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Institut für Medizinische Mikrobiologie

# Molecular mechanisms of drug resistance in NTM

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Zürich, Switzerland

12:00-12:30 Saturday 27th April



## Medical relevance of nontuberculous mycobacteria (NTM)

### Examples:

*M. leprae*

Leprosy

*M. abscessus* subsp. *abscessus*

Lung disease

*M. kansasii*

Lung disease

*M. avium*

Lymphadenitis

*M. ulcerans*

Cutaneous ulcers

*M. haemophilum*

Joint infections

*M. genavense*

Disseminated infections



## Non-tuberculous mycobacteria

- Slow growers; approx. 60 species
  - *M. avium*
  - *M. intracellulare*
  - *M. kansasii*
  - *M. genavense*
  - *M. leprae*
  - *M. xenopi*
  - *M. simiae*
- Fast growers; approx. 70 species
  - *M. fortuitum* group
  - *M. chelonae/M. abscessus* group
  - *M. smegmatis* group
  - *M. mageritense* / *M. wolinskyi* group

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## What do we detect in the diagnostic laboratory?

Sequence based identification of NTM directly in clinical specimens during a 6-months period:

16S rRNA gene sequence identification	n
<i>M. chelonae/abscessus</i> complex	36
<i>M. kansasii/gastri</i>	10
<i>M. avium</i>	9
<i>M. fortuitum</i>	7
<i>M. xenopi</i>	3
<i>M. mucogenicum</i>	2
<i>M. asiaticum</i>	1
<i>M. intracellulare</i>	1
<i>M. malmoense</i>	1
Non-pathogenic mycobacteria (mostly rapid growers)	52



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# American Thoracic Society Documents

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## **An Official ATS/IDSA Statement: Diagnosis, Treatment, and Prevention of Nontuberculous Mycobacterial Diseases**

David E. Griffith, Timothy Aksamit, Barbara A. Brown-Elliott, Antonino Catanzaro, Charles Daley, Fred Gordin, Steven M. Holland, Robert Horsburgh, Gwen Huitt, Michael F. Iademarco, Michael Iseman, Kenneth Olivier, Stephen Ruoss, C. Fordham von Reyn, Richard J. Wallace, Jr., and Kevin Winthrop, on behalf of the ATS Mycobacterial Diseases Subcommittee

THIS OFFICIAL STATEMENT OF THE AMERICAN THORACIC SOCIETY (ATS) AND THE INFECTIOUS DISEASES SOCIETY OF AMERICA (IDSA) WAS ADOPTED BY THE ATS BOARD OF DIRECTORS, SEPTEMBER 2006, AND BY THE IDSA BOARD OF DIRECTORS, JANUARY 2007

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This document has an online supplement, which is accessible from this issue's table of contents at [www.atsjournals.org](http://www.atsjournals.org)

Am J Respir Crit Care Med Vol 175. pp 367–416, 2007

DOI: 10.1164/rccm.200604-571ST

Internet address: [www.atsjournals.org](http://www.atsjournals.org)



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## **CLSI guidelines**

**Woods GL, et al. 2011.**

Susceptibility testing of mycobacteria, nocardia, and other aerobic actinomycetes; approved standard.

CLSI document M24-A2.

Clinical and Laboratory Standards Institute, Wayne, PA.

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## **Most common used antibiotics for treatment of NTM infections**

### **Protein synthesis**

- Macrolides
- Tetracyclines
- Aminoglycosides

### **RNA synthesis**

- Rifampicin

### **DNA replication/gene expression**

- Fluoroquinolones

### **Arabinogalactan/arabinomannan synthesis**

- Ethambutol



Three principal mechanisms of resistance towards antibiotics:

- a. Impermeability and efflux
- b. Target modification
- c. Drug inactivation





## Resistance against antibiotics

### Innate / intrinsic resistance

Innate presence of specific genes

- For example aminoglycoside modifying genes

### Acquired resistance

Acquired mutations in chromosomal genes

- For example *rpoB*: rifampicin resistance



## Reviews

Clinical Microbiology  
Reviews

**Antimicrobial Susceptibility Testing, Drug  
Resistance Mechanisms, and Therapy of  
Infections with Nontuberculous  
Mycobacteria**

Barbara A. Brown-Elliott, Kevin A. Nash and Richard J.  
Wallace Jr

*Clin. Microbiol. Rev.* 2012, 25(3):545. DOI:  
10.1128/CMR.05030-11.

Drug Resistance Updates 15 (2012) 149–161

Contents lists available at SciVerse ScienceDirect

Drug Resistance Updates

journal homepage: [www.elsevier.com/locate/drup](http://www.elsevier.com/locate/drup)



Resistance mechanisms and drug susceptibility testing of nontuberculous  
mycobacteria

Jakko van Ingen<sup>a,\*</sup>, Martin J. Boeree<sup>b</sup>, Dick van Soolingen<sup>a,b</sup>, Johan W. Mouton<sup>a</sup>

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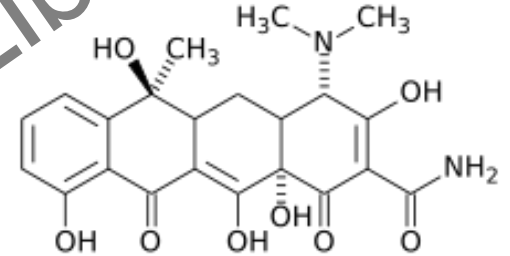
## Resistance against macrolides (protein synthesis)

Resistance against clarithromycin / erythromycin

- Intrinsic resistance
  - *erm* genes
- Acquired resistance
  - 23S rRNA gene

## Resistance against tetracyclines

- tetracycline and doxycycline
- glycylicyclines, such as tigecycline
- binds to the 30S subunit of the ribosome and inhibit protein synthesis
- resistance to tetracyclines is associated primarily with ribosome protection and drug efflux
- ribosome protection protein genes *otr(A)* and *tet(M)*,
- efflux pumps: homologs of *tet(K)*, *tet(L)*, *tet(V)*, and *otr(B)*
- homology analysis and the inconsistent presence in mycobacteria suggest that these genes were transferred horizontally: acquired resistance
- genomic sequence data suggest that mycobacteria lack genes encoding tetracycline-inactivating enzymes



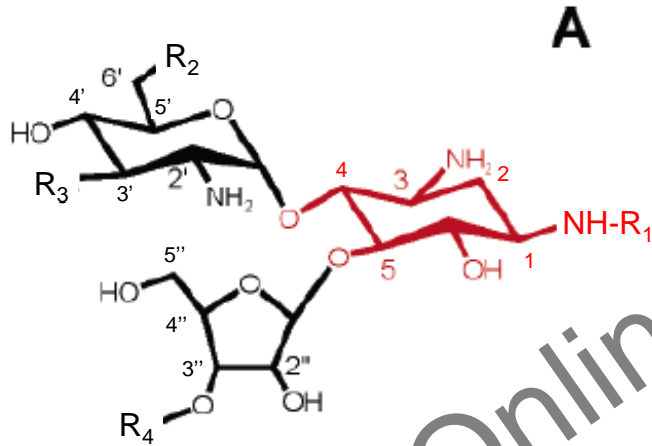


## Resistance against aminoglycosides

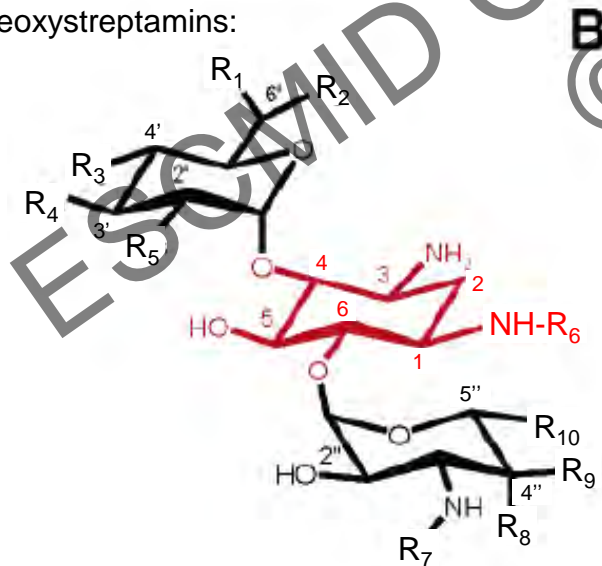
- Aminoglycosides: for example kanamycin and streptomycin
- Mode of action: inhibition of protein synthesis by binding to the ribosome
- Acquired resistance:
  - Mutations in the 16S rRNA gene
  - Mutations in rpsL gene; encoding S12 ribosomal protein)
  - Mutations do not confer resistance to all aminoglycosides, for example 1408 mutation confers resistance against amikacin and kanamycin, but NOT to streptomycin
- Intrinsic resistance: aminoglycoside modifying enzymes, such as acetyl transferases (AAC) and phospho transferases (APH).
  - Rapidly growing mycobacteria: *M. fortuitum*, *M. smegmatis*, *M. abscessus*; clinical significance?
  - Homologs also found more recently in *M. tuberculosis*



4,5-Deoxystreptamins:



4,6-Deoxystreptamins:



Resistance

Chemical Reviews, 2005, Vol. 105, No. 2 479

Antibiotic	R <sub>1</sub>	R <sub>2</sub>	R <sub>3</sub>	R <sub>4</sub>
Ribostamycin	H	NH <sub>2</sub>	OH	H
Butirosin		NH <sub>2</sub>	OH	H
Paromomycin	H	OH	OH	
Neomycin B	H	NH <sub>2</sub>	OH	
Lividomycin A	H	OH	H	

Antibiotic	R <sub>1</sub>	R <sub>2</sub>	R <sub>3</sub>	R <sub>4</sub>	R <sub>5</sub>	R <sub>6</sub>	R <sub>7</sub>	R <sub>8</sub>	R <sub>9</sub>	R <sub>10</sub>
anamycin A	H	NH <sub>2</sub>	OH	OH	OH	H	H	H	OH	CH <sub>2</sub> OH
anamycin B	H	NH <sub>2</sub>	OH	OH	NH <sub>2</sub>	H	H	H	OH	CH <sub>2</sub> OH
obramycin	H	NH <sub>2</sub>	OH	H	NH <sub>2</sub>	H	H	H	OH	CH <sub>2</sub> OH
ibekacin	H	NH <sub>2</sub>	H	H	NH <sub>2</sub>	H	H	H	OH	CH <sub>2</sub> OH
entamicin B	H	NH <sub>2</sub>	OH	OH	OH	H	CH <sub>3</sub>	OH	CH <sub>3</sub>	H
entmicin C1	CH <sub>3</sub>	NHCH <sub>3</sub>	H	H	NH <sub>2</sub>	H	CH <sub>3</sub>	OH	CH <sub>3</sub>	H
entmicin C1A	H	NH <sub>2</sub>	H	H	NH <sub>2</sub>	H	CH <sub>3</sub>	OH	CH <sub>3</sub>	H
entmicin C2	CH <sub>3</sub>	NH <sub>2</sub>	H	H	NH <sub>2</sub>	H	CH <sub>3</sub>	OH	CH <sub>3</sub>	H
isomicin*	H	NH <sub>2</sub>	H	H	NH <sub>2</sub>	H	CH <sub>3</sub>	OH	CH <sub>3</sub>	H
Netilmicin*	H	NH <sub>2</sub>	H	H	NH <sub>2</sub>	CH <sub>2</sub> CH <sub>3</sub>	CH <sub>3</sub>	OH	CH <sub>3</sub>	H
Isepamicin	H	NH <sub>2</sub>	OH	OH	OH		CH <sub>3</sub>	OH	CH <sub>3</sub>	H
Arbekacin	H	NH <sub>2</sub>	H	H	NH <sub>2</sub>		H	H	OH	CH <sub>2</sub> OH
Amikacin	H	NH <sub>2</sub>	OH	OH	OH		H	H	OH	CH <sub>2</sub> OH

\* (Δ5>4' unsaturation)

# “Atypical” Aminoglycosides

480 Chemical Reviews, 2005, Vol. 105, No. 2

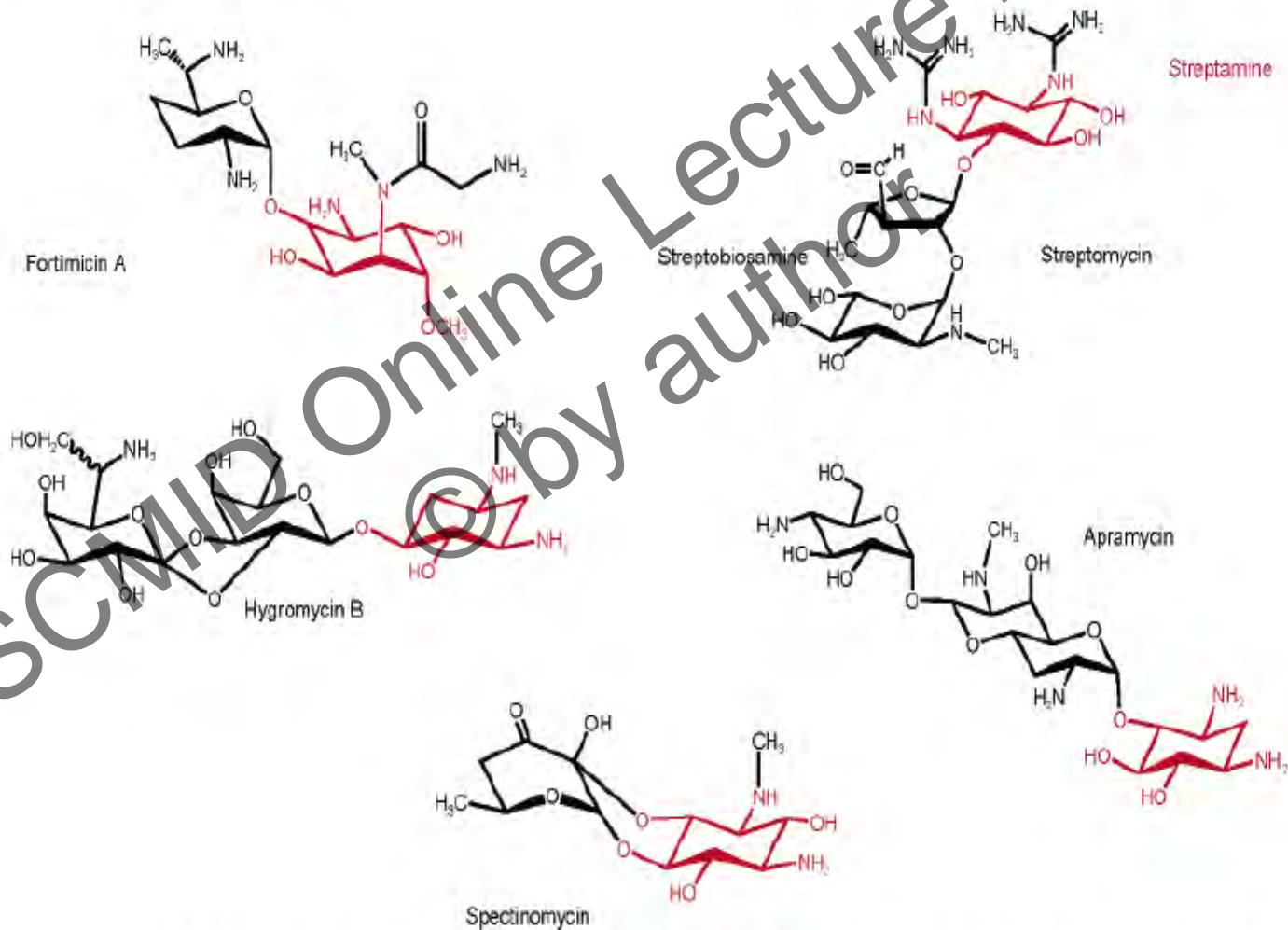
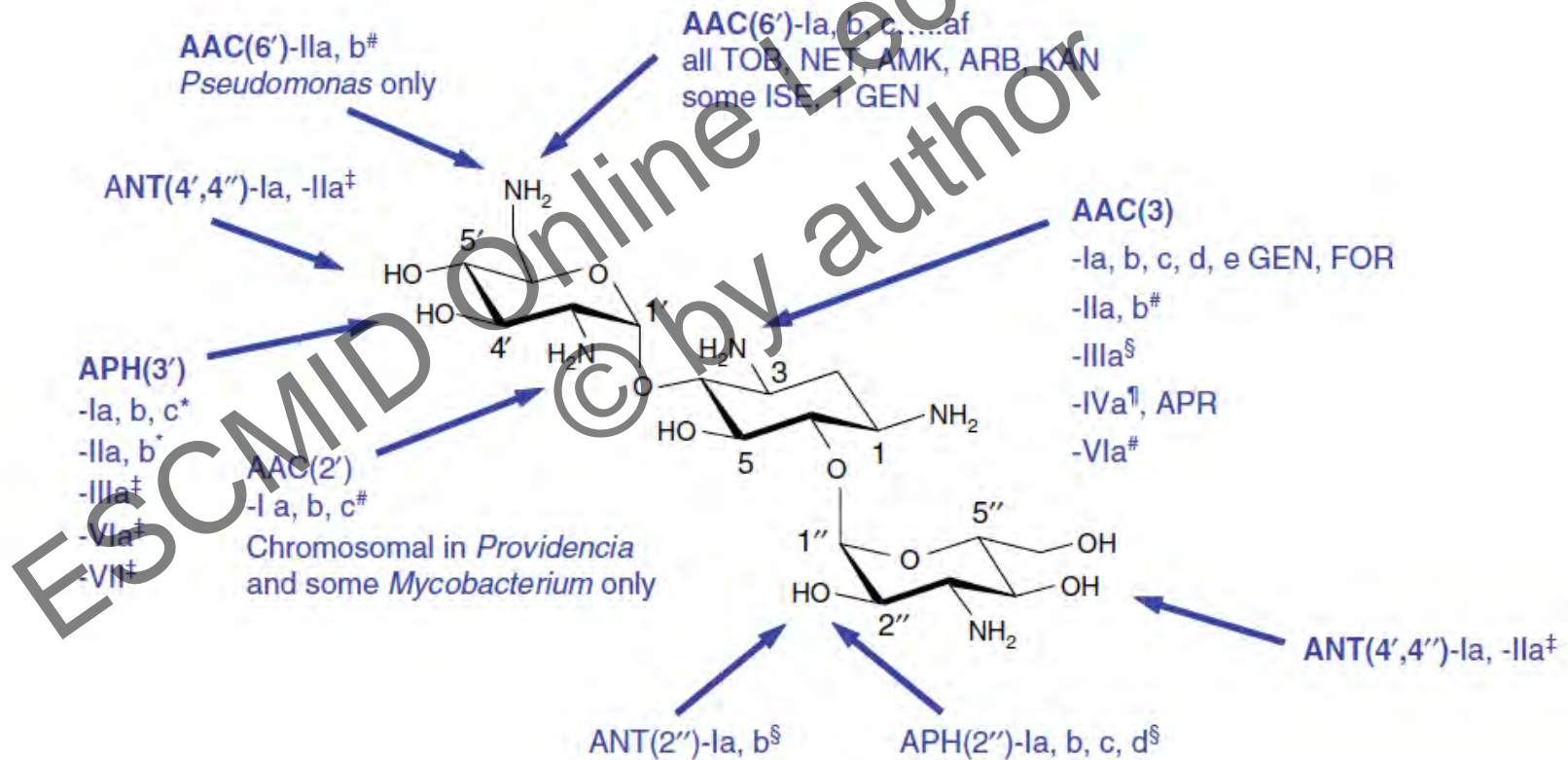


Figure 2. Structures of clinically useful atypical aminoglycosides. The aminocyclitol ring is shown in red.



## Enzymatic inactivation of aminoglycosides by modification

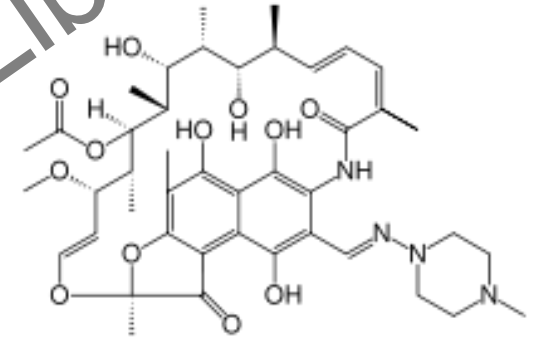






## Resistance against rifamycins

- Rifamycins: rifampin and rifabutin
- Inhibits RNA synthesis by binding to RNA polymerase



### Fast growing non-tuberculous mycobacteria:

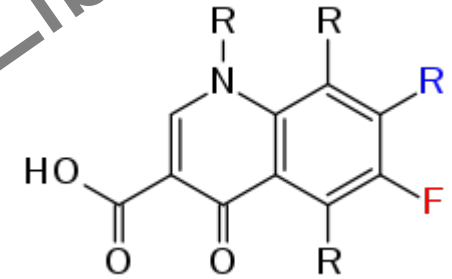
- naturally resistant; impermeability of the cell wall
- *arr* gene: ADP-ribosylation, modifying rifamycin (for example *M. smegmatis*)

### Slow growing non-tuberculous mycobacteria; for example: *Mycobacterium kansasii*

- acquired resistance: mutations in *rpoB*; beta-subunit of the RNA polymerase
  - 80-bp region of the *rpoB* gene; codons 526 and 461



## Resistance against fluoroquinolones



- Fluoroquinolones: synthetic antibiotics, for example ciprofloxacin and levofloxacin
- Inhibition of DNA replication and gene expression
- DNA gyrase relaxes supercoiled DNA ahead of the DNA helicase and DNA replication complex
- Inhibition of DNA gyrase by fluoroquinolones results in prevention of DNA replication
- Resistance by mutations in *gyrA* gene (acquired resistance)



## Resistance against fluoroquinolones

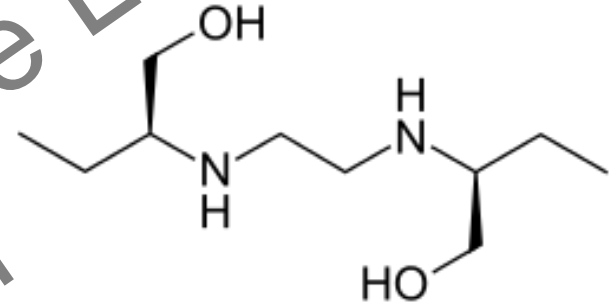
- Second target: topoisomerase IV
- *M. abscessus*, *M. avium* and *M. tuberculosis* appear to lack a topoisomerase IV (genome sequence based)
- *M. smegmatis* and *M. vanbaalenii* do have a topoisomerase IV
- Resistance : mutations in gene encoding topoisomerase IV (acquired resistance)
- Intrinsic resistance: permeability of the cell, efflux (for example *lfrA*)



## Resistance against ethambutol

### - Ethambutol

- Slowly growing mycobacteria
- Limited use for rapidly growing mycobacteria
- **Mode of action:** disruption of cell wall synthesis
- Inhibition synthesis of arabinogalactan and lipoarabinomannan
- Target for ethambutol: arabinosyl transferase
- **Resistance:**
  - mutations in *embB* gene (acquired resistance); for example *M. smegmatis*
  - Possibly also in the regulatory gene *embR*
  - Polymorphisms in *embB*, *IfrA*, efflux pump (intrinsic resistance)





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# Clarithromycin resistance in *Mycobacterium abscessus*

*J Antimicrob Chemother* 2012; **67**: 2606–2611  
doi:10.1093/jac/dks279 Advance Access publication 24 July 2012

**Journal of  
Antimicrobial  
Chemotherapy**

## **Acquisition of clarithromycin resistance mutations in the 23S rRNA gene of *Mycobacterium abscessus* in the presence of inducible *erm*(41)**

**Florian P. Maurer\*, Vera Rüegger, Claudia Ritter, Guido V. Bloemberg and Erik C. Böttger**

Institut für Medizinische Mikrobiologie, Nationales Zentrum für Mykobakterien, Universität Zürich, 8006 Zürich, Switzerland



## *M. abscessus*

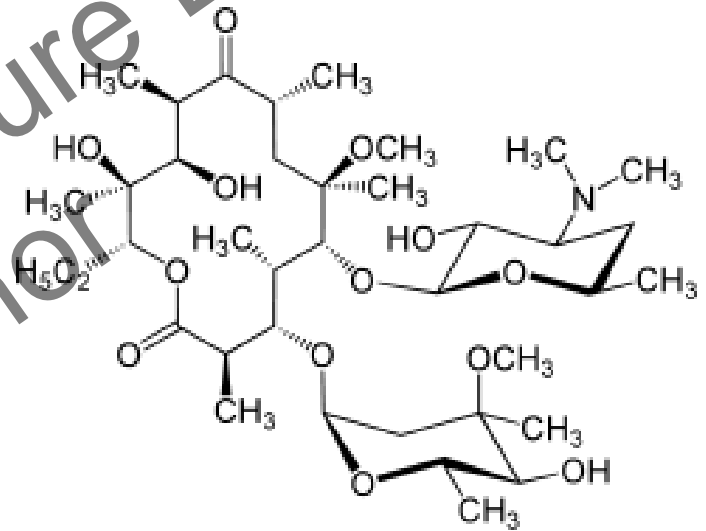
### General information

- Pulmonary infections; chronic infections
- Risk groups: underlying pulmonary diseases, e.g. bronchiectasis and cystic fibrosis
- a major complication following lung transplantation in CF patients
- Treatment
  - surgical resection of focal bronchiectasis and cavity
  - combination therapy including the macrolide clarithromycin
  - only drug of demonstrated efficacy that can be administered orally



## Clarithromycin

- Macrolide
- Binds to the 23 rRNA
- Inhibits translation
- Acid-stable, orally taken
- High concentration in phagocytes





## Resistance against macrolides (protein synthesis)

Resistance against clarithromycin / erythromycin

- Intrinsic resistance
  - *erm* genes
- Acquired resistance
  - 23S rRNA gene





## Clarithromycin resistance in *M. abscessus*

Two main resistance mechanisms:

- Mutations in the drug-binding pocket, in particular at nucleotide positions 2058 and 2059, of the bacterial 23S rRNA gene conferring high level Cla resistance (MIC = 256 mg/L)
- Inducible *erm* gene
  - *erm* gene encodes: ribosomal methylase Erm (41)
  - mono- or di-methylate the adenine at position 2058 of the 23S rRNA
  - *Erm* genes have been described in many species of rapidly growing mycobacteria
  - Functionality dependent on the nucleotide at position 28
  - WT 28T inducible resistance; mutant 28C loss of functionality



## Does *M. abscessus* acquire resistance mutations in the *rrl* gene in addition to the presence of an inducible Erm(41) methylase ?

- Monitoring 5 patients over 2-4 years
- 29 *M. abscessus* clinical isolates
- Genetic and phenotypic characterisation
- In three out of five patients acquisition of resistance mutations in the *rrl* gene in addition to the presence of an inducible Erm methylase



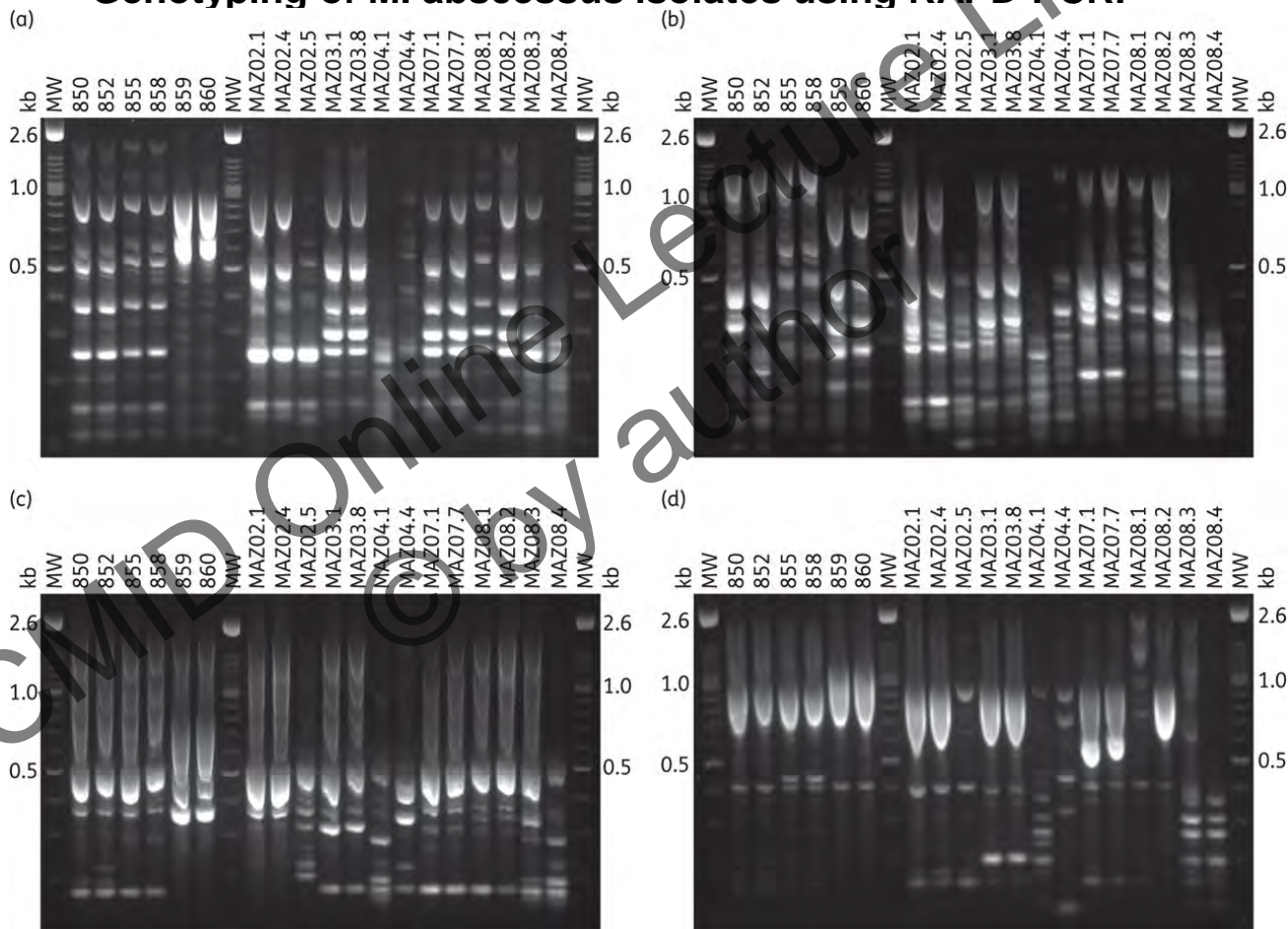
## Phenotypic and genotypic monitoring

Patient	Isolate	Source	Date of isolation		Clarithromycin MIC (mg/L) by method					Genotype	
			month/year	months since first isolate	microdilution			Etest day 7	erm(41) <sup>a</sup>	23S peptidyltransferase region	rpoB
					day 3	day 7	day 14				
Control	MAZ01.1	left forearm	08/08	0	0.5	1	1	0.064	C28	wild-type	<i>M. abscessus</i> subsp. <i>abscessus</i>
MAZ02	MAZ02.1	respiratory tract	06/08	0	1	>128	>128	0.5	T28	wild-type	<i>M. abscessus</i> subsp. <i>abscessus</i>
	MAZ02.2	respiratory tract	10/08	4	2	>128	>128	0.125	T28	wild-type	<i>M. abscessus</i> subsp. <i>abscessus</i>
MAZ07	MAZ07.1	respiratory tract	06/08	0	0.5	16	>128	0.19	T28	wild-type	<i>M. abscessus</i> subsp. <i>abscessus</i>
	MAZ07.2	respiratory tract	02/09	8	0.5	>128	>128	0.125-256	T28	wild-type/2058A→G <sup>b</sup>	<i>M. abscessus</i> subsp. <i>abscessus</i>
	MAZ07.3	respiratory tract	04/09	10	1-128	>128	>128	1-256	T28	wild-type/2058A→C/2058A→G <sup>b</sup>	
	MAZ07.4	respiratory tract	09/09	15	2-128	>128	>128	1-256	T28	wild-type/2058A→C/2058A→G <sup>b</sup>	
	MAZ07.5	respiratory tract	12/09	18	>128	>128	>128	>256	T28	2058A→C/2058A→G <sup>b</sup>	
	MAZ07.6	respiratory tract	12/10	30	>128	>128	>128	>256	T28	2058A→C/2058A→G <sup>b</sup>	
	MAZ07.7	respiratory tract	01/11	31	>128	>128	>128	>256	T28	2058A→C/2058A→G <sup>b</sup>	

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### Genotyping of *M. abscessus* isolates using RAPD-PCR.



Maurer F P et al. *J. Antimicrob. Chemother.* 2012;67:2606-2611



## Conclusion

Clarithromycin resistance mutations in the 23S rRNA peptidyltransferase region provide an additional selective advantage independent of a functional *erm(41)* gene.



## Species dependent clarithromycin resistance

Interspecies differences in *erm* genes:

The Erm methylase in *M. abscessus* subsp. *massiliense* is dysfunctional due to:

- 2 bp deletion of nucleotides 64–65
- 274 bp deletion of nucleotides 159–432



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