



Nijmegen Institute for
Infection, Inflammation
& Immunity

Individualised therapy in ICU patients beta-lactam agents

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When is Individualized Therapy Useful?

- If the target of therapy is known
 - Mode of administration
 - peak, trough, steady state
- Good correlation between target and effect
- (Adjustments can easily – and reliably - be made)


Trauma Patient

- 21 years old
- Hit a tree
- On the ICU since three days
- Suspicion of VAP
- No significant culture results at this moment
- Treatment with BSC is started

- Ceftazidime is started by continuous infusion, 3 gram/day. The reasons for CI are :

it has been demonstrated to be more efficaceous?

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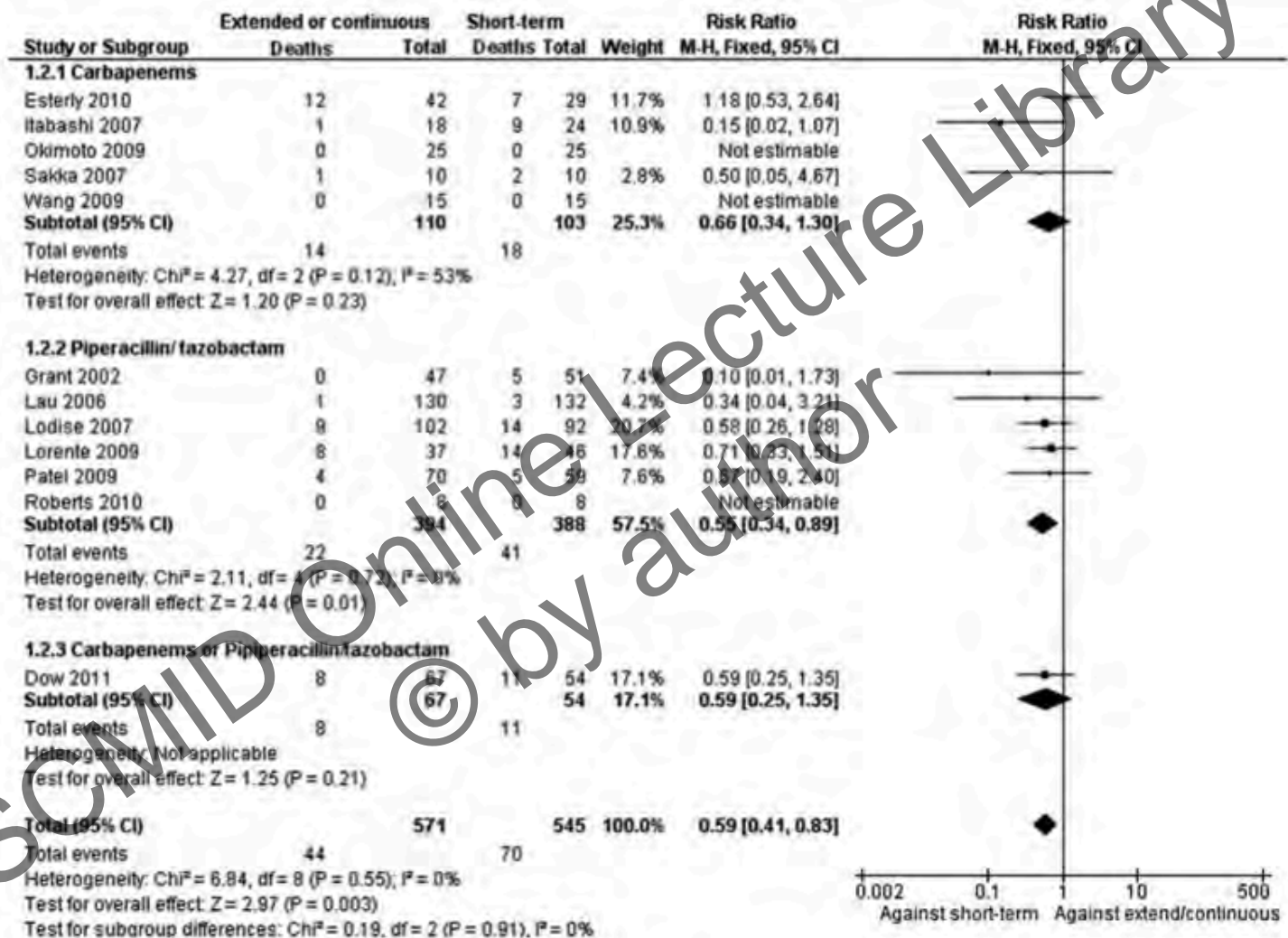


Figure 3. Forest plot depicting the risk ratios of mortality of patients receiving extended or continuous versus short-term infusion of carbapenems and piperacillin/tazobactam, stratified by the administered antibiotics. Vertical line, "no difference" point between the 2 regimens; squares, risk ratios; diamonds, pooled risk ratios; horizontal lines, 95% confidence interval. Abbreviation: CI, confidence interval.

Endpoint	Intervention Group	Control Group	P
Plasma antibiotic concentration >MIC	18 (81.8%) ^a	6 (28.6%) ^a	.001
Clinical cure (test of cure date)	23 (76.7%)	15 (50.0%)	.032
Clinical cure (test of cure date with treatment exclusions)	21 (70.0%)	13 (43.3%)	.037
Clinical cure (last day of blinding)	9 (30.0%)	6 (20.0%)	.37
Time to clinical resolution (days)	11 (6.75–24.25) ^b	16.5 (7–28) ^b	.14
Time to resolution of CRP (days)	6 (2.5–22.5) ^c	5 (3–27) ^c	.79
ICU length of stay (postrandomization)	7.5 (4–12)	9 (5–14.25)	.50
ICU-free days			
All	19.5 (12.75–24)	17 (.75–22)	.14
ICU survivors	20.5 (16–24) ^d	18 (12.75–22) ^d	.22
ICU survival	28 (93.3%)	26 (86.7%)	.67
Hospital survival	27 (90.0%)	24 (80.0%)	.47

Abbreviations: CRP, C-reactive protein; ICU, intensive care unit; MIC, minimum inhibitory concentration.

^a Plasma samples were available for 22 and 21 patients in the intervention and control groups, respectively (subgroup analysis).

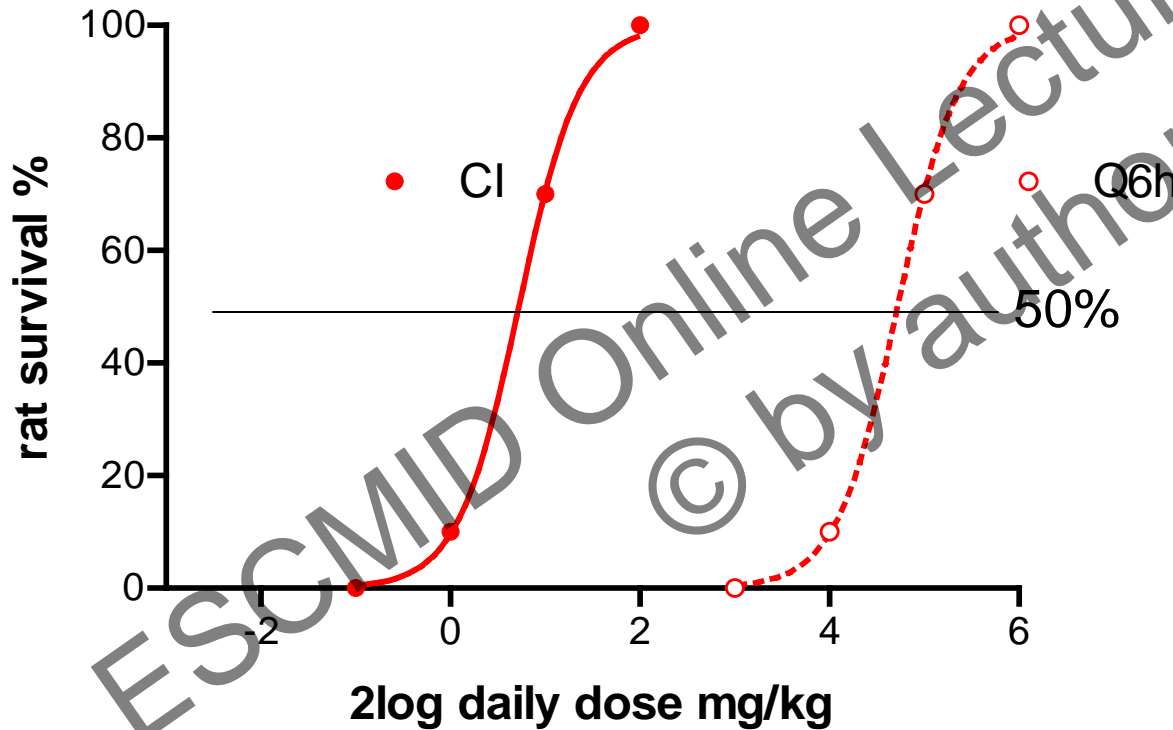
^b Time to clinical resolution was set at 28 d for 7 and 13 patients in the intervention and control groups, respectively, as clinical resolution did not occur during this period.

^c Postrandomization CRP levels were available for 25 and 24 patients in the intervention and control groups, respectively (subgroup analysis); time to resolution of CRP was set at 28 d for 6 patients in each group as CRP was not measured below 100 mg/L during this period.

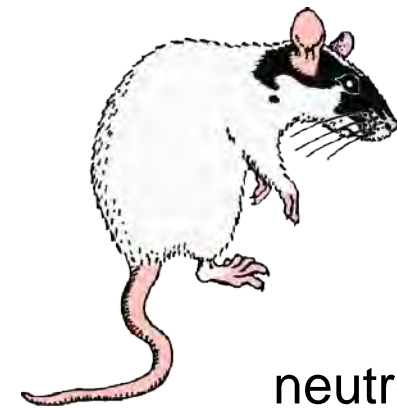
^d Subgroup analysis (28 and 26 patients in intervention and control groups, respectively).

Rat survival :

4 days Continuous Infusion vs Q6h

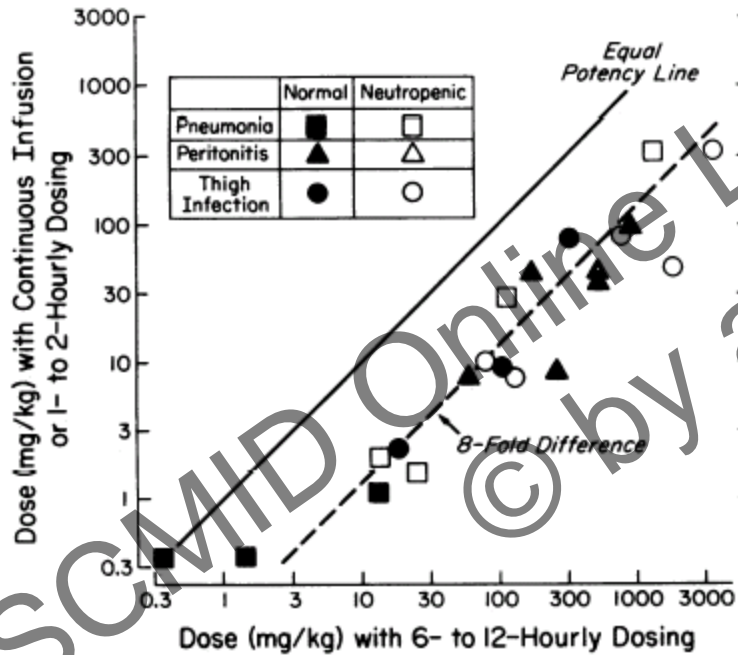


Regimen	PD50 mg/kg
CI	1.52
Q6h	24.37

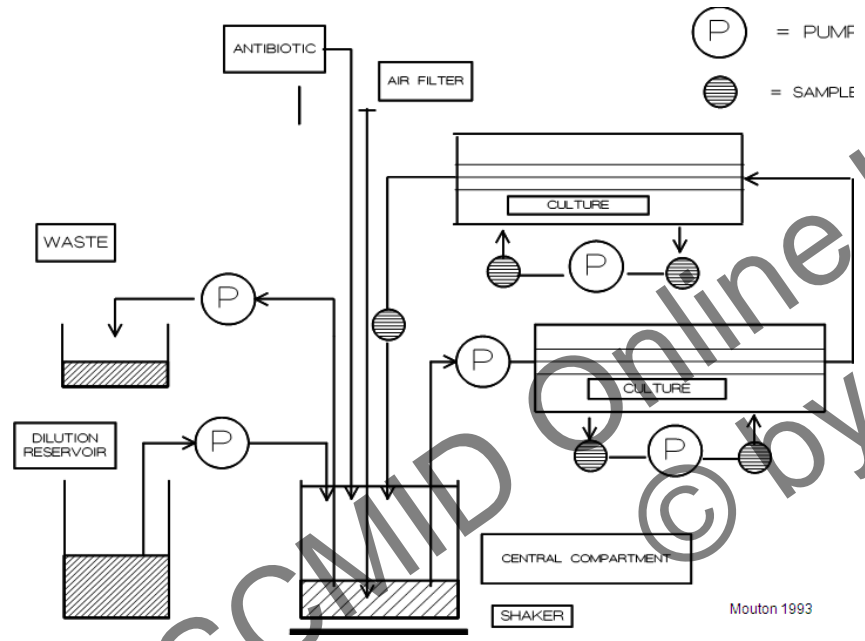


neutropenic

Effect of longer vs shorter intervals or CI in animals

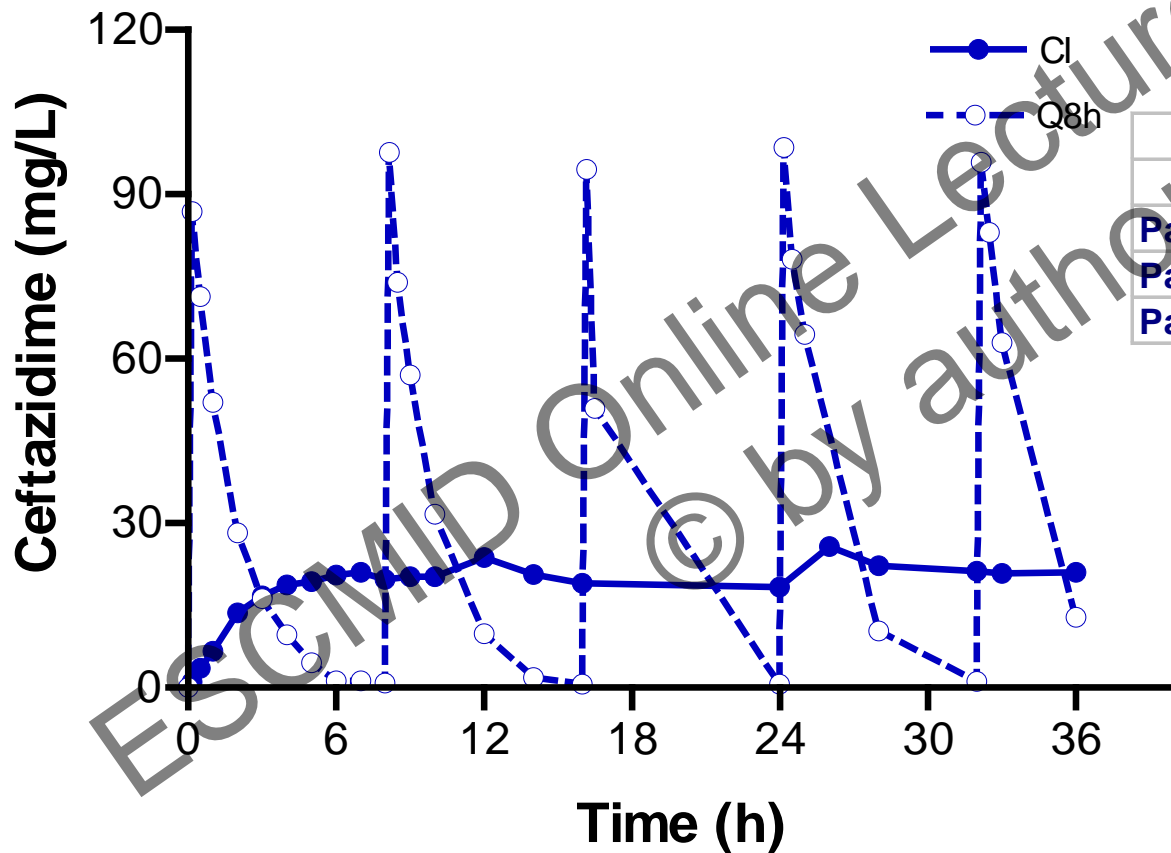


- Effect of larger dosing intervals vs CI or q1 or 2h
- 8 fold difference in potency



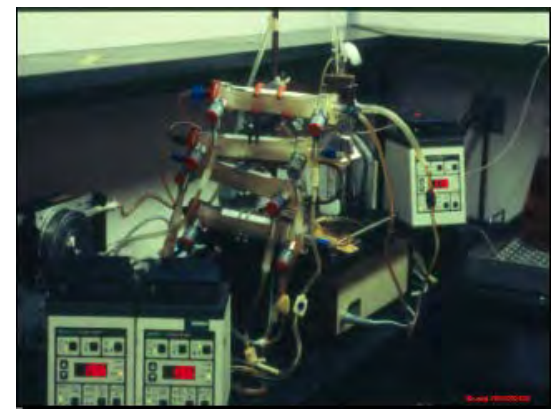
CI vs Q8h in an IVPM

P. aeruginosa



	dcfu		
	CI	Q8h	Diff
Pa1	-2.9	-0.7	2.2*
Pa4	-3.9	-1.1	2.8*
Pa16	3.2	2.9	-0.3

* $p < 0.05$



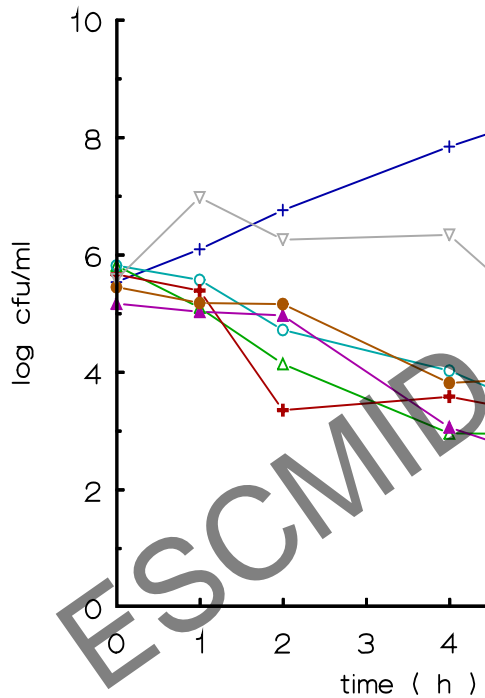


Why is continuous infusion useful?

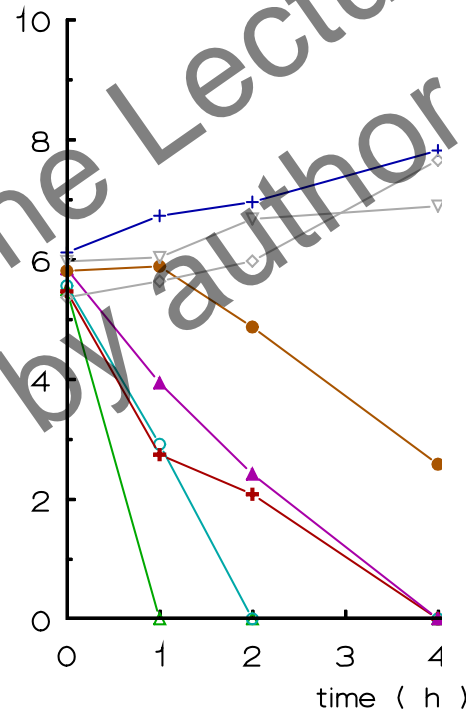
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Patterns of activity: Kill curves of *P. aeruginosa*

ceftazidime



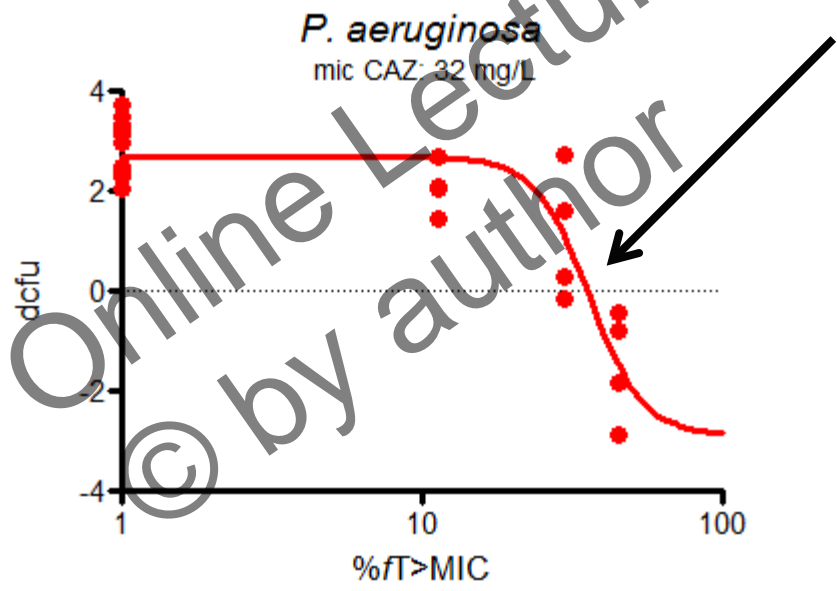
tobramycin



- + — controle
- Δ — 32 * MIC
- ○ — 16 * MIC
- + — 8 * MIC
- ▲ — 2 * MIC
- ● — 1 * MIC
- ▽ — 0.5 * MIC
- ◇ — 0.25 * MIC

Mouse model of infection (thigh)

Static %fT>MIC 39.1 %



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Predicted $fT > MIC$ needed for in vivo static effect -- Mice

regimen	Mouse ¹	
	mg/kg	% $fT > MIC$
q2	2.12	37.3
q3	4.60	38.1
q4	9.29	37.6
q6	35.6	36.5
q8	129.7	35.7
q12	-	-

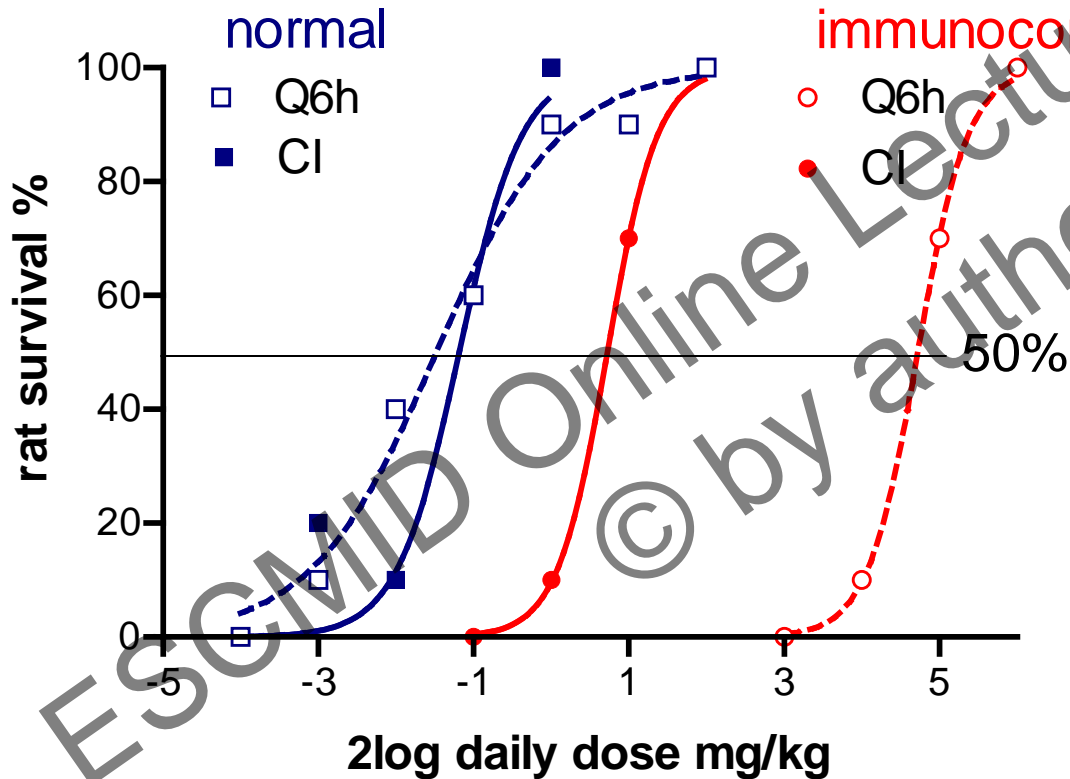
MIC = 1 mg/L

Pharmacodynamics of beta-lactams

- ~40 % $fT > MIC$ results in a static effect
- This can be explained by the characteristics of the drug
- For most (non-severe) infections, this is probably enough because of the presence of the immune system

Rat survival :

4 days Continuous Infusion vs Q6h



Regimen	PD50 mg/kg
CI	0.36
Q6h	0.35
CI	1.52
Q6h	24.37



Ceftazidime in patients with nosocomial pneumonia



- randomized, double-blind phase 3 clinical trial (NCT00210964):
 - comparing the efficacy of ceftobiprole with the combination CAZ and linezolid
 - Ceftazidime 3dd 2 gr 2h infusion
 - Extensive and sparse sampling of ceftazidime

N=390 patients included

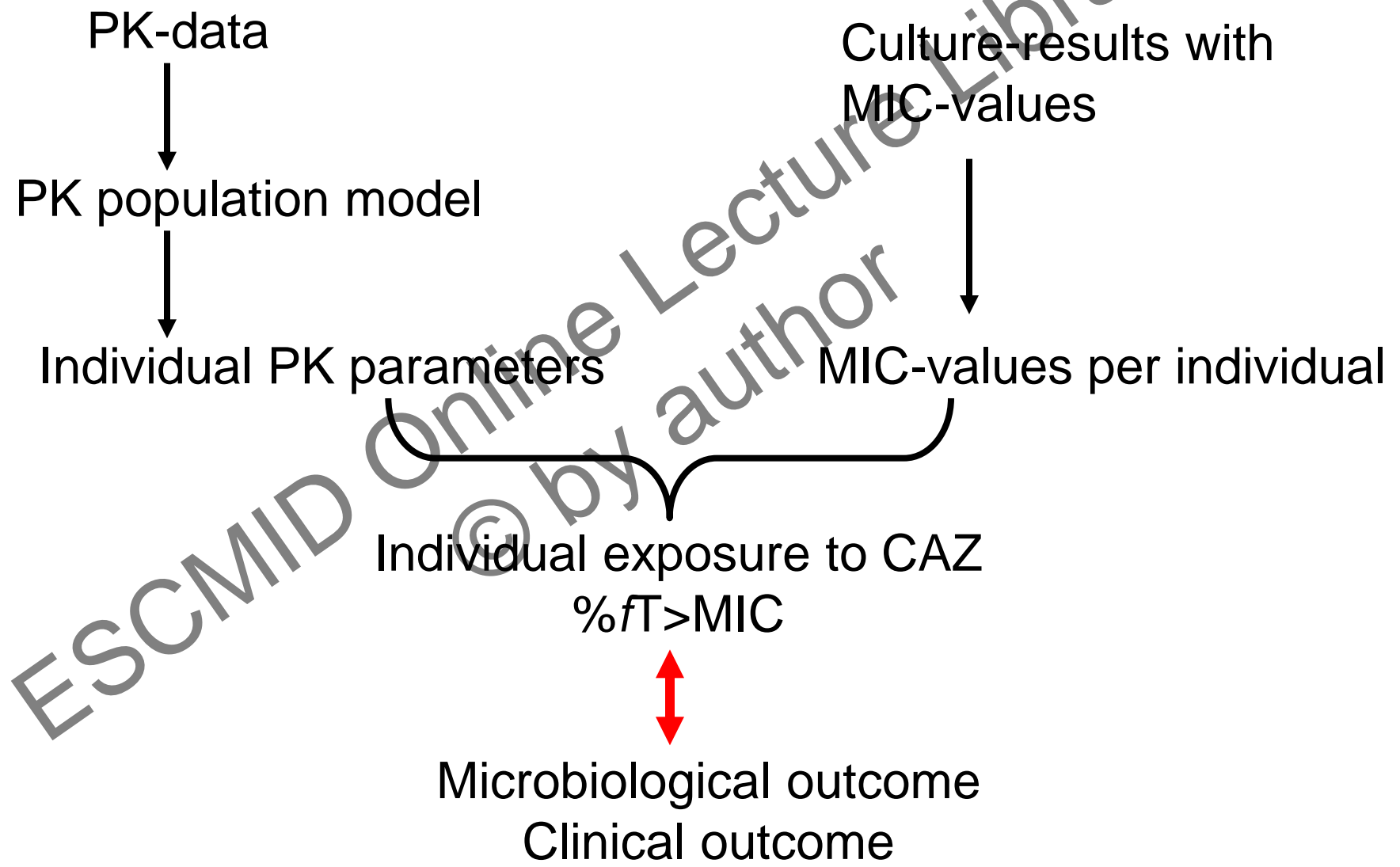
N=170 with MIC

N=154 with MIC and PK-estimates

220 without Gram negatives in cultures

16 without PK estimates

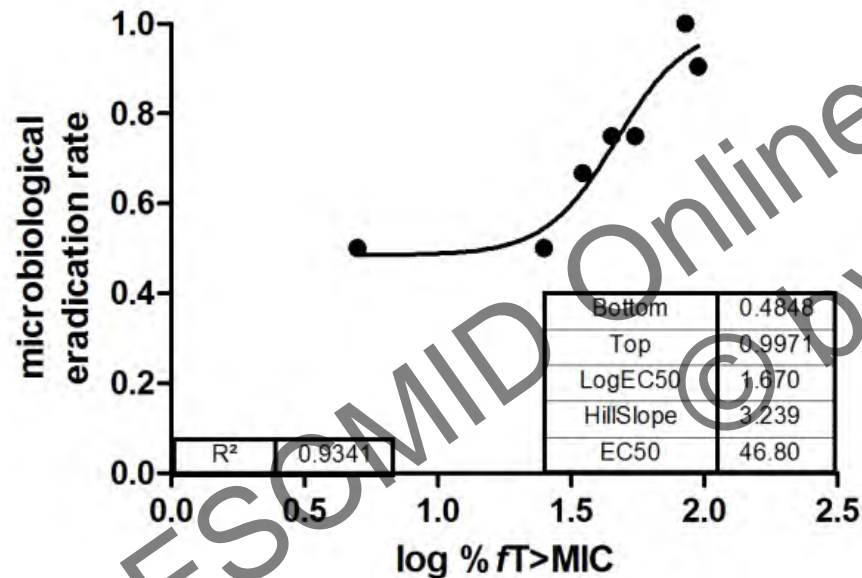
Clinical phase 3 study



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Exposure-response Emax model

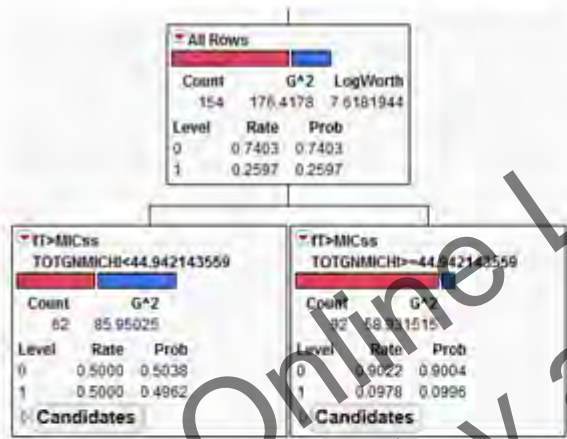
- Individual exposures to CAZ
- Categorised (%fT>MIC per 10%)
- Eradication rate per group
- 154 patients



Ceftazidime in patients with nosocomial pneumonia

CART analysis

- to differentiate between lower and higher response rate



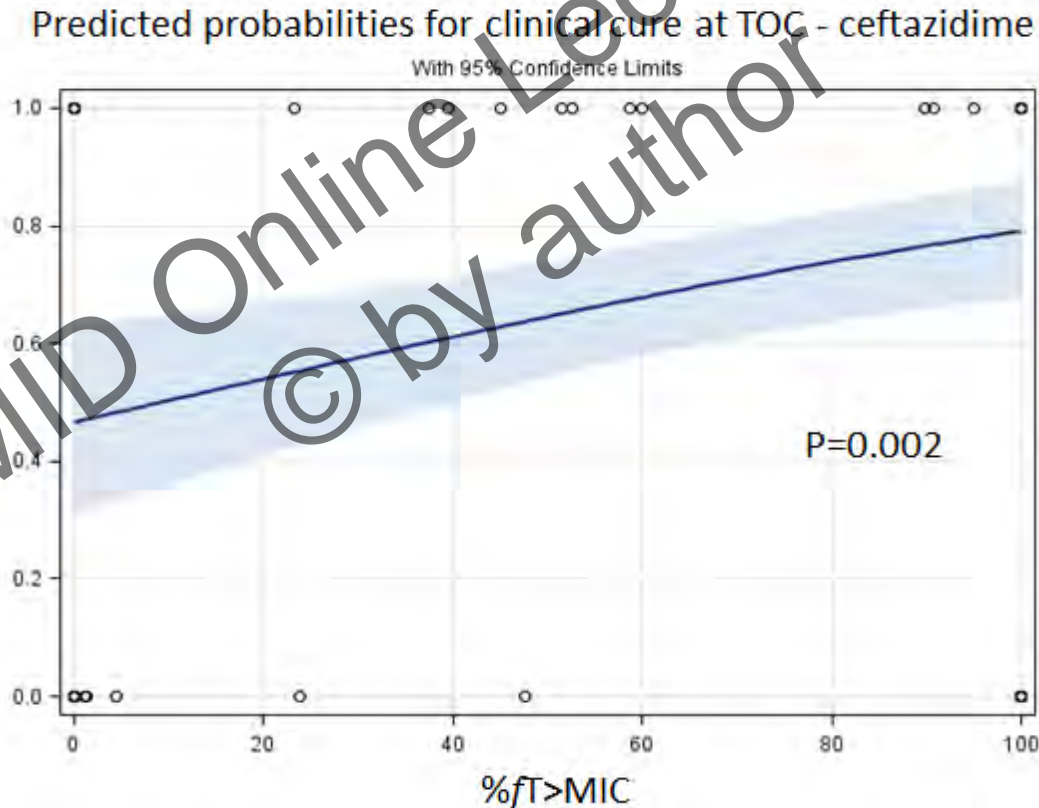
%fT>MIC breakpoint = 44.9 %

P < 0.0001

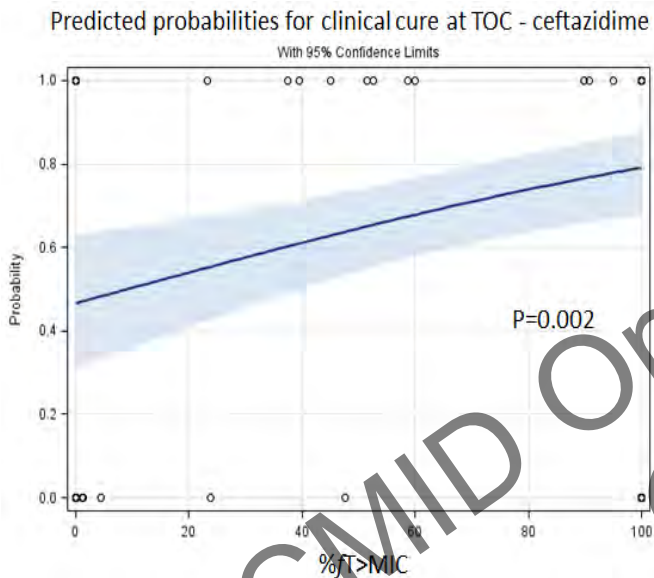
%fT>MIC	Success	Failure
≥44.9	83 (90.2%)	9 (9.8%)
<44.9	31 (50%)	31 (50%)

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Probability plot of the logistic regression analysis for ceftazidime showing the relationship between %fT>MIC (Gram-negatives at baseline/EOT) and probability of cure at TOC



What does this tell us?



- Probability of cure increases if $\%fT > MIC$ increases

● Increase $\%fT > MIC$!

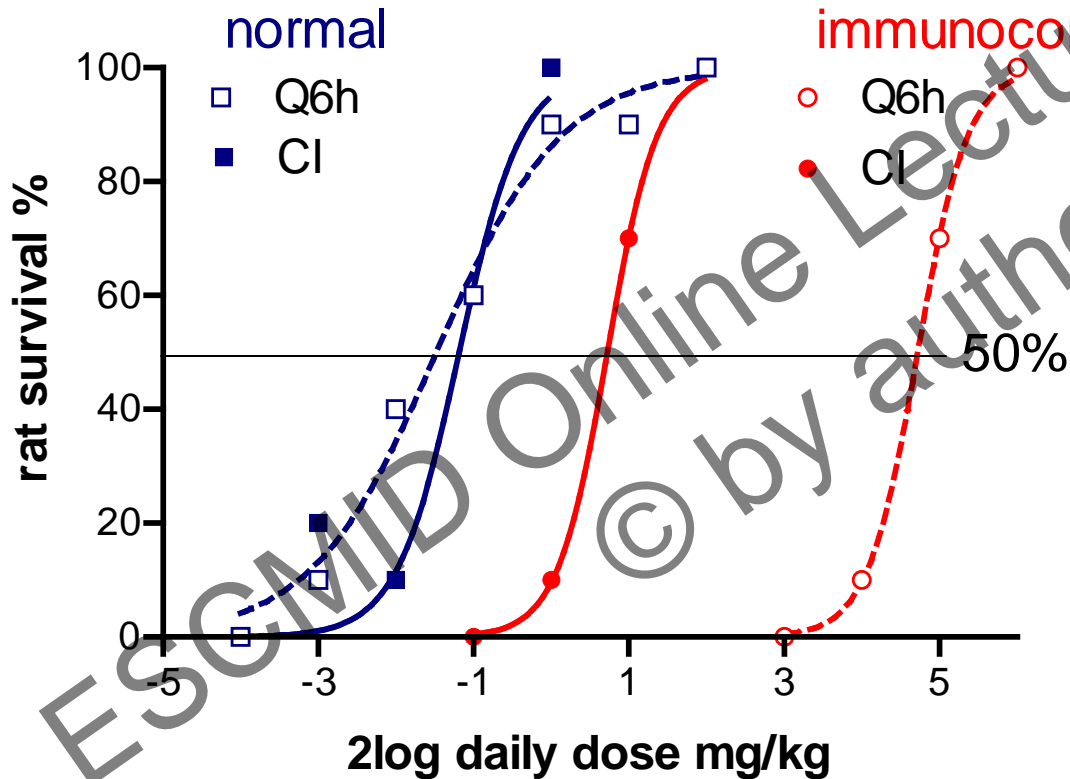
→ extended infusion

→ continuous infusion

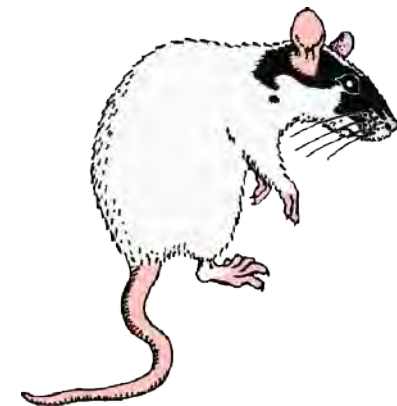
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Rat survival :

4 days Continuous Infusion vs Q6h



Regimen	PD50 mg/kg
CI	0.36
Q6h	0.35
CI	1.52
Q6h	24.37



Continuous Infusion

The ADDITIONAL EFFECT



- Theoretically , $>4 \times \text{MIC}$ would be optimal
 - More killing – absence of immune system
 - *EARLIER EFFECT* - not measured in models
 - *Is 24 h an adequate time to measure effect?*

So what are the arguments to use continuous infusion clinically?



- Pd arguments:
- Low maximum kill rate, small difference min and max kill
- Animal studies showing CI > II
- IVPM studies showing CI > II
- Anecdotal reports
- Cheaper!!
- Immunocompromised patients?
- ICU?
- Home therapy?
- But..... Resistance issues not resolved

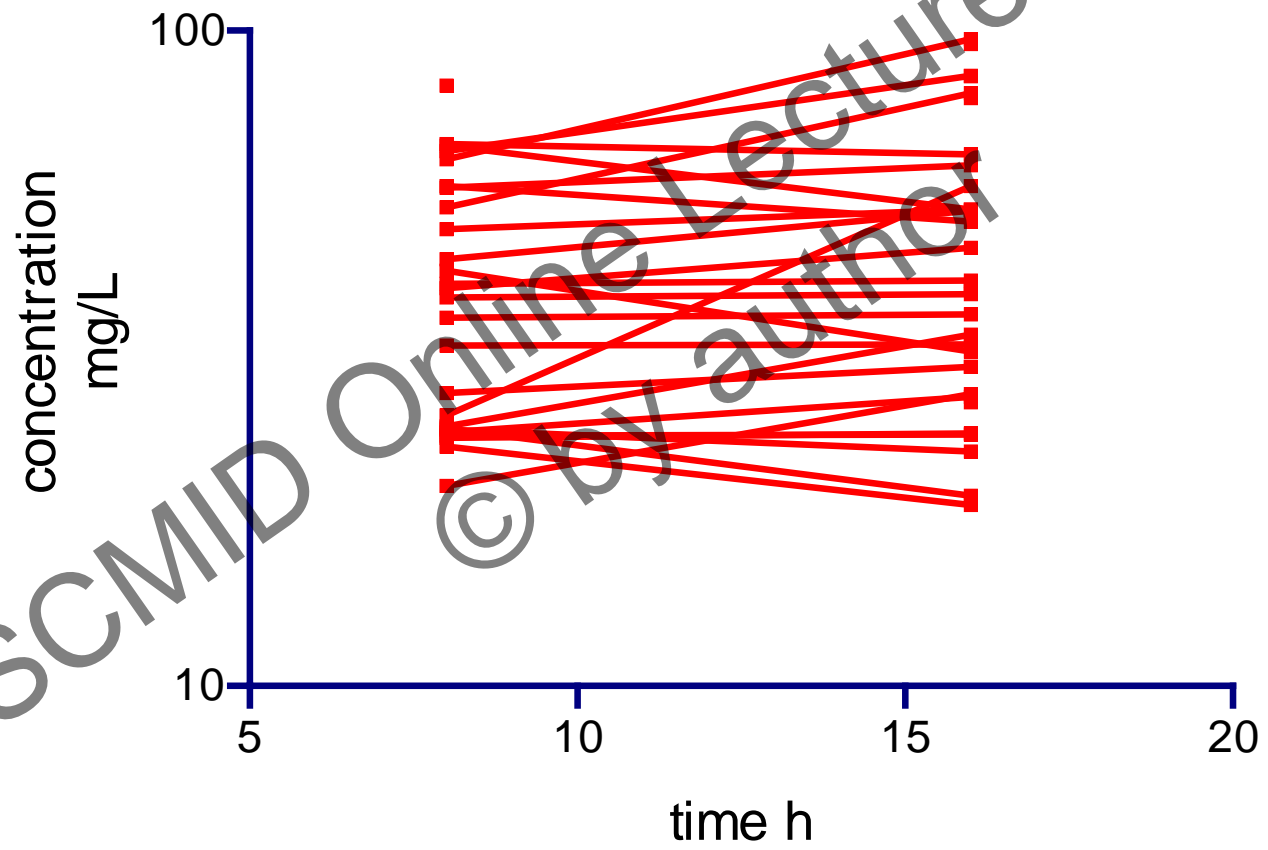
When is Individualized Therapy Useful?

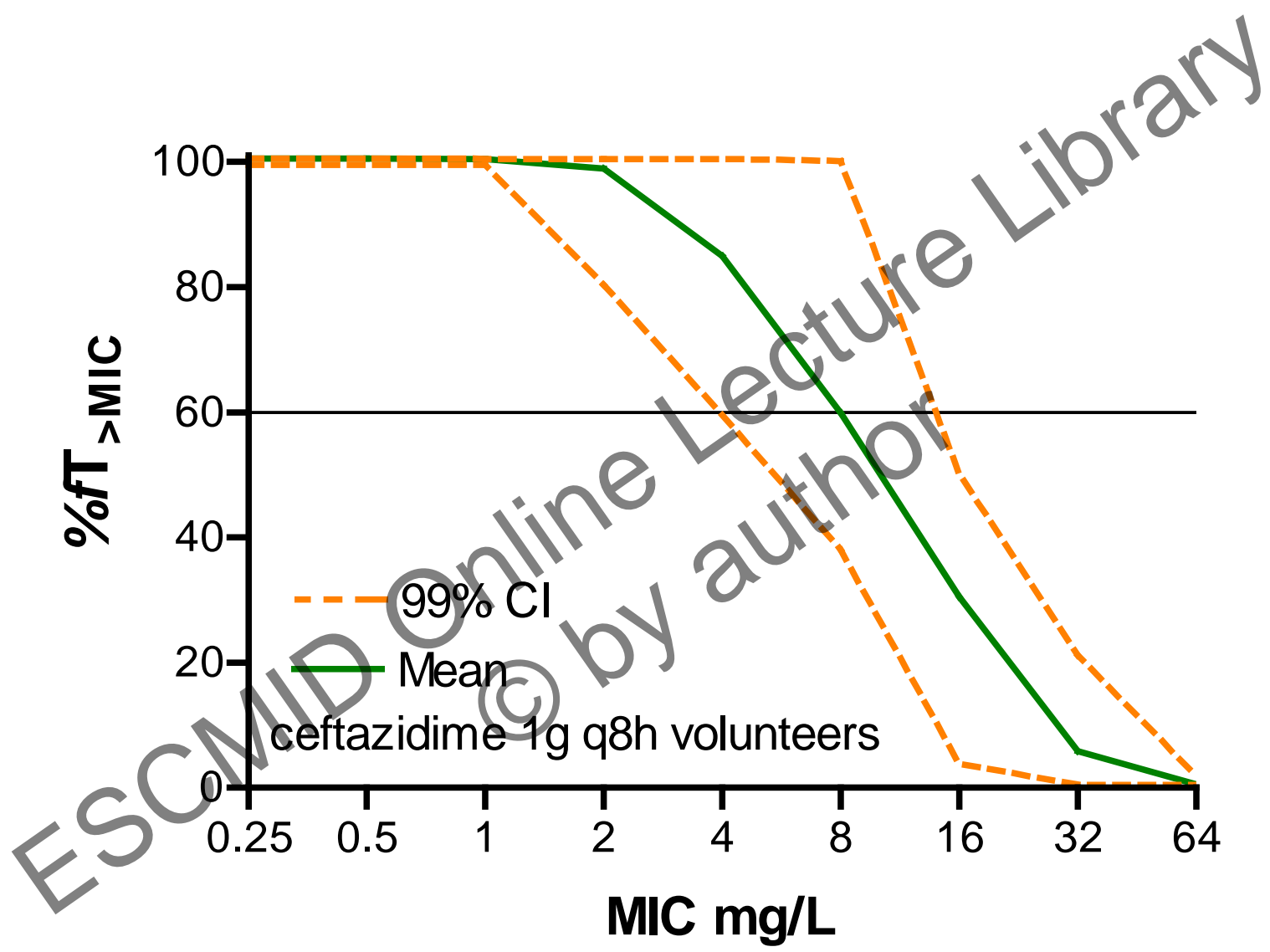
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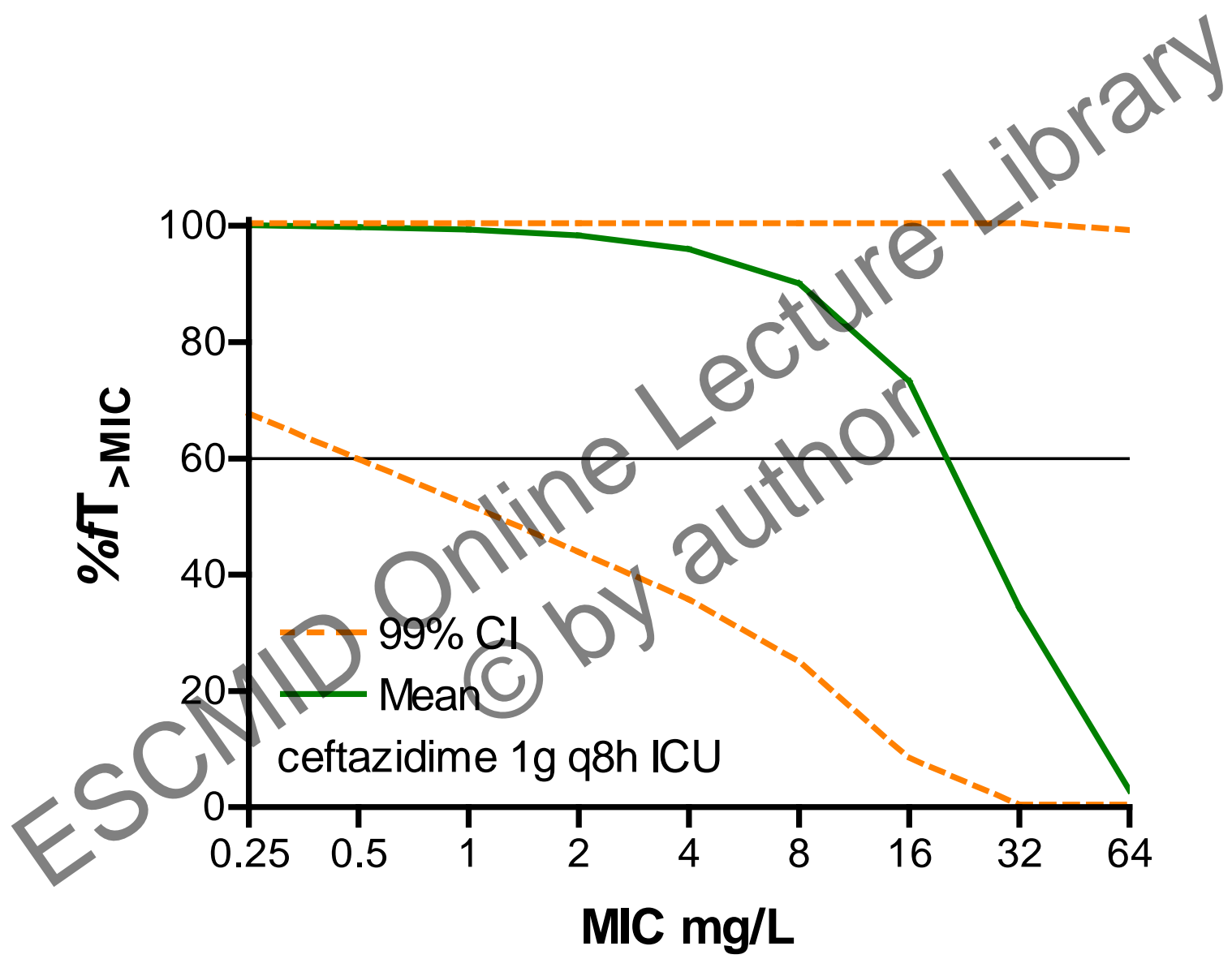
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What is required to optimally dose in ICU patients?

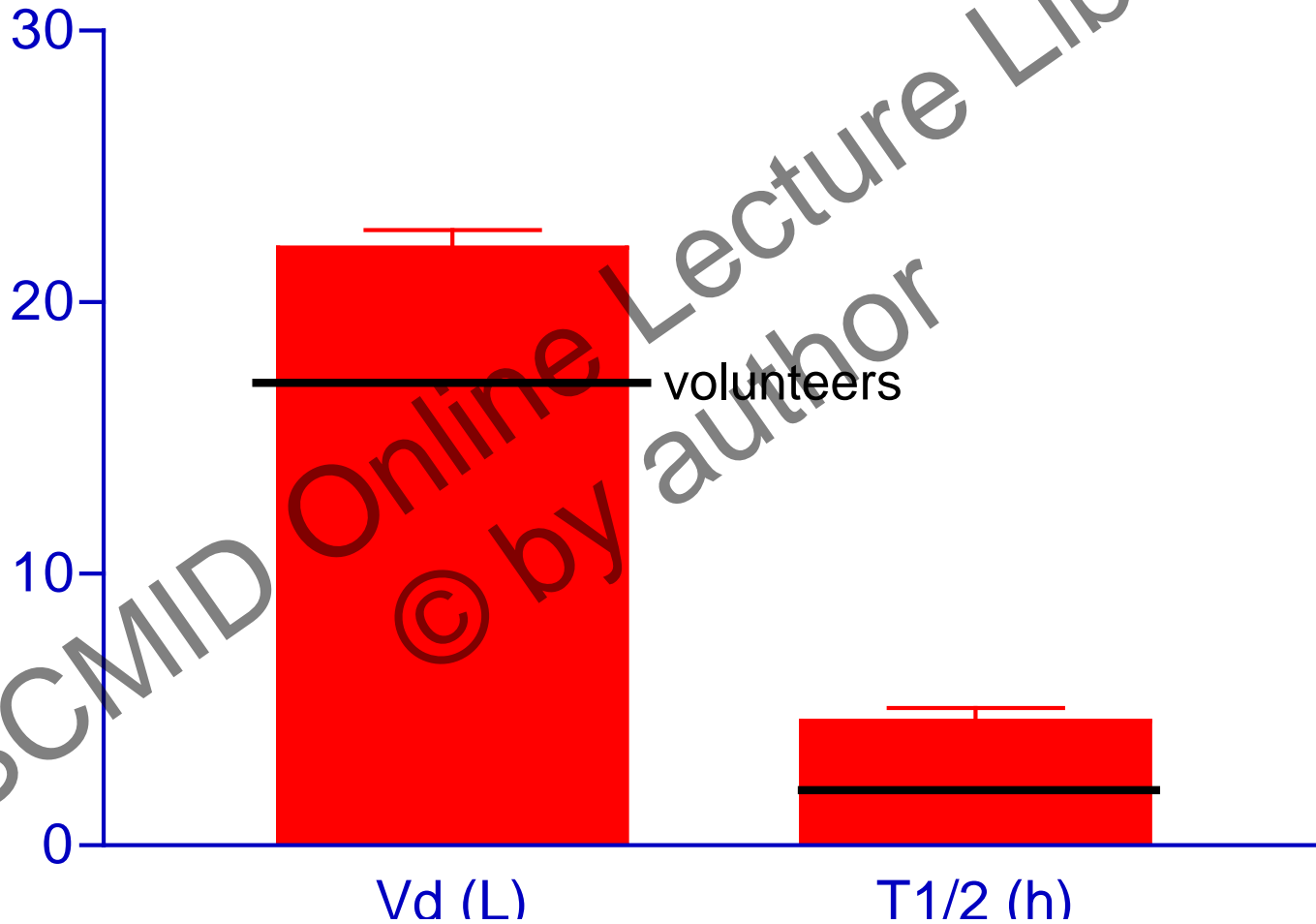
Ceftazidim in ICU patients : observed variability





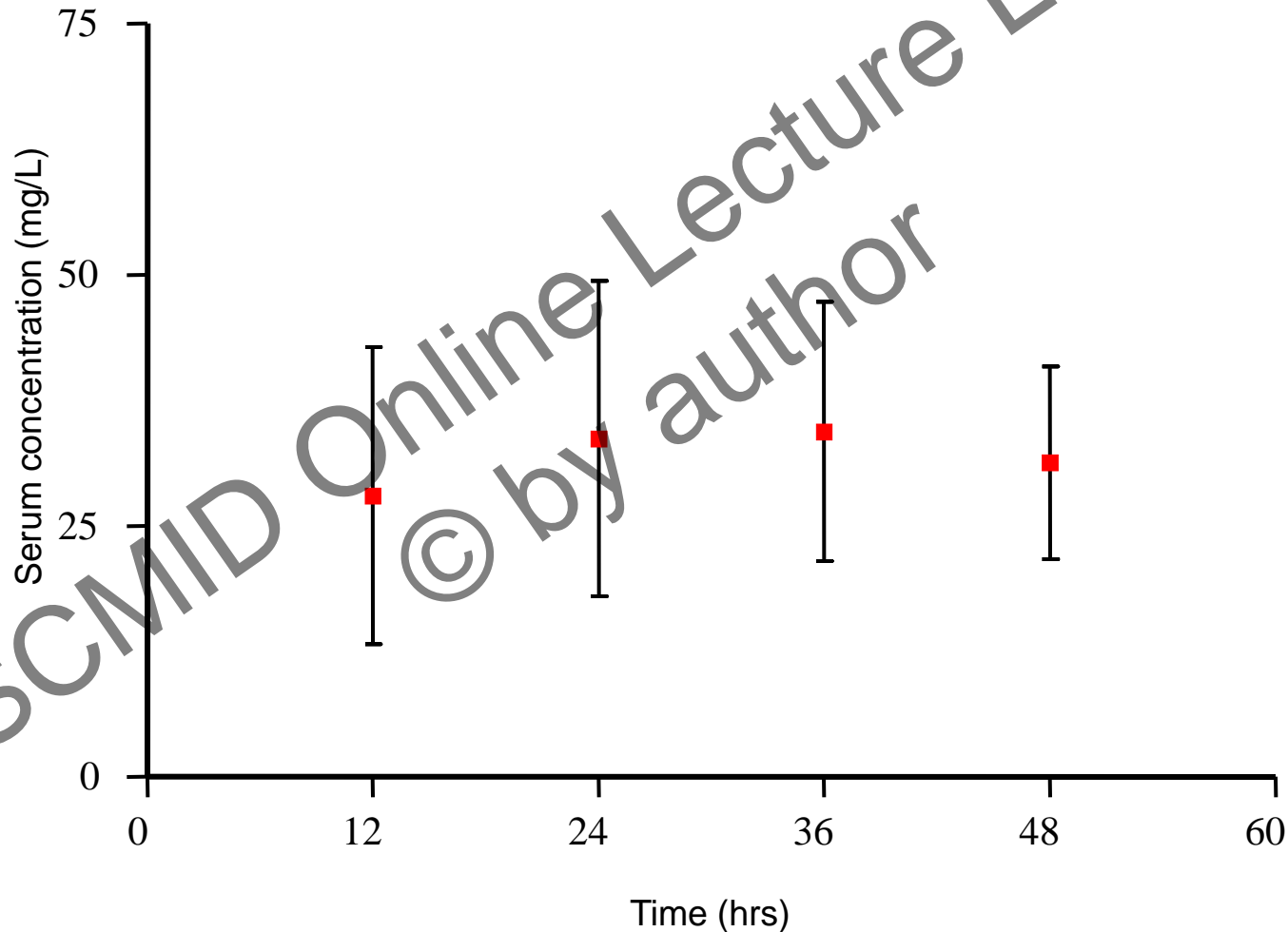


ICU patients, V_d and $T_{1/2}$

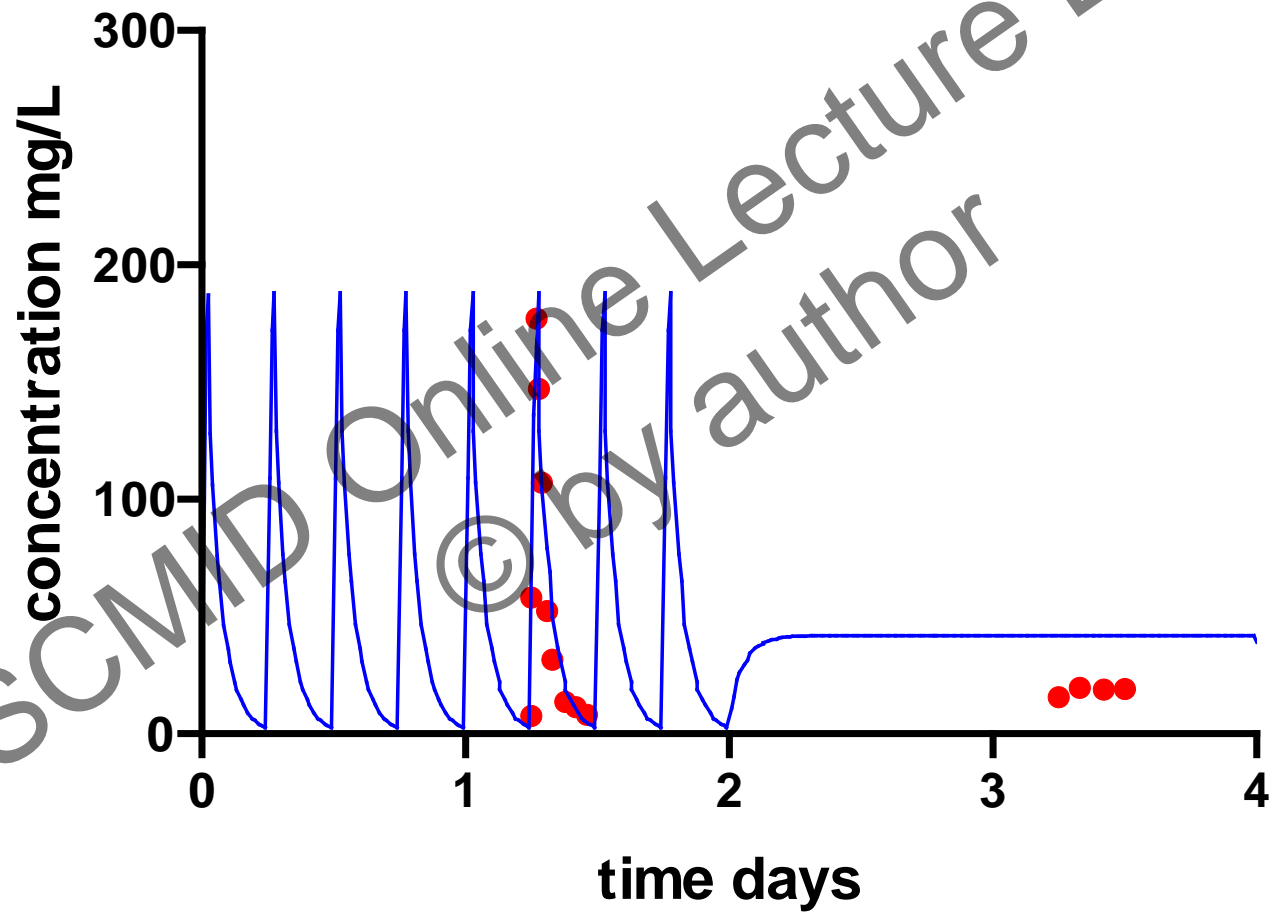


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Cefotaxime concentrations liver transplants (n=12)



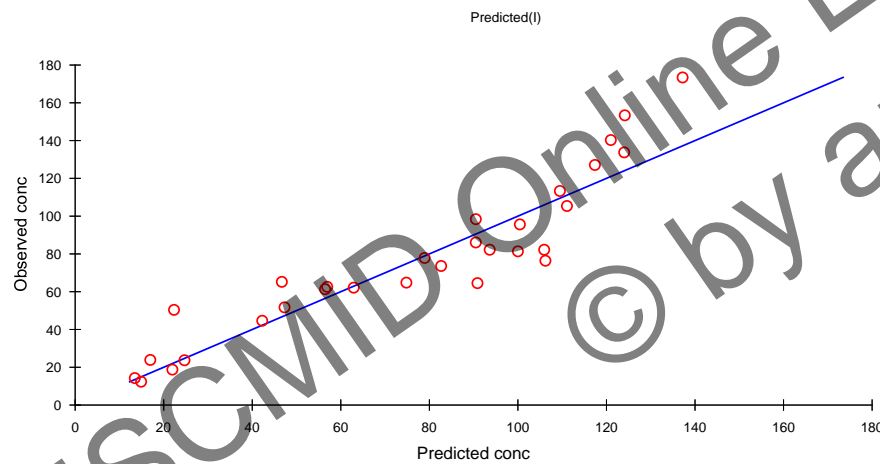
CI vs II of piperacillin in CF patients



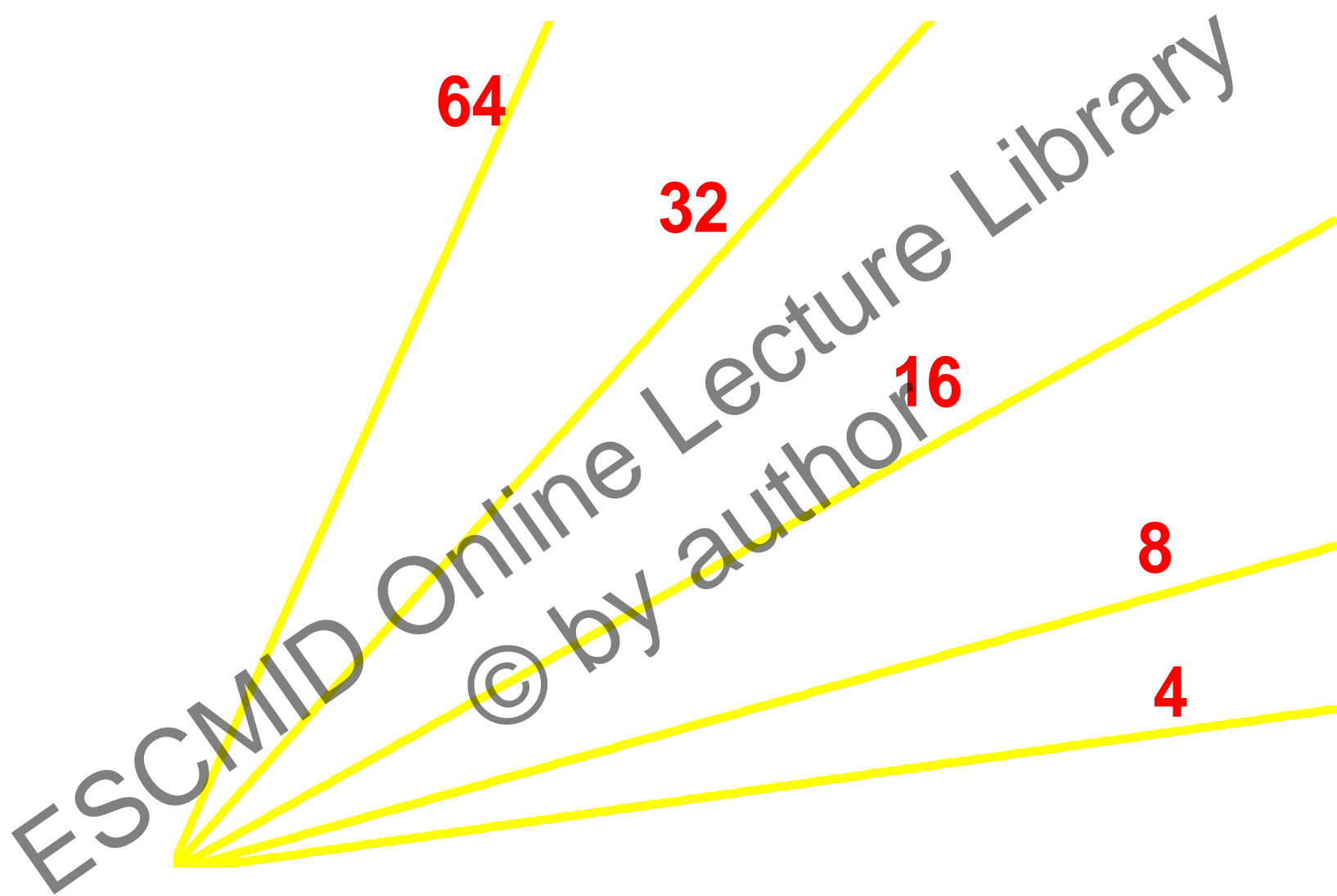
Temocillin : CI vs II in ICU patients

Pop PK model II (N=6)

Prediction CI



Vd	14.3	L
Ke	0.172	1/h
C pred	16.9	mg/L
C observed (n=6)	17.0	mg/L



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CI: Therapeutic drug monitoring

- Direct measurement
- Population pk models, clearance models

$$\text{TBC} = K_e \times V_d$$

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Conclusions

- Need PK/PD target (e.g. 4x MIC)
- Culture ! Need MICs to determine PK/PD target
- Estimate clearance! Population pk models, clearance models
- Determine daily dose