

Scientific Speed Dating: CV form for mentors

First & Last name:

Ricardo Mexia

Affiliation:

National Health Institute Doutor Ricardo Jorge (INSA), Portugal

Career in brief (please specify only the principal steps):

Medical Doctor specialized in Public Health, with over 20 years of experience in epidemiological surveillance, outbreak investigation, and health system preparedness. Since 2013, Public Health Doctor and Epidemiologist at the National Health Institute Doutor Ricardo Jorge, with involvement in major national and international public health responses, including Ebola preparedness and COVID-19 response planning. EPIET Fellow at ECDC (2011). Consultant to WHO AFRO, leading Joint External Evaluations in multiple Lusophone African countries. Chief Medical Officer for major international mass-gathering events. Academic lecturer in Public Health, Epidemiology, and Health Management. President of the Lumiar Civil Parish Council since 2021, combining public health expertise with local governance leadership.

Main field of expertise (max 3 topics of interest):

- Epidemiological surveillance and outbreak investigation
- Mass gatherings health and emergency preparedness
- Health systems strengthening and global health security

Personal statements about myself:

I am a Public Health physician driven by the interface between science, policy, and real-world decision-making. My work focuses on protecting population health in complex settings, from infectious disease outbreaks to large-scale mass gatherings and community governance. I strongly believe in evidence-based leadership, international cooperation, and translating public health knowledge into tangible societal impact.