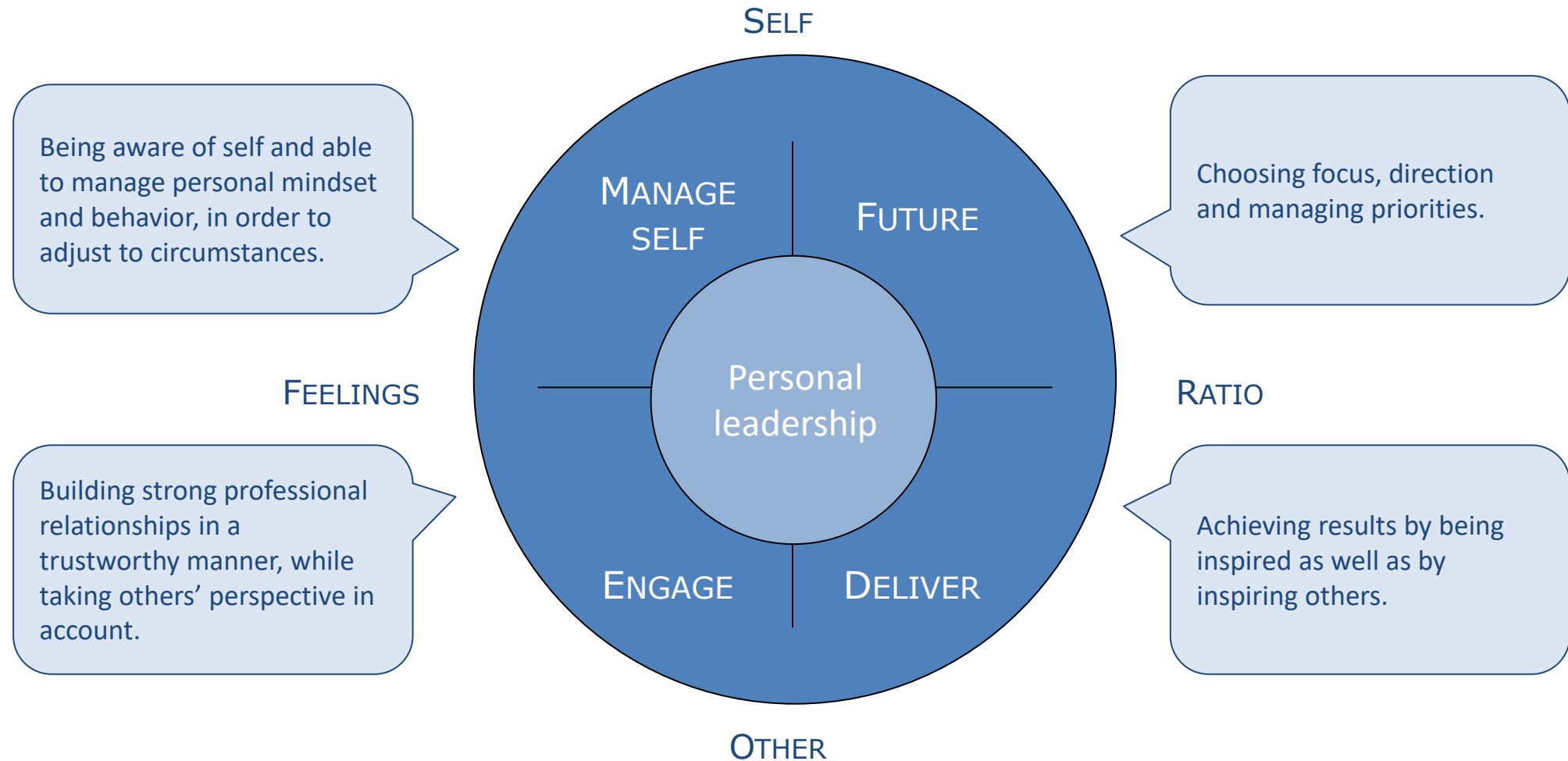




Leadership development

2026

Personal leadership requires awareness and skills



Personal leadership in a pressure cooker program

Day 1

Focus



Developing a leader's mindset

- Be aware about current mindset and its impact
- Understand how leaders approach time and tasks
- Know where to focus on for future personal growth



Overseeing the playing field

- Know how to structure the network
- Understand how to indirectly influence
- Be aware about own position in the field



Building rapport

- Know how to set up the right connection
- Be aware how to tune in to others
- Be able to follow and lead in a conversation

Connect



Understanding how motivation drives people

- Know motivational drivers
- Understand connection between motivation and communication
- Be aware about own behavioral preferences and pitfalls

Day 2

Manage self



Beliefs drive behavior

- Know beliefs drives behavior
- Understand personal triggers
- Be aware how to deal with triggers



Dealing with insecurity

- Know fear-related psychology and biology
- Understand personal circumstances and triggers
- Be aware how to *feel the fear and do it anyway*

Influence



Communicating powerfully

- Writing a clear message that is captured in one sentence
- Choosing a structure that strengthens the message
- Saying more with fewer words: less is more

Reading suggestions

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