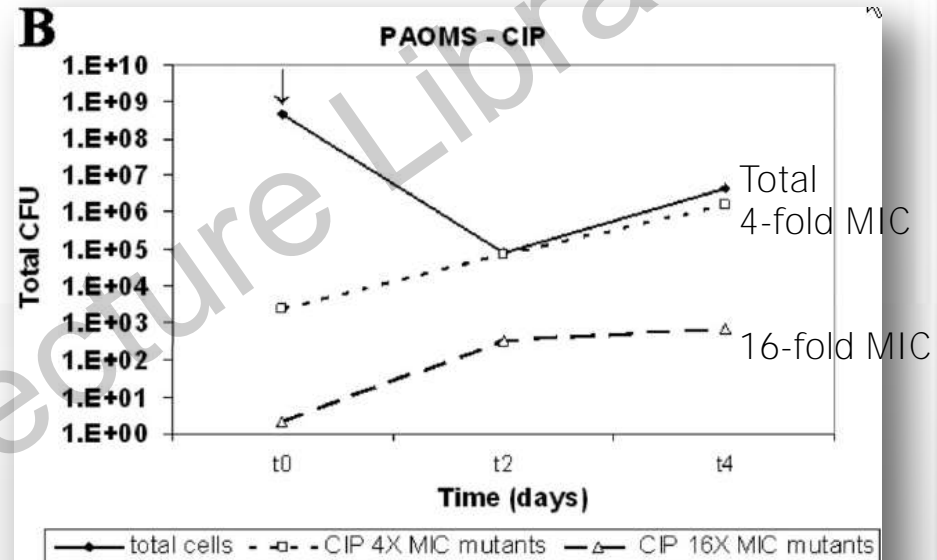
Bacterial population analysis



G. Drusano: Nat Rev Microbiol 2004; 2:289-300

Control

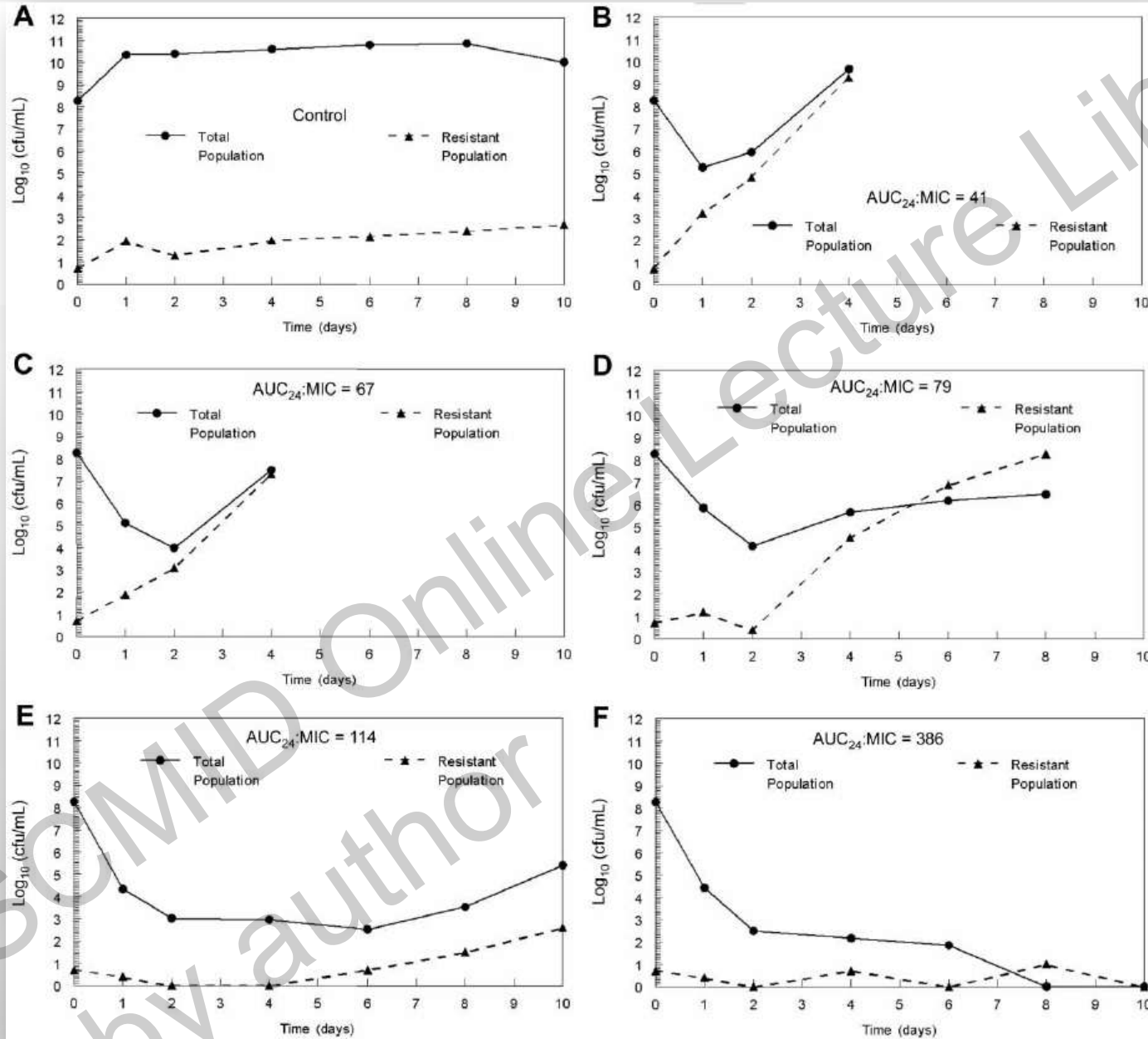
2 µg Ciprofloxacin - Pseudomonas



Macià M D et al. AAC 2011;55:5230-5237

Exposure – resistance relationship

Garenoxacin
S. aureus
In vitro model



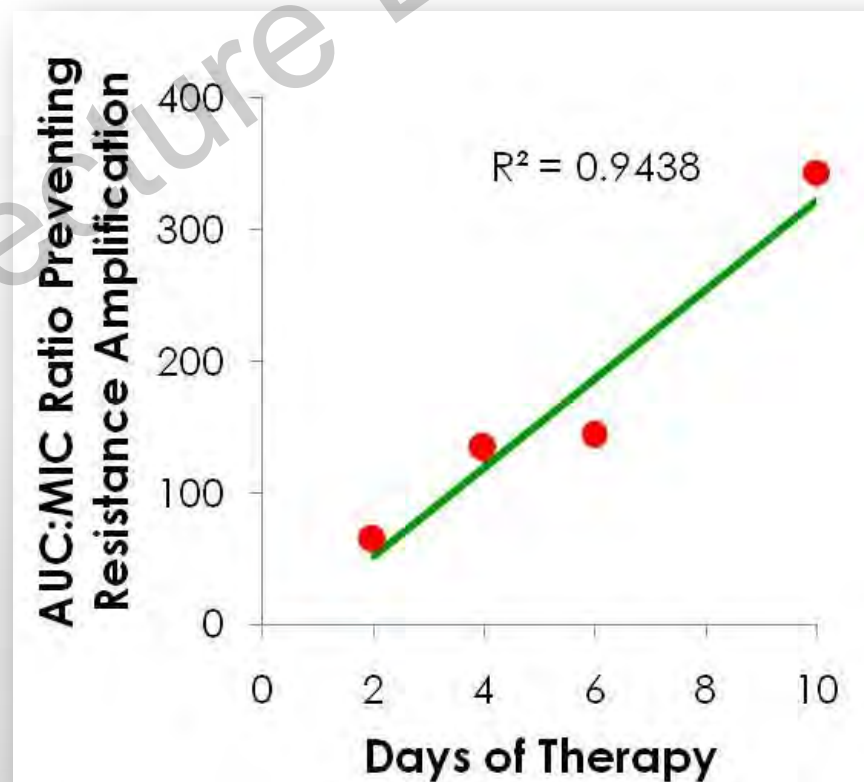
Duration of therapy !

Resistance Development – Treatment Duration

Staph. aureus - Garenoxacin
 $fAUC/MIC$ 100

4 doses: susceptible population dominant, resistant subpopulation amplifying

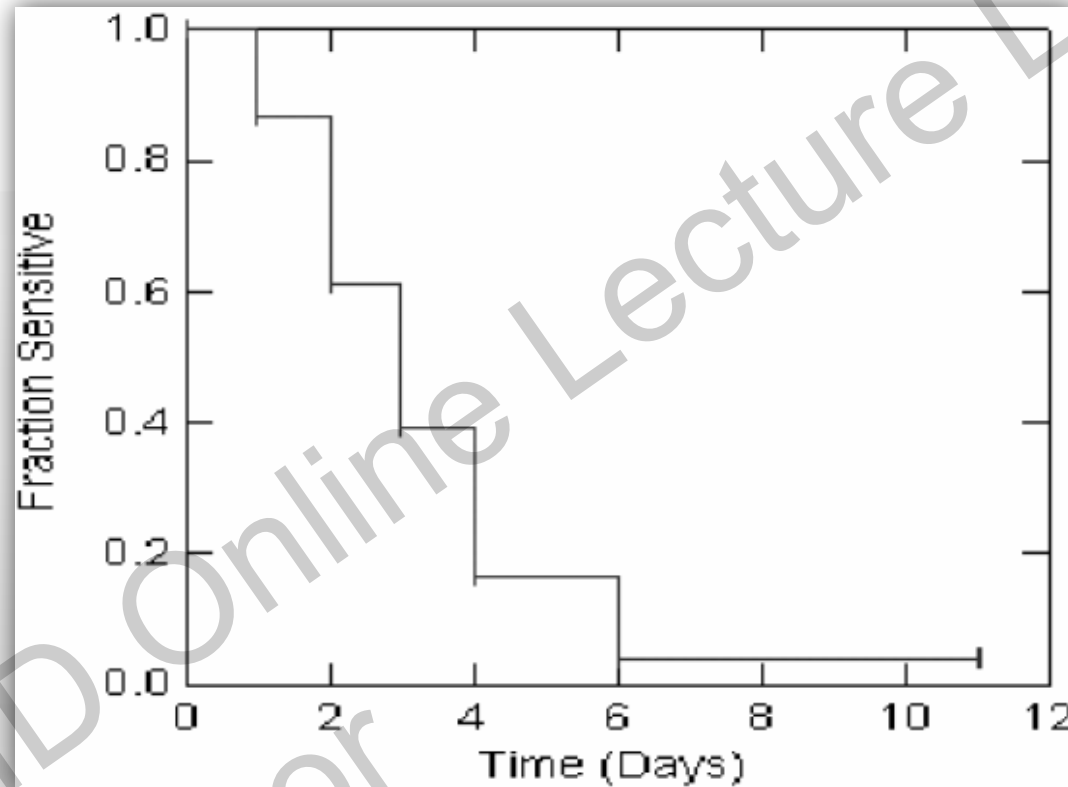
>4 doses: resistant population exceeded the susceptible population at the end of therapy



G. Drusano et al. JID 2009, 199: 219
VH Tam et al: J Infect Dis 2007, 195:1818-27

Resistance Development - Carbapenems

Pseudomonas: Time to emergence of resistance



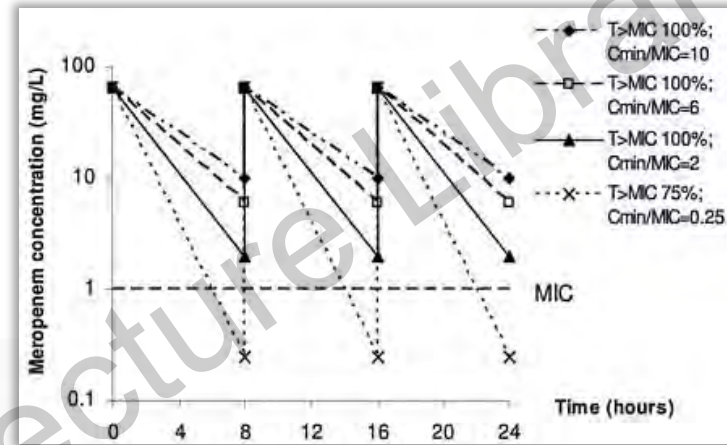
PK/PD res: $t > 6 \times \text{MIC}$

Doripenem 1g (4h inf), q8h: 50% (suppression of WT only)

PK/PD - Selection of resistance

Meropenem - Pseudomonas

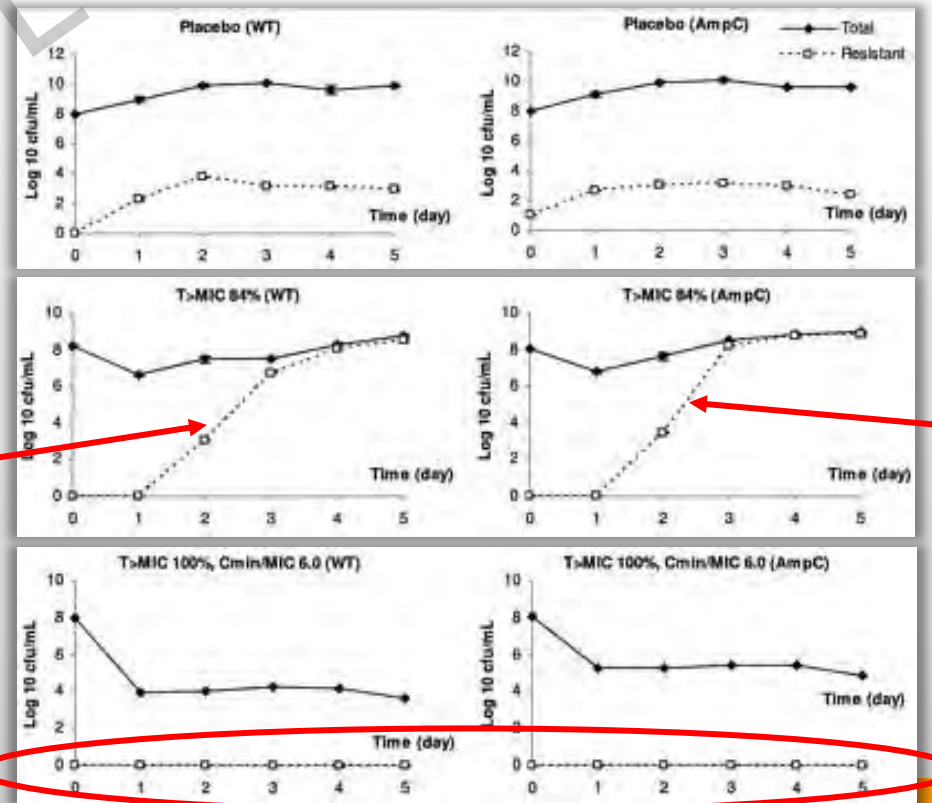
- *P. aeruginosa*: wild type + AmpC stably derepressed mutant (MIC = 1 mg/l)
- High inoculum, neutropenic



No selective pressure with placebo

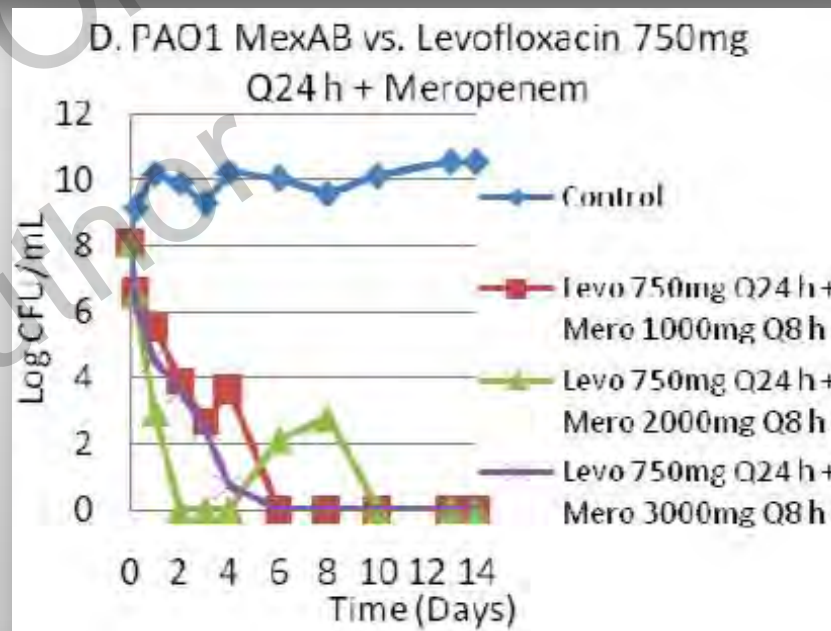
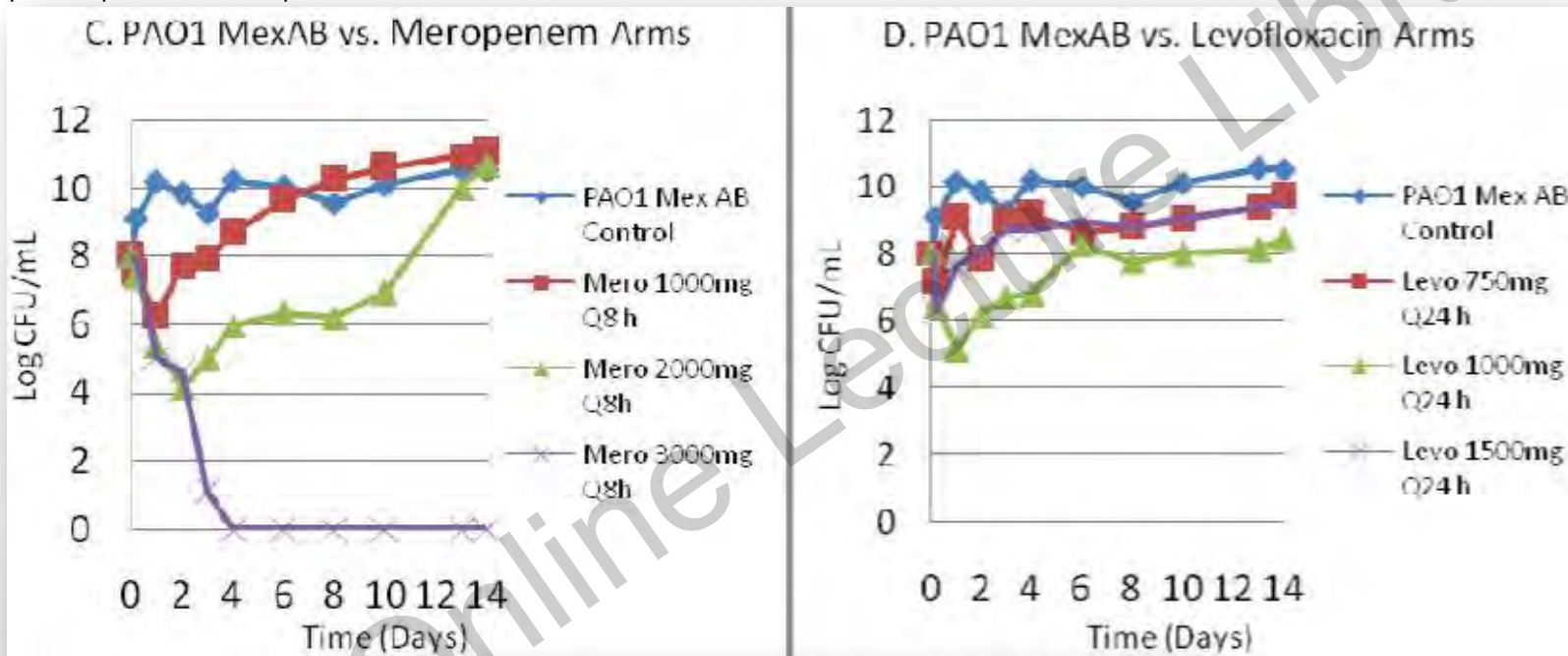
Suboptimal meropenem exposure
 $T > MIC = 84\%$:
 emergence of resistance

Optimized meropenem exposure
 $T > MIC = 100\%$, $C_{min}/MIC = 6$:
 no growth



Resistance Development - Combination

Meropenem/levofloxacin: Combination versus monotherapy for MexAB efflux pump-overexpressed PAO1 strain



A. Louie et al: AAC 2010, 54:2646-54

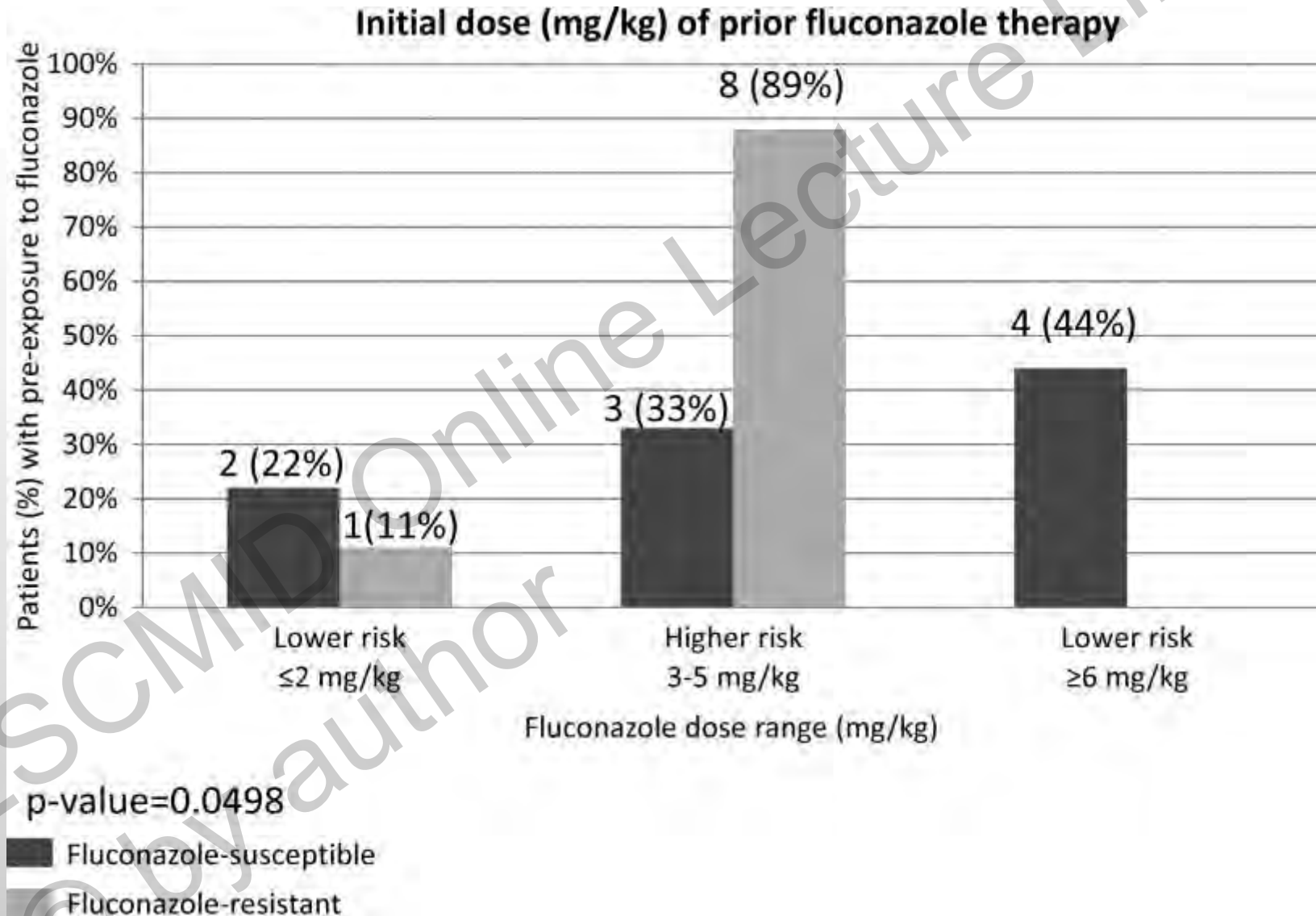
Probability of Target Attainment

- Monte Carlo Simulation, *P. aeruginosa*, target AUC/MIC 157:
(G. Drusano, 2012)
 - Ciprofloxacin 400mg iv q8h:
PTA 62%, emergence of resistance 38%
 - Ciprofloxacin 200mg iv q12h:
PTA 25%, emergence of resistance 75%

- Clinical studies:
 - Ciprofloxacin 400mg iv q8h:
Emergence of resistance 33%
 - Ciprofloxacin 200mg iv q12h in nosocomial pneumonia
Emergence of resistance 70-77%

Exposure – Emergence of resistance

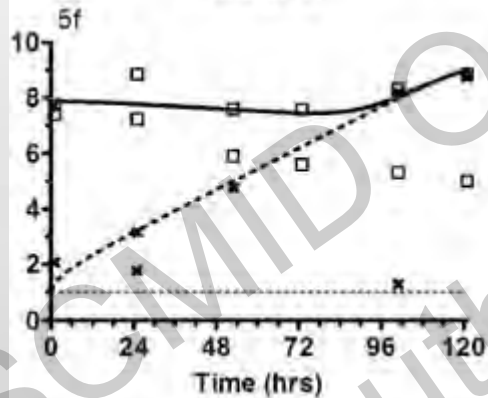
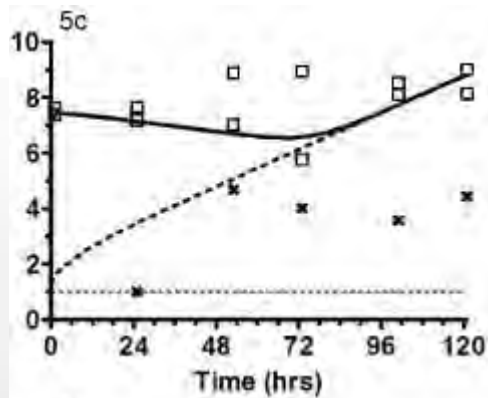
Initial doses during prior fluconazole therapy for patients with subsequent fluconazole-susceptible versus fluconazole-nonsusceptible candidemia



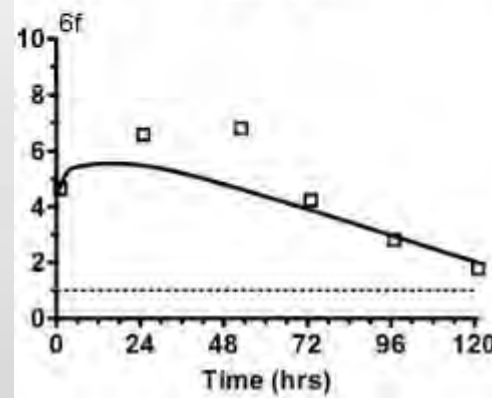
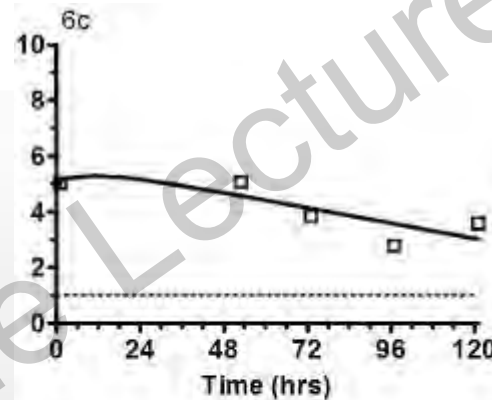
Bacterial densities

Piperacillin/ tazobactam – *P. aeruginosa* A01

High bacterial burden



Low bacterial burden



17g bolus

17g extended infusion

Dose Optimisation – When?

- Critically ill patients with potentially decreased drug exposure
- Elevated MIC or risk for decreased susceptibility
- High bacterial burden
- Neutropenia

Summary – What to do?

- Use antibiotics wisely – previous antibiotics reduce susceptibility
- Optimize dosage if MIC unknown or expected to be elevated
- Monitor PK in high risk patients, TDM
- Re-evaluate duration of therapy frequently
- Use drug combinations (?)

Hit hard and short (Hermann Spitzzy, 1970)



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