

# BACTERIAL INFECTIONS & EMERGING RESISTANCE IN RENAL TRANSPLANT RECIPIENTS

Dr Inam Danish Khan, Command Hospital, Kolkata, India, titan\_afmc@yahoo.com

EV0912

## INTRODUCTION

### Renal Transplantation

- Major breakthrough for ESRD
- Improved graft survival with
- Potent immunosuppressive regimens
- Increased malignancies and infections
- Infections remain major determinants in the outcome of transplants

### Post transplant infections

- Bacterial infections constitute 47% of all infections
- Endogenous infections or
- Community/hospital acquired
- Prolonged morbidity and hospital stay
- Reduced graft survival
- Bacteremia, sepsis and mortality

### Etiology

- Immunosuppression
- Metabolic abnormalities
- Breach in mucocutaneous barriers
- Introduction of foreign bodies
- Data on antimicrobial resistance in transplant recipients is scanty
- Bacterial infections and antimicrobial resistance in renal transplant recipients (RTRs) studied

## METHODS

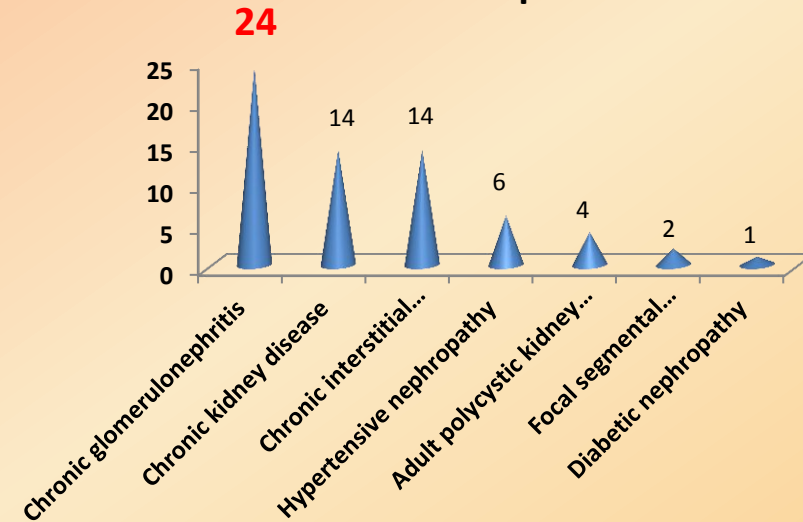
- 65 renal transplant recipients
- Pretransplant protocol included
  - HLA matching
  - Infection screen
- Vaccination- tetanus and pneumococcus
- Infection and antimicrobial susceptibility
- Data analyzed in post-transplant time

IMMUNOSUPPRESSIVE REGIMEN	Frequency	% age	95% Confidence Interval
<b>Induction</b>			
Thymoglobulin	13	20	10.28 – 29.72
Basiliximab	20	30.77	19.55 – 41.99
Daclizumab	8	12.31	4.32 – 20.29
No induction given	24	36.92	25.19 – 48.66
<b>Maintenance</b>			
MMF + Tacrolimus + Prednisolone	57	87.69	79.71 – 95.68
Cyclosporin+ Tacrolimus+ Prednisolone	4	6.15	0.31 - 12
Azathioprine+ Tacrolimus+ Prednisolone	3	4.62	-0.49 – 9.72
MMF + Everolimus+ Prednisolone	1	1.54	-1.45 – 4.53

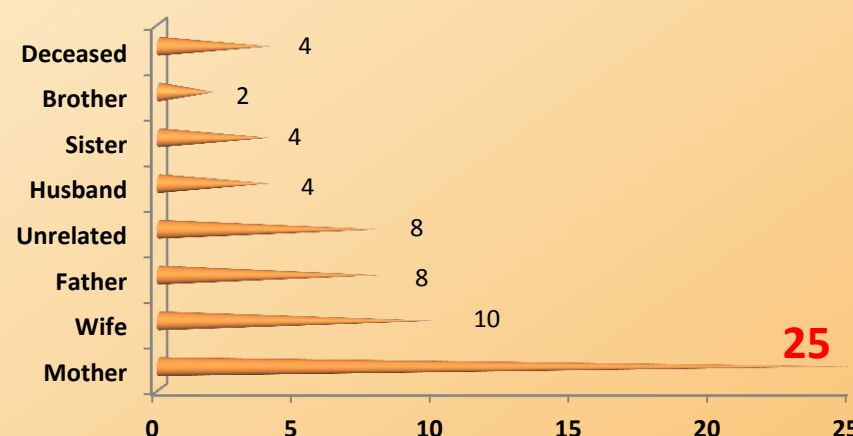
## RESULTS

- Males - 92 (71%), Females - 38 (29%)
- First week - Post surgical infections
- Urinary, blood stream Infections
- Gram negative > Gram positive
- Simultaneous polymicrobial widespread multiresistant infections
- Successful antibiogram guided treatment

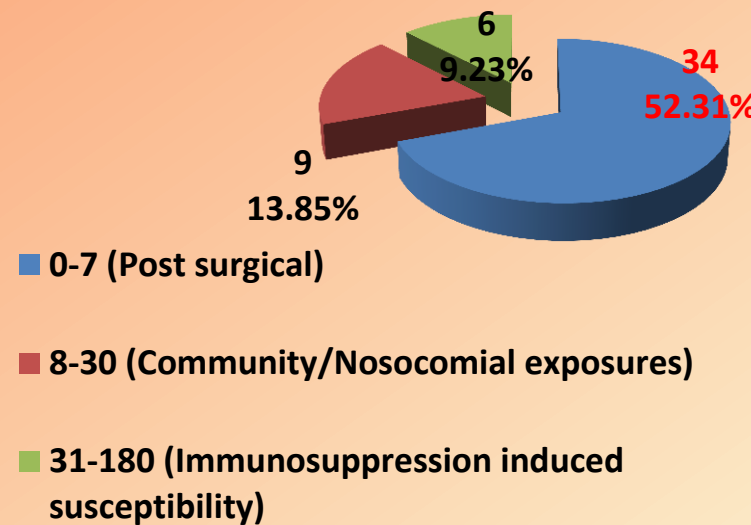
### Indications for Transplantation



### Sources of graft



### Timeline of positive cultures



### Organisms

Organisms	Frequency	(% age)
<i>Escherichia coli</i>	67	29.91
<i>Klebsiella pneumoniae</i>	16	7.14
<i>Enterobacter cloacae</i>	7	3.12
<i>Serratia marcescens</i>	3	1.34
<i>Citrobacter freundii</i>	2	0.89
<i>Proteus mirabilis</i>	1	0.45
<i>Morganella morganii</i>	1	0.45
<i>Providencia stuartii</i>	1	0.45
<i>Acinetobacter baumannii</i>	28	12.5
<i>Pseudomonas aeruginosa</i>	40	17.86
<i>Burkholderia cepacia</i>	4	1.78
<i>Stenotrophomonas maltophilia</i>	3	1.34
<i>Staphylococcus aureus</i>	15	6.7
<i>Staphylococcus hemolyticus</i>	17	7.59
<i>Staphylococcus epidermidis</i>	5	2.23
<i>Staphylococcus hominis</i>	8	3.57
<i>Enterococcus faecium</i>	3	1.34
<i>Enterococcus faecalis</i>	3	1.34
Total	224	100

### Profile of Colonizations/Cinical infections

	Colonizations		Clinical Infections	
	Frequency	% age	Frequency	% age
Urinary tract isolates	53	81.54	3	4.62
Blood stream isolates	18	27.69	Nil	Nil
Miscellaneous isolates	13	20	Nil	Nil
Simultaneous polymicrobial isolates	8	12.31	3	4.62
Multiple organisms in a patient spread in time	6	9.23	Nil	Nil
Prolonged (30 days) isolation of same organism	4	6.15	Nil	Nil
Same pathogen isolated from multiple samples	1	1.54	3	4.62
Pre transplant infections treated before surgery	2	3.1	2	3.1
Post transplant infections treated	3	4.62	3	4.62

### Antimicrobials

	Cumulative Susceptibility expressed as %age							
	<i>Escherichia coli</i>		<i>Klebsiella pneumoniae</i>		<i>Acinetobacter baumannii</i>		<i>Pseudomonas aeruginosa</i>	
	RTR	NIP	RTR	NIP	RTR	NIP	RTR	NIP
Coamoxiclav	11.54	25	Nil	50	-	-	-	-
Piperacillin-Tazobactam	100	50	Nil	66.67	-	-	100	75.86
Ticarcillin-clavulanate	30.77	37.5	20	50	26.92	40	18.52	55.17
Aztreonam	7.69	31.25	Nil	50	-	-	14.81	13.79
Imipenem	84.62	87.5	50	83.33	50	85	29.63	58.62
Meropenem	33.33	100	Nil	100	100	33.33	66.67	34.62
Ertapenem	76.92	81.25	33.33	83.33	-	-	-	-
Cefotaxime	7.69	31.25	Nil	50	15.38	45	7.41	20.69
Ceftazidime	7.69	31.25	Nil	50	19.23	30	22.22	34.48
Ceftriaxone	7.69	31.25	Nil	50	23.08	60	11.11	37.93
Cefipime	7.69	31.25	Nil	50	23.08	50	18.52	41.38
Amikacin	61.54	81.25	33.33	83.33	30.77	40	18.52	24.14
Cotromoxazole	11.54	37.5	20	50	23.08	75	-	-
Ciprofloxacin	7.69	12.5	10	50	19.23	75	29.63	51.72
Ofloxacin	-	-	-	-	-	-	-	-
Levofloxacin	11.54	12.5	20	66.67	19.23	80	29.63	62.07
Colistin	100	100	100	100	100	100	100	100

## DISCUSSION

- Post surgical MDR (ESBL) *E. coli* urinary infections – Hospital acquired
- Renal recipients form an uncomparable population who cannot be matched for age, sex, risk and prevalence of infections
- Urinary infections common in RTRs
  - Prolonged catheterization - biofilms
  - Deceased donor kidneys
- Risk of infection in transplant recipients
  - Donor and recipient exposures
  - Net state of immunosuppression
  - Infection prophylaxis
- Rejection episodes managed by immunosuppressive therapy
  - Increased exposure to hospital strains
  - Exposure to reserve antimicrobials
  - Routine prophylaxis - selection pressure

## CONCLUSION

- Infection prophylaxis tends to reduce but not eliminate the risk of infections
- High index of clinico-microbiological suspicion
- Frequent routine and specific surveillance required