

TAE Trainee's Day

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London



Should I apply for an academic post with little experience?



Brighton

Early medical training (2006-2009)

- NIHR academic training programme
 - Academic Foundation
 - Academic Clinical Fellowship
- General medical training (75%)
 - Undertook medical examinations (MRCP)
- Research (25%)



How do I combine clinical training and research?

Specialist training (2009 – 2018)

- Infectious Diseases & Microbiology training
 - Examinations (FRCPath & Specialty Certificate Examination)
- PhD
 - Collaborating with University of Oxford



Brighton



**Engaging supervisors and collaborators
are key**

What I am doing currently?

- NIHR Clinical Lecturer
 - 50% clinical
 - 50% research working as a post-doc
- Finishing my clinical training



Thinking about getting a grown-up job...

What do I wish people had told me?

1. Do what you enjoy
2. Put yourself out there
3. Get your work-life balance right for you

Thank you

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