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Evaluation of ESwabs versus dry swabs for the detection of *Neisseria gonorrhoeae* using molecular assays in patients with urethritis

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Background: Globally 498 million new cases of curable STIs occur every year, with 106 million of these infections caused by *Neisseria gonorrhoeae*. Nucleic acid amplification tests (NAATs) are now preferred over microbial culture for the identification of *N. gonorrhoeae*; as they have a high sensitivity, quick turn-around time, and can detect multiple pathogens. *N. gonorrhoeae* are fastidious organisms and therefore time from specimen collection to laboratory processing is critical. Use of dry swabs often limits assays that can be performed. ESwabs™ have an enhanced uptake and release of bacteria compared to dry swabs, and can be stored at room temperature and transported without loss of viability of *N. gonorrhoeae* up to 24 hours. The aim of this study was to evaluate the ESwab™ system versus routine urethral dry swabs in detecting *N. gonorrhoeae*, using molecular assays.

Materials/Methods: Male patients with urethritis attending a busy STI clinic had 3 urethral swabs collected; 2 with ordinary dry swabs and one with Eswab™ (Copan Italia, Brescia, Italy). One dry swab was used for molecular testing and the other immediately smeared onto a slide then inoculated onto NYC agar plate and placed in a CO₂ environment. All specimens were then transported to the laboratory within 4 hrs of collection. Gram stained slides were observed and interpreted using bright field microscopy. The Xpert® CT/NG assay (Cepheid, USA), was performed on both swab types while Anyplex STI-7 (Seegene) was performed on ESwab™ samples only.

Results: Urethral swabs were collected from 121 patients over a 3-month period in 2015. The Gram stain showed gram negative diplococci resembling *N. gonorrhoeae* in 92(76%) cases and 34(28%) cultures grew *N. gonorrhoeae*. Ninety-seven (80%) patients had both dry and ESwab™ samples

collected and 40 of each had Xpert® CT/NG. The same 40 ESwab™ samples were also tested using Anyplex STI-7. Of these 40 Eswab™ samples, N gonorrhoeae was positive in 37 (92.5%) and 34 (85%) using the Xpert® CT/NG and Anyplex assays respectively whereas the dry swabs yielded 28 (70%) Xpert® CT/NG positive results. The Xpert® CT/NG assay showed a sensitivity of 92.5% and 70% for ESwab™ and dry urethral swab respectively.

Conclusion: Urethral specimens collected in ESwab™ performed better than the dry swab (92.5% vs 70%) when using the Xpert® assay. There was agreement in 85% (34 of 40) between Xpert® and Anyplex STI-7 assays. In poorly resourced settings, the ESwab™ has proven to be superior to the dry swab in maintaining viability and in detecting *N. gonorrhoeae* using molecular assays. This will aid in better diagnosis and treatment of STIs. Please copy and paste the corresponding text here